

WHO AM I? Clue Card

FIRST COURSE • REPRODUCIBLE 1



Name: _____ Date: _____

You will now play the *Who Am I?* game, where you will gather clues about what food item you are. Write down 10 questions you want to ask. Your questions should be answered with a yes or no. Then keep track of your clues. Can you figure out who you are?

10 Questions:

1. _____ yes no

2. _____ yes no

3. _____ yes no

4. _____ yes no

5. _____ yes no

6. _____ yes no

7. _____ yes no

8. _____ yes no

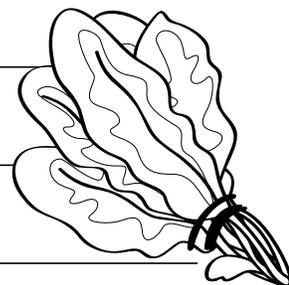
9. _____ yes no

10. _____ yes no

Who am I? _____

What food group do I belong to? _____

What other foods can I be eaten with? _____



Food WRITER

FIRST COURSE • REPRODUCIBLE 2



Name: _____ Date: _____

You are a writer who has been hired by a famous food magazine to write a one- to two-page article about a new food! Your article must:

- a. Teach readers about the food by identifying its food group.
- b. Inspire readers to try the food by describing it using the five senses.
- c. Provide readers with at least two ways to cook or prepare the food.
- d. Build a healthy plate that includes the food. What other foods could a reader serve it with to make it a complete meal (following **MyPlate**)?

You may need to do some research online or in the library or look through some cookbooks or food magazines for inspiration and information. Use the space below to gather information to help you write your article. You may type your article using a computer or write it neatly by hand. Describe with the five senses (use descriptive adjectives).

It looks like: _____ 

It feels like: _____ 

It tastes like: _____ 

It smells like: _____ 

It sounds like: _____ 

Two ways to cook or prepare it:

1. _____ 

2. _____

Eat it in a complete meal with the following ingredients or other healthy foods:
