



4-H Guidelines

February 2010



DATE	EVENT/LOCATION/TIME	PAGE	CONTACT
7	Fowler 3rd Annual Valentine Party/Craycroft Center/2 pm/5	1	Carson King 313-1734
8	Junior Counselor Camp Applications Due/4-H Office		Melanie Curtis 456-7285
9	Hi-C/ 6:00 pm/E.A. Committee/Leaders Council Mtg/4-H Office/7 pm	2	Melanie Curtis 456-7285
20	Fashion Revue 2010/Grace Community Church/2 or 3		Melanie Curtis 456-7285
26	Lunch orders due for Fresno County 4-H Judging Day/4-H Office	3	Yolanda Murillo 456-7285
MARCH UPCOMING EVENTS			
6	Fresno County 4-H Judging Day Ca State University Fresno Livestock Pavilion/9:00 am/2	3	Melanie Curtis 456-7285
12	California State Fair Scholarships Applications due	2	Melanie Curtis 456-7285
17	Mandatory Mtg Fresno Co 4-H All Star Program/4-H Office/7pm	3	Melanie Curtis 456-7285
19	Entries Due County Presentation Day/4-H Office	4	Melanie Curtis 456-7285
20	Dry Creek 4-H Horse Show/Silver Rose Ranch, Clovis/2 or 3	4	Cindy Schueler 696-6484 dckds@pacbell.net
27	County Presentation Day/Clovis High School/9pm/3,6	4	Melanie Curtis 456-7285
31	4-H State Ambassador Applications Due/State 4-H Office	2	Melanie Curtis 456-7285

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- 4-H State Ambassador Program
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- All Star Project
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- 4-H Shooting Sports Workshop
- Volunteers needed for San Joaquin Valley Sectional Presentation Day
- County Presentation Day

Please send all articles to
Melanie Curtis at
makwast@ucdavis.edu

Golden Tri-C 4-H Group Wins Iron Chef Crown

Rachel Jorgensen, Chelby Cheek and Chyna Marie Mulliken, members of Golden Tri-C 4-H club, walked away with first place in the initial Iron Chef competition that was hosted at Fowler High on January 9th. The girls were guided by adult assistant Doug Wakida, Rachel's uncle. The winning group learned at 10 a.m. that they would have 2 hours to prepare a meal using the mystery ingredient bison. They made steak salad using strips of bison on a bed of fresh greens and vegetables and pizza, made with ground bison.

Submitted by Fowler 4-H

Fowler 4-H Hosting 3rd Annual Valentine Party at Craycroft Center On Super Bowl Sunday, February 7th

Fowler 4-H will hold a Valentine Party and cookie decorating contest at the Craycroft Rescue the Children Center in Fresno from 2 to 4 p.m. We will arrive at 1:30 to set up the stations: Valentine writing, card holder decorating, cookie decorating, cupcake decorating and bingo. We are planning on treats for 15 children and would love your help with valentines, sweetheart candies, stickers and bags, unfrosted cookies and cupcakes, frosting and/or decors, capri sun punch pouches or juice boxes.

For more information, call 313-1734.

Submitted by Carson King, Fowler 4-H



Our programs are open to all potential participants. Please contact the Fresno County UCCE office, (two weeks prior to the "scheduled" activity), at (559) 456-7285, if you have any barriers to participation requiring any special accommodations.

Fresno County 4-H Office

1720 South Maple Avenue
Fresno, California 93702
(559) 456-7285

Website: cefresno.ucdavis.edu

Words To Live By:

The man who questions opinions is wise.
The man who quarrels with facts is a fool.

Frank Garbutt

FRESNO COUNTY 4-H LEADERS COUNCIL

WHEN: Tuesday, February 9, 2010 7:00 p.m.

WHERE: UCCE Fresno Office
1720 S. Maple Ave., Fresno

WHAT: All leaders in Fresno County 4-H are invited to this very informative meeting about the 4-H activities in Fresno County. All clubs should encourage their representatives to attend because this is the policy and decision-making body for the county program.

BUSINESS:

1. Standing Committee Reports
2. Finance Committee Report
3. Event Announcement and Discussions
 - Judging Day
 - Presentation Day
 - 4-H Fair

Education and Achievement Committee

The Education and Achievement Committee, which helps make decisions regarding county 4-H competitions, educational events and award programs, needs more participation from 4-H leaders countywide. In February, the E.A. Committee will be meeting at the 4-H Office at 6:00 p.m. on February 9, prior to the County Leaders Council meetings. All interested members and leaders are invited to attend. We will be discussing Fresno County 4-H Scholarships. If you have any questions contact Melanie Curtis at 456-7562.

Hi-C News

Next Meeting: Our next regular meeting will be on Tuesday, February 9, 2010 at 7:00 p.m. at the 4-H office. We will begin the meeting with our usual potluck dinner. Since February is "Heart Health Month," please try to plan your dish with that theme in mind.

New Curriculum: We will begin to emphasize the "citizenship" aspect of our name with the aid of some great curriculum from the State 4-H office. Please bring copies of local newspapers and telephone books to the February meeting. We'll put them to use in laying the foundation for future projects.

*All members of Fresno County 4-H in grades 7-12
are welcome to participate in Hi-C.*

CATTLEWOMEN'S ASSOCIATION SCHOLARSHIP

The Fresno-Kings County Cattlewomen's Association is offering a \$500 - \$1,000 scholarship to high school seniors, college freshman and college sophomores in the field of agriculture. Applications and information are available at the 4-H office and are due to the Cattlewomen's Scholarship Chairman by **April 1, 2010.**

Scholarships Available

There are a number of scholarships available to 4-H members and alumni. If you are interested in Fresno County 4-H, California 4-H, State Fair or other scholarships, contact Melanie or see the Fresno County 4-H website at: cefresno.ucdavis.edu. Select "4-H", then "Resources and Forms". [Applications for Fresno County Scholarships will be available soon at the 4-H Office.](#)

State Fair Volunteer Group Offers Money for College
Friends of the California State Fair Scholarship Program
Now Accepting Applications from California Students
Submit an application by Friday March 12, 2010.
More details and scholarship applications can be found
online at www.bigfun.org

2010 California 4-H State Leadership Conference

Do you want to attend a conference that is fun, interesting, and exciting? Are you eager to meet new people and learn about leadership? Do you want to visit sunny and beautiful UC Davis? Can you take three nights and four days of crazy excitement?

Do you want to hear from inspirational speakers from throughout the country? Can you handle fun recreational activities and educational adventures?

Are you ready for
STATE LEADERSHIP CONFERENCE 2010??

SLC 2010 Operation 4-H!!

July 29th through August 2nd
at UC Davis! Be There!

4-H STATE AMBASSADOR PROGRAM

4-H youth who are at least 16 years of age (as of January 1, 2010) but no older than 18 (as of December 31, 2010) and have been California 4-H members for at least one year are eligible for the 4-H State Ambassador Program. 2010-2011 State Ambassadors will be expected to make a 14-month commitment to the program beginning July 2010. State Ambassadors will complete a team plan of action with other ambassadors from their 4-H home section and will plan and facilitate the 2010 State Leadership Conference. For additional information or an application, call the 4-H office at 456-7285 or see the state 4-H website: <http://ca4h.org>. **Applications are due to the State 4-H Office March 31, 2010.**

FRESNO COUNTY 4-H ALL STAR PROGRAM

All Star is the highest county award and rank attainable in the Fresno County 4-H Program. With the All Star Award comes recognition, honor, and responsibility. An All Star promotes 4-H clubs throughout the county. Some of the requirements for All Star include:

1. Minimum of 15 years of age by December 31, 2010
2. Achieved Gold Star Rank
3. Demonstrate leadership abilities
4. Attend (with a parent or guardian) a mandatory candidate's meeting on **Wednesday, March 17, 2010, 7:00 pm at the 4-H Office***
5. Complete All Star application packet and participate in All Star Interviews

If interested in applying for the All Star Award, contact the 4-H Office for an All Star application and information.

*If you can not attend the orientation, but would like to apply for All Star, please call Melanie Curtis at 456-7562 or email her at mawast@ucdavis.edu. Accommodations will be made for illness or previous obligations **ONLY** if you call before the meeting. Orientations still need to be completed and can be set up for a group or individuals depending on the need for alternate dates.

All Star Project

Every year Fresno County All stars facilitate a project to better our community, and we chose to:

Mission statement: to help address the hunger problem in Fresno County.

- we are going to cooperate with the Fresno County Community Food Bank. They put on a program (8,000 meals= \$1,000) \$1.00= 8 meals. Our goal is to raise \$1,000 dollars which is the number of members we have in our 4-H county. So every member would simply give 1 dollar.
- we also plan to schedule multiple volunteer days to sort the food collected by the food bank.
- Additionally we will hold a walk-a-thon to fight hunger in the spring.

Please help us reach our goal to create a hunger free Fresno County.

FRESNO COUNTY 4-H JUDGING DAY

Saturday, March 6, 2010 (please note the date change!) at 9:00 a.m. Sharp

California State University Fresno Livestock Pavilion (on Barstow, just west of Chestnut on the Campus Farm)

Three separate contests with NO ORAL REASONS

Livestock: Six (6) classes of animals from dairy cows to pygmy goats.

Plants and Mechanical Science: Six (6) classes of house and garden plants, fruits, vegetables, electricity, woodworking, and others.

Consumer Science: Six (6) classes of foods, clothing, shopping, and other important things in your life. Members do not have to know anything about the classes to participate and can explore many different 4-H projects in one day. Judging is fun! All you need is a pencil, a pad of paper, and enthusiasm.

Judging Day Lunches Available

Fresno State has restrictions against selling or serving food on campus not prepared by University Catering. In order to provide lunches for Judging Day participants who wish to stay on campus during the lunch hour, we will be placing an order for boxed lunches through University Catering. **We must place the order 5 working days prior to the event. 4-H members and families who wish to place lunch orders must submit orders to the 4-H Office with payment for \$6.00 per boxed lunch no later than noon on February 26, 2010, checks payable to Fresno County 4h Leaders Council.**

The lunch consists of: *Choice of: Ham, turkey, roast beef, or vegetarian sub-roll... lettuce, tomato, (mustard & mayo packets), canned soda and a bag of chips.* Clubs are encouraged to collect club orders if at all possible. We will not be selling lunches on site, only distributing paid orders. No other food will be sold on site. Please note your preference of ham, turkey, roast beef or vegetarian sandwich.

2010 TULEQUOIA 4-H CAMP - COME AND ENJOY WHAT EVERYONE IS TALKING ABOUT

4-H Camp Tulequoia will be held July 11- 16 at the YMCA camp grounds at Sequoia Lake. Here are 5 reasons why you should be planning to attend: #5, there's campfires each night with skits and singing; #4, the lake - location, location, #3, fishing, fishing, fishing; #2, enjoying free time activities of boating, crafts, swimming, volleyball, or hiking; and the #1 reason, you make new friends and it is so much fun!



The fees will be approximately \$225 for campers and \$135 for adult counselor. Adult counselors must be a card carrying 4-H leader and 25 years of age or older at the time of camp. 4-H campers must be a 4-H member, 9 years old or 4th grade by June 30, 2010 to those currently in the 8th grade. Registration forms will be out by March. Check your county website for application forms and also for pictures from the 2009 camp.

Horse Show

Dry Creek 4-H Horse Show
Saturday, March 20, 2010
Silver Rose Ranch
11233 Newmark Ave., Clovis CA

Western
Jumping



Gymkhana
English

Not a qualifying horse show, so horses
can be shared

Two show rings will be showing at the same
time to keep the show moving

*Show Premiums <http://groups.ucnar.org/DryCreek4-H/>
Questions contact Cindy Schueler
696-6484 or email dckds@pacbell.net

2010 State 4-H Horse Classic Educational Contest

When: April 24–25, 2010

Where: Reedley College, Reedley, CA

Entries Due: April 1st
Late entries will be accepted until
April 15th with a \$20.00 late fee.



The rules and entry forms available online at
<http://ca4h.org/projresource/horse/classic.asp>

If you have any questions, please e-mail Jeanne
George at jlgeorge@ucdavis.edu or call her at
530-527-3101.

The Championship 4-H Horse Show information and
rules will be posted soon at the above web site. The dates
are June 25-27, 2010 at Santa Cruz County Fair,
Watsonville, CA. Entries are due June 1st with an Early
Bird Special by May 15th.

4-H Shooting Sports Workshop Rifle Discipline El Centro, CA

Saturday, June 12, 2010 – 8:00 a.m. – 6:00 p.m.

Sunday, June 13, 2010 – 8:00 a.m. – 4:00 p.m.

A 4-H shooting sports workshop for the rifle discipline will be held at Border Tactical Range, 925 North Imperial Avenue, in El Centro, CA (Imperial County). Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information contact John Borba at:

jaborba@ucdavis.edu

For information about the facility and a map, please visit the range website at:

<http://bordertactical.com>

BLOSSOM TRAIL DOG PROJECT

4-H members of the Blossom Trail Dog Project recently toured the Valley Animal Shelter at 3934 N. Hayston St, Fresno on November 11, 2009. 4-H members and their families donated pet food and supplies as part of their Community Service Project. They toured the facility including the cat and dog areas and helped exercise some of the dogs that were up for adoption at the shelter.

During their visit 4-H members and parents also received training orientation to qualify as Valley Animal Shelter volunteers. Volunteers must be minimum 12 years old and must complete the volunteer orientation. Various hours and duties are offered for different age groups. Donations of food, supplies and help are always appreciated. Information can be obtained at www.valleyanimal.org or 559-233-8554.

Volunteer Help for Southern San Joaquin Valley Sectional Presentation Day

Saturday, April 17, 2010 (Kings County Host) Hanford

If you would like to help with this event, there are many opportunities for adults and youth. Judges are needed as we are expecting over 100 entrants. Youth members can receive credit for a sectional committee event. Please check the Kings County 4-H website for information about Sectional Presentation Day

http://cekings.ucdavis.edu/4-H_Program/Sectional_Presentation_Day_2010.htm

This is the link to the volunteer help survey. Volunteers are needed for this event!

<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=4485&back=none>

Thank you

Denise Cuendett, 4-H Program Representative Kings County

COUNTY PRESENTATION DAY

WHEN: Saturday, March 27, 2010 at Clovis High School, 1055 N. Fowler Ave., Clovis

Those receiving a gold medal will be eligible to participate at Regional Presentation Day on April 17th in Kings County.

JUDGES: Adult volunteers are needed to judge presentations. Training/Orientation 8:30 a.m.

ROOM MONITORS: Youth volunteers needed. Orientation 8:30 a.m.

REGISTRATION: 9:00 a.m. in the cafeteria. **PRESENTATIONS:** Begin at 9:30 a.m.

ENTERTAINMENT: Volunteers are needed to entertain participants until the awards ceremony.

DISPLAYS: Would you like to set up a display about a special project?

ENTRIES DUE: March 19th, 2010. Mail to 4-H office, 1720 S. Maple Ave., Fresno 93702.

Entry can be done online: <http://ucanr.org/presentationentry>.

ANIMALS: Members bringing an animal must contain it and clean up after it.



VISUAL POLICY: If you would like to do a Power Point Presentation, the 4-H office will supply a laptop, LCD projector, and screen for your use if you call Melanie Curtis at 456-7562 by 5:00 p.m. on Monday, March 22, 2010. Your file can be on a USB drive or CD. Additional information and tips can be found online at ca4h.org on the downloads page. Look for the Presentations Manual.

VOLUNTEERS

Name _____ Phone _____

Name _____ Phone _____

(Check all that apply) Judge Room Monitor Entertainment Display

ENTRIES

Name _____ Phone _____

Name _____ Phone _____

(Check One) Demo. Ill. Talk Public Speaking Audio-Visual
 Interpretive Reading Impromptu Cultural Arts Share the Fun

Title of Presentation: _____

Does this presentation need to be outdoors? _____ Club _____ Grade _____

CCLs and Leaders: Please encourage participation by your members.

- * **Demonstration:** A planned presentation in which the 4-H member teaches through “show and tell” using posters and demonstration materials. Individual or group of 2 or 3.
- * **Illustrated Talk:** A prepared talk in which the 4-H member teaches using only posters. Individual group of 2 or 3.
- * **Impromptu:** Member is given three minutes to organize, then delivers a speech (5 minute maximum) on a topic prepared by the judges.
- * **Cultural Arts:** Performs a costumed dramatic reading, musical, dance or other such performing art.
- * **Audio Visual Presentation:** A slide, video or computer presentation 5 to 10 minutes in length, accompanies by verbal commentary or audio track.
- * **Share the Fun:** Group performance that focuses on health, safety, community pride, recreation, citizenship or other 4-H project or activity.