

University of California Cooperative Extension, San Luis Obispo and Santa Barbara Counties

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FOR IMMEDIATE RELEASE

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SAN LUIS OBISPO COUNTY JOINS FARMERS MARKETS ACROSS THE COUNTRY IN CELEBRATING NATIONAL FARMERS MARKET WEEK 2022

Visit a local farmers market for healthy recipe ideas, family activities and learn more about using CalFresh EBT benefits to purchase fresh, local produce!

On August 9, 2022, the San Luis Obispo County Board of Supervisors will hear a resolution proclaiming August 7th -13th as San Luis Obispo County Farmers Market Week. The resolution acknowledges the role that farmers markets play in the economic, social, environmental, and physical health of our local community. In addition, the proclamation calls out the efforts of many of our local farmers markets to make markets accessible to people on limited incomes by accepting CalFresh/EBT as payment and providing additional nutrition incentives through the Market Match program.

National Farmers Market Week is an annual celebration of farmers markets coordinated by the Farmers Market Coalition, a membership-based 503(c)3 nonprofit organization that supports farmers markets nationwide through training, technical assistance, and network-building. This year, the campaign is centered around the essential role that farmers market operators play in our local food systems and in developing resilience in communities as hubs for local economies and connection.

The following farmers' markets across SLO and northern SB counties all accept CalFresh/EBT and will be celebrating National Farmers Market Week with fun activities and seasonal recipes:

Monday: Baywood on Santa Maria Ave from 2-4:30pm Tuesday: Paso Robles 11th & Spring St 9:30-12pm

Wednesday: Atascadero Sunken Gardens from 3-6 pm; Arroyo Grande Smart & Final 8:30-11am Thursday: Morro Bay Spencer's Market Parking Lot from 2-4:30pm; SLO Downtown 6pm-9pm

Friday: Cambria 1000 Main St 2:30-5:30pm

Saturday: Templeton 6th & Crocker from 9am-12:30pm; Paso Robles 11th & Spring 9am-1pm

Sunday: Lompoc 13745 Constellation Rd, Vandenberg Village from 10am-2pm

"Farmers markets are abundant sources of food, connection and resilience in our communities across the country, but they don't just happen on their own." said Ben Feldman, Farmers Market Coalition Executive Director. "Behind the scenes of every successful farmers market is a dedicated person or team working to make the market thrive. These farmers market operators are experts who need community and financial support to run their markets and resources specifically designed for their needs. Throughout National Farmers Market Week 2022, we will be highlighting the vital work of farmers market operators across the nation. Join us!"

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