



Checklist of Items to Bring to FIT—Camp McCumber

Use this list to check off important items to bring to FIT.

Camp McCumber is about 10 miles west of Lassen Volcanic National Park on State Highway 44 at 4,000 foot elevation in the middle of the Sierra Nevada Mixed Conifer forest type. The Camp is nestled among large ponderosa pine and Douglas-fir trees, along with California black oak, incense cedar, and white fir. Mid-July weather at Camp McCumber can be hot during the day (38°C or 100°F) but cool at night (12°C or 55°F). The annual precipitation is about 40 inches, part of which falls as snow. There is rarely any rain in July.

The Camp has 14 cabins, each of which will accommodate 4 people, a dining hall and kitchen, hot showers, basketball and volleyball courts, and large grassy ball field. There are extensive dirt roads and trails in and around the camp for walking and mountain biking. Lake McCumber is formed behind a dam on the North Fork of Battle Creek, and provides habitat for waterfowl and recreation opportunities for FIT participants.

If your family needs to contact you in an emergency, the camp numbers are 530-474-4896 or 530-474-1614. Please use these numbers just for emergencies. **Cell phone coverage is spotty, and Verizon seems to work.**

- An extra suitcase, duffle bag for all of the stuff you will receive.
- Strongly recommended: hat, insect repellent, sunscreen, chapstick, shower cap, shower shoes.
- Flashlight—important!!**
- There is no Internet connectivity.**
- Sleeping bag or warm bedroll, pillow, and twin sheet (fitted), if you do not want to put your sleeping bag on a bare mattress
- Towels, washcloth, toothbrush, toothpaste, shampoo, soap, sun screen, lotion (there is at least one electrical outlet in each cabin)
- Optional: power strip/extension cord (some cabins only have one electrical outlet)
- Heavy coat or jacket—it can get cold at night and a raincoat or poncho
- Tennis shoes or other sturdy, close-toed shoe for field trips and hikes (boots are optional, the walking will not be that strenuous).
- Sweater or sweatshirt, pants, shorts, sleepwear, sweatpants and swim suit—there is a lake.
- Gloves (if you are really cold-blooded. It did sleet on the 1996 field trip.)
- Daypack, fanny-pack, tote bag
- Water bottle and coffee mug, if you are a coffee drinker and want to conserve paper cups
- Camera, video camera. We are isolated.
- Portable computer (Past FIT participants suggested this for development of the curriculum units. Individual rooms are not secure, but the facility is isolated and items are safe when locked in your car—we have never experienced theft or property loss.)
- Science Matrix or District required materials for use in curriculum unit development
- Lawn chair (for sun bathers and those who cannot sit on the ground for up to an hour during presentations. We will have 2" foam stadium seat cushions.)
- Musical instruments (campfire entertainment)
- Binoculars (advised for bird watchers)
- Alarm clock
- Pad of paper (some will be provided but you may want to bring a favorite for notes, etc.)
- Optional: water shoes (for stream investigation activities)