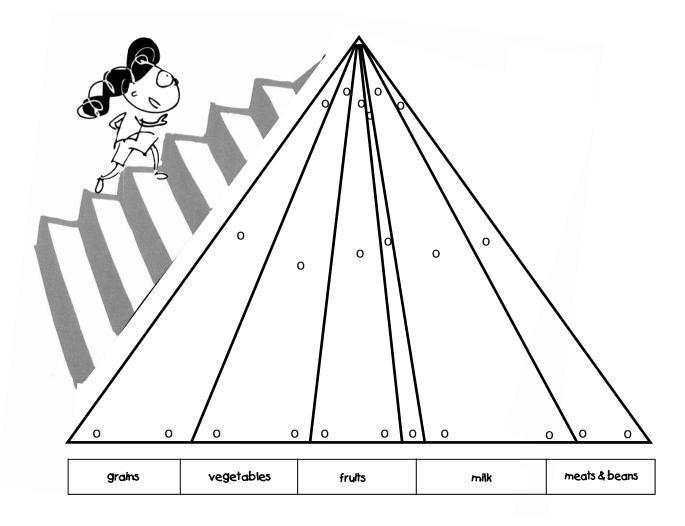


Kindergarten - Lesson I - Essentials for Healthy Eating and Gardening Page 15

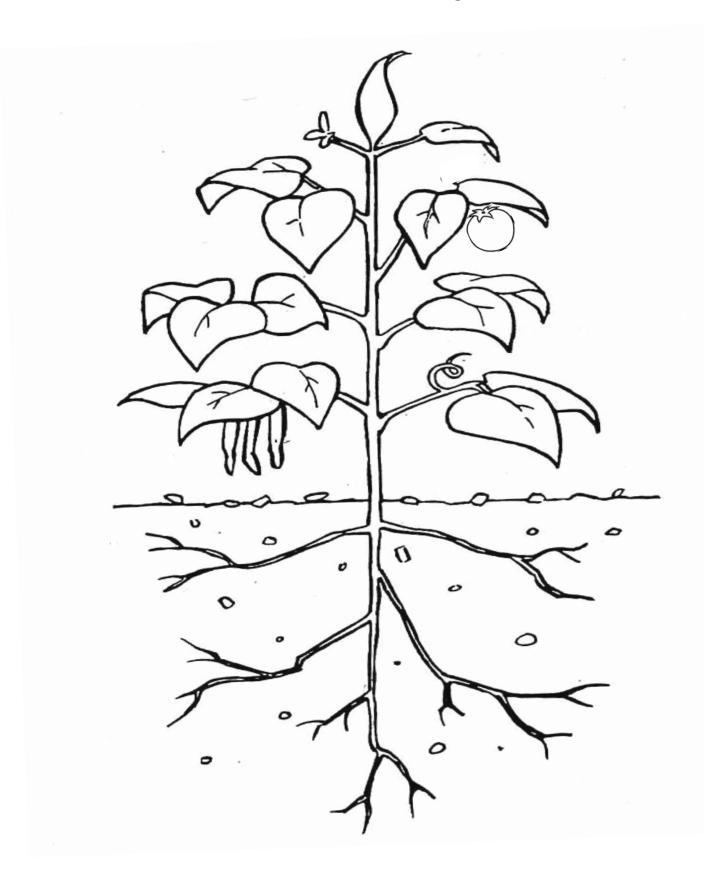
Instructions for Constructing MyPyramid Puzzle

- 1. Enlarge the MyPyramid outline and draw on poster board.
- 2. Create and cut the color strips for each of the food groups and the oils category.
- 3. Place several hook and loop tape dots on each of the food group strips to attach to the board.
- 4. Place the corresponding dot sides on the poster board outline.
- 5. Place hook and loop tape dots on the food group models found on pages 18 to 20.
- 6. Arrange the corresponding dot sides on the food group strips.
- 7. Cut apart the words.
- 8. Create and cut the steps and girl for the side of MyPyramid.

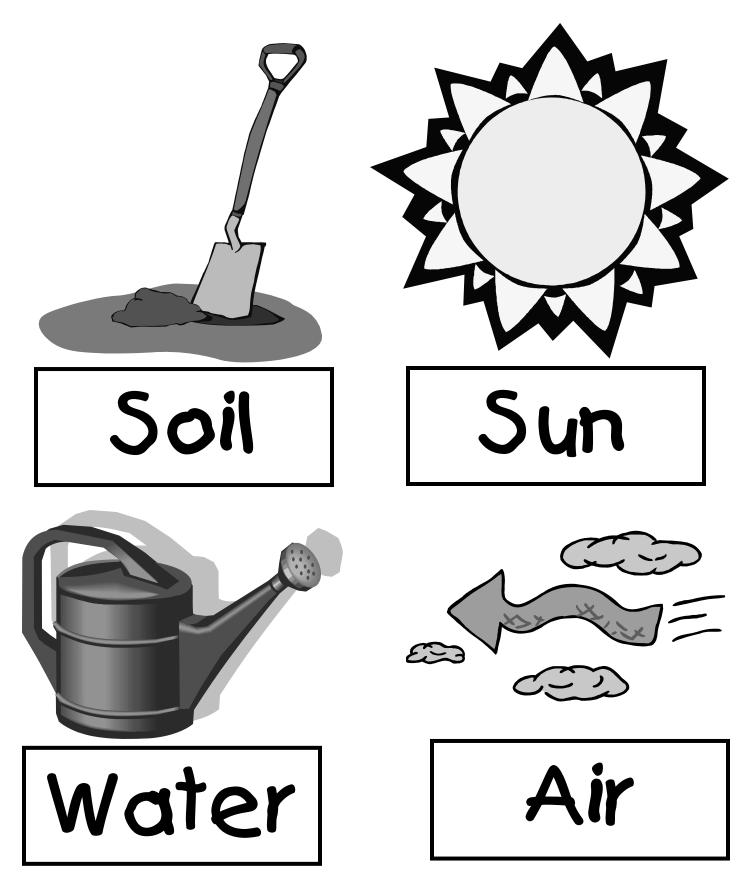


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Plant Parts Diagram



Cutouts of soil, sun, water, and air



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