**ESBA #4 ITC—Sweet Beverages**

**OFFICE NOTE: SEE FAMILY RECORD FORM FOR DEMOGRAPHICS**



 NAME TODAY’S DATE

 Yes

 No

1. During the past week, did you drink a sweet

beverage (regular soda, sports drinks, fruit punches,

teas, or other drinks sweetened with sugar)

every day?

 Same as before

 More often

1. Within the next week, how often will you drink a

sweet beverage?

**Please share with us how this workshop will help you and your family:**

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# **ESBA #4 ITC— BEBIDAS ENDULZADAS**

**OFFICE NOTE: SEE FAMILY RECORD FORM FOR DEMOGRAPHICS**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Nombre** |  | **Fecha De Hoy** |  |  |

**** Sí

**** No

1. **Durante la semana pasada, escogió usted una cantidad de**

**más pequeña de alimentos o bebidas al menos 1 (una) vez?**

**** Lo mismo que antes

**** Menos que antes

1. **¿En la próxima semana, con qué frecuencia escogerá**

**usted una cantidad más pequeña de alimentos o bebidas?**

Por favor comparta con nosotros como esta clase le ayudará a usted y su familia:

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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La política de la Universidad se propone concordar con las disposiciones de las leyes estatales y federales procedentes. Las preguntas sobre las políticas de igualdad de oportunidades de empleo de UC ANR pueden dirigirse a: Linda Marie Manton, Affirmative Action Contact and Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1318. Correo electrónico: Email: lmmanton@ucanr.edu. Website: http://ucanr.edu/sites/anrstaff/Diversity/Affirmative\_Action/. Este material fue financiado por el Programa de Asistencia de Nutrición Suplementaria del USDA-SNAP. El USDA es un proveedor y empleador de igualdad de oportunidades.

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