
4-H Record Books
The 4-H program has a long history of record keeping. The focus reflects the importance of this life skill in our daily lives. In 4-H, young people have tracked their activities, events, profits and losses, skill development and learning experiences, and much more using the iconic 4-H Record Book. In addition to record keeping, the 4-H Record Book gives members an opportunity to reflect on their year, measure their achievements and growth, and set goals, and develop plans to meet those goals.

Why have 4-H record books?
4-H Record Books serve a variety of purposes in the California 4-H Youth Development Program. 4-H Record Books give members an opportunity to reflect on their yearly work. They document their skill development and their learning experiences in a written report. 4-H members measure their achievements and growth in their total years in 4-H.

4-H Record Books encourage members to set goals, pursue strategies to meet those goals, and to shift gears in the face of challenges and obstacles. Completion of the Personal Development Report awards 4-H members for participation in 4-H activities, which provides an incentive for participation, learning, and achievement. Completing a 4-H Record Book is a process where 4-H members record project and club work. Records management (RM) is a competency skill to identify, create, classify, archive, and preserve records. The 4-H Record Book teaches 4-H members these skills through a standard format.

Continued on page 2
Recrodbooks continued from page 1
Not Required for 4-H Membership
4-H Record Books are not required for membership or for participation in 4-H activities such as club events and activities, or for attending 4-H camps or conferences. A 4-H Record Book may be required to receive participation awards (such as star ranking, medals or pins based on 4-H Record Book achievements).

Record Book Competitions:
Provides an incentive to members to record their project work and personal achievement in their 4-H Record Book. Members receive feedback and encouragement on their 4-H project skill development, leadership and citizenship development, and record-keeping skills. Members are recognized for outstanding 4-H work.

Where and how are 4-H record books reviewed and judged?
4-H Record Book Competitions
Club Review

4-H Record Books are first reviewed at the local level by 4-H Community Club/Unit Leaders and Project Leaders. Club level judging is based on the Danish system where 4-H Record Books are judged against a standard. Seals are awarded based on the member’s 4-H project work, personal growth and the book’s organization. Through their personal achievements and 4-H participation, members may earn Star Rank recognition.

PDF: Record Book Club Evaluation Form Template (PDF)
Word: Record Book Club Evaluation Form Template (Word)

County Competition
Members may submit their 4-H Record Books for county competition. Books are judged on the member’s 4-H work, leadership and citizenship development, and personal growth. County level judging should be based on the Danish system with all books judged against a standard. Judges provide a critique and suggestions for future growth and involvement. Counties may designate awards for 4-H Record Books in specific project categories and age groups based on meeting published standards. For more information go to: http://ucanr.org/sites/EDC_4-H_Program/Record_Books/

The State 4-H Fashion Revue committee announces categories and service projects for 2012! Entry categories returning from 2011 will be Traditional, Consumer Science Purchased (with $100 limit), and Wearable Art-Embellished. The Recycled category will not be offered at State Fashion Revue for 2012; counties may choose to include it at local events only. The $15 Challenge was so popular in 2011, it will become the $19.99 Challenge for 2012. It has the same rules (shoes and sales tax don’t count, receipts required) but the limit is increased to $19.99 to allow more creativity. We are adding a second challenge, called the Bag Up Fashion Challenge. Sew a tote bag from Simplicity #7161, view A only, and model it with a garment or garments that coordinate with the tote bag. SFR will be coordinating two service projects. The Quilts for Wounded Warriors is returning because the American Legion needs more quilts. Statewide, 4-H created sixty quilts in 2011 and we look forward to even more in 2012. Our second service activity is the Million Pillowcase Project, for handmade or decorated pillowcases. If you, your project, or your county would like more information about SFR, these categories and service projects, or would like to join our committee, please visit our website at http://www.ca4h.org/Programs/Events/SFR/
The Winter Warm-Up Open Horse Show for youth and adults is a fund raising show for two of your fellow 4-H horse project members, Sarah and Melinda. Both qualified to compete at the 2012 National 4-H Horse Classic competition in Denver, Colorado. Due to the expense of travel and the competition itself, they need help raising money so they came up with this horse show as a fun way to do it. Please come and show your support!

**Date:** November 20\(^{th}\), 9 am (gate to open at 8:00 am)

**Location:** Cool Hills Ranch
3320 State Hwy 49
Cool, Ca 95614

**Judge:** Chris Bugenig

**Cost:** $4.00 per class. Entries due by Nov. 17. Late entries: $4.75 per class.

**Classes:** Halter/Showmanship, Western/English Pleasure and Equitation, Horsemanship, Walk/Jog/Trot, Ranch Horse, Ranch Riding, & Reining

*4 High Point Awards:  Youth ~ Adult ~ Walk/J/T ~ Ranch Horse*

*Have fun and participate in the Cool Hills Ranch sponsored free Bareback Dollar Bill Marathon that will take place during the lunch break. All proceeds will be donated to “Winner takes all $$!”*

*Cool Hills Ranch is sponsoring a raffle and silent auction and all proceeds will be donated to the kids involved. How can you help? Get your free raffle tickets. How? If you wish to donate gently used or new horse items or anything non-horse related that would be fun for the auction, you will receive 5 free raffle tickets!*

Drinks and store bought snacks will be available for purchase during the day.
For more information, please contact Melinda at (530) 333-4376, or Sarah at (530) 626-0808. You can also check out our website for the class list, entry and release forms: Winterwarmuphorseshow.webs.com

We look forward to seeing you there!
Welcome to the New 2011-2012 4-H Year. 
Now is the time to think about the 4-H International Exchange Program!

This is an outbound year when 4-H members have the opportunity to travel. This year is also the beginning of a new International Exchange 4-H Project for members interested in learning more about the 4-H International program. It is never too early to think about being a part of the cultural exchange and preparing for either future travel in the ‘even’ years or hosting a youth delegate during the ‘odd’ years (exception – travel to Australia available every year). Part of the project goals will be to help 4-H members plan for fundraising for future exchange travel costs. Below is an overview of this year’s outbound opportunities. To find more information for the 4-H International program please go to the state 4-H web site at: 
http://www.ca4h.org/Projects/Citizenship/International/.

If you are interested in joining the International Exchange 4-H Project please email Lorraine Larsen-Hallock at l.larsen-hallock@sbcglobal.net

[meetings: 4th Sunday of each month, 2-4pm, at Lorraine’s home in Latrobe / Shingle Springs]
Dear 4-H Youth Delegates:

You are cordially invited to attend the 20th annual C.A.L. Conference at Walker Creek Ranch on January 27, 28, and 29, 2012.

C.A.L. is a sectional 4-H event and members from all North Central Section counties are encouraged to attend. Participants share their knowledge, exchange ideas and information, and have the chance to develop and enhance their leadership skills. Each attendee is expected to participate fully.

Registration is accepted on a first come, first served basis. Each county is allotted 15 youth delegate spaces. The Conference fee is $150 which includes room and board on Friday and Saturday, all three meals on Saturday and breakfast on Sunday; the cost is $160 if you would like to purchase a conference T-shirt. You must complete the following forms and turn them in to your county office to reserve your spot at the conference by **November 30, 2011**:

1. Registration form  
2. Medical Treatment form (you also should carry a completed form when traveling on the trip)  
3. NCS 4-H Code of Conduct  
4. Check for $150 made payable to your County Council (or $160 to receive a conference T-shirt)

Many leadership opportunities exist both before and during the Conference. If you are interested in assuming a leadership position before the Conference you may enjoy being your county contact. The responsibilities associated with this position include conducting a county orientation prior to C.A.L Conference. Suggested orientation topics will be sent to you if you check the space on your registration form. You also will be the main contact from the Conference to your county if your county delegates have any questions or if the C.A.L staff needs to contact your county. Please indicate your interest on your registration form.

Another leadership opportunity available is serving as a cabin leader. We ask that all cabin leaders have attended C.A.L. Conference at least one previous C.A.L. Conference and be in the 8th grade or above. As a cabin leader you will be responsible for ensuring everyone in your cabin gets to know each other, is aware of each day’s events and are on time to all activities. If you are interested in a cabin leader role please indicate it on your registration form. There will be a training held for this position on January 7, 2012 in Fairfield. You can contact: Vivian Skinner at **rabbitsrule@earthlink.com** and Madison Gibson at **mtgibson33@yahoo.com**.

We also ask that you consider being a workshop presenter for the C.A.L. Education Program. Each session will be offered 5 times for 50 minutes. A training workshop for presenters is being offered on Saturday January 7, 2012 from 10 a.m. to 4 p.m. in Fairfield. Contact co-workshop coordinator Carolyn Elder at **lqecon@pacbell.net**.

We hope that you are excited about the Conference and that you consider accepting a leadership role. Thanks in advance for being a part of this innovative Conference. We know that you will benefit and have much to share upon returning to your own county and club.

If you have any questions about the registration form or the Conference, please don’t hesitate to contact the co-chairs or the registrar.

Sincerely, CAL Co-Chairs

Kelsey Arbuckle kelseyannearbuckle@yahoo.com  
Maggie Colgan mr.colgan@yahoo.com  
Sarah Lloyd lloyd.sarahe@gmail.com

County Contact Liaison: Colleen Bohannan colleenboh@gmail.com  
Youth Registrar: Kaycee Thomas loveknso@yahoo.com  
Adult Registrar: Lance Elder lqecon@pacbell.net (707)422-7473
Looking for something easy to cover those white pants at fair?

Take a look.

Not only will you be supporting 4H kids in their effort to raise funds for SLC (State Leadership Conference)
You get something fun and comfortable.

Get yours now. Flannel shorts or pants.
Order by November 28th and have them available for the Holidays.
They will have El Dorado County 4H down the leg. (Both shorts and pants)
Pants $22.50 Shorts $17.50

Name ____________________________________________
Address ____________________________________________________________________________________________
Phone (___)__________

Youth S M L Adult S M L XL XXL

<table>
<thead>
<tr>
<th>Qty</th>
<th>Item</th>
<th>Size</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Make Checks Payable to: Gold Hill Toppers 4H
Orders may be dropped off at the 4H office or mailed to
Gold Hill Toppers
% UCCE
311 Fair Lane
Placerville, CA 95667

IDEAS THAT WORK

- There are many new stories of 4-H program success happening all across California. Visit: http://www.ca4h.org/News/Media/ to read stories recently featured in the media.

- 4-H Military Program is offering a Babysitting Training course for youths age 12-18. The training will be held on November 5 & 6, at Moffett Field, in Mountain View, CA. This training is designed to help youth learn essential life skills in becoming responsible and safe babysitters. The youth will receive Child/Infant CPR training on the second day of the training. For registration information, contact Jeanne Christenson, jchristennon@ucdavis.edu or 530-219-6608.

- National Parks Free Entrance Day
  America’s Best Idea - the national parks - gets even better with several fee-free days at more than 100 national parks that usually charge entrance fees. Making the fun even more affordable, many national park concessioners are joining the National Park Service in welcoming visitors with additional discounts.
El Dorado County 4H - Robotics Project 2011-2012

Do you want to learn how to design and program a robot? Are you interested in knowing the Science and Technology behind running a robot? Did you ever want to see the different robots used by competitive robotics leagues?

If the answer to any of these questions is a yes, this might be the opportunity for you. Here is an upcoming exciting opportunity to learn about Robotics and find out about available Robotic competitions from experienced Robotics team members and coaches!!!!

Who can participate: Students from 5th grade through 12th grade & interested parents who could be future mentors or coaches

Where to find information: EDC Robotics Information night

Where: Intel FM7

When: November 7th

Time: 6 PM

Where to sign up: Enroll through 4H online enrollment system

How do you express interest: Fill out the upcoming interest survey form on the 4-H website

Contacts for more information:
Carol Martin, 4H Program Representative, mcmartin@ucdavis.edu
Nathan Somavarapu, EDC Youth Commissioner, District 4 Somavarapun@gmail.com
Rupa Somavarapu, Adult volunteer, rupasomavarapu@sbcglobal.net

Directions to Intel FM7 Building:

From Highway 50: Take Prairie City Road exit and turn right. Stay in the left lane. At the first light turn left into Intel Campus (Intel will be on your left and Folsom High School on your right). Stay in the right lane and turn right at the stop sign. Follow the road and at the 3rd stop sign turn into the parking lot and drive up to FM7. Park anywhere and come into the front lobby

Street Address: Intel Corporation
1900 Prairie City Road, Bldg: FM7
Folsom, CA 95630

- The **State Fashion Revue Committee** announces the addition of a new challenge for the 2012 SFR - **Bag Up Fashion** Challenge. Sew a tote bag from Simplicity pattern #7161, View A only, and model it with an outfit that coordinates with the tote bag. You will not be judged on the outfit, but how the tote bag is presented and the overall appearance of your outfit. Be creative! Show off your personality in your design. This cute, easy to make tote bag will become a wonderful accessory to your wardrobe or make a great gift to give after the Fashion Revue contest. NOTE: This Simplicity pattern will be discontinued as of **February 2012**. Please plan to purchase your pattern early. If you are unable to find a pattern, please contact Mary from the SFR committee at maryengebreth@comcast.net and we will see that your county office receives a pattern to be shared in your county. If you, your project, or your county would like more information about SFR, additional categories or service projects that will be eligible at SFR, or would like to assist our committee, please visit our website at [http://www.ca4h.org/Programs/Events/SFR/](http://www.ca4h.org/Programs/Events/SFR/).

- The dates for the **2012 Citizenship Focus Program** have been set.

  California Focus – June 15-19, 2012

  **Washington Focus #1**
  - Road to Democracy – June 24-July 2, 2012

  **Washington Focus #2**
  - Heritage Trail I – July 8-14, 2012
  - Global Journey – July 8-17, 2012

Meet 4-H'ers from across California while you expand your life skills and learn more about your community and state. An information packet will arrive in your county 4-H office by mid-October or information is available now on the web at [http://www.ca4h.org/Projects/Citizenship/Focus/](http://www.ca4h.org/Projects/Citizenship/Focus/).

Registrations are due January 16. For questions contact Pat English at penglish@ucdavis.edu or 530-754-8520.
DIRECTIONS: Calaveras River Academy is located in San Andreas. From Saint Charles Street (which is also Highway 49 in San Andreas), turn onto Pool Station Road, and right onto Old Oak Road. The street address is 150 Old Oak Road, San Andreas, CA 95249.

WHAT IS SUB REGIONAL PRESENTATION DAY?
4-H presentations are a special sharing time when members show the skills they’ve acquired to others. Sub Regional Presentation Day gives 4-H members the opportunity to show others what they have learned in their current 4-H projects.

WHAT IS A PRESENTATION?
It is a planned demonstration or illustrated talk which explains or illustrates by using examples. To demonstrate is to teach by showing – learning by doing! Show someone how to tie his shoes, or his 4-H tie! Demonstrating is teaching in the clearest and simplest method known. When members are enrolled in 4-H they have a desire to learn. In giving presentations, they share with others their acquired knowledge. Boys and girls like to “tell others”. This is natural. They should be encouraged to start by giving a simple presentation and, as they develop, they can do more difficult presentations.

WHY GIVE A PRESENTATION?
Presentations help 4-H members:
• do and learn – learn and do.
• develop an ability to speak before a group.
• share acquired knowledge and skill.
• develop creativity.
• gain experience in teamwork.
• gain self-confidence, leadership and initiative.
• gain personal recognition.
• have a more interesting and active 4-H project.

Every club and project group should devote time to presentations. Presentations by 4-H members should be a vital part of every 4-H club program. A desirable goal for each 4-H club is to have every member give at least one presentation during the year.

CAN I PARTICIPATE IN SUB REGIONAL PRESENTATION DAY?
Any 4-H member in Calaveras, Amador, Tuolumne, Mariposa or El Dorado County can give a presentation at Sub Regional Presentation Day. The enclosed entry form must be returned by the deadline to the Calaveras 4-H Office. You may mail the entry form, but your entry must be postmarked by the deadline. You will need your project or community club leader’s signature on the entry form.

JUDGES AND ROOM COORDINATORS NEEDED
We will need many volunteers to assist us. Leaders & parents are encouraged to be judges and non-primary 4-H members are encouraged to be room coordinators. If you would like to be a judge, please fill in the entry form and check the “Judge” category. Potential judges will be contacted.

4-H members who wish to be a room coordinator should fill in the entry form and check the “Room Coordinator” category.

SECTIONAL PRESENTATION DAY
Information about North Central Section Presentation Day will be available at Sub Regional Presentation Day. Gold medal winners from Calaveras, Amador and El Dorado counties are eligible to attend.

STATE PRESENTATION DAY
We are following the guidelines for State Presentation Day. For more information about presentation descriptions visit http://www.ca4h.org/Programs/Events/SFD/PD/
Sub Regional 4-H Presentation Day Entry Form

Due to Calaveras 4-H Office by January 18, 2012
In the interest of fairness, late entries will not be accepted under any circumstances
It is recommended that you call the Calaveras 4-H office to confirm your entry has been received

County: ____________________________ 4-H Club: ____________________________
Name(s): ____________________________

(attach a list for Share the Fun and Cultural Arts categories)

Mailing Address: ____________________________ City: ______________ Zip: ______________
Phone: (_________)_________________________ E-Mail: ____________________________

Project: __________________________________________________
Title: ______________________________________________________________________

Type: □ Demonstration □ Illustrated Talk □ Educational Display
□ Prepared Speech □ Impromptu Speech □ Interpretive Reading
□ Share the Fun □ Cultural Arts □ Audio-Visual Presentation
□ Problem Solving Presentation

Primary: □ Junior: □ 4th □ 5th □ Intermediate: □ 6th □ 7th □ 8th □ Senior: □ 9th □ 10th □ 11th □ 12th
I need to give my presentation outdoors (for large live animals, etc.): Yes  No
If bringing an animal, what is it? ______________________________________________________

Is it okay to include your child’s photo on our website (no names will be listed) □ Yes □ No

Signature of Parent: ___________________________________________ Date: _____________

Signature of Project Leader or Club Leader: ___________________________ Date: _____________

□ I wish to be a Room Coordinator (must arrive by 9:30 a.m.) □ I wish to be a Judge (adults only)
(4-H members entering displays cannot be room coordinators) (potential judges will be notified)

County: ____________________________ 4-H Club: ____________________________
Name: ____________________________

Mailing Address: ____________________________ City: ______________ Zip: ______________
Phone: (_________)_________________________ E-Mail: ____________________________

Send registration form to:
Jennifer Goerlitz                                    Fax 888/764-9669
4-H Office Calaveras County                             Phone 209/754-6474
891 Mountain Ranch Rd.                                Email jggoerlitz@ucdavis.edu
San Andreas, CA 95249

A Medical Treatment Form & permission slip should be filled out and brought along with any
4-H member who will be traveling with adults other than their own parent or guardian
Dated Material

The University of California prohibits discrimination against or harassment of any person on the basis of race, color, national origin, religion, sex, physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (special disabled veteran, Vietnam-era veteran or any other veteran who served on active duty during a war or in a campaign or expedition for which a campaign badge has been authorized). University Policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Staff Personnel Services Director, University of California, Agriculture and Natural Resources, 1111 Franklin St., 6th Floor, Oakland, CA 94607 (510) 987-0096.

2010-2011 El Dorado County Council 4-H Officers

President & Mediator: Elizabeth Boehm (Liz)
Youth President: Sarah M.
Vice President: Jordyn G.
Corresponding Secretary: Kat P.
Recording Secretary: Rebecca S.
Treasurer: Sherry Phillipsen
Community Club Coordinator: Kami Arnold
Historian: Forrest W.

Next County Council Meeting:
TUESDAY
November 15, 2011
7:00 pm

Community Club Leader Meeting:
November 15, 2011
5:45 pm

UCCE Office Hours
Monday - Friday
8:00 am - 5:00 pm
Office is closed noon to 1:00pm.

Next Hotline: January 2012
Hotline Editor: Sherry Phillipsen
phillipsen@sbcglobal.net
Articles are due the 15th of the month.

Carol Martin
4-H Program Representative