

July 2009

4-H Diggings



Cooperative Extension

Amador County
12200 B Airport Road
Jackson, Ca 95642
(209) 223-6484

Fax: (209) 223-3279

<http://ceamador.ucdavis.edu>

AMADOR COUNTY YOUTH DEVELOPMENT

www.ca4h.org

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Returning Member & Leaders!

The close of the 4-H year is upon us. In August, all registered 4-H members and leaders will be receiving re-enrollment packets for the next 4-H year.

The prices were kept from last year.

Members \$16.00

Leaders \$10.00

Your Community Club leaders will be notified when they can pick up the enrollment packets for their clubs.

The packets should be picked up and filled out and then returned to the 4-H Ext Office by the end of September.



Larry Fossen Will Be Out of the Office

Hello! Everyone, I will be out of the 4-H Office during August 2009 and will return in September.

I will be recovering from heart surgery to correct a problem I have.

While I am gone, you can call Valerie Anderson, 257-1418, for questions about enrollment, club listings, and the newsletter.

For questions about facility use call Jennifer Goerlitz at 754-6474.

For emergencies and other

issues call Dorothy Smith at 223-6834.

We will be doing enrollment this year by paper instead of directly online.

Have a great summer!

I will be back in September.

Larry Fossen

4-H Council Meeting

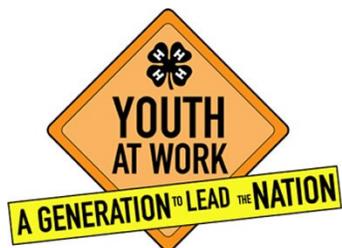
The next 4-H Council meeting will be held on August 4, 2009 at the GSA small conference Room at the UCCE/ Amador County, 12200 B Airport Road in Martell.

Please submit any articles



about your club or

mail them to UCCE/4-H Office, 12200 B Airport Rd, Jackson, CA 95642 by the middle of each month.



Educational programs of California Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin.





Head (was trained to think plan and reason);
Heart (to be kind true and sympathetic);
Hands (to be useful, helpful, and skillful);
 and
Health (to resist disease, enjoy life, and make for efficiency)

RECORD BOOKS

Why am I even talking about record books when fair hasn't even started?

Last year the turn out for Amador County Record Book Competition was very low.

Completed record book signed by project leaders & members need to be turned into your Community Club Leaders by August 17th. You can either use the [State 4H Guidelines](#) or use the Amador County 4-H Record Book Guide that is included in the Diggings this month.

4-H Stories from 4-H Record Books

4-H Stories from 4-H Record Books submitted to the State Office on or before **July 31, 2009** will be entered for a chance to win a \$25 certificate.

Click [here](#) for more information on submission guidelines and to upload and submit your story online.

Please contact the State 4-H Office, 530-754-8518 for questions.

4-H Concours d' Elegance

Give A Presentation At The Ironstone Concours!

This is an excellent opportunity for 4-H members to talk about their projects, show off their animals and receive credit in their record books!

The event will be held on **September 26th** at Ironstone Vineyards in Murphy's, and will include over 300 classic automobiles, vintage motorcycles and classic trailers.

You have the opportunity to do a presentation, show off a display or give an impromptu speech at the Concours

Look for the attachment in this newsletter!

Kids Culinary Convention

Youth ages 10-15 are invited to attend the **3rd Annual Kids Culinary Convention and Conference, September 19, 2009** in Sacramento, CA. Youth and parents may register starting Aug. 15. The conference is an opportunity for youth to experience and learn about food, from preparation, hands-on cooking to the benefits of healthy eating habits.

Visit: <http://www.jrchefcentral.com> for more information.

We Need More Volunteers

Our 4-H leaders are the backbone of the 4-H program as 4-H is an all volunteer led program. You can open the doors for youth and yourself to gain new life learning experiences through 4-H projects. There are many reasons to become a volunteer. Some people want to become involved in their children's activities, others want to help children in their community or have a skill to share, and others were 4-H'ers as children and want to share their experiences. 4-H volunteer leaders must be at least 18 years of age. You don't have to be an expert on a subject, just willing to learn with the youth. Many resources are available through the 4-H Ext. office that will assist you with information to be successful. As a project leader, you can help youth develop into responsible, self-directed, productive citizens of the world. Projects have a focus in **citizenship, leadership, and developing life-skills**, using the experiential learning model of "learning-by-doing". *Learning-by-doing* is a basic philosophy of 4-H. The 4-H project is one of the areas where learning-by-doing takes place. Within the project, members learn things to do, things to make, and things to explore.

As members gain experience, the size of their projects may be increased and/or they may choose to take on additional projects.





2009 CA 4-H STATE LEADERS' FORUM

November 6-8, 2009

Asilomar Conference Center

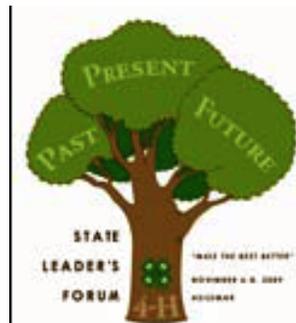
<http://www.ca4h.org/conference/slf/>

Registration Due: **September 1**

Some of the best, most practical learning for 4-H volunteers happens each year at the State 4-H Leaders' Forum.

You'll come home loaded with ideas and activities, and enthusiasm to implement them!

All 4-H volunteers are invited to attend



Volunteering Continued from page 2

A 4-H Project is:

- Planned work in an area of interest to the 4-H member
- Guided by a volunteer who is the project leader. Aimed at planned objectives that can be attained and measured
- Summarized by some form of record keeping

Most project work occurs over a period of several weeks or months during a year. A minimum of six hours of instruction is required to complete a project. We want to remind you this is an application process. All parts of the process must be completed BEFORE you begin serving as a 4-H volunteer.

CALIFORNIA 4-H SERVICE LEARNING RFP

Are you planning a service-learning project for next year?

Each year the California State 4-H Office provides funds to members and volunteer leaders for service-learning projects through the California 4-H Service Learning Request For Proposals (RFP).

Groups can request up to \$5,000 to fund activities that address significant environmental, economic and/or social issues affecting California's youth, families, and communities.

The Service Learning RFP application and information is available on the web at: <http://www.ca4h.org/citizenship/funding/index.asp>.

Examples of past projects are also listed.

The application is due September 15, 2009.

To become a 4-H volunteer contact your Community Club Leader and:

- A live-scan with Department of Justice clearance.
- Approval from Larry Fossen, 4-H YDP Coordinator at lefossen@ucdavis.edu or 209-223-6484

Your 4-H Club Community Leader will be notified when your application has been approved.

Please allow a minimum of 10 days for live-scan to clear through the Department of Justice.

Thank you for volunteering to share your time and talents as a 4-H project leader.

Get Your Window Decal!

Show your 4-H spirit in Amador County and beyond!

We have window decals for a minimum donation of just \$8!

It is a fundraiser for the Amador County 4-H Council.

The council provides funding for scholarships, events & they fund community service programs, plus a whole lot more!

The price is \$8 each

Don't be left without one!

Ask your Community Club Leader at fair for yours!



LIVESTOCK NEWS

Do you need white's for Fair?

We have whites:

Ladies Long Sleeve XL Shirt

Ladies L/S 8/10

Ladies L/S M

Ladies Short Sleeve XL

Ladies S/S L

Ladies Levis 517 3Jr M

Ladies Sz 6 Stretch (some stains)

Ladies Sz 10 Stretch

Wrangler 28x34 Some bluing

Wrangler's 31x36 (some stains)

Boy's L 12/14 Short Sleeve Shirt

Boy's XL 14/16 S/S Shirt

Boy's XXL 18 S/S Shirt

Boy's 6/7 S Long Sleeve Shirt

Boy's 8/10 M L/S Shirt

Boy's 4/5 XS L/S Shirt

Men's Long Sleeve Neck 14 1/2 32/33
Shirt

Contact

Jacksongoldwheels_4H@hughes.net or
call 257-1418



Horse Clinic for 4-Her's

We have been invited by El Dorado County Horse Project to attend their upcoming Horse Clinic.

Richard Winters, a very renowned trainer (you can watch him on RFDTV) is coming to El Dorado Fairgrounds on October 10th and 11th.

The flyer for this event is attached to this newsletter.



California State Fair Show Dates

Rabbits– Aug. 20-23

Dog Show– Aug 23

Poultry– Aug 24-27

Meat Goats, Sheep, Beef Swine
Aug 20-25

Dairy Cattle, Dairy Goats, Pygmy
Goats– Aug 26-30

Cavy– Aug 28-30

Vet Check \$\$

Remember to bring \$4.00 cash or check **per exhibitor** (not animal) for large animal on Tuesday July 28th.

Have the check made out to the Amador County Fair ahead of time.

Poultry vet checks will be provided by the

The fair management has made a decision to vet check the **swine, beef, goats, and sheep.**

Animal health decisions will be made in the best interest of the animal and for the other animals at the fair.

No animal shall be admitted or remain on the grounds that shows any evidence of any active, communicable disease, or any unsightly disease or other condition.

No animal shall be admitted to the fairgrounds from any premises under quarantine for disease.

Livestock Entries Released: Sunday, Aug. 2, 6 pm

Give A Presentation At The Ironstone Concours!

Saturday, September 26th

The Ironstone Concours Foundation has again requested 4-H members come to the 4-H Concours d'Elegance to perform presentations and show their displays between 10 am – 2 pm. This is an excellent opportunity for 4-H members to talk about their projects, show off their animals and receive credit in their record books! The event will be held on **September 26th** at Ironstone Vineyards in Murphys, and will include over 300 classic automobiles, vintage motorcycles and classic trailers.

Admission and lunch is free for 4-H members giving presentations. Each participating 4-H **member** will receive a free lunch ticket at the 4-H check-in tent. Siblings, parents, and other volunteers will be able to purchase lunch at the event. No coolers, please (this is an Ironstone request). If you are bringing a display or large items for your demonstration, please be set up & in place by **9:30 am**. Please no large animals or aggressive dogs (leashed dogs in a 4-H dog obedience or guide dog project are okay).

Presentations will be held from **11 am – 12:30 pm**. Impromptu speeches will be held from **12:30 pm to 2 pm**. **One** parent or adult escort driver from each family will receive a free entry wristband at the 4-H check-in tent. All other adults can purchase a wristband at the main gate for \$20. Children 19 and under are free.

If your child is bringing a display, please bring a card table or appropriate set up as table space is not guaranteed and may be limited! You may also bring a chair.

If you would like to give a presentation, show off a display or give an impromptu speech at the Concours, please fill out the form below and either drop by, fax or mail to the 4-H office by **September 7th**.

Our address is:
4-H Office
12200 Airport Rd
Jackson, CA 95642
Fax: 223-3279

4-H Member Name: _____

Name of Parent or Guardian Attending: _____

Mailing Address: _____

County: _____

Phone Number: _____

TYPE OF PRESENTATION

() Demonstration () Display () Impromptu Speech (1 – 2 minutes)

Give approximate length of non-display presentation: _____ minutes. Impromptu speakers will receive an unusual dictionary word to speak on and receive practice. Lots of fun!

Are you bringing a live animal? If so, what? _____

Preferred time of presentation or illustrated talk (must be between the hours listed above):

_____ (please note that schedule may change or you may be asked to give your presentation more than once). We cannot guarantee the exact starting time of your presentation, but will do our best to schedule you at your preferred time.

The Ironstone Foundation is requesting 4-H members to be in 4-H uniform. No shorts! Please wear your 4-H cap, white shirt or club t-shirt and jeans or white pants. If wearing a button-up shirt, please wear your 4-H tie or scarf.

Due by September 7th!



C.A.L.

Find Your Inner Treasure!!

Aye, Aye, all ye Pirates in 6th grade and up! It's time to drop anchor in your favorite cove and find your inner treasure! Join us or you'll be walking the plank!

Ahoy mateys! We are looking for responsible leaders to govern cabins of lads and lasses. Ye should work and communicate well with both youth and adults, be reliable and enthusiastic.

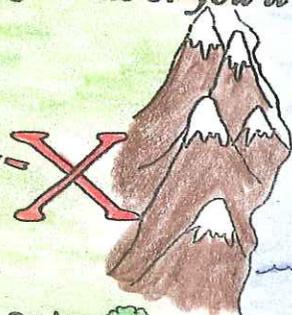
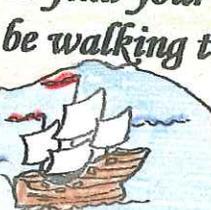
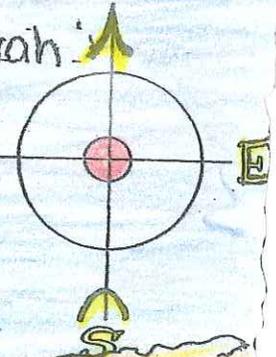
Cabin leaders will be in charge of their cabin, responsible for helping the delegates and making them feel comfortable during CAL. There will be a training date for Cabin Leaders on November 21, 2009. Ye who wish to try their hand should apply by November 7. Please contact either Molly Carlson or Taylor Leigh with any questions or concerns.

*Molly Carlson
(707)399-9544
mollyc0492@yahoo.com*

*Taylor Leigh
(408)866-6007
looney_lovegood@sbcglobal.net*

*Date: Jan. 22-24, 2010
Time: 5:00 pm
Place: Walker
Creek Ranch*

*Captain Cynthia & Sarah
Head Pirate*



RICHARD WINTERS

Helping you *Enjoy the Journey!*



"Exclusive 4-H member" Horsemanship Clinic with 2 sessions



Bryson Abel and Richard Winters

DATE: October 10th

LOCATION: El Dorado County Fair Grounds, Placerville, CA



CONTACT: Julie Abel at 916-718-6807 or abelfire@d-web.com

SESSION 1: 9:00 am - Noon • Walk/Trot Members
SESSION 2: 1:00 pm - 4:00 pm • Jr./Sr. Members

These two sessions are designed to establish trust and respect with your equine partner. The riding exercises are practical and instill confidence in each rider's abilities. Equine Psychology, Ground Work Exercises, Lunging, Focused Riding, Handling Spooky Situations and Rein Management are some of the areas that will be covered.

Advancing Horsemanship Clinic with Richard Winters

DATE: October 11th

LOCATION: El Dorado County Fair Grounds, Placerville, CA

CONTACT: Julie Abel at 916-718-6807 or abelfire@d-web.com

TIME: 9:00 am - 4:00 pm

This one day advancing clinic will revolve around the body control and maneuvers necessary for upper levels of performance. Through Richard's "4 Part Harmony" exercises, you will establish communication and suppleness of your horses head and neck, shoulders, rib cage and hind quarters. You'll gain greater understanding of stops, spins, lead changes, collection and refinement. This clinic will prepare you to perform at a higher level, regardless of your particular riding discipline.



Richard Winters Horsemanship is Proud Partners with

