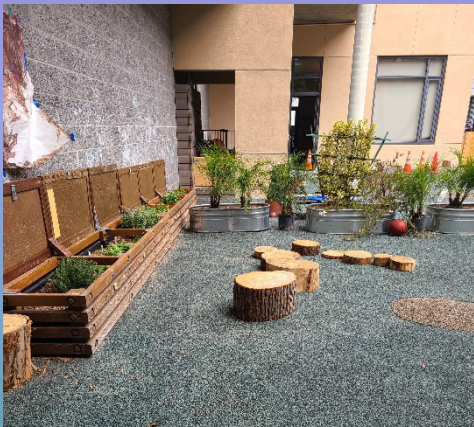


FFY2021 UCCE San Francisco County

SUCCESES

- Provided nutrition and physical activity education to 593 children and adults
- Supported 80 San Francisco residents with indirect education.
- Deepened relationships with early care sites to support improved physical activity and nutrition practices



RESULTS

Adult

- 100% of surveyed adult participants (n=10) reported they were more likely to use the nutrition facts panel to choose foods the next time they shopped

Youth

- "[The educator] was engaging and the students were eager to start our lessons. The children continued to discuss foods they like to eat and how they love to move their body".*
~Preschool Teacher

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

County Statement:

San Francisco County has a population of approximately 883,000 people, with 24% of the residents being SNAP-Ed eligible. Approximately 202,576 people live at or below 185% of the poverty level. Given the pandemic and slow economic crisis, we expect this number will grow next year. Of the SNAP-Ed eligible population, 67% of adults are overweight/obese.

Serving Individuals and Communities

In FFY2021, CalFresh Healthy Living, UCCE provided evidence-based nutrition education and/or structured physical activity lessons to 389 youth and 204 adults. The program supported PSE improvements that encourage physical activity and healthy eating at 3 childcare sites reaching 93 individuals.

Providing Education

Education focused on expressed needs from partner sites, emphasizing training staff to deliver CATCH, and providing young children with garden-based nutrition education. We also provided nutrition education in Spanish & Chinese for parents at early care sites.

Helping to Make Organizational and Environmental Changes

We sourced and distributed donated seedlings to support early care and education sites and their students.

Serving California Agriculture

Youth and adult lessons promoted the benefits of fruit and vegetable consumption. Garden-based nutrition education curriculum was offered to all partnering agencies,

Building Partnerships

Strong partnerships with Children's Council of San Francisco, Kai Ming Head Start, and Mission Neighborhood Centers continue to be core to our work.



1500 Purissima Creek Road, Half Moon Bay, CA 94019