

# Favorite Foods Day “We are Thankful”

## Saturday, November 4, 2023 10:00 AM

### Van Duzen School, Mad River

There are three activities you may participate in at Favorite Foods Day:

- You may prepare and bring a “We are Thankful” favorite food
- You can create and display an original centerpiece
- You can create an original recipe booklet cover

Winning entries in each activity will receive awards. The top three cover contest entries will be featured in the recipe booklet.

#### **I. FAVORITE FOOD**

Fill out the entry form and prepare a complete written recipe for your favorite food. Keep it simple and easy to read. Make sure both the entry form and the recipe reaches your club leader no later than October 30, 2023. Be sure your recipe has all the correct measurements; it will appear in the recipe booklet.

Prepare your favorite food, and bring it along with a copy of your recipe to FFD ready to be served to a panel of judges.

Please be prepared to explain to the judges why your chosen food is healthy for you. Use your imagination to come up with something tasty.

Only one food entry per member.

**Safety Note:** To insure food safety, all dishes should be prepared with strictly fresh ingredients. If a hot dish is prepared the day before the event and is held overnight, it should be refrigerated immediately after cooking. You may reheat previously prepared foods or do some of the actual preparation of your food in the dining hall kitchen if needed.

#### **II. ORIGINAL CENTERPIECE**

Bring one original centerpiece, designed for use on a dining table. This year's theme is “We are Thankful”. Everything should be from nature.

Entries will be judged after all the prepared foods.

#### **III. ORIGINAL RECIPE BOOKLET COVER**

The cover contest is open to all 4-H members. The winning cover design will be use on the cover of the Favorite Food Day Recipe Book. Entries are due to club leaders no later than October 30, 2023 in order to allow time for judging.

The design itself needs to fit on a 8.5" x 11" sheet of white paper. The title "Trinity County 4-H We are Thankful Favorite Foods Day 2023" must be written somewhere on your cover. Please be creative and have fun with this. Make sure your artwork is dark enough to make copies. No computer art or lettering, please use your own hand drawn and lettered work. Write your name, age and club lightly in pencil on the back of your design.

**Note:** All artwork must be your own design and the sole work of the 4-H member - no adult help is allowed.

### **TIPS FOR SUCCESS AT FAVORITE FOODS DAY**

Be dressed neatly in clean clothing and be properly groomed. Although most members elect to wear the white 4-H uniform, it is optional and not required. If you do wear the 4-H uniform, please wear the entire uniform including 4-H hat and scarf or tie just as you would at any other showmanship event. White pants are the appropriate color for this event if you are wearing the 4-H uniform. Participants should be prepared to introduce themselves and their entry, properly serve the judges, and answer a question or two about their prepared food. You will need to explain how being thankful inspired your recipe. Be sure to bring a copy of your recipe to display for the judges to read.

Judges will consider three criteria in their placing:

1. The exhibitor's appearance, performance and ability to answer questions about their food (showmanship)
2. Completeness of written recipe
3. Food entries quality, flavor and eye appeal

During Favorite Foods Day, 4-H members may sit or stand at his/her prepared food awaiting the judging process.

No parents will be permitted in the immediate area while the judging of favorite foods or centerpieces is in progress, unless they are serving as judges.

Score sheets used in judging favorite food entries and centerpieces are based on the Danish System and will be tallied as follows:

Gold Medal	91-100 Points
Silver Medal	81-90 Points
Red Ribbon	71-80 Points
White Ribbon	70 Points and below