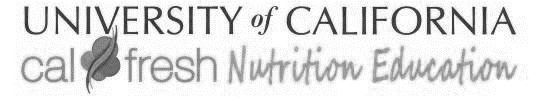
**ESBA #4 ITC—Sweet Beverages**

**OFFICE NOTE: SEE FAMILY RECORD FORM FOR DEMOGRAPHICS**



NAME TODAY’S DATE

 Yes

 No

1. During the past week, did you drink a sweet

beverage (regular soda, sports drinks, fruit punches,

teas, or other drinks sweetened with sugar)

every day?

 Same as before

 More often

1. Within the next week, how often will you drink a

sweet beverage?

**Please share with us how this workshop will help you and your family:**

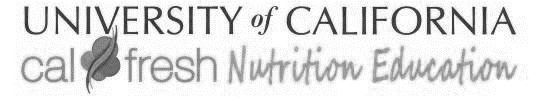
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*The University of California prohibits discrimination or harassment of any person in any of its programs or activities. (Complete nondiscrimination policy statement can be found at http://ucanr.org/sites/anrstaff/files/107734.doc)* *Inquiries regarding the University’s equal employment opportunity policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Davis, Agriculture and Natural Resources, 2801 2nd Street, Davis, CA 95618, (530) 750-1318.*Funding provided by the United States Department of Agriculture (USDA) Supplemental Nutrition Assistance Program.

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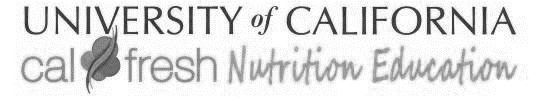
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# **ESBA #4 ITC— BEBIDAS ENDULZADAS**

**OFFICE NOTE: SEE FAMILY RECORD FORM FOR DEMOGRAPHICS**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Nombre** |  | **Fecha De Hoy** |  |  |

**** Sí

**** No

1. **Durante la semana pasada, escogió usted una cantidad de**

**más pequeña de alimentos o bebidas al menos 1 (una) vez?**

**** Lo mismo que antes

**** Menos que antes

1. **¿En la próxima semana, con qué frecuencia escogerá**

**usted una cantidad más pequeña de alimentos o bebidas?**

Por favor comparta con nosotros como esta clase le ayudará a usted y su familia:

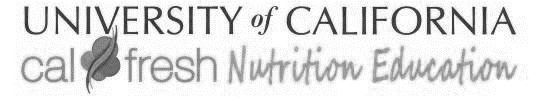
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La política de la Universidad se propone concordar con las disposiciones de las leyes estatales y federales procedentes. Las preguntas sobre las políticas de igualdad de oportunidades de empleo de UC ANR pueden dirigirse a: Linda Marie Manton, Affirmative Action Contact and Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1318. Correo electrónico: Email: lmmanton@ucanr.edu. Website: http://ucanr.edu/sites/anrstaff/Diversity/Affirmative\_Action/. Este material fue financiado por el Programa de Asistencia de Nutrición Suplementaria del USDA-SNAP. El USDA es un proveedor y empleador de igualdad de oportunidades.

# **ESBA #4 ITC— BEBIDAS ENDULZADAS**

**OFFICE NOTE: SEE FAMILY RECORD FORM FOR DEMOGRAPHICS**



|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Nombre** |  | **Fecha De Hoy** |  |  |

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