

For Leaders and Staff

PLAY DOUGHS TO USE FOR MODELING

PLAY DOUGH

3 cups flour
1 cup salt
1 cup water with food coloring added
1 tablespoon cooking oil

1. Mix the flour and salt.
2. Add the water and oil a little at a time and mix.
3. If the dough is too stiff, add more water. If it's too sticky, add more flour.
4. Alum, which can be purchased at the drugstore, can be added as a preservative so the play dough will keep longer, but it isn't necessary in a cool climate.

SALT DOUGH

4 cups salt
1 cup cornstarch
About 1 cup water with food coloring added

1. Mix the salt and cornstarch.
2. Add enough water to form a paste.
3. Cook over medium heat, stirring constantly, about 5 to 10 minutes until mixture reaches play dough consistency.
4. This is not sticky like flour dough, and it won't get moldy because it has so much salt in it.

NOTE: Coffee grounds, sand, cornmeal, etc. can be added to any of the above recipes to give the dough texture and color. Children can also paint the dough after it dries.

CO-0100