How to Protect a Mattress on the Floor from Bed Bugs



Tools:

- measuring tape or ruler
- scissors

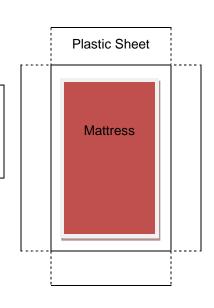
Supplies:

- Plastic sheeting (thickness of about 6 mil.)
- PVC pipe (or a number of cardboard cylinders from paper towel rolls)
- Plastic packing tape

Directions:

- 1. Measure your mattress.
- 2. Buy a piece of plastic sheeting that is at least 2 ft. longer and 2 ft. wider than your mattress.
- 3. Buy 2 lengths of PVC pipe that are 1ft. longer than your mattress, and 2 lengths of pipe that are 1ft. wider (or you can save up cardboard cylinders from paper towel rolls).
- 3. Lay your mattress in the middle of the plastic.
- 4. Leaving at least 6 inches at each side of the bed and at the top and bottom, mark where to cut away the corners of the plastic (see diagram below).
- 5. Cut away the corners.
- 6. Roll each side around the pipe or the cardboard cylinders stopping 6 inches away from the mattress.
- 7. Secure the rolled edges with tape. Make sure there are no holes at the corners where bed bugs can get in.

Cut plastic on dotted lines Roll to solid lines





Photos courtesy of Luis Agurto, Pestec IPM Provider, Antioch, CA

