1st Annual Color Me Green 5K Run

What is a Color Me Green 5K?
Color Me Green 5K run aims to provide youth and community members a fun learning opportunity for improving their health. Participants will run 5 kilometers with other members of their community and will be showered with green dye to mark every mile marker they pass, leaving them colored in green by the end of the run!

SAVE THE DATE: Saturday, March 7th, 2015 at Shingle Springs Rancheria. Race starts at 9:00 a.m., packet pick up, no earlier than 8:00 a.m.
This will be a fundraiser supporting EDC 4-H Youth Development!
Cost: $25 per runner for 5K
Includes: Race t-shirt, green color dye, race packet, parking and after race fun.
Toddler fun run: $5 for 1K
Youth ages 0-5 can put on their lucky green and ride bikes, trikes or wagons in celebration of good health!
Volunteers Needed: https://ucanr.edu/survey/survey.cfm?surveynumber=14246

Registration opens December 15th!

2015 Summer Camp Enrollment OPEN
July 20-24, 2015
$200 Early Bird registration for 4-H members
Camp Concord,
Lake Tahoe CA
Register at:
http://ucanr.edu/sites/4hcamp

Junior Counselor Applications due by January 13th
Janurary

January 10: Dairy Goat Ultrasound & Showmanship
January 18: Horse Symposium (Proficiency test)

February

February 21: Beef Weigh In at 8:00 a.m.
February 21: Online Record Book Workshop
February 28: Presentation Day
February 22: Fuzzy Wuzzy Horse Show part 1

March

March 7: Color Me Green 5K FUN RUN!
March 14: Science Series Robotics
March 21: Science Series Robotics
March 29: Fuzzy Wuzzy Horse Show part 2

April

April 11: Home Arts Day
April 19: Round Up Horse Show (can take proficiency test)

May

May 9: Round Up
May 9: Fair Forms due
May 30: State Field Day, UC Davis

June

Fair

July

July 20-24: Summer Camp
July 23-26: Student Leadership Conference

The 4-H office recently received a stack of exciting new curriculum for projects. If any of these look interesting to you, as an adult, please contact Tracy and let’s discuss you leading a 4-H project this year! The minimum hours to complete a project is just 6 hours!

New Curriculum can be checked out from the 4-H library located in the UCCE office.

Theater Arts  Rabbit
Bicycle  Electricity
First Aid  Dog Care & Training
Health Rocks  Beef
Horse  Wind Energy
Robotics  Entomology

El dorado county 4-H
El Dorado County Presentation Day 2015

**When:** Saturday, February 28, 2015  
**Where:** Folsom Lake College-El Dorado Center, 6699 Campus Drive, Placerville  
**Judges Training:** 9 a.m.  
**Presentations & Awards:** 10 a.m.-3 p.m.  
http://ucanr.edu/sites/EDC_4-H_Program/Presentation_Day/

Public speaking has been a cornerstone of the 4-H Youth Development Program since its inception in the early 20th century. Presentation Day allows youth to gain skills and competence speaking in front of a group. It also allows youth to speak about topics they are interested in while gaining feedback from a panel of judges as well as the opportunity to advance to regional or state Presentation Day.

What is a 4-H presentation?

A presentation is a method used to communicate an idea by showing and/or telling. It can be a demonstration or a talk that uses posters and other visual aids. A 4-H Presentation helps you learn to:

- Research a subject & organize ideas in a logical order. Be a teacher and practice public speaking skills.


**Volunteer Opportunities include** (post registration form):

- Room Coordinator only (grade 6 and above) - **Must attend training at 8:00 a.m.**  
- Door Keeper only (grade 4 and above) - **Must attend training at 8:00 a.m.**  
- Adult Judge  
- Teen Judge (grade 9 and above, and have given 2 previous presentations at Presentation Day)

**Deadline: Entry form must be received at the 4-H office by 5 p.m. on Friday, February 13th.**

Hand-deliver or mail to El Dorado County 4-H Office Presentation Day, 311 Fair Lane, Placerville, CA 95667

**Questions?** E-mail Mary Jordan - EDC4HPresentationDay@gmail.com

El dorado county 4-H
Presentation Day Youth and Adult Participant Registration Form

Participating as a: (mark only one)

___ Presenter only (Participation ribbon only for Primary Members, all others will receive judge’s scores)

___ Presenter and Room Coordinator (grade 6 and above, and have presented at Presentation Day in the past) This is as needed – priority will be given to non-presenters.

___ Presenter and Door Keeper (grade 4 and above) This is as needed – priority will be given to non-presenters.

___ Room Coordinator only (grade 6 and above) MUST BE ABLE TO ATTEND TRAINING AT 8:00 a.m.

___ Door Keeper only (grade 4 and above) MUST BE ABLE TO ATTEND TRAINING AT 8:00 a.m.

___ Teen Judge (grade 9 and above, and have given 2 previous presentations at Presentation Day)

___ Adult Judge

Be sure to credit yourself appropriately in your record book!

Name: ________________________________ if youth, Age as of 1/1/2015: _______

Years in 4-H: _______ 4-H Community Club name: ________________________________

Phone: ______________ E-mail address: ________________________________

If you are making a presentation:

Presentations should conform to the State 4-H Presentation Manual Version 3 (2005), available online at: http://4h.ucanr.edu/files/2193.pdf

Type of Presentation: ________________________________

(Fully described on pages 14 – 22 of the manual. Choose from: Demonstration/Illustrated Talk; Scientific Demonstration/Illustrated Talk; Educational Display; Prepared Speech; Impromptu Speech; Interpretive Reading; Share the Fun; Cultural Arts; Audio-visual Presentation; Problem Solving Presentation)

Name of Presentation: ________________________________

Will live animals be used? ____ How many and what type?________

How many presenters for this presentation? _________

Complete one registration form for EACH presenter.

Deadline: Must be received at the 4-H office by 5 p.m. on Friday, February 13th.

Hand deliver or mail to El Dorado County 4-H Office Presentation Day 311 Fair Lane, Placerville, CA 95667

Questions? E-mail Mary Jordan- EDC4HPresentationDay@gmail.com
4-H Youth in Action (YIA) Award Deadline: January 12th. Win a $10,000 scholarship!

YSA - Sodexo Foundation Youth Grants Deadline: January 15th

Captain Planet Foundation Grants Deadline: January 31st

2015 Clean Tech Competition Deadline: February 20th. Paper Submission Deadline: March 6 1st Place: $10,000 Finalists: $1,000 for school or organization

VolunTEEN Nation International Service Project Grants Deadline: Deadline is Rolling

Check out more grant & award opportunities on the Youth Services America website: http://www.ysa.org

American High School Students to Study Abroad: Kennedy-Lugar Youth Exchange and Study Abroad (YES Abroad) - Deadline: February 1, 2015

USDA/1890 National Scholars Program
2015 Program Scholarship Applications are available and can be downloaded at: http://www.outreach.usda.gov/education/1890/index.htm

4-H & Record Books

4-H record keeping is a teaching tool and learning experience, primarily designed to help a member:

- Develop record-keeping skills.
- Learn how to use records.
- Develop the habit of recording things when they happen.
- Measure their accomplishments.
- Establish new goals based on previous experience.
- Develop a desire to improve.
- Learn time, energy, and money management.

For more on Record books go to: http://ucanr.edu/sites/EDC_4-H_Program/Record_Books/

- **Training opportunity- On-line Record Book?** The café is designed as a 3-hour workshop that combines presentation, hands-on practice and group discussion. Participants will need to bring a laptop or tablet with them. Flyer at: http://ucanr.edu/sites/AC4H/files/202714.pdf

To sign up go to: http://ucanr.edu/survey/survey.cfm?surveynumber=14309

**WHEN: SATURDAY, FEBRUARY 21, 2015**

**WHERE: 12200-B Airport Rd., Jackson, CA  TIME: 1:00 PM – 4:00 PM**
4-H Youth Development Program
Growing Youth
Who Thrive!

Science Engineering & Technology Series

• Lego NXT Mindstorms, Junk Drawer Robotics
• Cost $20 non-4-H members
• FREE for current 4-H members
• Open to youth ages 9-13
• Space is limited, reserve your spot now!

When
Saturday, March 14 & March 21, 2015
10:00 a.m.– 1:00 p.m.

Where
UCCE County 4-H Office
311 Fair Lane Placerville, CA  95667

Must RSVP to attend call: (530) 621-5507 or Email Tracy at tbcelio@ucanr.edu

http://ucanr.edu/sites/EDC_4-H_Program/
New Member Page

The 4-H Club

All 4-H members choose a Community Club whose meetings and events they will attend. There are 13 clubs in El Dorado County to choose from.

Meetings are held monthly and are run by youth with the help of one or more adult Community Club Leaders. Each Community Club has elected youth officers and puts on varying events for its members.

To be eligible for fair a member must attend 80% of their Community Club meetings. Members who attend every club meeting during the year receive a 100% Attendance pin.

Community Club Meetings are an important source of information about the 4-H program, events, and project meeting dates.

The 4-H Project

Each Community Club offers various projects that its members may participate in. These can range from arts and crafts to swine to zoology. All that is needed to have a project is a willing volunteer leader and three or more youth members.

• Projects must have a minimum of six hours of project meetings and instruction. Projects meet on a regular basis, usually once a month, but variations are possible.

• Members must attend 80% of their project meetings to be eligible to show their project at fair.

• If you are interested in a project that is not offered by your club you may join a county-wide project or you may join the project at another club with the leaders permission. Example: A member wants to participate in a foods project, and their club has a foods project, that is the project the member will participate in. If their club doesn’t have a food project, then the member may participate in a countywide or another club’s project.

The 4-H Uniform

A uniform is not required for participation in any 4-H sponsored activity, event, meeting or occasion. Although there is no uniform requirement in the 4-H program, many clubs encourage their members to continue the traditions of 4-H attire. In El Dorado County, Whites mean white pants and a white shirt with a green scarf or tie. These can be purchased at Lees Feed in Shingle Springs or from the 4-H mall

http://www.4-hmall.org/
The 4-H Hat

The 4-H hat is a source of pride for the California 4-H Youth Development Program, as we are the only state to have such a 4-H club hat. Many members use the hat to display their achievement pins and to wear during fairs. A 4-H hat is NOT required for membership in the California 4-H Program or for participation in any 4-H activity, event, or meeting.

4-H Hat Guidelines

Green Hat
Junior 4-H members, defined as a 4-H member in the eighth grade and below (or 13 years old and younger)

White Hat
Senior 4-H members, defined as a 4-H member who has graduated from the eighth grade (or 14 years old and older)

Club and project t-shirts are ordered through each club or project. Talk to your leaders about t-shirts!
Program Candid's

I pledge my... hands to larger service.

Happy Sundowners 4-H Club

Downtown Holiday Parade

I pledge my... heart to greater loyalty.

Waste Removal Crew

El dorado county 4-H
What to expect on Tuesday when you bring your large animal to the fair?

You can anticipate entry to consist of three important components;

1) Livestock will be weighed right off your vehicle as you arrive,
2) A veterinarian will inspect your animal prior to entry and finally,
3) You'll take your animal to stall/ pen and get them set up for their stay at the fair.

### Market Weights

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### Who is Who at the FAIR:

In past years there has been some confusion about who does what and who is who at the county fair. Here are some helpful facts:

- **The El Dorado County Fair** is a non-profit organization. Each year the fair prepares entry guides, secures judges and sets barn layout for the fair.
- The [Junior Livestock Committee](#) organizes and runs the auction. Sale books, mailers to potential buyers, process credit card and other payments relating to livestock auction are their responsibility as well as mailing thank you cards from the youth to buyers, gifts and dinner for buyers.
- **4-H Livestock Advisory Committee** has resource leaders for each species who assist the fair with all shows and activities during fair. Project leaders are there to assist youth.
- **4-H youth members** must have 80% club and project attendance, compete a Annual Project Report, adhere to 4-H Code of Conduct. Youth are expected to care for their animal, do barn duty and assist with décor and other fair activities.
- Other groups at livestock fair are FFA, Grange and Independent

### Bedding:

Youth are responsible for purchasing for your animal. The Junior Livestock Committee will provide only for show rings this year.
STATE FIELD DAY UPDATES
May 30, 2015, 8:00 a.m.-6:00 p.m., UC Davis Campus-Wellman Hall
Revamped State Field Day Webpage check it out: http://4h.ucanr.edu/4-H_Events/SFD/
Here you will find an interactive map along all the exciting activities you can participate and enjoy! Special Recognition and Impromptu Topics for 2015 Presentation Program are now available! Find them here: http://4h.ucanr.edu/4-H_Events/SFD/PD/

4-H ANIMAL SCIENCE SYMPOSIUM
May 27-29, 2015 The 4-H Animal Science Symposium is a professional development opportunity for 4-H staff and key volunteers on key topics and skills relating to bio-security and animal health. Central to this symposium will be a foundational training on the “Bio-Security Proficiencies for Beginning Producers,” which participants will implement back home with 4-H volunteers and junior/teen leaders. Registration will open in January 2015. See informational flyer for more details: http://4h.ucanr.edu/files/198164.pdf

STATE 4-H FASHION REVUE
Announcing State Fashion Revue 2015 categories, service projects, cover art contest and first committee meeting! The SFR committee meets October 4, 10:00 a.m. -2:00 p.m. at the San Joaquin Robert J. Cabral Agriculture Center, 2101 East Earhart Avenue, Stockton. Bring lunch and your fabulous ideas. All 4-H members are invited to participate in the SFR 2015 program cover art contest to illustrate the theme "Through the Looking Glass." Original art work is due by February 15, 2015 to http://ucanr.edu/sfrcovercontest. Participant categories returning for SFR 2015 are Traditional, Upcycled, and Consumer Science Purchased $40 limit. The two new categories are Jacket Challenge and Costume Challenge. The service projects this year are pillowcases (sewn) and hats (sewn, knitted or crocheted). Please see the SFR website for more details on joining the committee, the cover contest, the categories and service projects or the event itself at (note new address) http://4h.ucanr.edu/4-H_Events/SFD/SFR/

Spark Score Surveys are open! Survey opened Sept 15th and will closes January 31st, 2015! Ever wonder why we ask you to take surveys once or twice a year? It’s so that we can make statements like these and share with everyone the thing that 4-H does for you, and what you do for our communities! You are constantly growing and changing, and you may not answer questions the same from one point in time to the next! By doing the surveys once or twice a year, we can see how youth in 4-H are developing and changing. These surveys are our way to find out about you and how the California 4-H Youth Development Program is doing overall! Thank you to everyone who has completed their surveys so far.
A list of previous survey winners can be found here: http://4h.ucanr.edu/Research/Evaluation_Updates/
Timeline for the California 4-H Science, Engineering, and Technology (SET) Initiative

Check-Out the Timeline 2007-2014 [http://4h.ucanr.edu/files/203481.pdf](http://4h.ucanr.edu/files/203481.pdf)

New National 4-H Food Science Curriculum


*What’s on Your Plate? Exploring Food Science* is a comprehensive curriculum set with hands-on experiments. This set includes four Youth Journals and four Facilitator Guides complete with step-by-step instructions, pictures and explanations. Short online tutorial videos provide science explanations and demonstrations for doing the activities. Grades 5-12.

Apply to be a 2015-2016 State Ambassador!
The California 4-H State Ambassador Program is a working honor that provides 4-H members expanded opportunities to serve the University of California 4-H Youth Development Program. Due February 16, 2015.

State Ambassador App Reference Guidelines
State Ambassador Application Instructions and Information 2015

California Focus
June 19-23, 2015
Registration is Open!!

District Leader Applications due January 14th. For more information visit [http://4h.ucanr.edu/4-H_Events/CF/](http://4h.ucanr.edu/4-H_Events/CF/).
4-H builds self-esteem, and helps youth to realize that their opinion counts and that they can make a difference.

-4-H Volunteer

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**4-H Small Animal Science Showmanship & Field Day**

Saturday, January 10, 2015
9:00 a.m. - 2:00 p.m.
Earl Warren Showground, Santa Barbara, CA

**Entry Deadline: January 4**

See entry fee and details: [http://4h.ucanr.edu/4-H_Events/Small_Animal_Field_Day/](http://4h.ucanr.edu/4-H_Events/Small_Animal_Field_Day/)

Don’t miss out on this fun and educational event!

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**4-H Equine Field Day**

February 28, 2015
9:00 a.m. - 4:00 p.m.

Fresno State Agriculture Pavilion

Youth and Adult Tracks!
Online Registration ($10):
[http://ucanr.edu/survey/survey.cfm?surveynumber=13534](http://ucanr.edu/survey/survey.cfm?surveynumber=13534)

Walk-Ins welcome! ($15)

Don’t miss it!

More info:
[http://4h.ucanr.edu/4-H_Events/State_Horse_Field_Day/](http://4h.ucanr.edu/4-H_Events/State_Horse_Field_Day/)
The 4-H Pledge

I pledge my...

HEAD   to clearer thinking,
HEART  to greater loyalty,
HANDS  to larger service,
HEALTH to better living,

for my club,
my community,
my country and
my world.

Sign Up for E-Script & Raise funds for 4-H while you shop!

Enroll in Something Extra/extracredit:
Select El Dorado County 4-H Council as your organization of choice.
Once enrolled, follow these steps:
· Visit www.raleys.com/extracredit
· Click on the green “Get Started” button
· Select El Dorado County 4-H Council from the menu
· Designate the percentage of scrip to donate.
Let your friends, family & alumni know about this easy way to support youth!

4-H youth are 1.9 times more likely to get better grades in school.
The Hotline is published monthly (July to June) for the El Dorado County 4-H community club program.

**UCCE OFFICE LOCATION**
311 Fair Lane
Placerville CA 95667

UCCE Office: 530-621-5503
Fax: 888-764-9669

**CONTACTS**
Tracy Celio, Youth Development
El Dorado County Central Sierra MCP
tbcelio@ucanr.edu  530 621-5507

Website:  [http://centralsierra.ucanr.edu](http://centralsierra.ucanr.edu)
State 4-H  [http://www.ca4h.org](http://www.ca4h.org)
National 4-H  [http://www.4husa.org](http://www.4husa.org)

**Hotline NEWS**
Articles about 4-H or topics of general interest to families are welcome.
Deadline for next month submission is due by the 20th of each month

*It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at [http://ucanr.edu/sites/anrstaff/files/169224.pdf](http://ucanr.edu/sites/anrstaff/files/169224.pdf)). Inquiries regarding ANR’s nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action, Contact, University of California, Davis, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618-7774, (530) 750-1318.*