**Worksheet for Increasing Inclusion & Affirmation within Educational Environments**

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Notes on Defining the Work

Notes on Meaningful Engagement

Notes on the Socio-Ecological Model

Self-Reflection: Beginning within: Individual Capacity

Self-Reflection: Beginning within: Organizational Capacity

**My Action Steps:**

1. To improve my knowledge and skills, I will \_\_\_\_\_\_\_\_\_\_\_\_\_ by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. To expand my professional and social networks, I will \_\_\_\_\_\_\_\_\_\_\_\_\_\_ by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. To increase affirming environments and ethos where I work, I will \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by \_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. To support positive cultural values and norms, I will \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by \_\_\_\_\_\_\_\_\_\_\_\_\_
5. To support improved public policy, I will \_\_\_\_\_\_\_\_\_\_\_\_\_\_ by \_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Areas of Greatest Impact**

1. I will support policy improvements by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. I will support system improvements by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. I will support environmental improvements by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_