

University of California
Agriculture and Natural Resources
Making a Difference for California



The Diggings January 2013

Presentation Day Training

Friday, January 11th @ 6pm 12200 "B" Airport Road.

Training will cover the types of presentations, how to pick a topic, the 4-H presentation format, tips for posters and Power Points. We'll go over the evaluation guidelines, judging sheets and have sample presentations on display. Please RSVP to ensure we have enough snacks. 4hdiggings@gmail.com or 209-256-3544 Don't forget to get your entries in by January 21st/ If you're planning on exhibiting at Sub-Regional Day entries are due January 16th.

Poultry Show update

Despite an advertising snafu this years Amador County Youth Poultry Show was a huge success! We grew by 50 birds and more entries! Look for us next year to be even bigger!



California 4-H 100 Anniversary



This year marks California 4-H Centennial! Read about our rich history and what we've accomplished and where we're going! <http://www.ca4h.org/About/History/CaliforniaHistory/>

4-H State Leadership Conference 2013 – July 25-28, 2013 at UC Davis

Celebrating 100 years of California 4-H. This year's theme: *There's no place like 4-H*

The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. <http://www.ca4h.org/Programs/Conferences/SLC/>

SAVE the Date! November 8-10, 2013

100 Years and Thriving – Come celebrate California's Centennial of 4-H with your 4-H colleagues at the **State 4-H Leader's Forum (SLF)** at the Crowne Plaza in Sacramento. More information will be on the CA State 4-H website by the end of January. In the meantime, we are recruiting workshop presenters for this momentous event. Traditions or transitions, changes or choices, what kinds of information, issues, inspirations will you share with the delegates? Please contact Mary Engbreth - maryengebret@comcast.net with suggestions of topics and/or experts.

Join the California 4-H State Horse Classic Planning Team!

The event will take place June 26-30, 2013 at Brookside Equestrian Center. The planning team is responsible for planning, conducting and overseeing the entire event. Multiple conference calls, a face to face meeting in April (travel reimbursed) and a work dinner on June 25th are planned. The team will be broken into 3 sub-teams: Education, Western and English. All efforts will be made to assign volunteers to the planning area of their choice, but in some cases, this will not be possible. Each sub-team will consist of 3-4 volunteers and the entire team will consist of 10-14 members. Resumes may be uploaded if you choose to do so. The link to the survey to apply to be on the planning team is: <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9605>. All surveys are **due by January 15th**. The planning team will be determined by 4-H staff and will be announced by **February 1, 2013**. **Any questions please contact Sarah Watkins, spwatkins@ucanr.edu.**

It's the 37th Annual Agricultural & Environmental Sciences Field Day

The University of California, Davis College of Agricultural and Environmental Sciences will hold its **37th Annual Agricultural and Environmental Sciences Field Day on March 1st and 2nd**.

The UC Davis CA&ES Field Day is the 2013 California 4-H State Qualifier for Poultry, Dairy and Livestock judging. Visit <http://www.ca4h.org/Projects/SET/Animal/SLJC/> for state qualifying guidelines.

To register, go to: <<http://calaged.csuchico.edu/registration/>> Select the event (2013 U.C. Davis Agricultural & Environmental Sciences Field Day). Choose the link "Get Access Code". Complete the information on the form and click the register button. **Please include 4-H next to your club name on the registration form.** On the following page save the registration code and register later or simply continue with the registration at this point. Note that you may only register once so be prepared to complete the registration or contact us if you have any changes. After your club is registered, we request that you submit a printed copy of your online registration along with your payment. Checks should be made payable to "UC Regents" and mailed to:

Attn: Courtney Rhodes
College of Agricultural & Environmental Sciences
One Shields Avenue
Davis, CA 95616



Deadlines:

February 8: Agriscience Fair and Job Interview materials due

February 8: Online Registration closed

February 15: Payments must be postmarked – We are now enforcing a **\$25 late fee** for payments postmarked after the 15th.

For questions email fieldday@ucdavis.edu or visit <http://caes.ucdavis.edu/fieldday>

POSITIVE YOUTH DEVELOPMENT

The state office would like to introduce iDevelop, CA 4-H's Virtual Training Center. iDevelop was created to provide training around positive youth development to assist in sustaining healthy environments for 4-H members in order to help them reach their full potential.

Training modules include:

- Foundations of Positive Youth Development
- Helping Youth Discover Their Spark
- Understanding the G.P.S. Goal Management System
- "Growth Mindset"
- Self-Reflection and the Indicators of Thriving

To access these virtual trainings go to the state website www.ca4h.org and type "iDevelop" in the search box or use the following link: http://www.ca4h.org/Resources/Volunteers/4-H_Thrive_Resources/4-H_Thrive_Virtual_Trainings/

Happy New Year! I hope you all had an enjoyable holiday season. As I prepare for the upcoming year, I am thankful for how much has happened over the past year. This month marks my one year anniversary with UC Cooperative Extension and the four counties in the Central Sierra Multi-County Partnership. I am truly blessed to be living and working in such a wonderful place. The transition to a new state and new job was made easier by people like you. As volunteers you've helped me learn the ins and outs of the program and as community members you've welcomed me with open arms. THANK YOU.

This organization does not function without critical involvement from volunteers. My commitment to youth in our region is realized through helping you succeed as a volunteer. In September, we had our first regional Volunteer Development Day hosted in Amador County with volunteers from all four counties attending. It was well received and those who attended said they would love to join in other workshops. Ida Ponder, a 4-H Community Club Leader in Tuolumne County, is a faculty member and teaches entrepreneurship at Columbia College. She has graciously donated her time to help host our 2nd Volunteer Development Day on GENERATIONAL DIVERSITY. Ida says "this workshop was one of the most life-changing workshops I've ever attended." We are a diverse group of volunteers spanning all generations that work with youth ages 5-19. This workshop is pertinent to us all. Please join us from 9:30am to 3:30pm on Saturday February 23rd in Tuolumne County for this FREE workshop (agenda attached). Details about the location will be forthcoming as we find out how many people will be attending. Lunch will be provided (if you are able to, please donate \$2 for lunch). Registration is required (deadline is February 15th at 5pm).

Register here: <http://ucanr.edu/volunteerdevelopmentday>
(copy and paste if you're email doesn't allow you to click on the link)

I realize it may be a far drive for some, but I am confident this is an amazing opportunity and should not be missed. Please know that I am committed to hosting a Volunteer Development Day every few months and the host county will rotate. If you cannot attend this one, there will be another.

JoLynn Miller
4-H Youth Development Advisor
University of California Cooperative Extension
Central Sierra Multi-County Partnership
Amador, Calaveras, El Dorado, & Tuolumne counties
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★ 4-H Youth Development Program Staff Awards ★

★ Carolyn H. awarding Larry F. his Golden Clover Award that Carolyn requested on his behalf. Larry was very touch with her thoughtfulness. It was a long awaited award for a job well done.

★ You will find they letter at the end of the Diggings.

★ Thank you Carolyn!



4-H Shooting Sports Workshop

A 4-H shooting sports workshop for the rifle discipline will be held at UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue in Bakersfield. The workshop will be **January 12, 2013** 8am-6pm and **January 13, 2013** 8am – 4pm. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course or receive more information, contact John Borba at: jaborba@ucdavis.edu
(This course is not open to 4-H leaders from Santa Cruz County).

4-H Shooting Sports Workshop

A **4-H Archery Certification Training for volunteers and junior/teen leaders** will be offered Saturday, January 19th, 9 am – 5 pm, and Sunday, January 20th, 8 AM- 12 noon, at the Livermore-Pleasanton Rod & Gun Club, 4000 Dagnino Road, Livermore, CA 94551 in Alameda County. You must be an enrolled 4-H leader or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching and a written test. The cost is \$50 per person to include a resource binder, range fees and Saturday lunch. Overnight RV parking, water & power only, is available for an additional fee.

To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at <http://www.ca4h.org/files/2123.pdf>, and an adult or youth 4-H medical release form and a \$50 check payable to “De Arroyo 4-H Club” to Jennifer Siders, 4967 Erica Way, Livermore, CA 94550. Registration is due Monday, January 7th and space is limited. For more information call Jenny at 925-321-6009 or email her at jsiders@gmail.com.

State 4-H Field Day Educational Exhibits

<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9588>

Applications due **April 1, 2013**

Educational exhibits and displays constitute a unique aspect of the State 4-H Field Day. These exhibits are a great opportunity to share knowledge, interact with youth and adults, and engage people in new activities. Possibilities for displays include hands-on activities, community service crafts, informative booths, etc.

Fashion Revue:

State Fashion Revue committee has received questions about the 2 Yard Wonder category. To clarify, a garment and coordinating accessory are created out of a two yard length of 45” wide woven cotton fabric. For the garment and accessory, only this piece of fabric may be used (for example, no additional fabric for lining). Take a photo holding the two yards of fabric. Members may use any pattern and the outfit may include other sewn or purchased garments and accessories. SFR is coordinating 3 service activities. The Drawstring Bag service project will provide tote bags for children going into foster care. If you would like to contribute tote bags, please go to the SFR website for instructions, <http://www.ca4h.org/Programs/Events/SFD/SFR/>. You may bring completed tote bags to State Fashion Revue or contact Megan at meganladytink@gmail.com or Courtney at cjam11219@gmail.com for mailing information.

4-H MyPlate Challenge at 2013 State Field Day

In 2011 the U.S. Department of Agriculture (USDA) unveiled the federal government’s new food icon, MyPlate, to serve as a reminder to help consumers make healthier food choices. 4-H is challenging YOU to show how you’re making YOUR plate MyPlate. We invite you to submit a photograph illustrating how you’re creating healthy meals using MyPlate as a guide. 4-H members do not need to pre-qualify at a county event. More details about this contest can be found at: http://www.ca4h.org/Programs/Events/SFD/4-H_MyPlate_Challenge/

Special Recognition at 2013 State Presentation Day

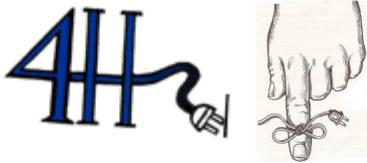
A special recognition pin will be awarded for youth who participate in State Presentation Day and focus their presentations on healthy living. This year’s focus area is physical activity. Potential topics may include muscle strengthening, heart rate importance, workout wear, Zumba, activity log, exercise trends, fitness apps, stretching, benefits of exercise, fun ways to work out, ‘exergaming’, recreational sports, types of activity, making time for fitness, safe places in your community to be active, and more. For details visit: http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/

California Focus June 14-18, 2013

California Focus is a unique citizenship educational experience that combines hands-on participation in workshops, debates and simulations with speakers, tours, fun activities and new friends from across California. <http://ucanr.org/sites/UC4-H/Projects/Citizenship/Focus/CF/>. **Online Registration will be available February 1, 2013**

Citizenship Washington Focus Registration is currently being taken June 23-July 2, 2013

Washington Focus, an educational conference offered at the National 4-H Center near Washington, D.C, gives youth the opportunity to explore, develop and refine the civic engagement skills they need in order to become outstanding leaders. Additional travel days include visits to Gettysburg, Philadelphia and New York City. <http://www.ca4h.org/Projects/Citizenship/Focus/WF/>



4-H Calendar of Events

January

- 11th, Presentation Day Training
- 16th, Entries Due Sub Regional Day
- 19th, UC Davis Goat Day
- 21st, Entries Due Presentation Day
- 26th, AC Presentation Day

February

- 2nd, Calaveras Sub-Regional

- 5th, 4-H Council Meeting

March

- 5th, 4-H Council Meeting
AC Fair Beef Pre Weigh-in TBA

April

- 2nd, 4-H Council Meeting
- TBA, 4-H Home Arts Expo's. Feed Seminars & Duck Race

May

- 7th, Council Meeting-All Star Applications Due
- 25th, AC Fair Large Animal
- TBA Pre Weigh-In & Annual Cal AM Goat Show

June

- 4th, 4-H Council Meeting
County Council Officer Election & All Star Interviews

July

- 25-28th, Amador County Fair
- 12-28th, Calif State Fair

Amador County Fair

Come support our fair and get involved by attending the monthly fair board meetings at the fair board conference room on February 14th @ 6pm.

(may be postponed call 209-245-6923)

Make sure you check out their event calendar

<http://amadorcountyfair.com/p/About/157>

Amador County Junior Livestock Advisory Committee Meeting

The next Jr. Livestock Advisory Committee meeting is on February 28, 2013 at 6:00 PM. Location: Amador County Fair Main Office

Annual Swine Education Day

CSU, Chico-Swine Education Day

Saturday, February 2, 2013

CSU Chico Farm Pavilion

Cost is \$5 for registration

8:00am-11:30am Registration, Keynote Speaker & Educational Workshops (including: Showmanship, Show Pig Selection & Live Evaluation, Carcass Fabrication, Nutrition, Health & Disease)

11:30am-12:15pm Lunch Break

12:30pm Show Pig Sale

For more detailed information, check out

www.thepigpage.com/chicostate, call (530) 898-6025, or email chico-states-wineunit@gmail.com



UCCE Amador 4-H Office
12200 B Airport Road
Jackson, CA 95642

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a campaign or
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Amador County Council 4-H Officers

President : Rielle Santinelli
Vice President: Janet White
Secretary: Deanna Stiltz
Treasurer: Valerie Anderson
4-H Program Coordinator: Jennifer Goerlitz

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NEXT COUNTY COUNCIL MEETING:
will be held on **February 5, 2013** at the GSA small conference room on Airport Road at 7pm.
UCCE OFFICE HOURS
Monday - Tuesday 10:00 - 3:00 pm
Next Diggings: February 2013
Diggings Editor: 4hdiggings@gmail.com
Articles are due the 5th of the month.
Jennifer Goerlitz
4-H Program Coordinator

Larry Fossen Awarded Golden Clover Award
by the California State 4-H Commission.

Amador County, one of the smallest counties in the state of California hosts one of the greatest influences in youth and youth adult partnerships and that is Larry Fossen. Quite a number of years ago he created a program to teach public speaking in a manner which created a fun, rewarding and positive experience. It was unique in that it included adults and kids ages 9 and up. The program was open to folks in the community and most often was on a "by reservation only" status due to its popularity. This program afforded children and adults the opportunity to learn to speak in a "no stress" environment and frequently included members of local businesses, and Rotarians. Many of you had the opportunity to experience the "Speak it Forward" class, which over the years contained unquenchable peals of laughter. In addition to this local program, Larry Fossen modified his 8 week program to a one day session and brought this program to the State Leadership Conference. Again, the course was always *full up*, squeezing as many as we could into the sessions. A great many people can attest to the success of this uniquely created program.

Our very own, Larry Fossen, has been a true dedicated public servant, serving the needs of 4-H families and those of the community. He has been a valued member of the community giving and serving in areas of children's needs, for example, with the Tobacco Reduction committee, The Amador County First 5, Master gardeners and youth-adult partnership projects, The Fire Safe Council, The Library Project and Recreation projects.

Larry has been a valued member of an expansive and noble list of local committees and projects!

It was always my desire that Larry Fossen be Honored with the Golden Clover Award, an award at the state level for service given. Last year, I nominated Larry for the award. After a lengthy selection process, Larry was selected as the Golden Clover Award Recipient.

Larry has made a huge impact on my family which has earned my older boys great success in college. Please join me in acknowledging Larry Fossen for his dedication, love and those poignant moments full of tears and laughter. Larry was awarded the beautiful Golden Clover Medallion, a nice lapel pin and check. And Larry...Watch out for those Accelligations and beware of Lactomangulation! Thank you, once again... The Holmes Family