**COVID-19 Information for 4-H In-Person Activity**

The [University of California (UC) Ag. And Natural Resources/ 4-H,](http://safety.ucanr.edu/Programs/emergency/Current_Health_Alerts/Resuming_In-Person_Activity_622/) [Alameda County](http://www.acphd.org/2019-ncov.aspx) and [Contra Costa County](https://www.coronavirus.cchealth.org/health-orders) have moved into phase two of its reopening plan. 4-H staff have reviewed these plans and created the 4-H In-Person Activity safety plan incorporating both UC ANR and local County guidance and implementing the more restrictive of the two. Note, the 4-H plan is subject to change in compliance with future guidance(s).

If a 4-H volunteer or member is requesting to conduct/participate in 4-H In-Person meetings/programs/activities, S/He must agree to and implement the following:

***Be Educated (Required for all participants)***

* Must read and apply information in [*Awareness of Coronavirus Disease 2019*](https://ucanr.edu/sites/safety/files/326441.pdf).
* Must read and apply information in [*Mitigation Standards Summary for COVID-19, Stage 2*](https://ucanr.edu/sites/safety/files/326442.pdf)*.*
* Inform 4-H staff that you have done above by completing this [survey](https://ucanr.edu/survey/survey.cfm?surveynumber=30467).

***Practice these 7 measures (Required for all participants)***

1. Do not attend or participate in any In-Person UC ANR 4-H activities if sick (frequent cough, fever, difficulty breathing, chills, muscle pain, headache, sore throat, recent loss of taste or smell) or if you or someone you have been in contact with has been diagnosed with COVID-19.
2. No group meetings/gatherings/events with more than 10 persons – composed of 2 adults (at least one appointed adult volunteer and another adult who is at least 21 years of age) minimum and no more than 8 youth.
3. No person may be a member of more than one 4-H/Extracurricular In-Person Activity during any three-week period.
4. Wear face coverings (cloth or paper masks, cloth bandanas, etc.) at all times during the meeting.
5. Maintain six feet of distance (“social distancing”) between people whenever possible.
6. Maintain sanitary practices – frequently clean and disinfect workspaces and equipment, wash hands often, and use hand sanitizer.
7. Post [4-H COVID-19 poster](http://ucanr.edu/sites/contracosta4h/files/331610.pdf) at meeting location.

***Seek Approval***

* Complete and submit online via the [4-H Activity Approval Request](https://ucanr.co1.qualtrics.com/jfe/form/SV_5uIzw2fQ3Nqp8hL) – at least 4-6 weeks prior to the activity date. Include a [4-H Activity Roster](http://ucanr.edu/sites/contracosta4h/files/331616.pdf), if possible.
* Review and confirm you will complete the [4-H Health Screening Form](http://ucanr.edu/sites/contracosta4h/files/331620.pdf), [4-H Meeting Attendance Log](http://ucanr.edu/sites/contracosta4h/files/331623.pdf) and [4-H Activity Contact Log](http://ucanr.edu/sites/contracosta4h/files/331625.pdf) for all meetings.
* Must receive approval **prior** to In-Person activities from 4-H Staff. Any unauthorized In-Person activity will not be covered by 4-H insurance and the host(s) will be held responsible for any subsequent outcomes.