Fresno County 4-H Guidelines

Newsletter for 4-H Families in Fresno County

March 2024



University of California

Agriculture and Natural Resources 4-H Youth Development Program

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Insert E- Drawstring Bag Proj.

Deadline

4-H News articles due for Newsletter- March 20th Please send articles totlnewton@ucanr.edu

Words To Live By:

"The way to get started is to guit talking and begin doing" -Walt Disney



Our programs are open to all potential participants. Please contact the Fresno County UCCE office (two weeks prior to the activity), at (559) 241–7519, if you have any barriers to participation requiring any accommodation.



UC Cooperative Extension

550 E. Shaw Avenue, Suite 210-B Fresno, California 93710

Phone: (559) 241-7519 Website: cefresno.ucanr.edu



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Fresno County 4-H Leader's Council & Committee Meetings

Fresno County Leadership Council Meeting Tuesday, April 9, 2024 at 6:30 PM

Join ZOOM Meeting



https://ucanr.zoom.us/j/92610760064? pwd=SGpuRGc2V1FlcVkvSzAzZ3BoMmtodz09

Meeting ID: 926 1076 0064 Passcode: 971709



Color Me Green Planning Meeting Wednesday, March 13, 2024 at 6:30 PM

Join ZOOM Meeting

https://ucanr.zoom.us/j/98313296247?

pwd=TXFJLzcvQXZRWUxpTTlHTVNQZXlRUT09

Meeting ID: 983 1329 6247 Passcode: 401655

Clover Fest Planning Meeting Thursday, March 14, 2024 at 7:00 PM Join Zoom Meeting

https://ucanr.zoom.us/j/97997598975? pwd=eG10VlJzR05VamxMY3hHTEJrM29XQT09

Meeting ID: 979 9759 8975 Passcode: 450579



Incentive and Recognition Committee Meeting Tuesday, March 19, 2024 at 7:00 PM Join ZOOM Meeting

https://ucanr.zoom.us/j/98890592628?

pwd=V1ZQaVRTNGVhUTErYlFpb2crRXRJUT09

ID 988 9059 2628 Passcode 001267

Emerald Star Achievement Review Meeting Tuesday, April 30, 2024 at 6:00 PM Join ZOOM Meeting

https://ucanr.zoom.us/j/91886040025? pwd=dkZPR0lvUEt3Q1BPVEs1NURNZk91Zz09

Meeting ID: 918 8604 0025 Passcode: 252585



Join using computer or phone All Meetings One Tap Mobile +1669 900 6833 #US (San Jose)

All members, parents and leaders are invited to participate in any of the ZOOM meetings listed above. If you wish to learn more about 4-H, have constructive ideas to contribute, or want to jump right in and get involved, please reserve these date(s) and join the meeting(s) from the comfort of your home. Your presence will be appreciated!



Clover Fest 2024 Update



The Clover Fest Committee is continuing to look for additional members. The committee is in need of volunteers to head up-

- Decorations & Centerpieces
- **Publicity**
- Silent Auction
- Co-Chair the event with the Masons Rep.

Job descriptions are available, if you would like more information.

Interested in helping but can't commit to serving on the committee? Your help is also needed! If you would like to assist with decorations, securing donated items, help with set-up or a variety of other jobs-let us know so we can keep you in the loop.

The next Committee meeting is scheduled for

Thursday, March 14th at 7:00 PM via ZOOM

Clover Fest is a great way to get involved, no special knowledge or experience is required!

Questions? Georgene Diener 559-269-1177.

Volunteers-

Help Make the World Go Round!

Clovis Rodeo has requested volunteers to assist in preparing the Rodeo Grounds for the upcoming Rodeo events. New suites are being constructed and have not yet been completed. Exact work days are difficult to schedule but help will be needed during Spring break and the Saturdays in April leading up to the rodeo. To volunteer, please contact-

> **Ruth Jones** 559-285-4095 or ruth24@netzero.net

Ruth will then notify you when construction has been completed and plans are firmed up for work days.

Considering the show of support from CRA to Fresno County 4-H in 2022, donating over \$50,000 of proceeds from the Cowgirl Up BBQ, let's give back and volunteer to assist!

County Presentation Day- Plan to Participate!



Saturday, March 23, 2024

Check-in 9:00 AM and Presentations Begin at 9:30 AM Sequoia Elementary School– 1820 South Armstrong Avenue, Fresno



Entry deadline is Friday, March 15th, 2024

Participating in Presentation Day provides a great opportunity to practice public speaking skills that will be valuable throughout life. It takes a lot of volunteers to provide an exceptional educational experience for the 4-H participants. Please consider registering to be an *Adult Evaluator*. You have no experience in this area, you say? Not to worry, you will be grouped with experienced evaluators and you will receive valuable information during the orientation given the morning of the event.

Youth volunteers are also needed to serve as "*Room Monitors*". Room Monitors are responsible for checking in presenters, introducing the presenters and ensuring everything in the room is running smoothly. Room Monitors also receive an orientation – so new to this job or experienced, your help is appreciated.

For more detailed information on how to give a presentation and explanation of the categories available to participate in, go to:

https://ucanr.edu/sites/UC4-H/files/2193.pdf

And visit the state website at: https://4h.ucanr.edu/Projects/Leadership/PublicSpeaking/

To enter Presentation Day, go to: https://surveys.ucanr.edu/survey.cfm?surveynumber=42134

To volunteer as an evaluator (adult), go to: https://surveys.ucanr.edu/survey.cfm?surveynumber=42264

To volunteer as a room monitor (youth), go to: https://surveys.ucanr.edu/survey.cfm?surveynumber=42265

GET READY TO BE *GREEN!!*

April 6, 2024
Dry Creek Park
885 North Clovis Avenue, Clovis

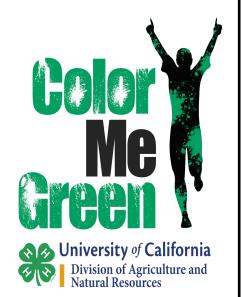
Registration begins at 8 AM: Run/Walk begins at 9 AM

The annual *Color Me Green 5k run/walk* is quickly approaching! Registration is open! Registration fee for Adults 18 and older is \$25.00 and for all Youth \$15.00. The cost increases by \$5.00 by March 11th. The earlier you register the better! To register to participate:

https://runsignup.com/Race/Register/?raceId=126553

All the profits benefit the Fresno County 4-H Scholarship Fund.

You will receive a swag bag and winners get special prizes. Not only will you be showered with green but there will be carnival games, photo booth, face painting, and small animal exhibits. Plan to join the fun!





Another Opportunity to Learn about the New Emerald Star Program

You are invited (**Youth & Adults!**) for a countywide "Emerald Star Review" workshop-Tuesday, April 30th at 6:00 pm.

This meeting will enable you to better understand this new program, prepare members, parents and mentors to implement the program and provide you with forms and materials. Plan to attend!

https://ucanr.zoom.us/j/91886040025? pwd=dkZPR0IvUEt3Q1BPVEs1NURNZk91Zz09 ID 918 8604 0025 PW 252585

Questions? Please contact Zach Niles at 559-972-9095.



Livestock Achievement Day-Get Ready to Show What You Know!

Saturday, April 20, 2024 at 8:30 AM Reedley College's Ag Pavilion

At the Fresno County 4-H Livestock
Achievement Day members will SHOW WHAT
THEY KNOW about their species of livestock by
participating in written and skills knowledge
challenges. **PRE-REGISTRATION IS REQUIRED** and is open! Space is limited so
please register immediately to ensure your
place!

See the <u>Livestock Achievement Resources</u> for the skills and knowledge you'll want to brush up on before the big day!

More information will be posted and sent out in emails directly to those registered. A \$2 per member registration fee will be collected on the day of the event. Livestock will be provided, no 4-H uniform is required, but members must wear long pants and closed-toe shoes or boots. Reminder - you must be enrolled in the livestock project species to be eligible to participate. Remember to register by Monday, April 8th.

Registration Link:

https://surveys.ucanr.edu/survey.cfm? surveynumber=42254

Livestock Achievement Resources Link: https://ucanr.edu/sites/4-H-Fresno/Projects/ Livestock Achievement/

California 4-H State Shoot Contest 2024



It's time to sharpen up your shooting skills and begin preparing for the 40th Annual California State 4-H Shooting Sports Match, sponsored by the Siskiyou County 4-H Council.

There will be Junior, Intermediate and Advanced Divisions in the following categories:

Air Rifle

Sporter Air Rifle

Sporter Air Rifle (Prone Only)

.22 Rifle Open Sights

.22 Rifle Open Sights (Prone Only)

.22 Rifle Iron Peep

.22 Rifle Telescopic Sights

.22 Rifle Telescopic Sights (Prone Only)

.22 Competition Rifle

.22 Hand Gun

American Skeet

American Trap

Review all deadlines and details carefully. For complete details, including match rules and registration procedures, please see the event packet at:

https://ucanr.edu/sites/ca4H/files/392445.pdf

Please note- personal checks will not be accepted by Siskiyou County. Clubs must turn in entry packet and payments to county office by March 14th. County Office will submit entries to State Shoot Coordinator. Additional details found here https://ucanr.edu/sites/4-H-Fresno/Projects/Shooting_Sports/

What Happened to Leadership Conference of Regional Teens (LCORT aka Youth Summit)?

Many of you remember having great experiences at Wonder Valley attending LCORT more recently titled Youth Summit, a leadership conference geared for intermediate members with sessions taught by Ambassadors. This conference has been replaced by an intermediate track (11-13 years old) to be held during 4-H State Leadership Conference in late July at UC Davis. More information will be available soon.

2024 Central Valley 4-H Fashion Revue

Saturday, April 20, 2024

Fresno Fairgrounds- Table Mountain Rancheria Park

Schedule for the Day

Check-In: 1:00 PM

Judging: 1:30 PM

Fashion Show: 3:00 PM

Awards immediately following

the Fashion Show

Light refreshments will be

provided.



To Participate

* Enter on-line by April 12th

https://surveys.ucanr.edu/survey.cfm? surveynumber=14782

* Commentaries due April 12th

Email: <u>fresnocountysierra4h@gmail.com</u>

Special note:

Participants are advised to arrive dressed and ready.

Restrooms only– No dressing rooms available.

For Fashion Revue details: https://ucanr.edu/sites/4-H-Fresno/Events/Fashion Revue/

For Fashion Revue Categories:

https://ucanr.edu/sites/4-H-Fresno/files/394391.pdf

For information regarding the 4-H State Fashion Revue and 2024 Service projects: https://na.eventscloud.com/website/55508/state-fashion-revue/

Questions? Contact Shaun Skierka at 559-301-2810





Regional Presentation Day

Saturday, April 13, 2024 Corcoran High School

1100 Letts Avenue, Corcoran



Fresno County 4-H members that receive a Blue or Gold award for their Presentation at County Presentation Day have the opportunity to progress to the next level of competition– Regional Presentation Day. This event provides the opportunity for participants to qualify for the State Presentation Day Competition held on May 25, 2024 at the 4-H State Field Day at UC Davis. Evaluators' critiques and suggestions help the presenter improve for the next level of competition.

Regional Presentation Day will be hosted by Kings County 4-H in Corcoran. However, in order for our members to compete there, Fresno County must help to supply the needed evaluators/judges. We need one evaluator for every 5 presentations from Fresno County. Each room of presenters requires 3 evaluators. Your help is NEEDED!

Please consider volunteering for this very rewarding job! It is amazing what you can learn from the very informative and interesting topics that will be presented.

To volunteer as an Adult Evaluator: https://forms.gle/ckb6yYqZTG5ZmTL16

Room Monitors (youth) are also needed to work in each room, introducing presenters, assisting presenters in setting up etc. To volunteer as a **Room Monitor**: https://forms.gle/6cbcHDS6st3aiMqu6

2024 Ambassador Team Service Learning Project

Hi, my name is Asa Chester and I am representing your 2023-24 Fresno County 4-H Ambassador Team.

Collectively our team has chosen three organizations that we wish to support with the collection of
"Bravery Bags." Essentially, they are care packages that will help support the organizations in very specific ways.

The organizations are the Pediatric Intensive Care Unit at Valley Children's Hospital, The Neurology Department at Valley Children's Hospital, and Golden State Family Services Foster Care. Our team goal is to collect and donate 100 bravery bags to each organization, which will be 300 bags in total. We have created a flyer with details about what items the organizations requested to be included in the bags. The flyer can be found on the Fresno County 4-H Website as well as in the monthly newsletter.

Ways to support & things to know about our "Bravery Bags"

Cash donations are an option, we will purchase the items (\$56 current balance)

Drop off locations- club meetings, 4-H office or county 4-H events

You may arrange for pick ups by contacting an Ambassador Team Member

Details and contact info on flyer located in the Guidelines newsletter & on 4-H website

Our service-learning project is a crucial aspect of our role as 4-H County Ambassadors. We hope to make a lasting impact in our community for those in need. **Please join us in support of our Service Learning Project**. We encourage all Fresno County 4-H clubs to get involved to help collect the needed items! Thank you for your time and consideration and on behalf of the Fresno County 4-H County Ambassador Team we are excited to show our community what 4-H'ers can do when we work together!











2024-2025 Fresno County 4-H Ambassador Opportunity

Do you....

LOVE 4-H and want to spread the word about the great programs and services that Fresno County 4-H has to offer?

Do you enjoy *leadership* and *mentoring* younger 4-H members?

Could you use *scholarships* to help pay for college?

Were you 15 or older on December 31, 2023?



If you answered *YES* to any of these questions, then consider applying to serve as a Fresno County 4-H Ambassador for the 2024-25 program year. Ambassadors ARE the county level representation of 4-H and we need you! Will you consider joining us? Find out more about the role the ambassadors play and how you could make an important contribution while having fun serving our organization.

If interested, you MUST attend the informational meeting along with a parent/guardian on-

March 20th at 6:30 pm either in person (at the 4-H Office) or via Zoom.

The Zoom meeting ID number is 952-7455-1989. Contact Tracy Newton at 559-241-7525 for more information.

Applications will be accepted through April 5th. Interviews will be conducted on April 16th at 6:30pm.



Adult Volunteer Assistant Advisor to Ambassador Team

Fresno County 4-H is looking to add an assistant advisor to the 2024-25 Ambassador Team. If you enjoy mentoring teens and have a desire to enhance and expand the experiences of our leadership team, please contact Tracy at thewton@ucanr.edu or phone 559-241-7525.

JOANN Campaign, March 3 to May 4







We are thrilled to announce that JOANN has renewed our partnership agreement for another three years! Over the past three years, we have seen a dramatic increase in the campaign results and in the funds going to your local programs, from a total of \$116,000 raised in 2021 to a record-breaking \$1.28 million raised in 2023.

Mark your calendars and start putting together your project supply lists to pick up at a JOANN store near you!

JOANN Point of Sale Campaign March 3- May 4, 2024

During the two-month promotional timeframe, customers can donate or round-up at checkout in JOANN stores to support 4-H.

Small Animal Achievement Day

for

Poultry, Rabbits and Pygmy Goats

Date: April 13, 2024 Fee: \$2 per species

Time: 8:00 AM – 12:00 PM

Location: 5201 N. Dockery Ave., Clovis

Details: Bring your own animal for the skills testing portion of the tests. Arrive anytime between 8:00-11:00 AM if you are testing in one species. If you are testing in multiple species you need to arrive by 9:00 AM. Awards for Small Animal Achievement will be presented at the 4-H Fair on May 11.



Small Animals at the 4-H Fair

The 4-H Fair will be held at Reedley College on Saturday, *May 11*. Entries are due to the 4-H office by *May 3*. All poultry, rabbits and pygmy goats must be checked in by 8:30 AM. At Approximately noon, there will be a costume contest for dogs, poultry, rabbits and pygmy goats in the pavilion. Awards will take place at approximately 1:15 PM at the bleachers on the lawn. Small Animal Achievement Awards will be presented along with 4-H Fair awards.

Congratulations to Winners of Fairmont Model Horse Show

Grand Champion

Arianna M. from Renegades 4-H
Reserve Champion

Ronan R. from Fairmont 4-H

Thank you to all the participants that contributed to another successful year of Model Horse Show fun!

Big Thanks to judges— Addie Miller and Miranda Morris



Spring Provides lots of 4-H Fun!

There are lots of 4-H activities planned for Spring. To keep informed, please read the *Guidelines* carefully to ensure you don't miss any important dates. Also, check the Fresno County 4-H website regularly for detailed information on the numerous upcoming activities.

https://ucanr.edu/sites/4-H-Fresno/

Scholarships Available for 2024

4-H SCHOLARSHIP PROGRAM-

Applications due by April 5th

For upcoming 4-H graduating high school seniors, don't miss the opportunity to apply for local Fresno County 4-H scholarships made available thanks to many generous sponsors.

Application deadline is Friday, April 5th, 2024. In person interviews to be held April 16th, 2024 at 6:00 pm. *Location to be announced*.

Applications are available on Fresno County 4-H website. Click under Youth Members at top tab which will take you here https://ucanr.edu/sites/4-H-Fresno/Youth Members/Scholarships/

CWA Scholarship-

Applications due by March 15th emailed submission ONLY

The Central Valley Chapter of California Women for Agriculture (CVCWA) call for 2024 scholarship applications for high school seniors and college sophomores, juniors, seniors or Master students will officially close on *March 15, 2024*. Finalists selected to receive the scholarships will be notified in April. Proof of enrollment and verification of units for the Fall 2024 semester will be required prior to receiving the award.

CWA applications available on the Fresno County 4-H Scholarship website page found here: https://ucanr.edu/sites/4-H-Fresno/Youth_Members/Scholarships/







April 20, 2024 - 8:30 α.m. Reedley College

Achievement

SHOW WHAT YOU KNOW!

Livestock Achievement Day is for all Fresno County 4-H members who are currently enrolled in Beef Cattle, Sheep, Swine, Meat Goat, or Dairy Goat Projects. Come show what you know about livestock! Pre-registration is required and space is limited...Register now!

Show what you know about: Showmanship Animal Care, Feed and Nutrition, Basic Vet Care, Breeds, Livestock Judging, Equipment, Animal Body Parts, Livestock Terminology and ... YQCA TRAINING (REQUIRED FOR THE FAIR!)

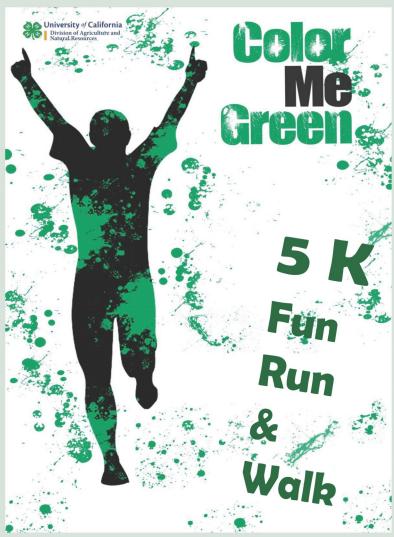
for more info...

REGISTRATION: https://surveys.ucanr.edu/survey.cfm?surveynumber=42254 INFO: https://ucanr.edu/sites/4-H-Fresno/Projects/Livestock_Achievement/

CONTACT

Susanne Carroll (559)269-9959

susanneandkevinegmail.com



REGISTER at https://runsignup.com/Race/CA/Clovis/Color5KRun



Don't Miss the Fun!

Pizza Party to 4-H club with the most members participating.

Participants run or walk
5 kilometers while being showered with colored dye

Free carnival style games, face painting, photo booth, and small animal exhibits ~ Fun for ALL ~

LOCATION: Dry Creek Park 885 N. Clovis Avenue (Clovis & Alluvial Ave.)

DATE: Saturday, April 6, 2024

TIME: Registration 8:00 a.m.

9:00 a.m. - Runners 9:05 a.m. - Walkers

* COST- Adults 19 and up \$25 All Youth \$15

* Cost increases by \$5 as of March 8th

Prize Divisions - 12 & Under

13 - 17

18 - 30

31 - 45

46 - 59

60 & Up

CONTACT INFORMATION:

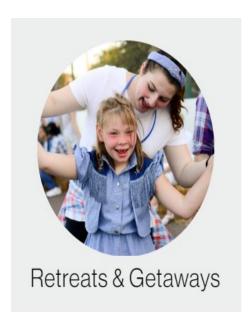
Harinder Sran hsran231@gmail.com Theresa Johnson theresaj2263@gmail.com

4-H Office (559) 241-7519

New This Year - Credit Card payment through online registration

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at http://ucanr.edu/sites/anrstaff/files/187680/ pdf). Inquiries regarding ANR's nondiscrimination policies may be directed to, Affirmative Action Contact, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1318

If you need a disability-related accommodation or wheelchair access information, please call Tracy Newton (559)241-7525





Volunteer Opportunity for 4-H Members

Looking for demonstrations / activity booths at a Family Retreat hosted by Joni & Friends for families living with disability. Held at Wonder Valley Resort March 26th – 28th. **Two-hour time slots are needed the afternoons of Tuesday, Wednesday, or Thursday.**



Central California Family Retreat

Wonder Valley Ranch Resort 6450 Elwood Road, Sanger, CA, United States

We have been asked to participate in hosting learning sessions at the above camp. The camp theme centers around harvesting and bearing fruit. Ideas have been discussed of small or large animals, displays and education boards or activities. Gardening and sprouting plants. Embryology topics. The camp coordinator is open to any topic that will be engaging to their camp guests. Please respond to thewton@ucanr.edu or elrameriz@ucanr.edu to confirm dates and participation. This presents a great opportunity for community service. Carpooling may be an option for members that do not have transportation to and from the event. Questions call 559-241-7519.

4-H Ambassador Team Service Learning Project

"Bravery Bags" benefiting Valley Children's Hospital & Golden State Family Services









Please join us in supporting the Neurology & Pediatric Intensive Care units of Valley Children's Hospital and Foster Agency, Golden State Family Services

Team goal of 100 bags to each agency by June 30th

- Art Craft Kits
- Candy
- Chapstick
- Colored Pencils
- Crayons
- Dental Floss
- Ear Plugs
- Eye Masks
- Fidget Toys
- Gum
- Hand Cream
- Hygiene Items

- Jellyfish Cafe Gift Cards
- Markers
- Non-Slip Socks
- Notepads / Pens
- Playing Cards
- Protein Bars
- Small Puzzles
- Snacks
- Starbucks Gift Cards
- Stickers
- Travel Pillow / Cups
- Word Search / Puzzle Books

Drop off location: 4-H
Office 550 E. Shaw
Avenue Ste# 100. We
encourage collections
at club level and we are
happy to arrange for
pick-up.

Contacts: Asa at <u>ac1426@aol.com</u>
Brianna at <u>bri.moya@icloud.com</u>
Miranda at <u>mirandamoya583@gmail.com</u>

Caring For Those In Time Of Need

4-H Community Service Activity Sew a Drawstring Bag





The Fresno Gem & Mineral Society
(REVISED 02/09/24)

Materials needed:

- 1 6-inch x 12-inch pieces of fabric (any fabric of your choice!)
- 2 17-inch pieces of yarn

(The 4-H office may have some donated material available for you to use for this community service activity. Please contact Tracy or Elizabeth.)

Instructions:

- Cut your fabric piece according to the dimensions given above.
- At the top of each of the 6-inch sides, fold 1 inch of the fabric over from the top edge. Press in place with iron.
- Sew along the bottom of the 1-inch fold to make a ½ inch casing.
- Repeat on the other 6-inch side of fabric.
- Fold the fabric in half, inside out, with the newly sewn casings at the top.
- At this point, the project should measure approximately 5 inches from the fold to the top of the casings, and 6 inches from edge to edge.
- Sew along the edge of the fabric from the fold to the bottom of the casings.
- Repeat on the other edge of the fabric.
- The project should now resemble a pocket.
- Turn the project right side out.
- Tie a knot in one end of one of the pieces of yarn, attach a safety pin, and insert the yarn through one end of the casing, using the safety pin. Repeat through the casing on the other side.
- Tie the ends of the yarn together in a knot and pull the ends to close the bag. Your drawstring bag is done!

The Fresno Gem & Mineral Society will use these bags for rocks, gems, and other treasures at the Fresno Fair. Please complete by 06/30/24.

Completed bags can be dropped off at the Fresno Gem and Mineral Society Clubhouse located at: 404 W McKinley Ave., Fresno, 93728To arrange for drop-off or if you have any questions, please contact Diane White at (559) 346-9263 or dianemwhite@vahoo.com