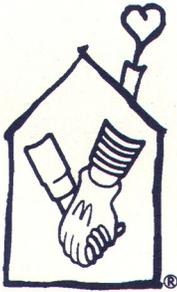


University of California
Agriculture and Natural Resources
Making a Difference for California



Hotline

SEPTEMBER 2011

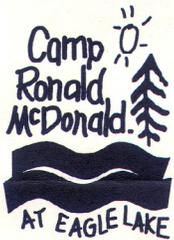


Ronald McDonald House Charities
Northern California

2011 POP-TABS

2555 49TH STREET • SACRAMENTO, CA 95817 • PHONE 916.734.4230 • FAX 916.734.4238
WWW.RMHCNC.ORG

July 14, 2011



A PROJECT OF RMHC
NORTHERN CALIFORNIA

Sherry Phillipson
El Dorado County 4-H
311 Fair Lane
Placerville, CA 95667

Dear Sherry:

Did you know that it takes approximately 1250 pop-tabs in order to weigh a pound? How about the fact that last year alone, all of the pop-tabs that were faithfully collected by many organizations, school groups, businesses and individuals added up to more than 24,000 pounds? You helped raise more than \$13,300.00 last year! Thank you for all of your hard work and dedication!

The money that we receive from our *Pop-Tab Collection* program goes directly towards assisting the children and families staying here at the Ronald McDonald House®. It is used for paying bills the House incurs like water, heat and electricity.

On behalf of everyone here at Ronald McDonald House Charities, thank you for your support. Don't forget to keep collecting those pop-tabs. Your gesture certainly makes a big difference in the life of a child.

Sincerely,

Catherine Ithurburn
Executive Director

Lois E. Polaschek
House Manager



September, 2011

From the 4-H Desk
Nancy Starr, Assistant II
530-621-5503, edc4h@ucdavis.edu

I hope you are having having a great summer so far and that you are excited to begin a new 4-H program year.

If you have not had a chance to visit our new UCCE Central Sierra 4-H YDP website please do so http://cecentralsierra.ucanr.org/4-H_Youth_Development/. Robin C. here in the front office is working very hard to make sure all the information you will ever need will be at your fingertips. Any comments or questions please send me an email – we greatly appreciate it.

Our new office hours are Monday – Friday, 8am to noon and 1pm to 5pm.

Youth Enrollment Fee: did increase by \$5 to now \$30. There is a price break for five youth members per family and above to pay \$20. The adult volunteer fee did remain the same at \$16. Payment covers the entire program year and is used for UC accident/sickness insurance and our EDC 4-H programs. There is some good news in that the fee can be paid with a credit card using a secure online website or if paying by check made out to “UC Regents”.

Online Enrollment Registration System: will open on Thursday, September 1st and will close on Monday, October 17th. All 4-H youth members (returning and new) need to enroll during this timeframe to be able to participate at the 2012 El Dorado County Fair. **PLEASE PLAN AHEAD!** If you need help enrolling, or have changed your email address, or have forgotten your password please call me, so I can help. It is important to not CREATE ANOTHER FAMILY PROFILE if you already have one, so let me know and I will fix it.

4-H Hotline Newsletter: is published August through June of each program year. If you are receiving a printed copy, then **this newsletter will be the last issue**. When you enroll just make sure your family fills out a new form for hardcopy mail version or subscribe via an electronic form. We have a new newsletter online subscription form – see step 2 of the 4-H website page for more information.

To Current Adult Volunteers: if you plan to take a year off this program year, you are encouraged to enroll and pay the \$16 fee to remain in the system. UC’s policy is to not have a break in service. This will avoid having to re-do the fingerprinting and orientation the following 4-H program year.

Facility Use Agreements/Request for a Certificate of Insurance: Holding your club/project meeting in a facility that requires an agreement. Bring all agreements/contracts to me at the 4-H office. The agreement is issued to UC Regents, with the signature of our County Director, Scott Oneto. This may take several weeks to process, so please get to me as-soon-as-possible.

Call or email if you have any questions. Thank you and have a great rest of the summer! Nancy



Two New County Wide Projects: Raising Worms and Food Preservation

What?!? Preserving Worms? Really? No, no, no; they're two separate county wide projects starting this fall, not one project where you preserve worms to eat!

The first project is Worm Composting – also known as Vermiculture. You'll learn how to turn your kitchen and garden scraps into compost to use as a wonderful natural fertilizer for gardens ... or to sell for a nice profit. Worms are quiet pets, easy to take care of, and all they want from you is a sheltered home and your leftovers. You will learn how to make a worm bin, what to feed your worms, how to care for your worms, how to harvest the compost they produce, and more! We'll also go on a field trip to a Master Gardener's house to see a variety of worm bins.



The Worm project will meet in the afternoon on the **second** Tuesday of the month starting in October in Placerville. Location TBD depending on how many people sign up.

The second project is Food Preservation, which will be taught by several Master Food Preservers.



You'll learn the basics of water bath canning and then use those skills to make a variety of delicious food. We'll also learn how to dehydrate food, freeze food, make fruit rollups (aka fruit leather), pie filling, and jerky. Several months after we preserve the food, we'll use recipes that use what we preserved and put our preserved food where it belongs ... in our belly! Along the way we'll learn about safe food handling and how to preserve it safely so no one gets sick when they eat it.

We'll also learn how to present our foods so we can enter them in the fair, learn what the judges are looking for in blue ribbon entries, and we'll go to the preserved food judging session to watch the competition.

The county wide Food Preservation project will meet in the afternoon on the **fourth** Tuesday of the month starting in October in Placerville. Because we will be working with stoves, hot water, and cooking utensils, the minimum age for this project is 12 years.

If you are interested in signing up for either of these projects when you register, look in the **County Wide** section for Worm Composting and/or Food Preservation.



Reminder: members take a look at the State 4-H E-News Update web newsletter. There is a lot of good information such as, Ideas That Work, Programs, Events & Deadlines, Funding Opportunities, and YD Research. Plus there is always a nice piece written by the State 4-H Associate Director, Shannon Dogan. The website address so you can take a look is <http://www.ca4h.org/News/>. Also on this web page are two other newsletters of interest 4-H Healthy Living Updates and 4-H SET E-News. Below are a few interesting items from the website

ASSOCIATE DIRECTOR UPDATES

When someone asks, "What makes the 4-H Youth Development Program (YDP) so successful" the answer is, in large part, our volunteers. Without our volunteer core the 4-H YDP as you know it would not exist. In the 2010-2011 program year, nearly 22,000 volunteers dedicated their time, energy, and passion to the 4-H YDP – 14,485 adult volunteers and 6,704 youth volunteers (e.g., camp staff, junior/teen leader, officer). Not only have these volunteers changed the lives of young people in 4-H, but they have contributed a great deal to their communities. When translating time into value of volunteer service for California 4-H the dollar figure is estimated at over \$37,000,000. Yes! Million! This number is based on the assumption that our volunteers spend on average 75 hours per year contributing to 4-H. Admittedly, this is a very rough estimate.

A new feature in the 4-H Online Record Book is the collection of hours spent volunteering in the program. Adult volunteers as well as youth volunteers will be able to track their hours spent in various activities which will help us provide a more accurate assessment of how much time our adults and youth spend giving back to the program and their communities. Please help us track and document your contribution to the 4-H YDP and your communities by logging your hours.

For more information about the 4-H Online Record Book, please visit <http://www.ca4h.org/4hbook/>

As if you need one more reason to volunteer, research indicates that volunteering leads to better health and those volunteers who devote a considerable amount of time to volunteer activities (about 100 hours per year) are most likely to exhibit positive outcomes. Additionally, volunteering has a positive effect on social psychological factors, such as one's sense of purpose, as well as happiness, life satisfaction, and self-esteem. So, if you haven't joined our core of strong, dedicated volunteers now is the time to invest in yourself, your community, and our youth! Contact your local County 4-H Office for information on how to join.

Regards,

Shannon Dogan
Associate Director of 4-H Program and Policy

IDEAS THAT WORK

- There are many new stories of 4-H program success happening all across California. Visit: <http://www.ca4h.org/News/Media/> to read the many examples of stories recently featured in the media.

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SEPTEMBER 2011

Help 4-H Win \$25,000

Want the chance to win tickets to the 2011 Major League Baseball World Series and help 4-H win \$25,000? You have a chance to do both just by visiting the State Farm Go To Bat website!

For the second year in a row, State Farm has selected National 4-H Council as one of the organizations to be a part of their Go To Bat program with Major League Baseball (MLB). The promotion started July 11th and will continue through the rest of the regular MLB season (September 28). Follow the instructions on the Go To Bat site which include playing a virtual home run derby and for every home run you hit, it counts as a point (entry) for you and 4-H. The charity (team) with the best collective batting average wins a weekly prize of \$18,000 for the charity. Additionally, if your team wins, you are entered into a weekly drawing to win a trip for two to the 2011 MLB World Series. The charity with the highest cumulative score at the conclusion of the 10-week program will receive a grand prize of \$25,000.

To sign up and play for 4-H:

Go to the State Farm Go To Bat website
 Choose the "Health and Human Services" category and pick "National 4-H Council" as your charity

Play the Go To Bat online game and earn points by hitting home runs

Return to the site to play up to 3 times each day State Farm® Go To Bat. Support the charity of your choice and you could win!

mlb.mlb.com

State 4-H Leader's Forum Nov 11-1

WHAT: Calif. State 4-H Leader's Forum
 -the only conference for Volunteer leaders, put on by Volunteer leaders
 -trainings, workshops, networking, fun!
 -specific workshops in:
 Communications, webcasting, leadership, and much more
 -Community service, recreation, and surprises!

WHEN: November 11, 12, 13 2011

WHERE: Asilomar, California

WHO: All adult volunteers are welcome
 -many county councils sponsor 1st attendees--check with yours!
 -bring a friend

HOW: Applications are on the Calif. State Website
 -Ca4h.org
 -follow the menus from Programs to Conferences to State leader's forum

Sign up now and receive a discount!

THEME: The Magic of 4-H: Transformation
 -come and be transformed into an even better leader!



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SEPTEMBER 2011

Give A Presentation At The Ironstone Concours! Saturday, September 24th

The Ironstone Concours Foundation has again requested 4-H members come to the 4-H Concours d'Elegance to perform presentations and show their displays between 10 am – 2 pm. This is an excellent opportunity for 4-H members to talk about their projects, show off their animals and receive credit in their record books! The event will be held on **September 24th** at Ironstone Vineyards in Murphys, and will include over 300 classic automobiles, vintage motorcycles and classic trailers.

Admission and lunch is free for 4-H members giving presentations. Each participating 4-H **member** will receive a free lunch ticket at the 4-H check-in tent. Siblings, parents, and other volunteers will be able to purchase lunch at the event. No coolers, please (this is an Ironstone request) but snacks are encouraged as it is a long day for many of the 4-H'ers. If you are bringing a display or large items for your demonstration, please be set up & in place by **9:30 am**. Please no large animals or aggressive dogs (leashed dogs in a 4-H dog obedience or guide dog project are okay).

Presentations will be held from **11 am – 12:30 pm**. Impromptu speeches will be held from **12:30 pm to 2 pm**. **One** parent or adult escort driver from each family will receive a free entry wristband at the 4-H check-in tent. Tickets cost \$20 per adult or \$35 per couple or a family (a family is considered two adults and 2 children). Children under 14 admitted free.

If your child is bringing a display, please bring a card table or appropriate set up as table space is not guaranteed and may be limited! You may also bring a chair.

If you would like to give a presentation, show off a display or give an impromptu speech at the Concours, please fill out the form below and either drop by, fax or mail to the 4-H office by **September 15th**.

Our address is:
4-H Office
891 Mtn. Ranch Rd.
San Andreas, CA 95249
Fax: 754-9616

4-H Member Name: _____

Name of Parent or Guardian Attending: _____

Mailing Address: _____

County: _____

Phone Number: _____

TYPE OF PRESENTATION

() Demonstration () Display () Impromptu Speech (1 – 2 minutes)

Give approximate length of non-display presentation: _____ minutes. Impromptu speakers will receive an unusual dictionary word to speak on and receive practice. Lots of fun!

Are you bringing a live animal? If so, what? _____

Preferred time of presentation or illustrated talk (must be between the hours listed above):

_____ (please note that schedule may change or you may be asked to give your presentation more than once). We cannot guarantee the exact starting time of your presentation, but will do our best to schedule you at your preferred time.

The Ironstone Foundation is requesting 4-H members to be in 4-H uniform. No shorts! Please wear your 4-H cap, white shirt or club t-shirt and jeans or white pants. If wearing a button-up shirt, please wear your 4-H tie or scarf.



Due by September 15th!

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JOIN THE REVOLUTION OF RESPONSIBILITY

**Join the Revolution of Responsibility
Join 4H Today**

What is the 4-H Revolution of Responsibility? It's a movement for positive change in every community in America. 4-H youth are a living breathing, culture-changing revolution for doing the right thing, breaking through obstacles and pushing our country forward by making a measurable difference right where they live. (National 4H <http://www.4-h.org/about/revolution/>)

Recruitment Contest ~ Earn points to win!

This is your opportunity to excite others and gain recognition for your own hard work or your club team effort!

The one youth with the highest points win! The one club with the highest combined total wins too. Prizes to be announced at September Council meeting. Prizes awarded at January Council meeting.

Individual Competition/Club Team Competition

Point system:

Recruit one member to earn 10 points per member.

Recruit an "other" adult volunteer to earn 25 points per "other" adult.

Recruit a project leader to earn 50 points per project leader.

El Dorado County 4H Robotics Project 2011-2012

Do you want to learn how to design and program a robot? Are you interested in knowing the Science and Technology behind running a robot? Did you ever want to see the different robots used by competitive robotics leagues?

If the answer to any of these questions is a yes, this might be the opportunity for you.

Here is an upcoming exciting opportunity to learn about Robotics and find out about available Robotic competitions from experienced Robotics team members and coaches!!!!

Who can participate: Students from 5th grade through 12th grade & interested parents who could be future mentors or coaches

Where to find information: EDC Robotics Information night

Where: Location to be determined (Intel FM7 a possibility)

When: November 7th

Time: 6 PM

Where to sign up: Enroll through 4H online enrollment system

How do you express interest: Fill out the upcoming interest survey form on the 4-H website

Contacts for more information:

Carol Martin, 4H Program Representative, mcmartin@ucdavis.edu

Nathan Somavarapu, EDC Youth Commissioner, District4Somavarapun@gmail.com

Rupa Somavarapu, Adult volunteer, rupasomavarapu@sbcglobal.net



New Countywide Group Determined Project: 4HAgGarden

Give 4HAgGarden Real Meaning

“The end of all education should surely be service to others” Cesar Chavez

Who: This group determined project will utilize the model of Youth and Adult partnership, meaning youth & adults will work side by side to explore 4HAgGarden learning. Please note: Adults must enroll in 4H as “other”, meaning must follow the adult enrollment process including; fingerprinting, orientation and online enrollment. Youth or adults interested in this topic may enroll independently. Youth do not need a parent to enroll. Adults interested in learning more with the potential to mentor youth in the project, or lead future projects are encouraged to join.

What: In 2006 Scotty’s Garden was established in recognition of a tragic loss of Scotty Deane a 4H member. Many beautiful gardens have been cultivated and grown in response to this very special project. Some of these gardens are housed at the El Dorado County Fairgrounds through the adopt-a-spot program of the El Dorado County Fair. Scotty’s love of gardening has been an inspiration for many.

Now: In response to a group of 4H leaders and youth interested in keeping Scotty’s Gardens for all to enjoy, with a need to focus on teaching agriculture to our community, and the joy of coming together to support “Youth In Agriculture” this project will work hand-in-hand with the Master Food Preserver & Gardener Coordinator, Sue Mosbacher to plan and implement Jr. Master Food Preservers and Jr Master Gardener programs for El Dorado County 4H.

Coordination: See Sue’s article in this Hotline in regards to two countywide projects being offered to support this effort. Also the following clubs: Shingle Springers, Mother Lode, Gold Hill Toppers, and South Side Top Notch offer garden related projects. These offer a great place where youth can obtain hands-on garden experience.

Goal: Bring all the gardening experience together working with local Master Gardeners to do one community teaching garden at the fairgrounds for 4HAgGarden. Also youth and adults will work closely with the Master Food Preservers to utilize the garden teaching area to demonstrate what to do with products from the garden. Over arching goal is to have FUN while learning and engaging in activity.

When: Come learn more at an introductory meeting: October 5th in conjunction with National Youth Science Day. (Come learn about gardens and participate in youth science activity. This will give you lots of credit for your record book) After introductory meeting group will determine how often the group needs to meet, after setting goals for the first year.

To many meetings: Here is the good news, again pending on who attends, what the group decides to do, so attendance for this project will be partly through the Internet. One model would be to have few face-to-face meetings, and lots of virtual meetings, and lots of hands-on activities in the community. Then end with a celebration of accomplishments. This will be a “doing group”. Great way to earn items for your record book!

Everyone is welcome. You are never too old or too young to garden!

Just FYI ~ Final Decision: After attending the introductory meeting you are not obligated to stay in the project. Pending on who attends, further decisions will be made as to when and where to hold meetings, and how the group will function within the structure of the project outline. The project is designed to meet the needs of people that want to share their talent in gardening and want to continue making EDC beautiful gardens in Scotty’s memory.



New Countywide Group Determined Project: Pioneer Entrepreneur You!

4-H, UC Extension and Abraham Lincoln?

In 1862, President Abraham Lincoln signed the Morrill Act. This provided "land grants" to enable states the establishment colleges of agriculture, mechanic arts, and homemaking with all phases of instruction. Many of the states acquired land from the government, and sold the land, investing the profits to pay for buildings, staff and associated expenses.

Did you know UC Davis is a "Land Grant University"? Do you know about the Morrill Act? It established the foundation for experiment stations for discovering agricultural knowledge. Did you know Abraham Lincoln had the vision to start the mission?

Who: This group determined project will utilize the model of Youth and Adult partnership, meaning youth & adults will work side by side to explore and pioneer entrepreneurial opportunities for 4H. Please note: Adults must enroll as "other" meaning must follow the adult enrollment process including; fingerprinting, orientation and online enrollment. Youth or adults interested in this topic may enroll independently. Youth do not need a parent to enroll. Adults interested in learning more with the potential to mentor youth in the project, or lead future projects are encouraged to join.

What: Last year El Dorado County kicked off the "Marketing, Localizing, Servicing, and Developing" plan as part of "Youth In Agriculture" a collaborative effort of 4H, FFA, EDC Fair, Grange, and Ag In the Classroom. *Pioneer Entrepreneur You!* will expand on the concepts working with local community partners, checking out our history, and having a great time (LOT OF FUN) discovering more about being an entrepreneur.

When: Come learn more at an introductory meeting: October 26th from 6-8pm, location TBA

To many meetings: Here is the good news, again pending on who attends, what the group decides to do, attendance for this project will be partly through the Internet. One model would be to have few face-to-face meetings, and lots of virtual meetings, and lots of hands-on activities in the community. Then end with a celebration of accomplishments. This will be a "doing group". Great way to earn items for your record book.

Ideas for this project: Meet & Greets with El Dorado County Chamber of Commerce, Learn more about local business, support fund development for countywide programs, become more connected with the University of California Cooperative Extension and land grant system, learn how 4H operates in your community, and discover what is the best way to market the program to the local community.

Everyone is welcome. You are never too old or too young to be an entrepreneur!

Just FYI ~ Final Decision: After attending the introductory meeting you are not obligated to stay in the project. Pending on who attends, further decisions will be made as to when and where to hold meetings, and how the group will function within the structure of the project outline. *Pioneer Entrepreneur You!* models a think tank, everyone will be a contributor!

UC COOPERATIVE EXTENSION
EL DORADO COUNTY
311 FAIR LANE
PLACERVILLE CA 95667-4199



DATED MATERIAL

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2010-2011 El Dorado County Council 4-H Officers

President & Mediator: Elizabeth Boehm (Liz)

Youth President: Sarah M.

Vice President: Jordyn G.

Corresponding Secretary: Kat P.

Recording Secretary: Rebecca S.

Treasurer: Sherry Phillipsen

Community Club Coordinator: Kami Arnold

Historian: Forrest W.



University of California Cooperative Extension

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Placerville, CA 95667

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(530) 642-0803—Fax Line

mcmartin@ucdavis.edu—Carol Martin

edc4h@ucdavis.edu

<http://cecentralsierra.ucanr.edu>—Website

NEXT COUNTY
COUNCIL MEETING:

TUESDAY
September 20, 2011
7:00 pm

Community Club Leader Meeting:
August 16, 2011
5:45 pm

UCCE OFFICE HOURS

Monday - Friday

8:00 am - 5:00 pm

Office is closed noon to 1:00pm.

Next Hotline: October 2011

Hotline Editor: Sherry Phillipsen

phillipsen@sbcglobal.net

Articles are due the 15th of the month.

Carol Martin

4-H Program Representative