



Statewide Nutrition, Family and Consumer Sciences Program

Anna Martin
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Climate Change Workshop
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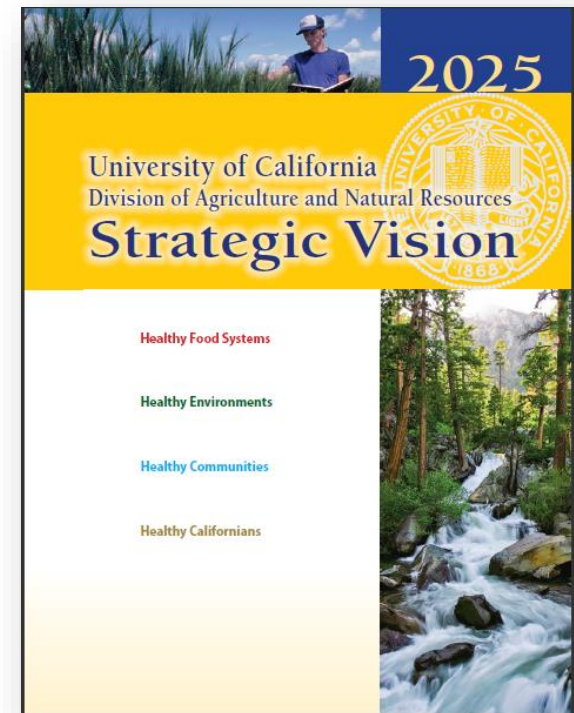
Youth, Families and Communities (YFC) Statewide Program

- **Nutrition, Family and Consumer Sciences (NFCS)**
 - Expanded Food and Nutrition Education Program (EFNEP)
 - Master Food Preserver (MFP) -*effective July 1, 2018
- **4-H Youth Development Program (4-H YDP)**
- **Other ANR youth, nutrition, family and community programs such as:**
 - UC CalFresh Nutrition Education Program (UC Davis)
 - Project Learning Tree (PLT)



Strategic Vision 2025: Strategic Initiatives

- Healthy Families and Communities Strategic Initiative
- Sustainable Food Systems Strategic Initiative



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UCCE Nutrition Education Programs

The Expanded Food & Nutrition Education Program (EFNEP)



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- Located in 39 counties
- Low-income families, adults, youth
- Partners: community agencies, schools
- Direct education and train agency staff and volunteers
- Goals: Improve nutritional-health and fitness, food safety, food security, food resource management, and related environments

UC CalFresh Nutrition Education Program

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cal fresh Nutrition Education



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What is food security?

Food security exists when **all people**, at **all times**, have **physical, social** and **economic access** to **sufficient, safe** and **nutritious** food that meets the **dietary needs** and **food preferences** for an active and healthy life.

-World Food Summit 1996



Source: FAO



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UC CalFresh in Action!

UC CalFresh staff facilitate physical activities with Oroville family evacuees, UCCE Butte County Cluster

UC CalFresh Butte County Cluster's Jamie Lambert leads physical activities for Oroville family evacuees, at one of many Chico's temporary shelters.



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Master Food Preserver Program

Emergency Preparedness: Food and Water



In This Chapter:

- Storage of food and water in preparation for emergencies.
- Treating water in emergency situations.
- Safe handling of foods after a flood.
- Safe handling of foods after a fire.
- Loss of power to a freezer or refrigerator.
- Safe handling of canned foods frozen during storage.
- Removing odors from refrigerators and freezers.

Resources and Support Materials:

Extension Publications

- *Storing Foods for Safety and Quality*, PNW 612 (McCurdy, Peutz, and Wittman 2009).

Websites

- Federal Emergency Management Agency: www.ready.gov (Spanish version: www.listo.gov).
- Federal Food Safety Information: www.foodsafety.gov.
- Food Safety and Inspection Service: <http://www.fsis.usda.gov>.

Objectives

- ◆ Understand recommendations for household food and water storage in preparation for emergencies.
- ◆ Recognize how to keep food safe during and after an emergency such as a loss of power, flood, fire, or natural disaster.
- ◆ Understand how to assure safety of drinking water during and after an emergency.

- Chapter 10
 - Taught mostly as part of food dehydration class
- Orange County
 - Extended as workshops
 - Certified Citizen Emergency Response Team Training
- Future?
 - Encourage public workshops
 - Interactive displays at community events



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Emergency Preparedness

- UCCE San Diego County
 - Food Safety After A Fire
 - Don't Get Burned Twice
- USDA FSIS
 - Emergency Preparedness
- Future?
 - Ready or Not Disaster Readiness Newsletter Series (1996)



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California Food Waste Prevention Week March 5-9, 2018

[Communications
Guide Available](#)



#SaveTheFoodCA

- The US is losing up to 40% of its food from farm, to fork, to landfill.
- 5 million Californians do not have consistent access to enough food.
- In CA, 1 in 8 are experiencing hunger and 1 in 5 of those are children.
- Food waste also represents the largest single category of waste in landfills in US. Food waste decaying in landfills emits methane, a powerful greenhouse gas linked to climate change.

#GoFurtherWithFood this #NationalNutritionMonth #SaveTheFoodCA #FeedPeopleNotLandfills



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Resources

- Federal Emergency Management Agency www.ready.gov or www.listo.gov
- Federal Food Safety Information www.foodsafety.gov
- Food Safety and Inspection Service <http://www.fsis.usda.gov>
- FoodKeeper App <https://www.foodsafety.gov/keep/foodkeeperapp/index.html>
- Nebraska Extension <https://food.unl.edu/food-safety-preservation>
- University of Nebraska-Lincoln Extension <http://bit.ly/makeover-leftovers>
- Iowa State Extension <https://spendsmart.extension.iastate.edu/cook/food-waste/>
- eExtension <https://www.extension.org/> (search: disaster preparedness)



Questions?

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- EFNEP <http://efnep.ucanr.edu/>
- UC CalFresh <http://uc-calfresh.org/>
- Master Food Preserver <http://mfp.ucanr.edu/>



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