On FProduce Safety: Certifications and Regulations

Presented by: Amrita Mukherjee Title: Small Farm Advisor Date: 03/25/2023

Introduction to Produce Safety



Key points of the FSMA Produce Safety Rule and an overview of USDA GAPs

Photo Credit: Produce Safety Alliance

Overview

- Importance of food safety
- Produce safety regulations/certifications
- On-farm produce safety basics
- Water testing
- Upcoming trainings, resources





Why food safety?

- Provide products as safe as possible
- Protect markets reduce liability
- Assure customers that product quality and safety, and their health, is important to you
 - impresses customers
- Meet regulations



Photo Credit: Produce Safety Alliance



Food safety can improve quality, shelf life

- Many safety practices also help quality
 - Temperature control
 - Sanitation
- More pounds of product to sell
 - Reduce product water loss
- Prevents early spoilage and bad appearance- extends shelf life
 - Lost sales and profits





Photo Credit: Produce Safety Alliance

Foodborne Illness (FBI)

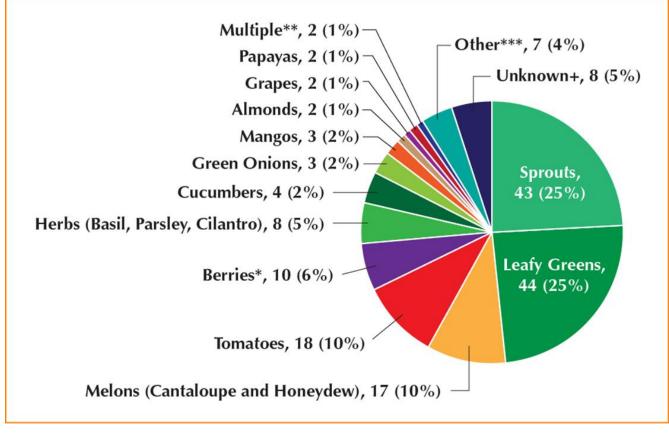
- Each year, CDC estimates 1 in 6 people get sick from foodborne illness in US
 - ~48 million get sick; ~128,000 hospitalized
 - ~3,000 deaths
 - Highly under-reported **
 - Does occur in small scale ag
- Outbreaks continue to occur
- Affects markets; reduces consumer confidence
- Populations most vulnerable to foodborne illness are the young, old, pregnant, and the sick

FRSITY OF CALIFORNIA

Agriculture and Natural Resources

Foodborne Illness (FBI)

FDA Outbreaks Linked to Produce Contamination Likely Prior to Retail: 1996-2014



Graphic Credit: Produce Safety Alliance



Produce Safety: Certifications and Regulations

What are GAPs and being GAP Certified?

- Good Agricultural Practices
 - Good practices for raising produce safely
- GAPs <u>certification</u>
 - NOT regulatory requirement; market driven
 - Required by certain produce buyers, banks
 - Administered by USDA or 3rd party



Five Main Parts of FDA Food Safety Modernization Act (FSMA)

- **1.** Produce Safety Rule Final rules: Nov 13, 2015
- 2. Preventive Controls for Human Food Final rule published Sept 10, 2015
- 3. Preventive Controls for Animal Food- *Sept 2015*
- 4. Foreign Supplier Verification Program
- 5. Accredited Third Party Certification



FDA Food Safety Modernization Act

Produce Safety Rule

- Final rule released in November 2015
- Focus on growing, harvesting, packing, holding produce
- First ever government <u>regulation</u> for the production, harvest, and handling of fruits and vegetables
- Similar requirements to USDA GAPs (buyer requirement)



FSMA Produce Safety Rule

Who is covered?

- Sell < \$25,000/ year in produce sales (on average over previous 3 years) EXEMPT
- Produce is rarely consumed raw (pumpkin)
 EXEMPT
- Produce that will be commercially processed before consumption (tomatoes sold to a canner) EXEMPT
- On average (over past 3 years), have
 - <\$500,000 annual food sales AND</p>
 - Majority of food sold directly to "qualified end user"

Agriculture and Natural Resources

- EXEMPT, but have some record-keeping requirements
- Everyone else covered; NO exemption if linked to foodborne disease outbreak UNIVERSITY OF CALIFORNIA

Produce Safety Rule Compliance

Business Size	Compliance date
All other businesses (>\$500K)	Jan 26, 2018
Small businesses (>\$250K-500K)	Jan 26, 2019
Very small businesses (>\$25K-250K)	Jan 26, 2020

*Compliance dates for certain aspects of the agricultural water requirements allow an additional two-four years beyond each of these compliance dates.

*Note that routine inspections will begin one year after compliance dates

Credit: Produce Safety Alliance

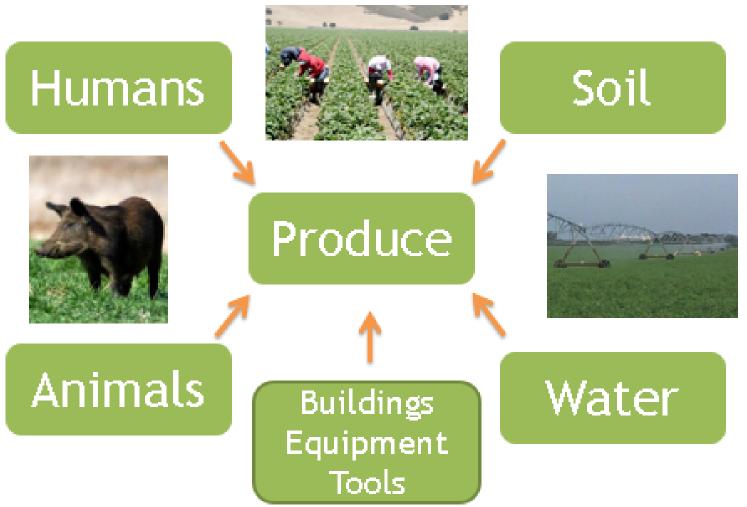


Produce Safety Rule

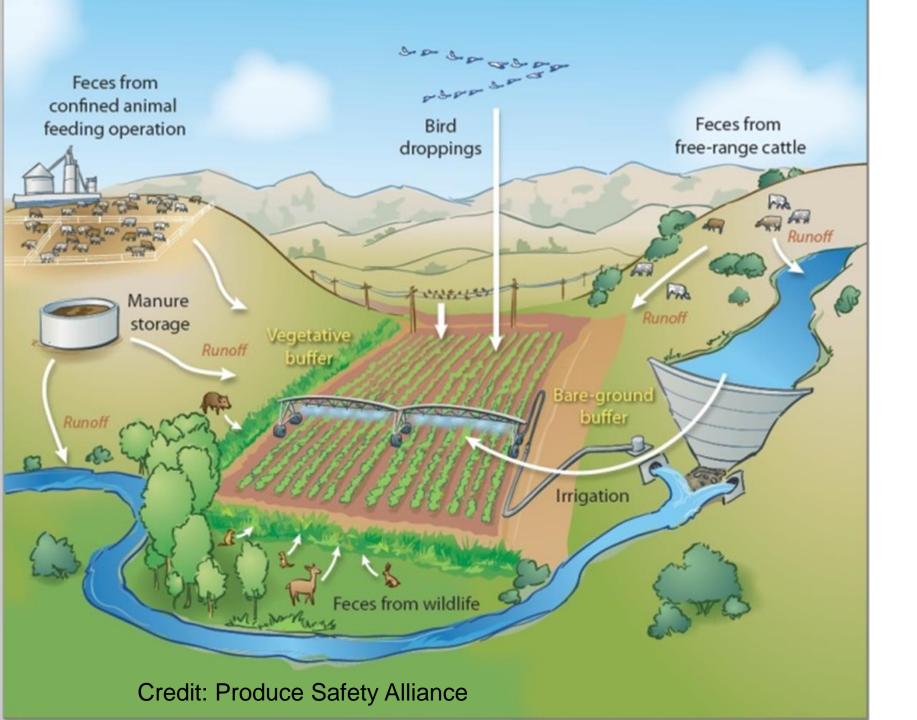
- Similar to GAPs Good Agricultural Practices
 - Agricultural water (irrigation, wash)
 - Biological soil amendments (manure)
 - Domesticated and wild animals
 - Worker training, health and hygiene
 - Equipment, tools, buildings, & sanitation
 - Growing, Harvesting, Packing, Holding



The Big Picture



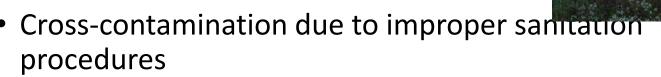
Credit: Produce Safety Alliance



Soil Amendments

Raw manure and other soil amendments can be a source of contamination if not properly handled and applied.

- Application too close to harvest
- Improper/incomplete treatment
- Improper storage
- Runoff
- Wind spread



Cross-contamination due to improper sanitation

Credit: Produce Safety Alliance



Soil contamination

- Potential sources of contamination:
 - Includes things that have happened on that land in the past and things occurring now
 - Flooding
 - Carcasses, Dump sites
 - Septic leaks or run-off
 - Location of manure and/or compost piles

Best Practices

- Crops located away from animals, manure or compost piles (up slope if possible)
- Mediate with ditches, berms, buffer strips or hedgerows (protect from run-off)



Soil Contamination vs. Soil Fertility?

- 120 days between raw manure application/livestock rotations and harvesting
 - Where edible portion is in contact with soil
 - Edible portion not in contact with soil (i.e. sweet corn), 90 days



On-Farm Composting

- Keep compost records: temperatures & turning
- Scientifically valid treatment process
- Watch out for <u>re</u>-contamination!



Compost and GAPs Certification

Must use a scientifically valid process: Either...

Compost on your farm (see sheet for composting standards and records required for GAPs Certification)

Or...

For purchased compost, request a letter from the seller indicating their composting standards.



Agricultural Water

Where do you use water in your produce operation?

How can you reduce potential contamination from water in your produce operation?



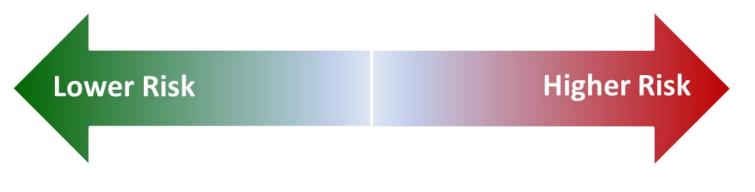
Agricultural Water

Water can carry and spread human pathogens, contaminating entire fields or large amounts of produce.

- Production water
 - Irrigation, crop sprays, frost protection
- Postharvest water
 - Fluming, cooling, washing, waxing, cleaning
- Unexpected events
 - Flooding, runoff



Agricultural Water **Probability of Contamination**



Public Water Supply



Treated

Ground Water



Surface Water



Open to Environment

Credit: Produce Safety Alliance

Agricultural Water

- Test all water sources
 - Using municipal water- get results from city
 - Well and surface waters- get tested
- Production water: each source must have:
 - <126 colony forming units (CFU) generic E. coli/ 100 ml water – geometric mean AND < 410 CFU statistical threshold value (FSMA)
 - Online calculators available to help calculate: <u>http://wcfs.ucdavis.edu/</u>
- Post-harvest water: potable
 - No detectable generic E.coli mL water sample



Assess Delivery Method

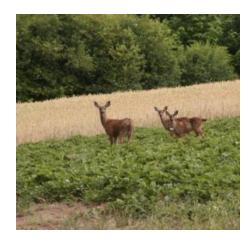
- Overhead Irrigation- ok for safety and water conservation
- Trench or furrow better
- Drip or drip under plastic- best practice



Domesticated and Wild Animals

- Domesticated and wild animals can carry and transmit human pathogens to produce
 - Animal feeding, rooting, and movement through fields
 - Animals can contaminate water sources
 - Manure runoff
- Prevention measures, monitoring, and measures taken if intrusion or possible contamination
- Do Not harvest produce that is visibly contaminated with feces or likely to have been contaminated

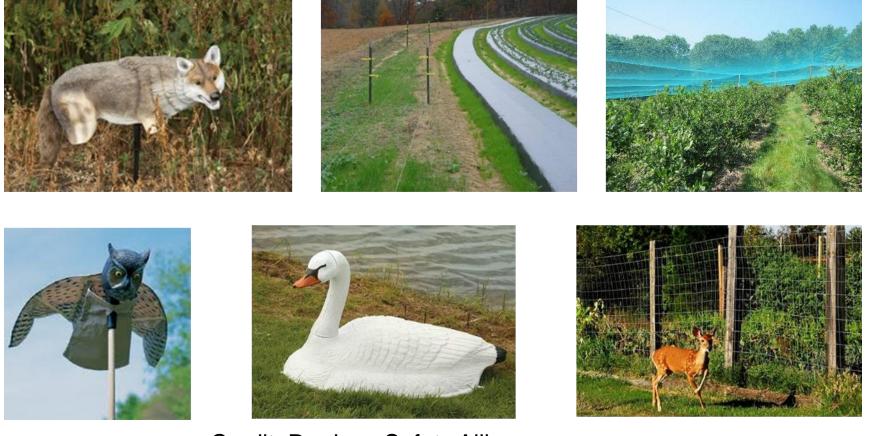




Minimizing Animal Contamination (and Crop Damage)

Decoys

Fencing & Netting



Credit: Produce Safety Alliance

Harvesting

- Pre- Plant and Pre-Harvest assessments
- Attempt to keep produce cool or cool quickly after harvest
- Keep non-root crops as clean harvest and washing



Credit: Produce Safety Alliance



Harvest Containers and Tools





Clean and sanitize harvest tools

UNIVERSITY OF CALIFORNIA Agriculture and Natural Resources

Washable harvest containers

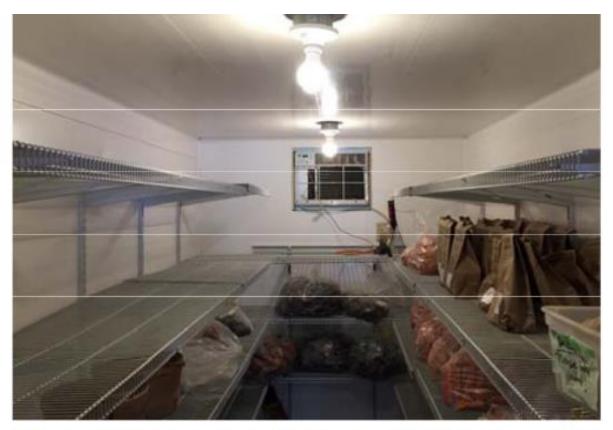
Example of Simple Pack-Shed







Smooth & cleanable surfaces



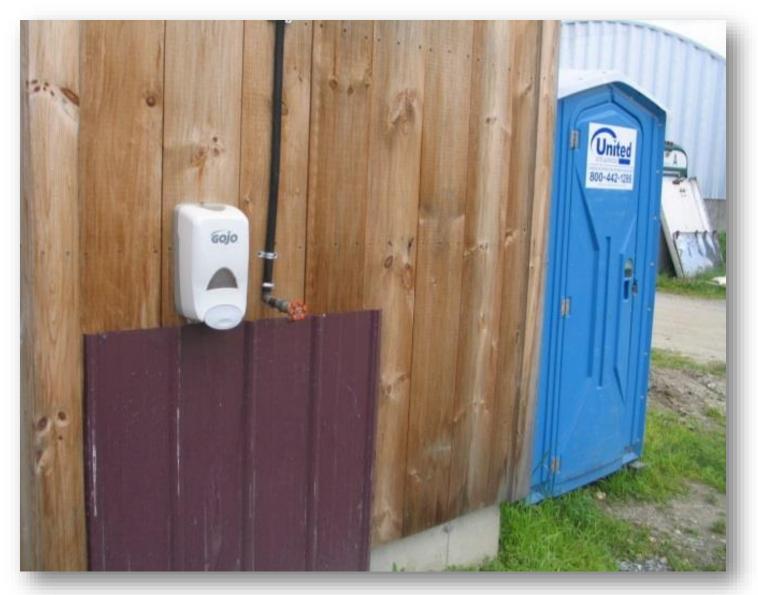
This cooler space was finished with Trusscore PVC panels resulting in a smooth, cleanable surface.

Pack shed example

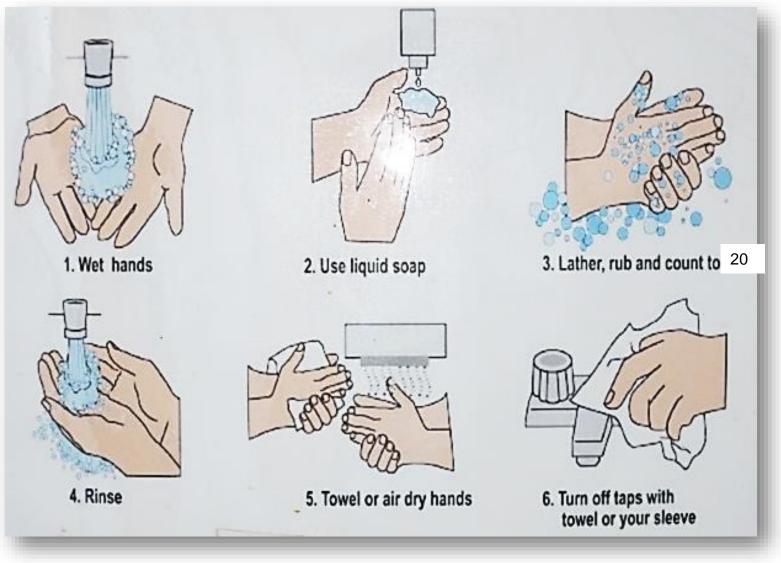








Porta potty with handwashing station nearby



Post hand-washing signs

Resources? https://postharvest.ucdavis.edu/

<u>https://cals.cornell.edu/produce-safety-</u> <u>alliance/training/train-trainer-course</u>

https://cals.cornell.edu/national-goodagricultural-practices-program



Question?

Survey Link for feedback



Contact information:

Amrita Mukherjee

Urban Ag/ Small Farm Advisor Cell-(909) 602 8339

amukherjee@ucanr.edu

