

## TYPES OF BOOKS FOR INFANTS



**BOARD BOOKS:**  
These books are made of heavy, sturdy, laminated cardboard. They are easy for babies to manipulate in their small hands. The pictures are

typically simple, and clear. The books are usually brightly designed with simple, short stories.

### **CLOTH BOOKS:**

The pages of these books are made of heavy duty cloth. They are also easy to clean since they can be thrown in the washing machine.



### **SOFT PLASTIC BOOKS:**

These books are great for the bathtub! They are durable and easy to clean. Be aware that if the pages get torn, the edges may be sharp.

FOR MORE INFORMATION  
PLEASE CONTACT:



**Ready to Succeed**

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## READING WITH INFANTS



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## WHY READ TO YOUR BABY?

Research indicates when a baby or child experiences new things, new brain cell connections

grow and develop.

Every time you read a story, nursery rhyme, or sing a lullaby, thousands

of connections in your baby's brain are formed or strengthened. Fostering a love of reading will help your baby's healthy development. It is important to remember is that it is never too early to begin reading to your baby!

Here are some other great reasons to read to your baby:

- ◆ Your baby associates your voice with warmth, comfort and security.
- ◆ Reading has a calming effect when your baby is restless.
- ◆ Your baby is entertained by stories, nursery rhymes, and songs.



- ◆ Holding your baby while reading to her creates a close, loving bond between the two of you.
- ◆ Your baby makes an association between reading and being held.
- ◆ The pleasure of being held transfers to the desire to be read to.
- ◆ Your baby will learn to listen and will grow up ready to read.
- ◆ Your baby will begin imitating sounds and words.
- ◆ Your baby must *hear* language in order to learn to *speak* the language.
- ◆ It's fun reading to your baby and spending quality time together!

## SELECTING BOOKS FOR INFANTS

When selecting books to read to your baby, keep the following tips in mind:

Illustrations should be large, colorful, bold, and simple. The pictures should show contrast between light and dark.

Stories you read should be short.

Include all types of books when reading to your baby, such as:

- ◆ books with rhyme, rhythm, and repetition
- ◆ books with pictures of other babies
- ◆ informational books
- ◆ books with textures
- ◆ touch and feel books
- ◆ nursery rhymes
- ◆ folk tales and fairy tales
- ◆ sound books
- ◆ poetry books
- ◆ concept books
- ◆ books with pictures depicting items and events in a baby's world
- ◆ books babies can easily manipulate, such as heavy cardboard or cloth
- ◆ books that are different sizes and shapes
- ◆ books that encourage your baby's interaction
- ◆ look for books that are interesting to you too!

