## 2024 BUTTE COUNTY 4-H CAMP Adult Information

Volunteering as an Adult Camper is an excellent opportunity to enhance and share your leadership skills AND provide an enjoyable experience for campers. The major responsibility of an adult will be to assist and guide teen counselors, as well as help campers, when needed. If this appeals to you, we encourage you to apply to be a member of the 2024 4-H Camp Staff.

Each club must provide one woman for every 7 girls and one man for every 7 boys or fraction thereof.

### Registration: Due by Friday, May 17, 2024, 5:00 PM to the 4-H Office

All adults interested in attending camp, as a counselor <u>must</u>:

- Be a certified and have fingerprint clearance by the 4-H office, also have filled out and turned in a 4-H leader application. If you are not presently certified, please arrange with Maisie Cousins to participate in a one-hour certification session prior to camp.
- © Complete adult registration, code of conduct form and medical release form.
- Attend one camp counselor meeting for safety training in June

#### 4-H Camp: Camp Rockin U, Lake Francis, Dobbins, California.

ROLE OF THE ADULT CHAPERONE: The adult chaperons play a special role at 4-H Camp. They are at Camp to ensure safety for our youth campers and teen counselors. While adults are there to watch and guarantee safety, the teen counselors have planned and trained for this camp all year, please allow them to make decisions and handle situations. This is a learning experience and adults are there to provide support and reason if needed.

**SPECIAL ACCOMODATIONS:** If you have need of a special accommodation, please contact the 4-H Office prior to or when submitting your Adult Registration. If a special accommodation is needed, please fill out and turn in the ADA Request Form by May 17, 2024

**HOUSING and SLEEPING ARRANGEMENTS:** adult chaperons will be placed in a cabin with other adults of the same sex. Adult chaperons may be required to sleep on a top bunk.

Adult Campers attend Monday 4:00 P.M. June 10, 2024 through Saturday 1:30 P.M., June 15, 2024 and your full-time attendance is required. The 4-H Council is paying adult Camper fees. Not all adult chaperons will need to arrive on Monday, June 10 for the Teen Counselor Day.

If you have any questions, please call the Camp Director, Bill Anderson at 530-864-5572 or the 4-H Office at 530-552-5812

\*4-H Camp presents an opportunity for youth to explore and discover individual interests and friends in a safe and inclusive environment. Camp is often a first step toward independence for youth and often plays an important part in development and growth. Independence and confidence are areas of growth that often happen at Camp when parents are not present.

\*For teens, it is especially important that to have independence from their parents to allow them to do the job they have been given: working with campers. Your teen has attended meetings and trained for this week and job all year, let them show us what they have learned. If they struggle or need any advice or support, they have their peers, camp directors, and 4-H staff to assist them. We will of course reach out to you and make housing changes as necessary if there is a medical difficulty or emergency, or extreme behavioral difficulty.

Bank Page

# 2024 4-H Adult Volunteer Registration June 10 to June 15, 2024

June 10 to June 15, 2024 Camp Rockin' U, Lake Francis Resort, CA

NAME:							
MAILING ADDRESS:							
CITY:			ZIP:				
PHONE:			EMAIL:				
GENDER:			AGE:				
WHAT 4-H CLUB/COUNTY ARE YOU A MEMBER OF?							
4-H Council will pay for T-Shirt. T-SHIRT SIZE (circle one)	SMALL	MEDIUM	LARGE	X-LARGE	XX-LARGE		

Adults are needed to help camp run smoothly. Car keys may be required to be given to Camp Directors.

Make sure that your completed application form arrives in the 4-H Office by 5:00 PM, Friday, May 17, 2024.

## UNIVERSITY OF CALIFORNIA COOPERATIVE EXTENSION

### **BUTTE COUNTY 4-H YOUTH DEVELOPMENT PROGRAM**

Participant's Name:(Please	Print)
County:	Club/Unit
University of California Division of Agriculture and Natural 4-H YOUTH DEVELOPMENT PRO	
Waiver of Liability, Assump	ption of Risk, and Indemnity Agreement
myself, my heirs, personal representati University of California, its officers, em of the University of California, its offi	mitted to participate in any way in <i>California 4-H Youth Development Activities and Projects</i> , I, for wes or assigns, <b>do hereby release</b> , <b>waive</b> , <b>discharge</b> , <b>and covenant not to sue</b> The Regents of the aployees, and agents from liability <b>from any and all claims including the negligence of The Regents icers</b> , <b>employees and agents</b> , resulting in personal injury, accidents or illnesses (including death), and ted to, participation in <i>California 4-H Youth Development Activities and Projects</i> .
cannot be eliminated regardless of the of from 1) minor injuries such as scratches	California 4-H Youth Development Activities and Projects carries with it certain inherent risks that care taken to avoid injuries. The specific risks vary from one activity to another, but the risks range, bruises, and sprains; 2) major injuries such as eye injury or loss of sight, joint or back injuries, heart rophic injuries including paralysis and death.
	and I know, understand, and appreciate these and other risks that are inherent in <i>California 4-H jects</i> . I hereby assert that my participation is voluntary and that I knowingly assume all such
from any and all claims, actions, suits, p	I also agree to INDEMNIFY AND HOLD The Regents of the University of California HARMLESS procedures, costs, expenses, damages and liabilities, including attorney's fees brought as a result of my <b>Development Activities and Projects</b> , and to reimburse them for any such expenses incurred.
	expressly agrees that the foregoing Waiver and Assumption of Risk Agreement is intended to be as the law of the State of California and that if any portion thereof is held invalid, it is agreed that the e in full legal force and effect.
its terms, and understand that I am	I have read this Waiver of Liability, Assumption of Risk, and Indemnity Agreement, fully understand giving up substantial rights, including my right to sue. I acknowledge that I am signing the ntend by my signature to be a complete and unconditional release of all liability to the greatest
Signature of Parent/Guardian of Minor	or Adult Participant Date
Age (if minor)	
This waiver applies to all Califo	rnia 4-H Youth Development Activities and Projects including, but not limited to

project meetings, club meetings, educational field days, field trips, camps, exchange programs, fundraisers,

community service activities, volunteer trainings, fairs, and projects.

## UNIVERSITY OF CALIFORNIA COOPERATIVE EXTENSION BUTTE COUNTY 4-H YOUTH DEVELOPMENT PROGRAM

#### 4-H CAMP CODE OF CONDUCT

This **CODE OF CONDUCT** has been established to create a positive educational experience for all campers, teen counselors, and adult staff. In order to provide the best educational camp program possible, it is necessary that all participants are aware of and agree to abide by the rules and the consequences for not abiding by these rules. Rules are as follows:

## 1. Be concerned for the safety of campers and staff.

- **A.** All meals are provided, (NO ENERGY DRINKS). Food in the cabins will attract rats, mice, insects, squirrels, SKUNKS and other wildlife. **Any food found will be confiscated.**
- B. No running in camp unless during an organized activity.
- **C.** You must wear closed-toe shoes for camp activities. Flip-flops are not safe on uneven terrain. It is OK to wear sandals to and from swimming areas; no bare feet at any time.
- D. Sleeping areas shall be kept neat and free of litter.
- E. Throwing objects will not be allowed unless during a planned activity such as sports.
- F. No jumping or swinging on or from beds.
- **G.** Campers, Councils, and Adult Chaperones cannot leave the camp boundaries.
- **H.** Campers and Teen Counselors must be in their cabins by 10 PM unless permission is given by the Camp Directors and/or cabin adult. During rest time and "lights out", campers are to be quiet and supervised by a teen counselor or an adult chaperone at all times.
- **I.** Swimming and boating will be permitted only at scheduled times with lifeguards on duty. Swimmers must have a buddy. Boaters must wear life jackets. Swim test must be passed before allowed in lake.
- J. All prescription and over the counter drugs must be given to the Camp Medical Staff upon arrival at camp.
- **K.** Fishing poles, tackle boxes, bait, and hooks cannot be kept in the cabins. For safekeeping, a storage area will be available.

### 2. Respect the rights and property of others.

- A. Do not touch other campers' belongings; this means no cabin raiding or trashing of the cabins.
- B. Boys are not allowed in the girls' cabins; the girls are not to visit boys in their cabins.
- C. All campers must be invited before visiting other cabins of the same gender.
- D. Disrespectful, abusive language will not be a part of camp (no profanity, racial slurs, or putdowns)
- **E.** Do not damage or deface camp facilities or property. No food in cabins. No writing or carving of the cabins, tables, benches, or trees.
- **F.** Do **not** bring hair dryers & curling irons, radios, cell phones or other electronic devices. Electrical power outlets are limited and circuits are easily overloaded.
- **G.** Label all personal items with name; 4-H is not responsible for lost items.
- H. Rudeness, lack of courtesy, cheating and disrespect toward authority and/or other campers will not be tolerated.
- **I.** Fighting and threatening physical abuse are not be acceptable behaviors.

## **3.** 4-H Camp is a fun experience and everyone is to participate in the planned activities.

- **A.** When you hear the bell, report immediately to the stage seating area.
- **B.** Be on time and ready to participate. All campers and teen counselors must attend all camp activities and meals unless permission given by the Camp Director.
- C. If ill, report to the Camp Nurse.
- D. Be a positive team member of your group and cabin.
- E. "Lights out" means quiet and in bed.

<b>F.</b> Phones and electronic devices that are brought must be turned into the Camp Directors. Access to a phone is with permission of Camp Director only, and is reserved for emergency use only.				
My signature indicates that I have read and understand the any violation	1 0			
Adult Counselor Signature	——————————————————————————————————————			
5				

The following items and activities are NOT allowed at camp. Campers, teen counselors and adult staff having or doing such will be sent home at their own expense immediately.

- A. Possession of alcoholic beverages, knives firearms, fireworks, illegal drugs, matches, candles, vape pens, and/or tobacco.
- B. Gambling or betting with money, excessive displays of affection, fighting, threatening physical abuse, stealing, tampering with emergency equipment, setting off fire alarms for fun, and being under the influence of drugs or alcohol are not acceptable behaviors.
- C. A Teen Counselor must accompany campers leaving their cabins after lights.
- D. Clothing that displays anything about alcohol, drugs, tobacco products or has any sexual connotation. NO SIERRA NEVADA BREWERY ITEMS or DRUG PARIPHANILIA on clothing (includes marijuana leaves).

CONSEQUENCES: The following actions will be taken if a camper or Teen Councilor does not abide by the rules.

DEPENDING OF THE SEVERITY OF THE RULE BREAKING AND ACTIONS, THE CAMP DIRECTORS AND 4-H STAFF RESERVE THE RIGHT TO SKIP THE STEPS OUTLINED BELOW AND SEND THE CAMPER, TEEN, OR ADULT HOME IMMEDIATELY.

#### ADULTS WILL ONLY RECEIVE ONE WARNING BEFORE BEING SENT HOME.

- STEP 1: First Infraction Discuss the inappropriate behavior with a Teen Councilor or Camp Director and clarify the rule.
- STEP 2: Second Infraction Discuss the inappropriate behavior with Camp Director and given a "time-out" or task for up to 30 minutes related to the infraction. Adult Staff members will be required to leave the camp immediately.
- STEP 3: Third infraction Camp Director or 4-H Staff will request parent to pick up camper to be taken home at camper/teens' expense and camp fee will not be refunded.

Additional consequences may be barring the individual from future 4-H activities or next year's camp, assessing the cost of damages and repairs in the event of destruction of property, releasing the individual to the nearest law enforcement agency, and/or termination of 4-H membership. Parents will be notified of any action is taken beyond Step 2.

ADULT SIGNATURE		
DATE		

## Adult Volunteer Treatment Authorization Form

#### (PAGE SUBMITTED TO AND RETAINED BY THE 4-H CLUB/UNIT LEADER)

First	Last	Club/Unit Name
County and State	e	
STAFF MEMBER, or in	n his/her absence or disability,	ction, I HEREBY AUTHORIZE THE ADULT 4-H VOLUNTEER OR 4-H any adult accompanying or assisting him/her, TO CONSENT TO THE OULD I BE UNABLE TO MAKE A DECISION:
and is to be rendered und Medical Practices Act, Ca surgical diagnosis or treat	der the general or special supervalifornia Business and Profession	diagnosis or treatment, and hospital care which is deemed advisable by, vision of any physician and/or surgeon licensed under the provisions of the s Code Section 2000 et seq.; or any x-ray examination, anesthetic, dental or ndered by a dentist licensed under the provisions of the Dental Practices Act, seq.
effective until my child	completes his/her activities in responsible for the cost of any ser	ection 25.8 of the Civil Code of California. This authorization shall remain a this program unless sooner revoked in writing. I understand that as a vice or treatment provided not covered by the 4-H Accident/Sickness Insurance
EMERGENCY CONTAC	CT Information	
First & Last Name:		Home/work/other Phone:
That & Last Name.		
		Cell Phone:
	Authoriza	
Relationship:  I hereby certify that I am in gabove. I understand is it my r	good health and can travel to and par	Cell Phone:
Relationship:  I hereby certify that I am in gabove. I understand is it my r	good health and can travel to and par	Cell Phone:  FION, CONSENT, AND RELEASE  ticipate in all functions of the 4-H Youth Development Program as described
Relationship:  I hereby certify that I am in gabove. I understand is it my r	good health and can travel to and par	Cell Phone:  FION, CONSENT, AND RELEASE ticipate in all functions of the 4-H Youth Development Program as described
Relationship:  I hereby certify that I am in g above. I understand is it my r Office.	good health and can travel to and par	Cell Phone:  TION, CONSENT, AND RELEASE  ticipate in all functions of the 4-H Youth Development Program as described non this form updated (including Health History) by contacting the County 4-H

University policy and the State of California Information Practices Act of 1977 require the following information be provided when collecting personal information from you: The information entered on this form is collected under authority of the Smith-Lever Act. Submission of the medical data is voluntary. However, a signature is required on one or the other of the two signature lines above. Failure to provide the medical information and authorization may result in our inability to provide necessary medical treatment. You have the right to review University records containing personal information about you, with certain exceptions as set forth in policy and statute. Copies of University policies pertaining to the collection, use, or release of personal data are available for your examination from the local UCCE County Director, 4-H Youth Development Advisor, 4-H Program Representative or the Associate Director of 4-H Program & Policy at University of California, Division of Agriculture and Natural Resources, California State 4-H Office, 2801 Second Street, Davis, CA 95618-7774, (530) 750-1334, ca4h@ucanr.edu. Only your own records are open to your review.

Date

Signature

## **Health History Information**



(PAGE SUBMITTED TO AND RETAINED BY THE 4-H CLUB/UNIT LEADER; SHRED AFTER THE PROGRAM YEAR) Date of Birth First Name Last Name County Date of last Tetanus Vaccination: Please check over-the-counter medications that may be administered: Ibuprofen Cough Syrup Dramamine Tylenol Decongestant \_\_\_\_\_ Polysporin \_\_\_\_ Hydrocortisone Other: Antacid Please identify if this participant has any health conditions that are important for program staff to know in order to maximize participation and ensure safety and well-being? Or check box if no information needs to be shared Please list all current medications: (please list on next page if more space is needed) Name of Medication Dosage Times Taken Please identify allergies including allergies to food, medications, and drug reactions: Please include any additional remarks and special instructions to better assist emergency service personnel. If additional space is needed to answer any questions above, please use the space below to include information.

All prescription and over the counter medications are kept locked in the health center and will be administered only as authorized by the parent and child's physician. Only asthma inhalers may be kept in the child's cabin. No medication will be administered unless it is received in its <u>original container</u> with the signed authorization form.

- 1. Determine if your child will need to bring prescription or non-prescription medicine to Bucks Lake 4-H Camp.
  - A. **Do not** send any of the following non-prescription medications because, with your signed permission, they are already available:

Benadryl (localized itch/insect bite) Pepto Bismol (diarrhea)
Caladryl Lotion (poison oak) Dulcolax (constipation)

Mylanta (upset stomach) Neosporin Ointment (minor cuts/burns)

Cough Drops (cough) Robitussin (cough)

Cortisone .5% Cream (itch/rash) Tylenol (head/muscle aches)

- B. If you are giving permission for these over-the-counter medications see the back of this page.
- C. If you are sending other non-prescription medications treat them as prescription drugs. Follow the procedure under #2 and list them on the Medical Treatment Form that is attached.
- 2. Verify that all medications are properly labeled and authorizations have been given. Verify that:
  - A. All medications are in original containers.
  - B. All medications are properly labeled, (use masking tape if necessary), including:
    - \*) Camper's name (prescription must be for the camper only; no other name will be accepted).
    - \*) Medication name
    - \*) Precise dosage instructions, quantity and frequency (prescription only)
    - \*) Physician's name (if prescription)
    - \*) Spanish labels must be translated to English on the medical treatment
  - C. The prescription medications are not expired.
- 3. All medications are listed on the signed Medical Treatment Form with proper instructions for administration.
- 4. Place all medications (both prescription and non-prescription in original containers) in a zip lock bag and send the bag with a responsible adult to Bucks Lake 4-H Camp Nurse.
  - A. Label the baggie with your child's name (use masking tape).
  - B. DO NOT send any medication to camp in your child's suitcase.
  - C. Vitamins should not be sent to the site unless ordered by a doctor.
  - D. Turn in all medications to the Nurse at Camp.

If you have any questions regarding your child's medication or these instructions, please contact the 4-H Office (530-552-5812.) Thank you for your cooperation and help. We appreciate you taking the time to complete this form. It is important information, which will help make your child's experience safe and enjoyable!

(PLEASE SEE OTHER SIDE)

Non-	Prescr	ription Medication at Rockin' U 4-H (	Camp:		
Occa	sional	ly it is necessary to provide campers	with non-p	rescri	otion medications when they are at the camp.
The r	nedica	ations listed below are kept in stock a	t camp for	this p	arpose. Please do not send any of these items
to the	e cam	p. Please check below to indicate w	hether yo	u give	e permission for the listed medication to be
admi	nistere	ed by the Camp Nurse. We will not a	dminister	any i	nedication without authorization.
Yes	No	Benadryl (localized itch/insect bite) Caladryl Lotion (poison oak) Mylanta (upset stomach) Cough Drops (cough) Cortisone .5% Cream (itch/rash)	Yes	No	Pepto Bismol (diarrhea) Ibuprofen (muscle aches/sprains) Neosporin Ointment (minor cuts/burns) Robitussin (cough) Tylenol (head/muscle aches) Sudafed (hay fever – allergies/cold symptoms)
I am	autho	orizing the 4-H Camp Nurse to adm	inister the	e listeo	l non-prescription medications.
Signa	iture: .				
Date:					