## 4-H CAMP RULES 2023



- 1. 4-H Summer Camp can be fun, exciting and adventurous. Let us all do our best to make sure we arrive and leave happy and healthy!
- 2. Be considerate and respectful of camp. Practice the "leave no trace" policy. Take only memories and pictures and leave only footprints.
- 3. The 4-H Code of Conduct will be in effect at all times.
- 4. Be considerate and respectful of each other and ourselves. Let us all speak to and of one another with kind words. If you choose to use offensive, discriminatory, or other unkind language you will be considered for camp dismissal.
- 5. Practice safety! Bring sharp and curious minds but leave behind sharp and dangerous objects (e.g., knives or fireworks).
- 6. Leave all electronics at home (radios, game boys, iPods, cell phones)! 4-H Summer Camp is time to enjoy the outdoors and your fellow campers! If you choose to bring electronics, the items will be kept by Camp Staff and returned when you leave. Camp staff will have cell phones.
- 7. Upon arrival at camp, any concerns regarding medicine, allergies and/or health issues must be discussed with the nurse and camp director.
- 8. If you are visiting the camp nurse you must use the sign-in sheet for every visit regardless of reason.
- 9. Vapes, alcohol, tobacco, illegal drugs, drug paraphernalia or other such items will NOT be tolerated. Anyone bringing such items to camp will be dismissed immediately. The parents and/or emergency contacts must be available to pick up the camper.
- 10. Sunscreen/body lotions are to be used only for intended purposes. Vandalism or misuse could be grounds for disciplinary action.
- 11. Only camp food is allowed at camp. Leave other food at home unless for dietary reasons approved by staff. All food is to be kept in the kitchen. For safety reasons, no food is allowed in cabins.
- 12. Campers may only go into the kitchen with the permission of the camp director or camp cook. The kitchen is closed if there are no adults in the kitchen. No food is to leave the kitchen without prior permission.
- 13. Do not feed wildlife! We will not leave food for animals at any time while at camp.
- 14. Respect the camp schedule and always stay with the group or program assigned. If you are unsure where you are supposed to be, check with your counselor or an adult leader. DO NOT wander off alone!
- 15. Campers will remain in their assigned cabin during the sleep period (10pm–7am). If a camper needs to use the restroom or see the camp nurse/camp director, an adult chaperone or teen counselor must accompany the camper.
- 16. If a camper is to be sent home due to behavior, the parents and/or emergency contacts must be available.
- 17. You may only leave camp with consent of your parent/guardian AND camp director.
- 18. Let's leave camp cleaner than we found it. Cleaning your cabin and assigned area on the last day of camp is expected; please give your best at 100% effort.

I have read and agree to follow the 4-H Camp Rules. I understand that appropriate action will be taken if I fail to comply. I understand that if rules are broken, my parents/legal guardians can be called IMMEDIATELY to take me home.