

# Youth Voice Project (grades 5-12)

## Peer Actions

| <b>Most helpful:</b>  | <b>Neutral:</b>  | <b>Least helpful:</b>   |
|---|--|---|
| <p>Spent time with me, sat with me, hung out with me</p> <p>Talked to me at school to encourage me</p> <p>Helped me get away from the situation</p> <p>Listened to me</p> <p>Gave me advice</p> <p>Called me at home to encourage me</p> <p>Helped me tell an adult</p> <p>Made a distraction</p> | <p>Asked the person to stop being mean to me in a friendly way</p> <p>Told the person to stop in a mean or angry way</p> | <p>Ignored what was going on</p> <p>Made fun of me for asking for help or for being treated badly</p> <p>Blamed me for what was happening</p> |

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## Adult Actions

| <b>Most helpful:</b>   | <b>Neutral:</b>  | <b>Least helpful:</b>   |
|--|--|---|
| <p>Listened to me</p> <p>Gave me advice</p> <p>Checked in afterwards to see if the behavior stopped</p> <p>Kept up increased adult supervision for some time</p> | <p>Talked about the behavior in class more than once</p> <p>Said they would talk with the other student(s)</p> <p>Sat down with me and the other student(s)</p> <p>Used punishments for the other student(s)</p> <p>Talked with the whole class or school about the behavior</p> <p>Brought in a speaker to talk with whole class or school about the behavior</p> | <p>Ignored what was going on</p> <p>Told me that if I acted differently this wouldn't happen to me</p> <p>Told me to solve the problem myself</p> <p>Told me to stop tattling</p> |