## **On FProduce Safety:** Certifications and Regulations

Presented by: Amrita Mukherjee Title: Small Farm Advisor Date: 03/25/2023

## **Introduction to Produce Safety**



## Key points of the FSMA Produce Safety Rule and an overview of USDA GAPs

Photo Credit: Produce Safety Alliance

## Overview

- Importance of food safety
- Produce safety regulations/certifications
- On-farm produce safety basics
- Water testing
- Upcoming trainings, resources





## Why food safety?

- Provide products as safe as possible
- Protect markets reduce liability
- Assure customers that product quality and safety, and their health, is important to you
  - impresses customers
- Meet regulations



Photo Credit: Produce Safety Alliance



#### Food safety can improve quality, shelf life

- Many safety practices also help quality
  - Temperature control
  - Sanitation
- More pounds of product to sell
  - Reduce product water loss
- Prevents early spoilage and bad appearance- extends shelf life
  - Lost sales and profits





Photo Credit: Produce Safety Alliance

## Foodborne Illness (FBI)

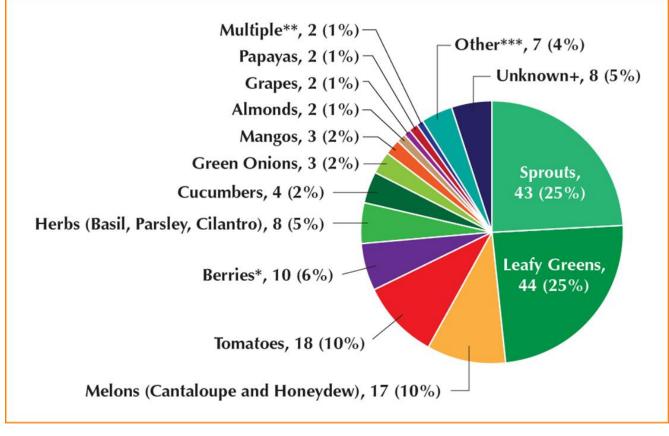
- Each year, CDC estimates 1 in 6 people get sick from foodborne illness in US
  - ~48 million get sick; ~128,000 hospitalized
  - ~3,000 deaths
  - Highly under-reported \*\*
    - Does occur in small scale ag
- Outbreaks continue to occur
- Affects markets; reduces consumer confidence
- Populations most vulnerable to foodborne illness are the young, old, pregnant, and the sick

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## Foodborne Illness (FBI)

FDA Outbreaks Linked to Produce Contamination Likely Prior to Retail: 1996-2014



Graphic Credit: Produce Safety Alliance



## **Produce Safety:** Certifications and Regulations

#### What are GAPs and being GAP Certified?

- Good Agricultural Practices
  - Good practices for raising produce safely
- GAPs <u>certification</u>
  - NOT regulatory requirement; market driven
  - Required by certain produce buyers, banks
  - Administered by USDA or 3<sup>rd</sup> party



## Five Main Parts of FDA Food Safety Modernization Act (FSMA)

- **1.** Produce Safety Rule Final rules: Nov 13, 2015
- 2. Preventive Controls for Human Food Final rule published Sept 10, 2015
- 3. Preventive Controls for Animal Food- *Sept 2015*
- 4. Foreign Supplier Verification Program
- 5. Accredited Third Party Certification



## FDA Food Safety Modernization Act

#### Produce Safety Rule

- Final rule released in November 2015
- Focus on growing, harvesting, packing, holding produce
- First ever government <u>regulation</u> for the production, harvest, and handling of fruits and vegetables
- Similar requirements to USDA GAPs (buyer requirement)



## FSMA Produce Safety Rule

## Who is covered?

- Sell < \$25,000/ year in produce sales (on average over previous 3 years) EXEMPT</li>
- Produce is rarely consumed raw (pumpkin)
  EXEMPT
- Produce that will be commercially processed before consumption (tomatoes sold to a canner) EXEMPT
- On average (over past 3 years), have
  - <\$500,000 annual food sales AND</p>
  - Majority of food sold directly to "qualified end user"

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- EXEMPT, but have some record-keeping requirements
- Everyone else covered; NO exemption if linked to foodborne disease outbreak UNIVERSITY OF CALIFORNIA

## **Produce Safety Rule Compliance**

Business Size	Compliance date
All other businesses (>\$500K)	Jan 26, 2018
Small businesses (>\$250K-500K)	Jan 26, 2019
Very small businesses (>\$25K-250K)	Jan 26, 2020

\*Compliance dates for certain aspects of the agricultural water requirements allow an additional two-four years beyond each of these compliance dates.

\*Note that routine inspections will begin one year after compliance dates

Credit: Produce Safety Alliance

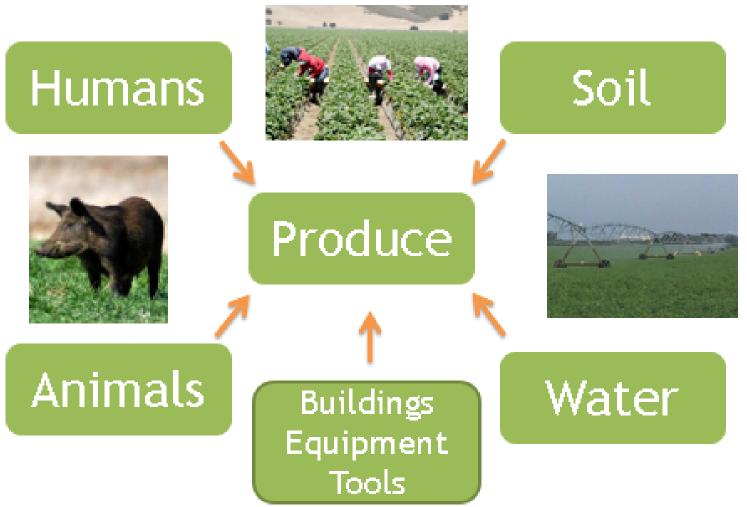


## Produce Safety Rule

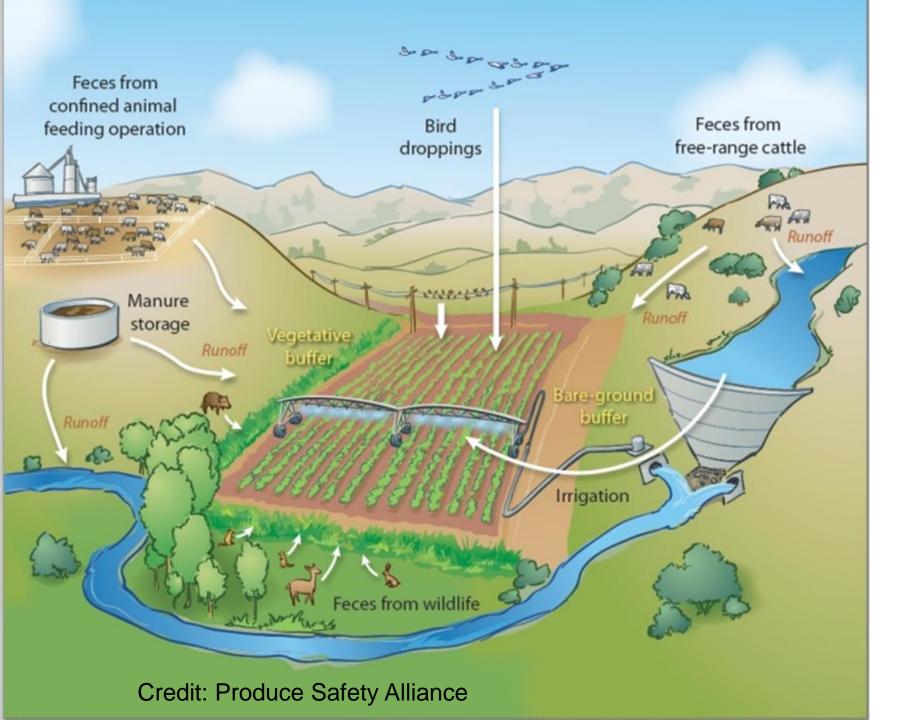
- Similar to GAPs Good Agricultural Practices
  - Agricultural water (irrigation, wash)
  - Biological soil amendments (manure)
  - Domesticated and wild animals
  - Worker training, health and hygiene
  - Equipment, tools, buildings, & sanitation
  - Growing, Harvesting, Packing, Holding



## The Big Picture



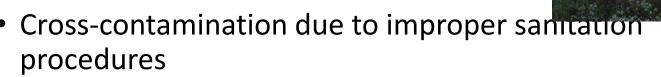
Credit: Produce Safety Alliance



## Soil Amendments

Raw manure and other soil amendments can be a source of contamination if not properly handled and applied.

- Application too close to harvest
- Improper/incomplete treatment
- Improper storage
- Runoff
- Wind spread



Cross-contamination due to improper sanitation

**Credit: Produce Safety Alliance** 



## Soil contamination

- Potential sources of contamination:
  - Includes things that have happened on that land in the past and things occurring now
  - Flooding
  - Carcasses, Dump sites
  - Septic leaks or run-off
  - Location of manure and/or compost piles

Best Practices

- Crops located away from animals, manure or compost piles (up slope if possible)
- Mediate with ditches, berms, buffer strips or hedgerows (protect from run-off)



### Soil Contamination vs. Soil Fertility?

- 120 days between raw manure application/livestock rotations and harvesting
  - Where edible portion is in contact with soil
  - Edible portion not in contact with soil (i.e. sweet corn), 90 days



## **On-Farm Composting**

- Keep compost records: temperatures & turning
- Scientifically valid treatment process
- Watch out for <u>re</u>-contamination!



## **Compost and GAPs Certification**

#### **Must use a scientifically valid process:** Either...

Compost on your farm (see sheet for composting standards and records required for GAPs Certification)

Or...

For purchased compost, request a letter from the seller indicating their composting standards.



## Agricultural Water

Where do you use water in your produce operation?

How can you reduce potential contamination from water in your produce operation?



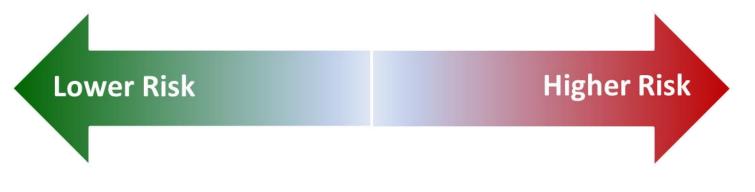
## Agricultural Water

Water can carry and spread human pathogens, contaminating entire fields or large amounts of produce.

- Production water
  - Irrigation, crop sprays, frost protection
- Postharvest water
  - Fluming, cooling, washing, waxing, cleaning
- Unexpected events
  - Flooding, runoff



## Agricultural Water **Probability of Contamination**



#### **Public Water Supply**



Treated

#### **Ground Water**



#### **Surface Water**



Open to Environment

Credit: Produce Safety Alliance

## Agricultural Water

- Test all water sources
  - Using municipal water- get results from city
  - Well and surface waters- get tested
- Production water: each source must have:
  - <126 colony forming units (CFU) generic E. coli/ 100 ml water – geometric mean AND < 410 CFU statistical threshold value (FSMA)
  - Online calculators available to help calculate: <u>http://wcfs.ucdavis.edu/</u>
- Post-harvest water: potable
  - No detectable generic E.coli mL water sample



## Assess Delivery Method

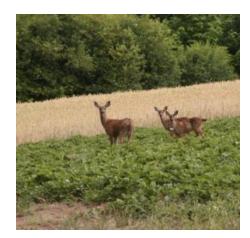
- Overhead Irrigation- ok for safety and water conservation
- Trench or furrow better
- Drip or drip under plastic- best practice



## Domesticated and Wild Animals

- Domesticated and wild animals can carry and transmit human pathogens to produce
  - Animal feeding, rooting, and movement through fields
  - Animals can contaminate water sources
  - Manure runoff
- Prevention measures, monitoring, and measures taken if intrusion or possible contamination
- Do Not harvest produce that is visibly contaminated with feces or likely to have been contaminated

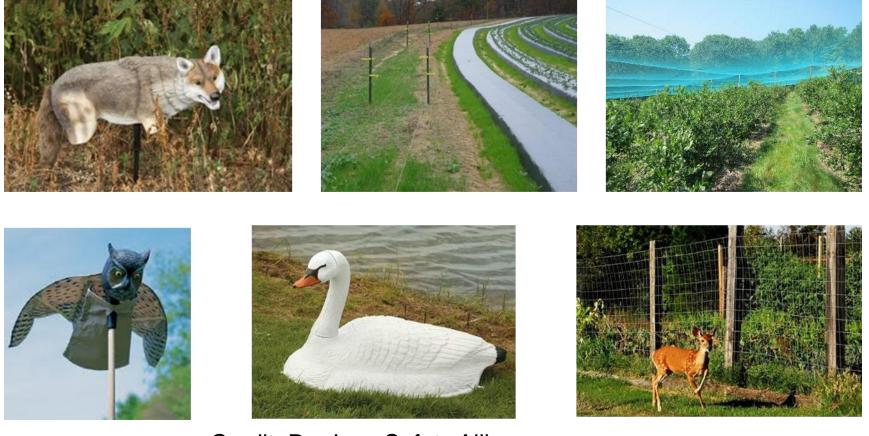




# Minimizing Animal Contamination (and Crop Damage)

#### Decoys

#### **Fencing & Netting**



Credit: Produce Safety Alliance

## Harvesting

- Pre- Plant and Pre-Harvest assessments
- Attempt to keep produce cool or cool quickly after harvest
- Keep non-root crops as clean harvest and washing



Credit: Produce Safety Alliance



## Harvest Containers and Tools





Clean and sanitize harvest tools

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Washable harvest containers

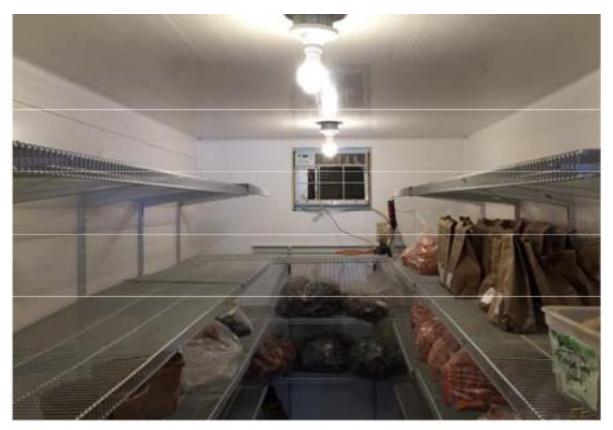
## **Example of Simple Pack-Shed**







## Smooth & cleanable surfaces



This cooler space was finished with Trusscore PVC panels resulting in a smooth, cleanable surface.

## Pack shed example

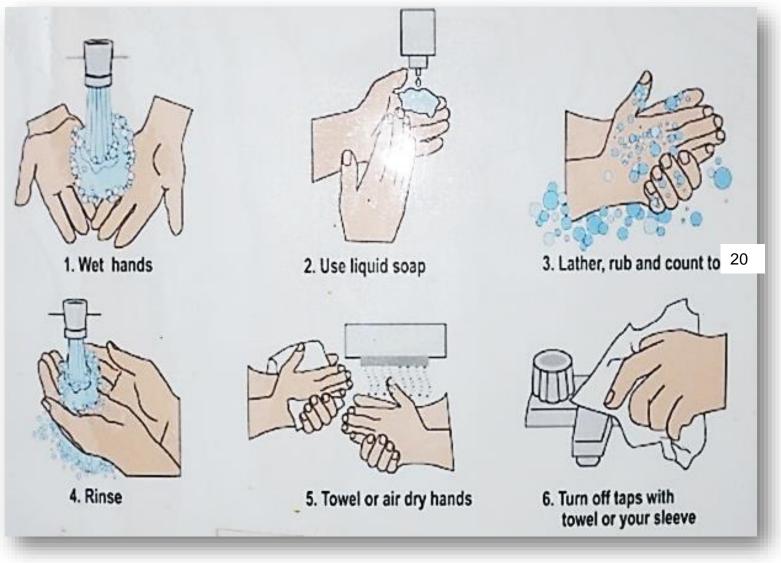








Porta potty with handwashing station nearby



#### **Post hand-washing signs**

# **Resources?** https://postharvest.ucdavis.edu/

<u>https://cals.cornell.edu/produce-safety-</u> <u>alliance/training/train-trainer-course</u>

https://cals.cornell.edu/national-goodagricultural-practices-program



# Question?

Survey Link for feedback



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