

## 4-H Record Book Personal Development Report (PDR) Reference Sheet

### Specific to Butte County

This tool is to assist youth, parents, and volunteers in placing 4-H activities and events in the correct category of the Record Book's PDR. The items in this tool are listed alphabetically.

**PLEASE NOTE:** youth may not double count items. The only exceptions are counting the event you attended and ONE activity which you participated in/helped with at the event, as well as any awards which you received at the event.

**PDR**=Personal Development Report Form      **APR**=Annual Project Report

**LDR**=Leadership Development Report    **F**=Event for Butte County Fairs Participation      **C**=4-H Event Attended

Activity/Event	Which PDR Section	Explanations
100% Attendance Club Meetings	7	Must have 100% attendance at your 4-H Club general meetings or make up meetings approved by your Community Club Leader
4-H Camp - Councilor	4	If taken as 20 hour Leadership role, (must fill out LDR form) If taken as a project fill out APR in addition to LDR.
4-H Camp - Participant - <b>F &amp; C</b>	3	
4-H Camp - T-Shirt Winner	7	
4-H Camp Awards (specify the award)	7	
4-H Member of the Month	7	
Adopt-A-Soldier Item Donation	5	If donations are made via a 4-H group. If outside 4-H then this would be #5 "outside 4-H"
All Star	1 or 4 or 7 (or a combination)	If taken as a project fill out APR in addition to LDR. #7 can only be counted one time for the 1st year chosen. If taken as 20 hour Leadership role, (must fill out LDR form) All Star <b>cannot</b> count and communications made at a 4-H event if it is part of All Star Duties.
All Star Main Event - Attendee - <b>C</b>	3	
Any 4-H Project completed	1	At least 6 hours per project.
Any activity offered to the whole club and executed by a 4-H member - <b>C</b>	3 or 4	#3 for those who attended the event. #4 to the member who put on the activity. If an item is made during this event and that item is donated to a charity that donation can be considered community service #5.

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ARBA Rabbit Show - Clerk	4	Can be used to fill in the "outside 4-H" section of this area.
ARBA Rabbit Show - Exhibitor	2 or 8	#2 can be used to fill in the "outside 4-H" section. If using #8 must be 25 hours total to include this a 1 credit.
ARBA Rabbit Show - Helper (Setup/Cleanup/Paperwork ,etc)	5	Can be used to fill in the "outside 4-H" section of this area.
ARBA Rabbit Show - Ramrod	4	Can be used to fill in the "outside 4-H" section of this area.
Archery - State 4-H Archery Match - Medalist	7	
Archery - State 4-H Archery Match - Participant	2	
Archery Tournament - non 4-H - Helper (Setup/Cleanup/Paperwork, etc)	5	Can be used to fill in the "outside 4-H" section of this area.
Archery Tournament - non 4-H - Participant	2 or 8	#2 can be used to fill in the "outside 4-H" section. If using #8 must be 25 hours total to include this a 1 credit.
Awards Night - Attendee <b>F &amp; C</b>	3	
Awards Night for Members & Leaders- Helper - (Setup/Cleanup, etc)	5	
Awards Night for Members & Leaders- Speaker	6	Current 4-H member can count in #6 except ALL STAR since it is part of job.
Bell Ringing for Salvation Army	5	If done in a 4-H capacity. If outside 4-H then this would be #5 "outside 4-H"
Best of Show - Any Still Fair Category (example Cookies, Sewing, Welding, Photography)	7	If this is a "4-H Division" it can be included in #7 at the top. If it is not then #7 at the bottom. (Silver \$ Fair does not have a 4-H still exhibits category)
Boer/Dairy/Nigerian Goat Show - Exhibitor	8 or 2	#2 can be used to fill in the "outside 4-H" section. If using #8 must be 25 hours total to include this a 1 credit.
Boer/Dairy/Nigerian Goat Show - Helper (Setup/Cleanup/Paperwork, etc)	5 or 8	Can be used to fill in the "outside 4-H" section of this area.
Bowl - A - Thon - Participant	N/A	Not considered a PDR item. Does not meet the 25 hour requirement.
Bowl - A - Thon - 4-H Booth	6	Representing 4-H
Breeding Livestock Exhibitor at a 4-H Function	2	
Breeding Livestock Exhibitor at a <b>NON</b> 4-H Function	8 or 2	#2 can be used to fill in the "outside 4-H" section. If using #8 must be 25 hours total to include this a 1 credit.

Butte County 4-H Council Meeting - Attendee - <b>C</b>	3	
Butte County 4-H Council Meeting - Delegate/Officer	4 or 3 & 6	Delegate/Officer uses #4 reports back to the club on what the council discussed and can only use #4 once as leadership and can use #3 each time they attend a council meeting. If you are not an officer/delegate, use #6 for prepared talk to club and count every council meeting attended use #3.
Butte County 4-H Small Animal Field Day - Attendee - <b>F &amp; C</b>	3	If you attend it is just a 3, if you exhibit and attend it is 2 and 3.
Butte County 4-H Small Animal Field Day - Exhibitor - <b>F &amp; C</b>	2	If you attend it is just a 3, if you exhibit and attend it is 2 and 3.
Butte County Fair - Exhibitor	2 or 3	If you attend it is just a 3, if you exhibit and attend it is 2 and 3.
Butte County 4-H Horse Show - Exhibitor	2 and/or 3	If you attend it is just a 3, if you exhibit and attend it is 2 and 3.
Butte County 4-H Horse Show - Helper (Setup/Cleanup/Paperwork,etc)	5	
Butte County Rabbit Show - 4-H Committee Member	4	
Butte County ARBA Rabbit Show - Exhibitor	2	#2 can be used to fill in the "outside 4-H" section of this area. The rabbit show is NOT a 4-H event it is a ARBA sanctioned show, which means children from 5-18 can compete (4-H does not allow ages 5-8 to compete)
Butte County Rabbit Show "4-H Events" - Attendee - <b>F &amp; C</b>	3	These events include Breed ID, Showmanship, Educational Displays, and Pet Class ONLY.
Butte County Rabbit Show "4-H Events" - Judge	4	If you were a Judge for any of the following Breed ID, Showmanship, Educational Displays, and Pet Class ONLY.
Butte County Rabbit Show "4-H Events" - Participant	2	You participated in one or more of these events which include Breed ID, Showmanship, Educational Displays, and Pet Class ONLY. #2 for each item entered one time.
Butte County 4-H Talent Show - Entertainer	6	
Butte County 4-H Talent Show - Committee Member	4	
Butte County 4-H Talent Show - Masters of Ceremony	6	
Butte County 4-H Talent Show - Usher/Stage Manager	4	

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Butte County/Club Officers Training Workshop - Attendee	3	
Butte County/Club Officers Training Workshop - Organizer/committee member	4	
Buyer Dinner (End or Frost, Silver \$ Fair or Butte County Fair Buyers Dinners)	5 or 6	Depending on the capacity that you served at the dinner. #5 if you helped setup, cleanup, etc. #6 if you have a talk to the audience about yourself and your livestock project you are taking to the fair.
Cal Focus - Community Service	5	
Cal Focus - Delegate/Attendee	3 or 4	
Cal Focus - Final Report to Butte County Council	6	
Cal Focus - Government Studies	5	
Cal Focus - Plan of Action Report to Panel at Sac.	6	
California Camping 4-H Conference - Delegate/Attendee	3 or 4	This is leadership. They are there to learn and participate in team building skill activities.
California State 4-H Advisory Committee Member	4	
Canned Food Donations	5	If donations are made via a 4-H group. If outside 4-H then this would be #5 "outside 4-H"
Champion Bred and Owned Livestock Animal at the Fair	7	If this is a "4-H Division" it can be included in #7 at the top. If it is not then #7 at the bottom. (pg. 14)
Christmas Caroling at Care Home	5	If done in a 4-H capacity. If outside 4-H then this would be #5 "outside 4-H"
Christmas Caroling Fundraising 4-H Committee	4	
Clean Pen Award Overall Winner at the Fair	7	If this is a "4-H Division" it can be included in #7 at the top.
Club Officer (President, Vice President, Secretary, Treasurer, etc)	4	If age 11 and older must complete LDR form and have a min of 20 hours.
County Presentation Day Workshop - Attendee - <b>C</b>	3	
County Presentation Day Workshop - Organizer/Helper (Setup/Cleanup/Paperwork, etc)	4 or 5	
CSUC Sheep & Goat Day - Seminar Education - <b>F</b>	N/A	Not considered a PDR item. Is not a 4-H event. Does not meet the 25 hour requirement. Put in 4-H Story or APR as a learning experience

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CSUC Swine Day - Seminar Education - <b>F</b>	N/A	Not considered a PDR item. Is not a 4-H event. Does not meet the 25 hour requirement. Put in 4-H Story or APR as a learning experience
Delivered Cards to Care Home	5	If done in a 4-H group capacity. If outside 4-H then this would be #5 "outside 4-H"
Delivered Donations to Soldier Drop off Area	5	If done in a 4-H group capacity. If outside 4-H then this would be #5 "outside 4-H"
Delivered Easter Basket Donation	5	If done in a 4-H group capacity. If outside 4-H then this would be #5 "outside 4-H"
Earth Day Cleanup - Bidwell Park	5	If done in a 4-H group capacity. If outside 4-H then this would be #5 "outside 4-H"
Easter Basket Donation for Charity	5	If done in a 4-H group capacity. If outside 4-H then this would be #5 "outside 4-H"
Easter Basket for Charity - Individual or Committee (Created the basket/bought the items)	4	
Emerald Star Individual Plan of Action	4	
Emerald Star Plan of Action Committee	4	
Emerald Star Winner/Recipient	7	
Fashion Revue - "County/Medalist" Winner	7	
Fashion Revue - Attendee - <b>F &amp; C</b>	3	
Fashion Revue - Helper - Setup/Cleanup/Paperwork	5	
Fashion Revue - Presenter - "4-H prepared talk"	6	Counts as 1 prepared talk. Even though you might be doing multiple talks you can only count 1.
Foods Fiesta - "County Winner/Medalist/Basket/Theme" Winner	7	
Foods Fiesta - Attendee - <b>F &amp; C</b>	3	
Foods Fiesta - Helper (Setup/Cleanup/Paperwork, etc)	5	
Foods Fiesta - Judge	4	
Foods Fiesta - Presenter - "4-H prepared talk"	6	Counts as 1 prepared talk. Even though you might be doing multiple talks you can only count 1.
Fun Night - Attendee - <b>F &amp; C</b>	3	
Fun Night - Donate a Cake for the Cake Walk	5	Do not list as #2 even if you are in a cooking project.

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Fun Night - Donation at the Door	5	Since this is a 4-H event and you cannot charge for the event and the door entry is a donation then if a payment is made this is considered a donation to 4-H and is helping the 4-H community.
Fun Night - Work the Cake Walk Booth	6	Only if you not helping as an ALL STAR.
Fun Night - Working at the BBQ	6	
Fun Night - Working the Club Booth	6	
Fun Night - Working the Ticket Booth	6	
Fun Night Booth Committee Member	4	
Fundraising Committee for the Club or Club Project	4	Any Committee member that is raising funds for the club or a club project.
Fuzzy Goat Show, Anderson, CA - Attending the Seminar Portion of the show	NA	Not considered a PDR item. Does not meet the 25 hour requirement and is not a 4-H Event.
Fuzzy Goat Show, Anderson, CA - Exhibitor	2	#2 can be used to fill in the "outside 4-H" section of this area.
General 4-H Meeting - Snack Committee	4	
Giving Tree - Committee Member	4	
Giving Tree - Donation	5	If done in a 4-H group capacity. If outside 4-H then this would be #5 "outside 4-H"
Giving Tree - Worked the table at the Chico Mall	5 or 6	
Glenn County Fair - Exhibitor	2	
Goat Seminar "In it to Win it" - Davis, CA	2	#2 Can ONLY be used for showmanship - outside 4-H
Gold Medal Presentation Day - "Trophy" overall winner	7	
Gold Medal Presentation Day - Attendee - C	3	
Gold Medal Presentation Day - Room Coordinator	6	
Gold Medal Presentation Day - Helper (Setup/Cleanup)	5	
Gold Medal Presentation Day - Presenter - "4-H Presentation"	6	
Grand 4-H Champion Livestock Animal	7	If this is a "4-H Division" it can be included in #7 at the top.
Hand Delivered or Sent Buyers Letters Prior to Fair	6	Must actually talk to the buyer to put this on your PDR. You cannot just mail a letter to someone. Can only be counted one credit (pg. 14)

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Hi 4-H Member	1 and/or 4	If you count as a project then fill out and APR. If they want leadership then fill out a LDR form.
Hi 4-H Event - <b>C</b>	3	If not a member count could attendance as county event.
Horse Show/Event - Exhibitor	2	
Horse Show/Event - Helper (Setup/Cleanup/Paperwork, etc)	5	If 4-H show put in top section. If not a 4-H show fill in the "outside 4-H" section of this area.
Horse Show/Event - Organizer	4	
Invocation (prayer)	6	
Junior Leader - Any 4-H Project that a completed Jr. Leader Form has been submitted	4	Must have 20 hours, page 20.
Livestock Educational Camp	8	Must have 25 hours, page 16.
Lamb Town Sheep Show & Festival - Dixon, CA - Exhibitor	2 or 8	#2 can be used to fill in the "outside 4-H". #8 as long as you have 25 hours.
Lessons ( horseback riding, vaulting, gymnastics, etc)	8	As long as you have 25 hours.
Livestock Exhibitor at a 4-H Function	2 and 3	
Livestock Exhibitor at a <b>NON</b> 4-H Function	2 or 8	#2 can be used to fill in the "outside 4-H" section. Must have 25 hours for #8.
Livestock High Honor Winner at a 4-H Function	7	
Livestock High Honor Winner at a <b>NON</b> 4-H Function	7	Outside 4-H.
Local 4-H Club Breakfast at the Fair	3	
Local 4-H Club End of year BBQ	3	
Local 4-H Club Level - Revolution of Responsibility Winner	7	
Local 4-H Club Potluck at the Fair	3	
Made Scarves for the Troops	5	If done in a 4-H group capacity. If outside 4-H then this would be #5 "outside 4-H"
Made Valentine Cards for Care Home	5	If done in a 4-H group capacity. If outside 4-H then this would be #5 "outside 4-H"
Market Livestock Exhibitor	2	
National 4-H Conference	3 or 4	#3 if event attended. #4 if a delegate.
National 4-H Week Booth - 1st place Winner	7	
National 4-H Week Booth Committee Member	4	
North Valley Dairy Goat Association (NVDGA) Education Day - Seminar Attendee - <b>F</b>	8	Must have 25 hours for #8.

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Officers Candidate Speech for Desired Officers Position	6	
Performing Arts (dance, singing, music lessons, play. Etc)	8	Any performing arts that they are enrolled in for a season can be counted as outside 4-H, must be 25 hours.
Prepared talk at the 4-H Council Meeting	6	All Star <b>cannot</b> count this, since it is part of their responsibilities.
Prepared talk at the Club General Meeting	6	As long as it is a prepared talk, during the club general meeting it can be included as a communication skill. No limit on how many you can do per meeting, but it cannot be part of another office job description, such as reporter or Jr/Teen leader, since that is part of being that representative (pg. 14)
Presentation Day 4-H - Gold Winner	7	
Presentation Day 4-H - Leading 4-H Pledge	6	
Presentation Day 4-H - Attendee - <b>F &amp; C</b>	3	
Presentation Day 4-H - Leading Flag Solute/ Part of Color Guard	5	
Presentation Day 4-H - Helper (Setup/Cleanup)	5	
Presentation Day 4-H - Judge	4	
Presentation Day 4-H - Presenter - "4-H Presentation"	6	
Presentation Day 4-H - Room Coordinator	6	
Presentation Day Workshop - Attendee	3	
Presentation Day Workshop - Presenter	6	
Principals Honor Roll Award at School	7	Can be used to fill in the "outside 4-H" section of this area.
Quality Assurance and Ethics Awareness Training	n/a	Put in APR.
Queen/Princess (Participant of any queen contest such as Butte County Scholarship Pageant)	6 or 7 or 8	Can put under # 6. Can put under #7 outside of 4-H if you win the title. Can be under #8 only if 25 hours.
Rabbit 4-H Showmanship	2	
Rainbow Craft Day - Judge	4	
Rainbow Craft Field Day - Attendee - <b>F &amp; C</b>	3	
Rainbow Craft Field Day - County Winner/Medalist	7	



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Rainbow Craft Field Day - Helper (Setup/Cleanup/Paperwork, etc)	5	
Rainbow Craft Field Day - Presenter	2 or 6	Even If you do two separate presentations on this day, it still only counts as <b>ONLY "1" 4-H prepared talk</b>
Record Book - County Winner	7	
Record Book - Gold Seal Award Club Level	7	
Record Book - Medalist	7	
Record Book - State Winner and Medalist	7	
Reserve 4-H Grand Champion Livestock Animal at a Fair	7	If this is a "4-H Division" it can be included in #7 at the top. If it is not 4-H, then #7 at the bottom.
Reserve 4-H Supreme Grand Champion Livestock Animal at a Fair	7	If this is a "4-H Division" it can be included in #7 at the top. If it is not 4-H then #7 at the bottom.
Round Robin Winner at any Fair	7	If this is a "4-H Division" it can be included in #7 at the top. If it is not 4-H, then #7 at the bottom.
Sectional/Regional/Area Presentation Day - Attendee - <b>F &amp; C</b>	3	
Sectional/Regional/Area Presentation Day - Gold Winner or Medalist	7	
Sectional/Regional/Area Presentation Day - Helper (Setup/Cleanup)	5	
Sectional/Regional/Area Presentation Day - Presenter - "4-H Presentation"	6	
Sectional/Regional/Area Presentation Day - Room Coordinator	6	
Serve Meals at the Jesus Center	5	If this is done an a 4-H capacity, or include as outside 4-H
Served Lunch to Habitat for Humanity Workers	5	If this is done an a 4-H capacity, or include as outside 4-H
Service Learning 4-H Committee Member	4 or 5	
SHARES Fundraiser Coordinator	4	
Shasta County Poultry Day - <b>F</b>	8	Must have 25 hours.
Showmanship Division Winner at a Fair (Beef, Sheep, Hog, Goat, Rabbit)	7	If this is a "4-H Division" it can be included in #7 at the top. If it is not 4-H then #7 at the bottom.
Showmanship Livestock Exhibitor	2	If this is a "4-H Division". If not, then add at bottom as outside of 4-H

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Silver Dollar Fair - Rabbit Barn - Verbal Educational Information	6	If you are working the educational booth and interacting with fair spectators, providing them with "verbal" educational information about rabbits, you can include this as a #6
Silver Dollar Fair - Exhibitor	2	
Snack Committee Member (within your club)	4	
Snow Day - Mt Lassen	3	This 4-H event is hosted by Lone Pine 4-H, but is open for the whole county to attend.
Sports Team (Baseball, soccer, football, gymnastics, swimming, wrestling, etc)	8	Any sport that they are enrolled in for a season can be counted as outside 4-H, must be at least 25 hours up top 4 times per program year.
State Fair Exhibitor - Sacramento, CA	2	If in a "4-H division". If not, add at bottom as outside of 4-H
State Fair Attendee - Sacramento, CA	3	
State Fashion Review - Attendee - <b>C</b>	3	
State Fashion Review - Helper (Setup/Cleanup/Paperwork, etc)	5	
State Fashion Review - Presenter	2 or 6	
State Leadership Conference - Delegate	3 or 4	
State Leadership Conference - Workshop Presenter	6	
Supreme 4-H Grand Champion Livestock Animal at a Fair	7	
Supreme 4-H Livestock Exhibitor Award at a Fair	7	
Supreme Champion 4-H Bred and Owned Livestock Animal at a Fair	7	
Teen Leader - Any 4-H Project that a completed LDR Form has been submitted	4	Must have at least 20 hours
THRIVE Leadership Member	1 and/or 4	
Washington Focus Delegate	3 or 4	
WHY Conference - Committee Member	4	
WHY Conference - Delegate	3 or 4	
WHY Conference - Workshop Presenter	6	