



## Quarterly News & Events **March 2024**

San Mateo and San Francisco Counties

### IPM Advisor News from the Field...



#### Follow the adventures of 'pest detective' Sutherland in 'Attack of the Mystery Mites'

Who you gonna call...when your middle school is infested with roof rats and people are showing signs of unknown mite bites? **Andrew Sutherland, Urban Integrated Pest Management Advisor for the San Francisco Bay Area!** Learn how this crafty pest detective traps the culprits at a San Francisco school, identifies them, and devises a strategy to monitor and manage the blood-feeding mites and their host species. [Watch the thrilling three-part series.](#)

Speaking of IPM...**UC ANR's Integrated Pest Management (IPM)** easy to access online tools can help you identify and manage many plant and pest issues!

- **UC IPM Plant Problem Diagnostic Tool**
- **Wildlife Pest Identification**
- **Seasonal Landscape Integrated Pest Management (IPM) Checklist**



## 4-H Presentation Day

**4-H** members showcased their knowledge and public speaking skills in the annual Presentation Day event, held February 10, 2024, where 4-H'ers prepare a presentation that is judged on subject knowledge, presentation, organization, voice, manner and appearance, clarity, and the ability to answer questions. More than thirty youth participated in this year's Presentation Day, held at Menlo College. Presenters talked about subjects ranging from How to Create Stories, and Favorite Bears to the State of the Salton Sea!



## 4-H Animal Field Day and Open House

Join us on **Sat. May 4th!** Come pet a rabbit, learn how to raise chickens, groom a goat, or even show a pig! Youth of all ages and prospective 4-H'ers are welcome.

**For more info...**

## Nutrition



### CalFresh Healthy Living, UC in Action!

#### Building a Presence with San Francisco's Head Start

**CalFresh Healthy Living, UCCE** Community Nutrition Educator Marisela Ceron has been hard at work fostering relationships and community connections with Head Start preschools throughout San Francisco. Go, Glow, Grow and CATCH programming has been implemented at nine unique Kai Ming Head Start locations around the city.



Kai Ming has been a beneficial partner, with staff that have been available and eager to provide translation during classes, as needed, to monolingual Cantonese speaking students. This ensures that everyone in the class feels welcome and included. Marisela creates an energetic and joyful presence well-balanced by effective communication of the fun, interactive curriculum.

We are excited to continue partnering with ECE organizations in San Francisco County to encourage the development of healthy nutrition and physical activity habits and the importance of healthy living at an early age.





## MGs Prepare for the Annual Spring Garden Market Event

Mark your calendars...this years annual plant sale and educational fair promises to be better than ever! Come get your summer garden veggie starts such as: tomatoes, peppers, eggplants, squash, herbs, succulents, pollinators, and more.

There will be free demonstrations and workshops, educational tables and displays, and Master Gardeners available to answer your questions, and so much more!

**When:** Saturday, April 13th, 2024

**Time:** 9am to 1pm

**Location:** San Mateo County Event Center's Redwood Hall

[More info...](#)



**UNIVERSITY OF CALIFORNIA**  
Agriculture and Natural Resources

UC Master Gardener Program  
San Mateo and San Francisco Counties

# Spring Garden Market



**The UC Master Gardener Plant Sale & Educational Fair**  
Vegetables, CA natives, succulents & pollinator plants. Grown with care & selected for local climate zones. Expert presentations & information stations. Free parking & admission. Cash, checks, credit cards welcome.

**Saturday, April 13, 2024 ~ 9am-1pm**  
San Mateo County Event Center- Redwood Hall ~ 2495 South Delaware Street, San Mateo



Special thanks to our generous sponsors:  
**LYNGSØ** 

## Master Food Preservers



Master Food Preserver

The **Master Food Preservers of San Mateo and San Francisco County** have been busy with in-person and virtual workshops this winter. Volunteers have kept people warm and cozy with the following food preparation workshops:

- Making spice blends at the Randall Museum, in San Francisco on January 27. Over 50 people participated in learning about spices, grinding their own warming blend to make the perfect cup of chai masala or spiced hot chocolate.
- Our virtual "Soupapalooza" workshop on February 15 via the San Mateo County Library System brought 157 viewers lots of ideas to make instant soups, pressure canned soups and soup mixes.
- Our next online workshop will be on March 14, "Preserved Pairings for your Cheeseboard"...

**Registration link**

- And find us in-person at the **San Mateo Spring Garden Market** where we will have lots of ideas on how to preserve your garden produce. Stop by and pick up some recipes!





## What's Happening at Elkus?

We are going full steam here at Elkus with spring always our busiest season. If you were unable to manage a visit this spring, be sure to book your program tour early for next year!

- Right around the corner, **Spring Preschool Days, March 20 & 21**
- **Sheep to Shawl**, June 8th
- **Summer Camp**: six sessions total, four with space still available, July 8-12, July 15-19, July 29-August 2, August 5-9.



## UPCOMING EVENTS..

- **March 9th** **Filler-Spiller-Thriller: How to Create Lush Container Gardens** | (Zoom)
- **March 9th** **The Art and Science of Succulents** | SF Richmond Library
- **March 10th** **Homegrown Herbs Made Easy** | SF Mission Bay Library
- **March 14th** **MFPs Preserved Pairings With Your Cheeseboard** | Zoom
- **March 16th** **School Garden Leaders Workshop** | RWC Garfield Elementary
- **March 17th** **MG Education Table at Divisadero Farmers' Market** | SF DMV Parking Lot
- **March 21-22** **Elkus Ranch Spring Preschool Days** | HMB
- **April 6th** **How to Start a Vegetable Garden** | EPA Collective Roots Community Garden
- **April 7th** **Vegetable Gardening in Containers** | SF Mission Bay Library
- **April 11th** **Growing Succulents Successfully in the Bay Area** | (Zoom)
- **April 13th** **Spring Garden Market & Educational Fair** | San Mateo Co. Event Center
- **April 14th** **Master Gardener Plant Clinic** | San Mateo Arboretum
- **April 21st** **MG Education Table at Divisadero Farmers' Market** | SF DMV Parking Lot
- **May 5th** **Master Gardener Plant Clinic** | San Mateo Arboretum
- **May 19th** **MG Education Table at Divisadero Farmers' Market** | SF DMV Parking Lot

- **June 1-9** **San Mateo County Fair** | San Mateo Co. Event Center
- **June 8** **Sheep to Shawl at Elkus Ranch** | HMB

## UC Cooperative Extension Offices San Mateo / San Francisco Counties

### Main Office: (click for directions)

Located on-site at UC Elkus Ranch  
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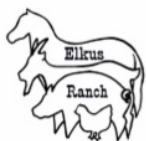
Website: <http://cesanmateo.ucanr.edu>

### Master Gardener Helpline:

Open for in-person, walk-in visits per below. See our [website](#) for more details or submit any questions via the following:

[https://ucanr.edu/mg\\_helpline](https://ucanr.edu/mg_helpline)

- Monday: 10am-1pm | **HMB**
- Tuesday: 10:30am-1:30pm | **SFBG**
- Thursday: 1pm-4pm | **RWC**



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