1st Annual Color Me Green 5K Run

What is a Color Me Green 5K?

Color Me Green 5K run aims to provide youth and community members a fun learning opportunity for improving their health. Participants will run 5 kilometers with other members of their community and will be showered with green dye to mark every mile marker they pass, leaving them colored in green by the end of the run!

SAVE THE DATE: Saturday, March 7th, 2015 Race starts at 9 a.m., packet pick up, no earlier than 8 a.m.
This will be a fundraiser supporting 4-H Youth Development!
Cost: $25 per runner for 5K
Includes: Race t-shirt, green color dye, race packet, parking and after race fun.
Toddler fun run: $5 for 1K
Youth ages 0-5 can put on their lucky green and ride bikes, trikes or wagons in celebration of good health!
Volunteers Needed: https://ucanr.edu/survey/survey.cfm?surveynumber=14246
Registration opens December 15!

Don’t miss it!!!!
Downtown Placerville Holiday Parade December 7th on Main Street
Many clubs are participating— if your club is not and you want to be part of the parade, call the office and we’ll get you in touch with a parade coordinator!

Parade Presented By: The Mountain Democrat A McIntire Family Tradition

Committee Members Needed:

We’re looking for someone to organize the end of run expo. This job can be done by youth with support of adult. Expo Volunteer will contact local groups, to host a booth at expo, keep detailed list and communication with expo participants and assist set up and take down the day of the event. Will you help?

Contact Tracy at (530) 621-5507 or tbcelio@ucanr.edu

El Dorado County 4-H
**December**

December 6: Less Feed Rabbit Fundraiser  
December 6: Officer Retreat  
December 7: Holiday Parade

**January**

January 10: Dairy Goat Ultrasound & Showmanship  
January 18: Horse Symposium (Proficiency test)  
January 23 - 25: C.A.L Conference

**February**

February 21: Beef Weigh In  
February 21: Online Record Book Workshop  
February 22: Fuzzy Wuzzy Horse Show  
February 28: Presentation Day

**March**

March 7: Color Me Green 5K FUN RUN!  
March 29: Fuzzy Wuzzy Horse Show, Part 2

**April**

April 9: Home Arts Day  
April 19: Round Up Horse Show (can take proficiency test)

**May**

May 9: Round Up  
May 9: Fair Forms due

**June**

El Dorado County Fair

**July**

Summer Camp TBA  
July 23 - 26: Student Leadership Conference (SLC)

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The 4-H office recently received a stack of exciting *new curriculum* for projects. If any of these look interesting to you, as an adult, please contact Tracy and let's discuss you leading a 4-H project this year! The minimum hours to complete a project is just 6 hours!

New Curriculum can be checked out from the 4-H library located in the office.

- Theater Arts  
- Rabbit  
- Bicycle  
- Electricity  
- First Aid  
- Dog Care & Training  
- Health Rocks  
- Beef  
- Horse  
- Wind Energy  
- Robotics  
- Entomology

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*El dorado county 4-H*
El Dorado County Presentation Day 2015

**When:** Saturday, February 28, 2015  
**Where:** Folsom Lake College-El Dorado Center, 6699 Campus Drive, Placerville  
**Presentations & Awards:** 10 a.m.-3 p.m.  
http://ucanr.edu/sites/EDC_4-H_Program/Presentation_Day/

Public speaking has been a cornerstone of the 4-H Youth Development Program since its inception in the early 20th century. Presentation Day allows youth to gain skills and competence speaking in front of a group. It also allows youth to speak about topics they are interested in while gaining feedback from a panel of judges as well as the opportunity to advance to regional or state Presentation Day.

What is a 4-H presentation?

A presentation is a method used to communicate an idea by showing and/or telling. It can be a demonstration or a talk that uses posters and other visual aids. A 4-H Presentation helps you learn to:

- Research a subject. Organize ideas in a logical order. Be a teacher and practice public speaking skills.


Volunteer Opportunities include (post registration form):

- Room Coordinator only (grade 6 and above) - **Must attend training at 8:00 a.m.**
- Door Keeper only (grade 4 and above) - **Must attend training at 8:00 a.m.**
- Adult Judge and Teen **training at 9:00 a.m.** Teen Judge (grade 9 and above, and have given 2 previous presentations at Presentation Day)

**Deadline:** Entry form must be received at the 4-H office by 5 p.m. on **Friday, February 13th.** Hand-deliver or mail to El Dorado County 4-H Office Presentation Day 311 Fair Lane, Placerville, CA 95667

**Questions?** E-mail Mary Jordan- [EDC4HPresentationDay@gmail.com](mailto:EDC4HPresentationDay@gmail.com)
Youth and Adult Participant Registration Form

Participating as a: (mark only one)

___ Presenter only (Participation ribbon only for Primary Members, all others will receive judge’s scores)

___ Presenter and Room Coordinator (grade 6 and above, and have presented at Presentation Day in the past) This is as needed – priority will be given to non-presenters.

___ Presenter and Door Keeper (grade 4 and above) This is as needed – priority will be given to non-presenters.

___ Room Coordinator only (grade 6 and above) MUST BE ABLE TO ATTEND TRAINING AT 8:00 a.m.

___ Door Keeper only (grade 4 and above) MUST BE ABLE TO ATTEND TRAINING AT 8:00 a.m.

___ Teen Judge (grade 9 and above, and have given 2 previous presentations at Presentation Day)

___ Judge

Be sure to credit yourself appropriately in your record book!

Name: _______________________________ if youth, Age as of 1/1/2015: ___

Years in 4-H: _______ 4-H Community Club name: ____________________________

Phone: ____________  E-mail address: _________________________________

If you are making a presentation:

Presentations should conform to the State 4-H Presentation Manual Version 3 (2005), available online at http://4h.ucanr.edu/files/2193.pdf

Type of Presentation: _______________________________ (Fully described on pages 14 – 22 of the Manual. Choose from: Demonstration/Illustrated Talk; Scientific Demonstration/Illustrated Talk; Educational Display; Prepared Speech; Impromptu Speech; Interpretive Reading; Share the Fun; Cultural Arts; Audio-visual Presentation; Problem Solving Presentation)

Name of Presentation: ________________________________

Will live animals be used? ____ How many and what type?__________

How many presenters for this presentation? _________

Complete one registration form for EACH presenter.

Deadline: Must be received at the 4-H office by 5 p.m. on Friday, February 13th.

Mail to El Dorado County 4-H Office Presentation Day 311 Fair Lane, Placerville, CA 95667

Questions? E-mail Mary Jordan- EDC4HPresentationDay@gmail.com
Scholarships, Awards & Grants

Announces Scholarships for American High School Students to Study Abroad:

- Kennedy-Lugar Youth Exchange and Study Abroad (YES Abroad) - Deadline: January 7, 2015
- Congress-Bundestag Youth Exchange (CBYX) with Germany - Deadline: (Dec 2014 – Jan 2015)

For more information on exchanges sponsored by the U.S. Department of State’s Bureau of Educational and Cultural Affairs, visit www.exchanges.state.gov

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2015 USDA 1890 Scholarship Application is Now Open: http://www.outreach.usda.gov/education/1890/
Deadline: February 1, 2015.

Sports-For-All Clinic Grants
Deadline: Rolling
More info.

VolunTEEN Nation International Service Project Grants
NEW
Deadline: Rolling
More info.

Check out more grant & award opportunities on the Youth Services America website: http://www.ysa.org

4-H record keeping is a teaching tool and learning experience, primarily designed to help a member:

- Develop record-keeping skills.
- Learn how to use records.
- Develop the habit of recording things when they happen.
- Measure their accomplishments.
- Establish new goals based on previous experience.
- Develop a desire to improve.
- Learn time, energy, and money management.

For more on record books go to: http://ucanr.edu/sites/EDC_4-H_Program/Record_Books/

Training opportunity- On-line Record Book? The café is designed as a 3-hour workshop that combines presentation, hands-on practice and group discussion. Participants will need to bring a laptop or tablet with them.

To sign up go to: http://ucanr.edu/survey/survey.cfm?surveynumber=14309

WHEN: SATURDAY, FEBRUARY 21, 2015 TIME: 1 PM – 4 PM
WHERE: 12200-B Airport Rd. Jackson, CA

El dorado county 4-H
HIGH 4-H BOWLING NIGHT!

That’s right! It’s that time again!
Are you ready for a fun night of bowling?
Alright! Here are the details.

When? December 6th from 8-10pm
(please show up 10-15 minutes early to get your shoes)
Where? 511 Bidwell Street, Folsom. Phone: (916) 983-4411
Who? You have to be in high school, but guess what?! You don’t have to be in 4-H to come! So bring friends!
Cost? lane rental: Sponsored by the El Dorado County All Star Ambassadors!
Shoe rental: $3.75 per person
Soda $5-6
Cheese pizza $13

PLEASE RSVP TO: crjachens@hotmail.com
Countywide Rabbits projects invites YOU to Lee’s Feed in Shingle Springs for a bake and craft sale.

We are holding this event at Lees feed on Saturday, December 6th. We will have apple cider, hot chocolate, and coffee for folks, and fun gifts, prizes and Christmas crafts! This event will be from 10 a.m. to 4 p.m.

Don’t miss rabbit agility demonstration, petting zoo, and face painting! Counts as a 4-H event attended in your record book!

Are you in a rabbit project? Ask your project leader because you are expected to participate!

Dairy Goat Day Saturday, January 10, 2015

John Openshaw Ultra Sound Practitioner will be doing ultra sounds from 9 a.m. to 11:30 a.m.

Virginia Johnson-Gruver will be doing a showmanship clinic 9 a.m. to 10 a.m. Virginia is a long standing NDGA Judge and has been judging for many years and all over the county.

The first class is 9 a.m. for novice and beginners please be prompt. The second class is for intermediate and will start at 9:30 a.m. There is no advance showmanship.

The fee for the ultra sound is $15 per goat. This will go to pay John and the use of the fairgrounds. If you do not have a goat to ultra sound and only want to join the showmanship groups it will be only $5.

We need to have goat’s belly and sides shaved, for the ultra sound. Please make sure your goat is clean. We do not use the pens so be prepared to keep your goats housed in your vehicles.

Questions: Gene at boring@directcon.net
New Member Page

**HOW MUCH TIME IS INVOLVED IN BEING A 4-H MEMBER?**

Families can be as involved as they would like to be. To get the maximum benefit from the 4-H program a member/family should:

- Attend the monthly Community Club meetings. These meetings are run by youth officers - where members learn parliamentary procedure, find out about up-coming events and opportunities, meet new people, make new friends and vote on club business.

**Things to consider when signing up for projects**

- Select a project you like.
- Select a project you can complete.
- Consider the cost of the project.
- Consider the space and equipment you have at home.
- Talk with the leader about the amount of time the project will take.
- Consider the amount of adult support for the project.
- Be aware of the opportunities for growth in this project.
- A 4-H project should be fun, serve a purpose, and be worth the effort.
- Select only the number of projects you can complete.
- Some projects are short term which may only last a few meetings. Others such as animal projects meet much longer and are a real time commitment.

**Things to be think about:**

- Signing up for too many projects is tempting. It’s better to do a few projects well, than try and spread yourself too thin.
- Community service activities are part of 4-H, help with them when youth become engaged in the community
- Summer Camp is a fun opportunity for 4-H members who turn 9 before Dec 31st of the current program year. Resident camp is held for 5 days during June or July.
We are the premier youth development organization which empowers youth to reach their full potential. 4-H develops leadership, life skills and civic engagement and as a result youth are assets to El Dorado County.

<table>
<thead>
<tr>
<th>Inclusive, committed to quality, strategic</th>
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<tr>
<th>Increase enrollment in El Dorado County 4-H by 50% over 5 years by becoming the “Go To” youth development program in the county.</th>
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<tbody>
<tr>
<td>Over the next 5 years, we will continue to expand El Dorado County 4-H into the “Go To” county-wide youth development program by providing resources for clubs, camps, volunteer development and youth leadership opportunities.</td>
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<table>
<thead>
<tr>
<th>Strategy 1: Solidify key positions on management and program boards</th>
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<tbody>
<tr>
<td>Strategy 2: Identify our audience; practice effective outreach, communication and engagement</td>
</tr>
<tr>
<td>Strategy 3: Raise funds to support our program growth</td>
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<tr>
<td>Strategy 4: Provide volunteer development resources</td>
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<table>
<thead>
<tr>
<th>1a. Create a cohort who can help identify potential board members</th>
</tr>
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<tbody>
<tr>
<td>1b. Compile list of potential board members</td>
</tr>
<tr>
<td>1c. Recruit highly compatible board members</td>
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</tbody>
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<tr>
<th>2. a. Create brochures, create outreach to schools, prepare for beginning of the school year</th>
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<tbody>
<tr>
<td>2. b. Create a plan to identify audience</td>
</tr>
<tr>
<td>2. c. Examine website &amp; newsletter, is it user friendly, appeal to the identified audience?</td>
</tr>
<tr>
<td>2. d. Increase 4-H participation in other community events</td>
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</tbody>
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<tr>
<th>2 f. Develop recruitment &amp; outreach committee</th>
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</thead>
<tbody>
<tr>
<td>3a. Develop a fundraising committee</td>
</tr>
<tr>
<td>3b. Develop a budget</td>
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<tr>
<th>3c. Seek Foundation’s partnership</th>
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<tr>
<td>3d. Establish a local giving campaign similar to Tractor Supply’s Paper Clover</td>
</tr>
<tr>
<td>3e. Seek corporate sponsorship</td>
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<table>
<thead>
<tr>
<th>4a. Train Community Club leaders</th>
</tr>
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<tbody>
<tr>
<td>4b. Identify topics needed for local trainings</td>
</tr>
<tr>
<td>4c. More specific volunteer trainings</td>
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<thead>
<tr>
<th>4.d Create a subcommittee in charge of finding trainers/ creating education sessions</th>
</tr>
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<tbody>
<tr>
<td>4.e Make trainings accessible (doing at someone’s house, time and place that works for everyone, etc.)</td>
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<table>
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<tr>
<th>Number of youth from 600 to 660,</th>
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<tbody>
<tr>
<td>Number of volunteers increased from 180 to 200</td>
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<tr>
<td>Increased private support</td>
</tr>
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</table>
I pledge my... hands to larger service.

Latrobe Outlanders Recognition Night

I pledge my... heart to greater loyalty.

Shingle Springers own Lowder family on the cover of the Mountain Democrat newspaper

Gold Hill Toppers place flags to honor Veteran's
Program Updates

4-H Saturday (SET) Science Engineering & Technology Series

Beginning in January 2015, 4-H will be hosting a monthly Saturday SET Series. Youth ages 9-15 are welcome. Topics will include hands on learning with:

- Robotics
- Engineering
- Programming

Dates still TBD— to sign up please call (530) 621-5503

Tech-minded teens needed! Teens needed to help facilitate teaching to younger youth. Get credit for community service to fulfill graduation requirements or 4-H record book. Teens do NOT need to be in 4-H to volunteer. If you know a techy someone, have them contact Tracy (530) 621-5507 or tbcelio@ucanr.edu

In order to be successful in the 21st Century, youth must have a basic level of technological literacy. Through engineering and technology projects, 4-H helps youth learn about the iterative engineering design process, attributes of design, impacts of systems, and effects of technology on the environment.

Countywide Dairy Project

El dorado county 4-H
County Fair Updates

What to expect on Tuesday when you bring your large animal to the fair?

You can anticipate entry to consist of three important components;

1) Livestock will be weighed right off your vehicle as you arrive,
2) A veterinarian will inspect your animal prior to entry and finally,
3) You'll take your animal to stall/pen and get them set up for their stay at the fair.

Market Weights

<table>
<thead>
<tr>
<th>Animal</th>
<th>Light</th>
<th>Heavy</th>
<th>Paid Max</th>
<th>Sift Light</th>
<th>Sift Heavy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steers</td>
<td>1000</td>
<td>1350</td>
<td>1350</td>
<td>999</td>
<td>none</td>
</tr>
<tr>
<td>Hogs</td>
<td>210</td>
<td>270</td>
<td>270</td>
<td>209</td>
<td>271</td>
</tr>
<tr>
<td>Goats</td>
<td>60</td>
<td>105</td>
<td>105</td>
<td>59</td>
<td>none</td>
</tr>
<tr>
<td>Lambs</td>
<td>100</td>
<td>150</td>
<td>150</td>
<td>99</td>
<td>none</td>
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Who is Who at the FAIR:

In past years there has been some confusion about who does what and who is who at the county fair. Here are some helpful facts:
The **El Dorado County Fair** is a non-profit organization. Each year the fair prepares entry guides, secures judges and sets barn layout for the fair.
The **Junior Livestock Committee** organizes and runs the auction. Sale books, mailers to potential buyers, process credit card and other payments relating to livestock auction are their responsibility as well as mailing thank you cards from the youth to buyers, gifts and dinner for buyers.
The **4-H Livestock Advisory Committee** has resource leaders for each species who assist the fair with all shows and activities during fair. Project leaders are there to assist youth.
The **4-H youth members** must have 80% club and project attendance, compete a Annual Project Report, adhere to 4-H Code of Conduct. Youth are expected to care for their animal, do barn duty and assist with décor and other fair activities.
Other groups at livestock fair are FFA, Grange and Independent

Bedding:

Youth are responsible for purchasing for your animal. The Junior Livestock Committee will provide only for show rings this year.
CA State 4-H Updates

STATE FIELD DAY UPDATES
May 30, 2015, 8:00am-6:00pm, UC Davis Campus-Wellman Hall
Revamped State Field Day Webpage check it out: http://4h.ucanr.edu/4-H_Events/SFD/
Here you will find an interactive map along all the exciting activities you can participate and enjoy! Special Recognition and Impromptu Topics for 2015 Presentation Program are now available! Find them here: http://4h.ucanr.edu/4-H_Events/SFD/PD/

4-H ANIMAL SCIENCE SYMPOSIUM
May 27-29, 2015 The 4-H Animal Science Symposium is a professional development opportunity for 4-H staff and key volunteers on key topics and skills relating to bio-security and animal health. Central to this symposium will be a foundational training on the “Bio-Security Proficiencies for Beginning Producers,” which participants will implement back home with 4-H volunteers and junior/teen leaders. Registration will open in January 2015. See informational flyer for more details: http://4h.ucanr.edu/files/198164.pdf

STATE FASHION REVUE
Announcing State Fashion Revue 2015 categories, service projects, cover art contest and first committee meeting! The SFR committee meets October 4 from 10-2 at the San Joaquin Robert J. Cabral Agriculture Center, 2101 East Earhart Avenue, Stockton. Bring lunch and your fabulous ideas. All 4-H members are invited to participate in the SFR 2015 program cover art contest to illustrate the theme "Through the Looking Glass." Original art work is due by December 15, 2014 to http://ucanr.edu/sfrcovercontest. Participant categories returning for SFR 2015 are Traditional, Upcycled, and Consumer Science purchased $40 limit. The two new categories are Jacket Challenge and Costume Challenge. The service projects this year are pillowcases (sewn) and hats (sewn, knitted or crocheted). Please see the SFR website for more details on joining the committee, the cover contest, the categories and service projects or the event itself at (note new address) http://4h.ucanr.edu/4-H_Events/SFD/SFR/

Spark Score Surveys are open!
Surveys opened Sept 15th and close January 31st, 2015! Ever wonder why we ask you to take surveys once or twice a year? It’s so that we can make statements like these and share with everyone the thing that 4-H does for you, and what you do for our communities! You are constantly growing and changing, and you may not answer questions the same from one point in time to the next! By doing the surveys once or twice a year, we can see how youth in 4-H are developing and changing. These surveys are our way to find out about you and how the California 4-H Youth Development Program is doing overall! Thank you to everyone who has completed their surveys so far.
A list of previous survey winners can be found here: http://4h.ucanr.edu/Research/Evaluation_Updates/
CA State 4-H Updates

MORE UPDATES

New 4-H project: Discussion meet

Discussion Meet- New Project & Contest!
This new project was unveiled at SLC and will be offered to 4-Hers aged 15-19. The project and contest are modeled after the Young Farmers & Ranchers Discussion Meet through the Farm Bureau. Project meetings (in a Discussion Meet, Leadership or Public Speaking project) will be held to prepare for the competitive event; the first round will be held at Sectional Presentation Days. Discussion Meet questions center around Healthy Living, SET, Citizenship and 4-H Membership. Top competitors at Sectional levels will advance to the State Field Day. Watch the Young Farmers & Ranchers competitions. If you are interested, please check out the 4-H Discussion Meet website at 4hdiscussionmeet.weebly.com

Save the Date: 2015 National 4-H Conference
National Conference dates are April 11-18, 2015
The National 4-H Conference is a working conference in which youth and adults develop recommendations to help guide 4-H Youth Development Programs nationally and in their communities.

National Conference Applications are now available!
Application Deadline will be November 3, 2014
http://4h.ucanr.edu/4-H_Events/N4-HC/

California focus

Washington focus

Save the dates!
California Focus
June 19-23, 2015
Leadership Washington Focus
July 14-18, 2015
Citizenship Washington Focus
June 28-July 4, 2015
Extended travel days to:
Gettysburg, Philadelphia & Baltimore
July 5-7, 2015

Registration is coordinated through the CA State 4-H Office. For more information on these programs please visit http://4h.ucanr.edu/4-H_Events/
The 4-H Pledge

I pledge my...

**HEAD**  to clearer thinking,

**HEART**  to greater loyalty,

**HANDS**  to larger service,

**HEALTH**  to better living,

for my club, my community, my country and My world.

---

Sign Up for E-Script & Raise funds for 4-H while you shop!

Enroll in Something Extra/extracredit:
Select **El Dorado County 4-H Council** as your organization of choice.
Once enrolled, follow these steps:
· Visit www.raleys.com/extracredit
· Click on the green “Get Started” button
· Select El Dorado County 4-H Council from the menu
· Designate the percentage of scrip to donate.
Let your friends, family & alumni know about this easy way to support youth!

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4-H youth are 1.9 times more likely to get better grades in school.

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El dorado county 4-H
The **Hotline** is published monthly (July to June) for the El Dorado County 4-H community club program.

<table>
<thead>
<tr>
<th>UCCE OFFICE LOCATION</th>
<th>CONTACTS</th>
<th>Hotline NEWS</th>
</tr>
</thead>
</table>
| 311 Fair Lane                 | Tracy Celio, Youth Development  
El Dorado County Central Sierra MCP  
tbcelio@ucanr.edu  530 621-5507  
Website: http://centralsierra.ucanr.edu  
State 4-H http://www.ca4h.org  
National 4-H http://www.4husa.org | Articles about 4-H or topics of general interest to families are welcome.  
Deadline for next month submission is due by the 20th of each month |
| Placerville CA 95667          |                                                                          |                                                                               |
| Office: 530-621-5503          |                                                                          |                                                                               |
| Fax: 888-764-9669             |                                                                          |                                                                               |

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