

ARCHERY

NAME _____ CLUB _____

BEGINNING

	Date Completed	Leader's Initials
1. What is your draw length and pull weight? Explain how these two items are measured.	_____	_____
2. Name three types of archery bows.	_____	_____
3. Explain what a peep sight is and how to use one.	_____	_____
4. Demonstrate and explain what an anchor point is.	_____	_____
5. Explain how to adjust your sights.	_____	_____
6. Name two types of bowstring release methods.	_____	_____
7. What does the term "full draw" mean?	_____	_____
8. What are fletchings and a cock vane?	_____	_____
9. What is a bow sling used for?	_____	_____
10. What is a stabilizer used for?	_____	_____
11. Name two types of archery shooting.	_____	_____
12. Point out the parts of a compound bow: a. arrow rest b. cable c. nock d. sight	_____	_____

Activities

1. Give a demonstration related to archery.	_____	_____
2. Display a still exhibit related to archery.	_____	_____
3. Watch an archery competition league shoot.	_____	_____
4. Participate in an archery competition league shoot.	_____	_____

Leader's Signature _____

Date _____

9/8/00

Archery

Name: _____ Date: _____

Guidelines for Project Proficiency Award

Intermediate

<u>Date</u>	<u>Leader's</u>
<u>Completed</u>	<u>Initials</u>

- | | | |
|---|-------|-------|
| 1. Show your knowledge of different shooting styles. | _____ | _____ |
| 2. Demonstrate proper shooting stances. | _____ | _____ |
| 3. Explain target scoring. | _____ | _____ |
| 4. Demonstrate knowledge of different targets, their purpose and application. | _____ | _____ |
| 5. Show your knowledge of range set up. | _____ | _____ |
| 6. Show your knowledge of range safety. | _____ | _____ |
| 7. Build arrows from components (may include crestring). | _____ | _____ |
| 8. Make a tab. | _____ | _____ |
| 9. Demonstrate equipment safety. | _____ | _____ |
| 10. Enter a project into local fairs. | _____ | _____ |
| 11. Give a demonstration about any procedure at the club level. | _____ | _____ |
| 12. Officiate at an archery competition. | _____ | _____ |
| 13. Complete a semi-finished bow. | _____ | _____ |
| 14. Give a presentation at Presentation Day. | _____ | _____ |

Leader's Signature of Completion: _____ Date: _____

Archery

Name: _____ Date: _____

Guidelines for Project Proficiency Award

Advanced

<u>Date</u>	<u>Leader's</u>
<u>Completed</u>	<u>Initials</u>

- | | | |
|--|-------|-------|
| 1. Demonstrate your knowledge of bow set up. | _____ | _____ |
| 2. Show your proficiency at shooting. | _____ | _____ |
| 3. Mentor/coach beginning students. | _____ | _____ |
| 4. Complete a long bow from a kit or from scratch. | _____ | _____ |
| 5. Organize and put on an archery competition. | _____ | _____ |
| 6. As a group, put on a countywide demonstration of archery for other clubs and/or groups. | _____ | _____ |
| 7. Set up a range for competition. | _____ | _____ |
| 8. Give a presentation at Presentation Day. | _____ | _____ |

Leader's Signature of Completion: _____ Date: _____