# ALAMEDA COUNTY 4-H COUNTY AMBASSADOR APPLICATION

November 2022

### TO ALL ALAMEDA COUNTY 4-H COUNTY AMBASSADOR CANDIDATES:

Do you have leadership skills which you would like to share with other 4-H members? Would you like to be of service to a broader 4-H audience? Perhaps you should consider becoming an Alameda County 4-H County Ambassador! Please review this packet and contact AlamedaCo4HIRCttee@gmail.com if you have any questions.

In order to become an Alameda County 4-H County Ambassador, the requirements are:

- Need to hold the 4-H star rank of Gold or equivalent\*
- Currently in at least your 2nd year in 4-H
- Currently 14 years old by December 31, 2022
- Ability to attend State 4-H Leadership Conference at least once during your County Ambassador term (Coming summer or the following summer)
- Applicant and legal guardian must agree to expectations
- Be prepared to serve on the team for 18 months (May of current year through October of the following calendar year).
- Complete application.

\*See Page 2 for list of alternate requirements

The attached application for the 2023-2024 County Ambassador Team is due online by April 2, 2023 (10:00 PM). This informational packet is for your own use in compiling your application and learning about the program.

Online survey: <a href="https://ucanr.edu/survey/survey.cfm?surveynumber=28907">https://ucanr.edu/survey/survey.cfm?surveynumber=28907</a>

### THE ALAMEDA COUNTY 4-H COUNTY AMBASSADOR APPLICATION COMPONENTS:

The 5 items below constitute your County Ambassador Application and must be submitted online by
10:00 PM on April 2, 2023. Late or incomplete applications are not accepted.
☐ Three sources for your letters of recommendation
<ul> <li>4-H Adult Volunteer not related to candidate.</li> </ul>
<ul> <li>an unrelated adult from outside of 4-H Program (examples: coach, teacher, pastor).</li> </ul>
<ul> <li>a peer of the applicant 18 years old or younger.</li> </ul>
<ul> <li>Applicants and their parents may not serve as a reference for another Ambassador</li> </ul>
applicant.
Submit the names and email contact information of your references with your application
Please give each of these references the following survey link to fill out:
http://ucanr.edu/survey/survey.cfm?surveynumber=29328
☐ Essay Questions: Please complete at least a paragraph long answer for each question.
<ul> <li>1. What are you going to bring to the County Ambassador program?</li> </ul>
<ul> <li>2. What do you expect the County Ambassador program to do for you?</li> </ul>
☐ Autobiographical (or My 4-H) Story
<ul> <li>Story should highlight your growth, passions and character development within your 4-H</li> </ul>
life as well as your growth in your general community.
<ul> <li>This should be approximately 1,000 to 1,500 words in length and double-spaced.</li> </ul>
☐ Gold Star Rank Page OR Alternate Documentation (see alternate documentation required
below)
<ul> <li>All documents must be recently reviewed, approved, signed, and dated by Club</li> </ul>
Leader
☐ Resume
Gold Star Alternate Documentation

### Go

- 1. Mastery of a project as demonstrated by at least 6 hours of instruction, documented by a statement of skills.
- 2. 40 hours of significant leadership roles, either inside or outside of 4-H, with at least 10 hours of leadership contributed to 4-H.
- 3. 30 hours of citizenship and/or community service, either inside or outside of 4-H, with at least 6 hours through 4-H.
- 4. 10 public speaking engagements, at least 2 of which must have been given at a 4-H event.
- 5. Demonstrate involvement in 4-H as evidenced by a list of activities that are a combination of 15 of the following: project skill activities, 4-H events attended, and honors/recognition. Definitions for these three categories are found in the Record Book Manual under the section describing the Personal Development Report (PDR). Completing a PDR is not an application requirement for 4-H County Ambassador.

The above may be documented on the County Ambassador Gold Star Equivalency Documentation **Template** 

### ALAMEDA COUNTY 4-H COUNTY AMBASSADOR APPLICATION TIMELINE

### Phase 1 – Application process

All candidates applying for the County Ambassador will submit the following by Sunday, April 2, 2023, 10pm:

- ➤ County Ambassador online application form with attachments
  - Essay questions
  - Member 4-H autobiographical story
  - Resume
  - Signed/dated Star Rank page of current PDR OR <u>Gold Star</u>

**Equivalency Documentation** 

Three names, with contact info, of the individuals that will concurrently submit Letters of Recommendation for you

### Phase 2 – Interview Process (mid-April)

All candidates completing Phase 1 of the application process will be invited to a group session to include an individual interview:

- Group activity resulting in a collaborative presentation
- Individual interview with three evaluators
- Wrap-up session with information on the remainder of the process

At the end of Phase 2, applicants with sufficient points to successfully complete the process will be invites to Phase 3. Applicants with insufficient points will be notified that they are unable to continue the application process.

### Phase 3- County Ambassador Speech

If the candidate is selected to proceed for the final selection process he/she will be notified of acceptance to this next phase. Prepare a speech to be presented at 4-H Leader Council on April 25, 2023 at 7pm. The topic of the speech must be on one of the following topics:

- > Leadership
- Youth/Adult Partnerships
- Service Learning Projects

The speech should be under ten minutes. Remember to keep it positive.

You are encouraged to research and use the elements of public speaking to your advantage. Notecards are allowed and practice is very important to your delivery. The evaluators will be using criteria similar to those found in the Presentation Day Manual. It is not recommended that you read your speech. The use of visual aids is allowed and, although not mandatory, they can be effective for some people.

### THE ALAMEDA COUNTY 4-H AMBASSADOR PROGRAM EXPECTATIONS:

County 4-H Ambassador is the highest of the County 4-H Program. County Ambassador is a "working award". It provides the County Ambassador Team an opportunity to focus attention on leadership roles. The following are expectations from the team

- > Participation in informational outreach within and outside of the 4-H community
- > Active within the Alameda County 4-H Program
- > Develop educational programs for county and multi-county delivery
- ➤ Participate in opportunities for social interaction and team building in any or all levels of the 4-H community
- ➤ 18 month commitment (May of the current year through October of the following calendar year)
- ➤ Develop a County Ambassador Team "Action Plan", with selected team advisors, for the 4-H program year of leadership consistent with program expectations. The Action Plan will then be submitted to 4-H Leader Council in August or September

# Leadership Menu

Ambassador roles are presented through a variety of different activities and events. The following list is an overview of the possible opportunities an Ambassador can choose from but are not limited to. Year-round opportunities: Leaders' Council Officer, 4-H outreach

Highlighted activities are expected. Other activities are optional but strongly encouraged!

Month	Event	Role Opportunity
June or July	County Fair	4-H Promo Booth Outreach
July or August	State 4-H Leadership	Promote and attend Conference
	Conference	
September	Club Officer Installation	Host Installation Ceremony
October or November	County Achievement Ceremony	Plan and host ceremony
November to January	County Ambassador	- Update application
	Recruitment	- Contact prospective applicants
		- Host informational meeting
January to March	Youth Leadership Summit	- Present workshop
		- Attend
February or March	Presentation Day	- Planning Committee Member
		- Event Host
March or April	County Ambassador Selection	- Help coordinate application
		- Interview candidates
March to May	Alameda County 4-H events	- Planning Committee Member
		- Event Host
May	County Ambassador Incoming	- Help Mentor and orient new
	Team	team
		<ul> <li>Assist with new advisor</li> </ul>
		selection

### **Alameda County Ambassador Advisor**

Once the selection process is complete the candidates will be notified. The Team will begin to develop plans and, along with the 4-H County Office-appointed Ambassador Advisor, will select a 2<sup>nd</sup> advisor, an adult leader at least 18 years of age. No parent of a current team member is eligible to become an advisor. Advisor applicants will be screened by the 4-H County Office. Advisors serve for one 18-month term, but may be reappointed by the incoming team. The final selection of the 2<sup>nd</sup> advisor will be made by the incoming team.

### **LETTER OF RECOMMENDATION**

Below is a copy of the Letter of Recommendation linked through the electronic application. Please give your references this survey link to fill out the <u>actual electronic form</u>:

# Alameda County 4-H All Star/County Ambassador Letter of Recommendation

Name of Applicant:	Please complete the following letter of recommendation for:	
Your Name:	Name of Applicant:	
Itte: In what capacity do you know the applicant:  How long have you known the applicant:  Circle the words that best reflect your opinions of the applicant in each area.  Connection  Does the applicant make positive bonds with people and institutions? Strongly Agree Agree No Opinion Disagree Strongly Disagree  Confidence  Does the applicant exhibit an internal sense of overall positive self-worth and self-efficacy? Strongly Agree Agree No Opinion Disagree Strongly Disagree  Caring  Does the applicant show a sense of sympathy and empathy for others? Strongly Agree Agree No Opinion Disagree Strongly Disagree  Competence  Do you have a positive view of the applicant's actions in interpersonal skills, school performance, decision making, nutrition and exercise, and work habits and exploration of career options?  Strongly Agree Agree No Opinion Disagree Strongly Disagree  Character  Does the applicant show respect for societal and cultural norms? Strongly Agree Agree No Opinion Disagree Strongly Disagree  Does the applicant show possession of standards for correct behavior? Strongly Agree Agree No Opinion Disagree Strongly Disagree  Does the applicant show a sense of right from wrong (morality) and integrity? Strongly Agree Agree No Opinion Disagree Strongly Disagree  Contribution  Does the applicant make a contribution to self, family, community, and the institutions of a civil society? Strongly Agree Agree No Opinion Disagree Strongly Disagree  Contribution  Does the applicant exhibit strong leadership qualities: Yes No Please explain and give examples of why you believe this is true:  Would the applicant be a beneficial addition to the Alameda County 4-H Ambassador Team: Yes No Please explain and give examples of why you believe this is true:	Your Name:	
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Please explain and give examples of why you believe this is true:	Please explain and give examples of why you believe this is true:	
Please explain and give examples of why you believe this is true:		
<del></del>		nbassador Team: Yes No
Comments (If further room is necessary, please attach additional documents as needed):	riease explain and give examples of why you believe this is true:	
Comments (If further room is necessary, please attach additional documents as needed):		
	Comments (If further room is necessary, please attach additional documents	s as needed):

# My 4-H Story

Here's where you'll put the "My 4-H Story" you write for this year. Follow these word count minimums:

Senior: 1000 – 2000 words

Follow these formatting guidelines:

Double space.

Print single OR double sided, you choose.

Use an easy-to-read font such as Times New Roman or Garamond. Keep the text size between 12 point and 14 point.

See page 17 of the Record Book Manual for more information.

This box is just a placeholder. Replace this page with your story before submitting.

# Star Ranking

Categories of Participation	Total	Total	Total Total This All Year Years	Number of Different Categories Required			
Transfer credits from previous years to the column headed "Total From Past Years."	Past This	This		Bronze 5 Required	Silver 6 Required	<b>Gold</b> 7 Required	<b>Platinum</b> 7 Required
1. Projects Completed				2*	4*	8*	12*
2. Project Skill Activities				4	8	15	20
3. Events Attended				12	25	40	60
4. Leadership Development				10	20	30*	40*
Significant Leadership Role (requiring 20 hrs. or more of work)				(0)	(0)	(2*)	(4*)
5. Citizenship & Community Service				10	20*	30*	40*
6. Communication Skills				12*	24*	36*	48*
4-H Presentations				(4*)	(7*)	(10*)	(15*)
7. Honors and Recognition				5	10	15	20
8. Healthy Lifestyle Activities				10	20	30	40

Star Rank 4-H Member must be currently enrolled in the 4-H Youth Development Program.					
Present Rank:	[] None	[ ] Bronze	[ ] Silver	[] Gold	[ ] Platinum
Rank Applying for:	[] None	[ ] Bronze	[ ] Silver	[] Gold	[ ] Platinum
[ ] Approved [ ] Not Approved 4-H Club/Unit Leader's Signature Date					

Required for Star Rank

Numbers contained within parenthesis are included in the total category number (not an extra requirement).

\*

### SAMPLE RESUME TEMPLATE FROM CALIFORNIA STATE RECORD BOOK MANUAL

# 4-H Resume

Completed by senior members only

# First Name Last Name

Address, City, CA 9#### | (###) ### - #### | emailaddress@gmail.com

## Personal Development Statement

One to three sentences that describe what you stand for and what you aspire to become as a human being. It is not a statement of what you want to do, but rather how you want to be in the world.

### **Education and Professional Development**

Name of School Highest Year Completed to Date
Additional Course Work, Name of School or Organization

## Leadership Skills

Position Title, Group or Program, Month/Year Started – Month/Year Completed Short description of what you did. Explanation of what you learned or skills you developed.

# Citizenship Skills

Position Title, Group or Program, Month/Year Started – Month/Year Completed Short description of what you did. Explanation of what you learned or skills you developed.

### Other Skills

These can include instruments, dance, sports, or other hobbies you have spent a significant amount of time perfecting.

#### Certificates & Honors

• List name of certificates and who issued it