Often we hear the adage, “Attitude is everything.” It almost sounds trite. Certainly the attitude we bring to our work, our relationships, and our situation in life colors our perception. We may tell our own children and the youth we work with to adjust their attitude (or else!), and we are sometimes reminded that shifting our thinking is important in approaching challenges or lifting ourselves out of ruts. But I say that attitude colors not just how we see our world; it influences how we build it.

We fashion our experience by what we envision, and we have far more power to create what happens in our lives than we realize. If you expect you’ll have a good day at the office or at school, you find you do. If you expect the best from people, usually they deliver the best they have to give.

So what if we intentionally build the 4-H experience through our positive approach?

Think of this: It’s your first community club gathering of the year. As leader, you know it’s going to be a full, fun, and engaging year. As the members and families enter the room, you and your officers welcome them warmly, chat with them briefly to re-connect with those returning and learn a bit about those wanting to join. You’re especially sensitive to new faces, helping them to feel comfortable in the group. You realize most parents, like yourself, are busy, but you also know in your heart that they have an interest in their children (otherwise, why would they be there?). Parents are happy to help if the job and the timing are right. The officers are well prepared. They know you believe in them. They don’t want to disappoint you, and when sometimes they do, they’re not afraid to approach you—or you them—because your relationships are rooted in trust and support.

Kids are engaged in the meeting. Members showcase projects for the coming year. The storms service ideas and decides to plant nearby park. A committee of youth forms to idea and create a plan. As the evening and folks are visiting over refreshments, sign up to volunteer for tasks—from providing-assisting with paperwork. One parent might assist the committee working on the project. Everyone leaves energized.

We can create this scenario; we just have to see it in our minds. We need to expect it. It’s not the kind of expectation, however, that we say aloud. While there are places to state and make sure expectations are understood, the focus on creating positive energy begins from within. We check our own attitude. How am I feeling about my project or club? Do I have a positive perception of all the youth I serve? What kind of energy am I bringing to the task at hand? Do I expect good things to happen?

This is where good things begin. You have the power to make it happen.
Shooting Sports Safety Training

If you are a member 9 years and above this is the project for you! In order to participate you MUST attend one safety meeting prior to the shooting sports project date.

Specific objectives for the program are to:

- teach decision making, teamwork, self-discipline, self-confidence, and problem solving;
- promote the highest standards of safety, sportsmanship, and ethical behavior;
- develop leadership abilities;
- strengthen families through participation in lifelong recreational activities;
- 4-H members have opportunities to test their shooting, hunting, and sportsmanship skills in county, regional, state, and national competitions. In fact, they could ultimately set Olympic competition as their goal. There are seventeen Olympic shooting sports events, which continue to draw the third-greatest number of countries.

If this sounds like something you want to be a part of then plan on attending Shooting Sports Safety Training on November 12th at 6pm at 12200 B Airport Road in the large conference room.

Amador County Youth Poultry Show

Jackson Gold Wheels 4-H Club will be hosting the Amador County Youth Poultry Show at Pokerville Hall at the Fairgrounds in Plymouth on Saturday, December 18th from 9 am to 4 pm.

For more information contact Angela Creach at 209/296-2334 or email zboy850@yahoo.com.

Coop-in from 7:30 a.m.-8:45 Showmanship at 9:00 am Judging at 9:30 a.m.

Welcome All Members!

We’ve had events already, clubs are holding service activities, officers are being installed and projects are starting to meet. This looks like a promising year in 4-H! Enrollment forms and fees for returning members should be on file now at the county office. New members, you have until December 15 to get your forms and fee in, but the sooner the better. All clubs are still accepting new members. If you have questions, please talk to your club leader, project leader, or contact the 4-H Office. If you plan to enter a 4-H competitive event, read and follow the county 4-H Attendance policy. Have you attended a county 4-H event yet? If you can’t attend a club or project meeting, be sure to call the leader in charge and request an excused absence. This is part of being a responsible member.
FOCUS TRIPS FOR 2011

4-H offers two study/travel programs that provide a rich citizenship experience.

California Focus takes 4-Hers on a journey through the state government, while Washington Focus delegates explore political processes on a national level.

Guest speakers, workshops, and fun activities create inspiring and engaging citizenship encounters.

CA Focus, for 8th grade and above: June 17-21 in Sacramento. Registration and $150 deposit are due to the County 4-H Office by January 10.

Washington Focus, 16 and over or completed 10th grade. There are 4 different trips to Washington, D.C., either June 26 - July 4 or July 10-19. Registration and $1200 deposit is due January 10. The Focus trips are set up for county delegations to work through the program year to prepare. Besides participating in an educational study/travel program, teams work to impact their own communities and live out their citizenship experience through a plan of action. Financial assistance applications are due to the County 4-H Office by November 19. For more information, see the CA 4-H website at http://www.ca4h.org/Projects/Citizenship/Focus/

Witness California’s government in action by participating in the legislative, political, and judicial processes. California Focus can be the beginning of a life of public participation that leaves you with a strong determination to become involved in your community. Delegates extend their learning when they return home by creating a service plan of action for their community.

FIDDLETOWN CHRISTMAS FUNDRAISER

Fiddletown 4-H Club is hosting a fundraising event on December 4th, starting at 5 pm—until? Fiddletown is offering a Spaghetti Feed complete with bread, dessert, salad and a BINGO card. Yep you read it right! A BINGO card is part of the nights festivities.

For a mere $5.00/per person or $20.00/per family you get all that … but there is more!

Don’t forget to bring extra cash to bid on the silent auction that will be offered. What better way to support 4-H AND get all of your Christmas shopping done in one evening!

Santa will be there for pictures and to hear your 4-Her’s Christmas wishes.

The proceeds from the Silent Auction will benefit Fiddletown 4-H and the Spaghetti Feed will benefit the Fiddletown Community Center.

And just because Fiddletown 4-H Club is sooo generous they will also be collecting non perishable food items for the Interfaith Food Bank.

Plan on being there and supporting this great event!
Presentation Day 2011

What is Presentation Day?
4-H presentations are a special sharing time when members show the skills they’ve acquired to others. Presentation Day gives 4-H members the opportunity to show others what they have learned in their current 4-H projects.

What is a Presentation?
It is a planned demonstration or illustrated talk which explains or illustrates by using examples. To demonstrate is to teach by showing – learning by doing! Show someone how to tie his shoes, or his 4-H tie! Demonstrating is teaching in the clearest and simplest method known. When members are enrolled in 4-H they have a desire to learn. In giving presentations, they share with others their acquired knowledge.

Boys and girls like to “tell others”. This is natural. They should be encouraged to start by giving a simple presentation and, as they develop, they can do more difficult presentations.

Why Give a Presentation?
Presentations help 4-H members:

• do and learn – learn and do.
• develop an ability to speak before a group.
• share acquired knowledge and skill.
• develop creativity.
• gain experience in teamwork.
• gain self-confidence, leadership and initiative.
• gain personal recognition.
• have a more interesting and active 4-H project

Every club and project group should devote time to presentations. Presentations by 4-H members should be a vital part of every 4-H club program. A desirable goal for each 4-H club is to have every member give at least one presentation during the year.

4-H Members - Please remember that you are required to do a demonstration or presentation at Presentation Day in order to earn your Bronze, Silver, Gold or Platinum Star. This event will help you to be able to complete this goal.

Enrollment forms & guide are at the end of the Diggings.

The colors are Green and White.
The Green stands for growing, living things and the White for purity and cleanliness.
4-H Winter Extravaganza

DATE: January 7th, 2011
TIME: 7 pm.
LOCATION: Location to be announced at a later date.

Check your email or with your community club leader for a flyer with all of the pertinent info.

We’ll have a photo booth or winter outdoor backdrop for photos.

There will be arts & crafts, White Elephant bingo & delicious hors d’oeuvres and desserts.

Meat Goat Seminar

Market Goats are increasing in the county fairs here in California and the CJLA shows have increased as well. While we may not have as many Show Wether shows here in California as there are in Texas and Oklahoma, we are starting to compete with our animals here.

There will be a Meat Goat Seminar held at the San Joaquin County Fairgrounds in Stockton on January 8th.

http://www.sdksundancekids.com/marketgoats.php
More information can be obtained from the above mentioned website.

Contact Chris at (209) 607-1157
Housecleaning Items

County Wide Projects

<table>
<thead>
<tr>
<th>Project</th>
<th>Contact</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shooting Sports</td>
<td>Larry Fossen</td>
<td>209-223-6464</td>
</tr>
<tr>
<td>Archery</td>
<td>Mike Anderson &amp;</td>
<td>209-257-1418</td>
</tr>
<tr>
<td></td>
<td>Alisha Daniels</td>
<td>209-304-1645</td>
</tr>
<tr>
<td>Horse</td>
<td>Sarah Felix</td>
<td>209-267-4446</td>
</tr>
<tr>
<td>Possibility Speaking</td>
<td>Larry Fossen</td>
<td>209-223-6484</td>
</tr>
<tr>
<td>Citizenship</td>
<td>Valerie Anderson</td>
<td>209-256-3544</td>
</tr>
</tbody>
</table>

RECORD KEEPING is important to earn credit for your 4-H activities. Record books are easier to complete if you keep track of all your activities during the year.

Projects: list meetings attended, what you did and learned at the meetings, and what you did on your own between meetings. You can write in a notebook, on a calendar, or on a Project Report Form. Remember to list project expenses and income. One suggestion is to keep a notebook for each project, with an envelope for receipts. Some members keep a calendar with a pencil on their bedroom door.

If you have a computer, use it for record keeping by starting a file for each project and writing in it each month. If you enjoy writing and have the time, you should do a complete record book. It will receive an award at county judging and you will get comments to assist you in improving your book.

If you are interested in earning a star rank - Bronze, Silver, Gold and Platinum - then you will need to fill out the PDR (Personal Development Report) which includes your list of activities for the year. All record book forms are on our 4-H website in the Forms & Documents section. From the website, open and save the Project Report form and Personal Development Report in your computer then write in them regularly.

The current record book recording year, 2010-2011, began on September 1, 2010 through August 31, 2011. We ask that you turn in your record books to your community club leader by August 19th for review. For members who want to enter in the county wide record book competition please turn your books into the 4-H Ext office no later than August 31st, 2011.

White’s Exchange

At this year’s Achievement Night on November 18th at 6:00 pm we will be having a whites exchange. If you have white short sleeved/long sleeved buttoned shirts or white pants that no longer fit your 4-Her please bring them to our White’s Exchanged. We will have it in the room to the left of the main sanctuary. We will also have ties and hats to purchase if needed.

Amador County Fair Board Meeting
November 11th @ 6 pm

Regular Board Meeting

Amador County Fair

Calendar of Events

Nov 18, Achievement Night
Dec 18, 2nd Annual Amador County Youth Poultry Show
Jan 4, 4-H Council Meeting
Murphy’s 4-H Rabbit Show & UC Davis Goat Day
Jan 7, 4-H Winter Extravaganza
Jan 29, AC Presentation Day
Feb 1, 4-H Council Meeting
Sub-Regional’s TBA
March 1, 4-H Council Meeting
AC Fair Beef Pre Weigh-in TBA
April 5, 4-H Council Meeting
April 4-H Home Arts Expo’s. Feed Seminars & Duck Race TBA
May 3, 4-H Council Meeting-All Star Applications Due, AC Fair Large Animal Pre Weigh-In, & 27th Annual Cal AM Goat Show
May 28, State Presentation Day
May 28, State Fashion Revue
June 7, 4-H Council Meeting-County Council Officer Election & All Star Interviews
July 28-31, Amador County Fair & Calif State Fair TBA
Aug 2, 4-H Council Meeting
4-H State Leadership Conference TBA
Aug 19, Record Books due to Community Club Leaders
November Arts & Crafts

Need some Thanksgiving Day craft projects?
Have the kids create placeholders for your Thanksgiving Day table by following this link to the instructions:
http://familyfun.go.com/arts-crafts/season/fall/fall117tabletop/fall117tabletop6.html

Handprint Thanksgiving Wreath
A keepsake Thanksgiving craft that the entire family will enjoy

You'll Need: construction paper, felt or craft foam in autumn colors, poster board, scissors, glue, brown buttons, permanent marker

Fashion the wreath leaves, by tracing your child's or the entire family's hands on colored paper. Then cut several hands in a variety of colors. If you are using paper or craft foam as opposed to felt, use markers to write messages on the hands, listing reasons to be thankful.

Cut the wreath ring using poster board or cardboard

Glue the felt or paper hands randomly around the wreath. Until the card board is covered. Then attach buttons, or mats with a glue gun; a job for a grown-up. Add your ribbon for hanging.

This craft project was found on: http://www.amazingmoms.com/html/thanksgiving_crafts.htm

November Maze Find Your Way to the Turkey

Fun Science Fact
http://www.interestingfacts.org/category/science-facts

The Human Brain is too Efficient! Aoccdrnig to a rscheearch at Cmabrigde Unervtisy, it deosn’t mttae in wahr oredr the ltteers in a wrod are witten, the olny iprmoatnt thihg is tht the frist and lsat ltteer be in the rght pclae. The rset can be a toatl mses and you can sillt raed it wouthit a por-belm. Ths is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe.
December Arts & Crafts

December Craft Corner

Little houses to display or fill with goodies can be found here: http://www.flickr.com/photos/allatseewithabucketandspade/sets/72157600238006499/
detail/?page=3

Wrap your gifts up in re-useable boxes you made yourself: http://www.packagetechnology.com/printable-boxes-and-
seals.html

Cool site for creating origami with money, great way to
give a give and wrap it all in one! http://
members.cox.net/crandall111/money/index.html

Very easy photo ornaments to make for your tree or
send them to relatives and friends far away! Find the
instructions here: http://photojojo.com/content/div/
photo-christmas-tree-ornaments/

Make a braided bowl from paper strips! What a great way to recy-
cle and makes a really special gift too!
http://www.myvitamino.com/lifestyle/home-crafts/craft-ideas/
paper-crafts/paper-craft-braided-bowl

Pinecone elves make great little helpers around the holidays. See
how to create them here:
http://www.marthastewart.com/how-to/pinecone-elves?
backto=true#backtour=/photogallery/easy-holiday-
crafts#slide_2

Word Search Puzzle

design
twist
spiral
journey
family
service
fun
sharing
gathering
snow
gift
tree
lights
winter
ornament
delight
peppermint
service
sharing
snow
tree
winter

Oriental Trading has started to carry 4-H gifts and
supplies. Click Here

Merry Christmas!
Amador County Presentation Day Guide

A Presentation Day entry form has been included in this issue of the Diggings. You can call 223-6484 to enter or fill out the entry form in this newsletter and send it to the 4-H Office by January 13, 2010.

4-H MEMBERS - PLEASE REMEMBER THAT YOU ARE REQUIRED TO DO A DEMONSTRATION OR PRESENTATION AT PRESENTATION DAY IN ORDER TO EARN YOUR BRONZE, SILVER, GOLD OR PLATINUM STAR. THIS EVENT WILL HELP YOU TO BE ABLE TO COMPLETE THIS GOAL.

Presentation Day will be held at the Sutter Creek Church of the Nazarene, at 14050 Ridge Rd, Sutter Creek, CA, on Saturday, January 29th, starting at 8:30 am and finishing by noon. A PRESENTATION IS A FORM OF TEACHING USING VISUAL AND VERBAL METHODS OF COMMUNICATION.

Presentations are shared outcomes of the presenter’s own learning and experience. Presentations may be given by one or more persons.

Young people gain in confidence and competence each time they organize and give a presentation. Presentations are one of the strongest teaching tools available to us. Social research verifies that our highest knowledge retention comes when we see, say and do. Sharing knowledge and skills with a receptive, appreciative audience builds confidence and a sense of personal self-worth.

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TYPE OF PRESENTATIONS: VERBAL & VISUAL

VERBAL: SAYING THE PRESENTATION

*DEMONSTRATION/ILLUSTRATED TALK: A planned Presentation and Illustrated talk that teaches by the "show how method" some skill or knowledge. Primary through intermediate members should prepare a 3 to 10 minute presentation. Advanced members should provide a 5 to 10 minute presentation. At the end of each presentation the judges will ask questions. Use posters or other visuals to more effectively teach or illustrate concepts or practices. An Illustrated Talk teaches a skill using posters only. Team members should share presentation responsibilities.

* PUBLIC SPEAKING: An organized speech or lecture 3 to 5 minutes in length, in which the presenter explains, informs or argues a point. No visuals should be used.

* SHARE THE FUN: A planned and rehearsed talent act, skit or playlet, performed by one or more youth to entertain. Share the Fun presentations may include props and costumes. Timing should be appropriate to the act, 10 to 15 minutes.

VISUAL: DISPLAYING THE PRESENTATION

* DISPLAYS: During the County or Regional Presentation Day events, 4-H members entering visual or non-live presentations will be asked to stand by their presentation for a period of time to answer questions and visit with evaluators. A display is an organized visual presentation of material that illustrates a process or a concept. Displays should be designed to convey their message in a limited amount of time (60 seconds or the time that a passerby will spend by the display.) 4-H members may select one of the following kinds of displays:

1. Card table size area (approximately 30"x30" flat space) - this display may include a poster. Table space will be provided.

2. Panel display (no larger than 4'x4') - this is a vertical display. It must be self supporting.

* SLIDES: Organized informational or instructional programs using slide equipment. Five to 10 minute slide presentation should be supplemented with a written script or a synchronized tape recording. Provide your own slide/tape equipment.

* VIDEO: A video providing instructions or information about your chosen topic. Five to 10 minutes in length and you must provide your own video equipment. If you have questions about Presentations, please call Larry at the 4-H Office, 223-6484.
Amador county 4-H Presentation Day
Sutter Creek Church of the Nazarene
Saturday, January 29, 2010
Registration begins at 8:30 am and Presentations start at 9:00 am

PLEASE RETURN THIS FORM TO THE UCCE/4-H OFFICE
12200 B AIRPORT RD, JACKSON, CA 95642
OR CALL IN YOUR ENTRY TO 223-6484 BY JANUARY 13TH

Room Coordinators and Clerks must be 6th grade or older.
I will serve in the area checked below and arrive by 8:00 am

______ Room Coordinator      ______ Clerk

Name: ____________________________ I have demonstrated _________ years.

Address: ____________________________ Club _______________________

__________________________________ Phone ______________________

Demonstrator – Amador County 4-H Presentation Day (I will arrive by 8:30 am)

_____ Demonstration       _____ Share the Fun       _____ Public Speaking

_____ Display                _____ Video                  _____ Other ________________

Name: ____________________________ Club _______________________

Address: __________________________ School Grade __________________

________________________________ Phone ______________________

Presentation (Please Check One):    _____ Primary (K-3rd grade)

_____ Junior (4th – 6th grade)

_____ Intermediate (7th – 8th grade)

_____ Advanced (9th grade & up)

Years in 4-H: _____ Years attending 4-H Presentation Day _____

Must be held outside: _____ Team Demonstration: _____

If related to a 4-H Project, please state which: _________________________________

Title of Presentation: ____________________________

Other Team Members: ____________________________

Each year you are asked to develop a new demonstration or presentation for Presentation Day. You
cannot receive credit toward a star for repeating a presentation you did last year. We are looking forward
to seeing you on January 29, 2011.
PDR Corner

Many activities can be counted on the PDR form in your Record Book. Here are some examples.

**State Leadership Conference**
Attended, #3

**State Fair**
Attended #3, Entered your project #2, Best of Show or Hi Point #7

**Officers training**
Attended, #3

**Club meeting**
Attending counts on front page of PDR Gave talk, prepared ahead, lasting several minutes #6, Officer election speech, prepared ahead #6, Club Officer, count once per year in #4, Talks given as club officer do not also count Committee chairperson #4, Talks given as committee chair do not also count Committee member (refreshments, set up, cleanup) #4, Led American flag salute #5, counts once per year. Led 4-H flag salute #6, counts once per year. Citizenship presentations: If you gave the presentation count in #6, if you listened & learned count in #5

**Project meeting**
Attended counts on project report, Gave prepared talk or demo, #6

**Ironstone Concours d’elegance**
Attended #3, Assembled gift bags #4, Baked cookies for gift bags #4, Gave a demonstration or presentation #6, Brought a display #2, Represented 4-H #6: All Star in uniform who presented awards, assisted with lunch, Live Auction, Silent Auction, etc.

**4-H Week**
Wore uniform/club shirt to church or school #6 (counts once, only during this week) Gave prepared talk at school about 4-H, #6 Passed out 4-H flyers at school, #4

**Achievement Night**
Attended #3, Presenter or gave speech, count once per event #6, Top awards counting in #7 include County Winner, Star Rank, 100% Attendance Record Book Honorable Mention or Certificate is listed on your Project Report

**Parades**
Decorated/assembled a club/project entry is #4 Rode or walked with your project or club is #6, riding your horse in the Parade of Lights with your 4-H horse project is #2. The Christmas Parade is not 4-H events. If you watched, you had fun but it doesn’t count in your record book. If you rode or walked in the parade with a 4-H entry, then what you did can count but it doesn’t also count as a 4-H event attended.

**Service Activities**
Participating in service activities with 4-H counts in #5. There are many examples! Donating to or assisting with convalescent homes or Interfaith food bank, donating toys or other items to holiday gift drives for needy children, holiday food basket, AC Animal Shelter donations, decorations or food donations for community dinners, decorating cookies or making placemats for the senior center, canned food drive, recycling cans to support a community need.

**UC Davis Goat Field Day**, Attended #3
County Record Book Training, Attended #3

Project activities such as attending a Nasco fitting Clinic or a field trip to purchase project animals is not 4-H events attended. Write about them in your Project Report.

County Presentation Day
Attended #3, Gave a planned presentation #6, Gave an Impromptu speech #6, Earned Gold award #7, Earned Blue award, write about in your 4-H Story, Emcee #6

4-H Youth Poultry Show
Attended #3, Entered bird or showmanship #2 (one credit for day), Significant award #7

Open Rabbit Show
Entered rabbit or showmanship #8 (one credit for day), Received award, write in project report

Regional Presentation Day
Attended #3, Gave a planned presentation #6, 4-H Presentation Earned Gold award #7, Earned Blue award, write about in your 4-H Story, Emcee #6, Room Monitor #4

Pre-weigh for Amador County Fair
Attended with your animal, write in Project Report, Assisted with event, not just attended #4

Shooting Sports Project
Participated in Postal Shoot #2, Top award in division counts #7, other awards list on project report

State Fashion Revue
Attended #3, if not counted for State Field Day, Entered #2, Completed the judging classes #2, Medalist or higher award #7, Community service project #5, Ribbon for entry, write in project report or story

Club end of year party
If it does not count as a club meeting, attended #3

Other County Fairs, attended #3

Amador County Fair
Attending one of the pre-fair shows (Horse Mother Lode Circuit) count as one credit in #3, for both attended any or all of the Fair Thursday-Sun is 1 credit #3, Attending the auction or awards doesn’t count extra. Each project entered is one credit #2. For example
- Swine display, market & showmanship are all one project so they count as 1 credit together #2
- Horse show, conformation are all one project so they count as 1 credit together #2
- Meat rabbits and show rabbits plus moving up in Showmanship class is all one project, 1 credit #2,
- Gave a demonstration or a prepared talk #6,
- Interviewed by TSPN or HomeTown Radio about 4-H #6,
- Committee work is one credit each #4,
- Prepared speeches to potential buyers #6 for each,
- Top awards count in #7. (Examples are 1st place Herdsmanship, Nov., Int., Adv. or Round Robin Showmanship winner, Horse Show Hi Point and Reserve Hi Point, Best of Show and Reserve of Show Grand or Reserve Champion Market animal, Bud Layher Award for Photo, Evelyn Bishop 4-H High Point, Banner Contest Winners (only if you participated), Halvorson Award, to name a few)