THE REVOLUTION OF RESPONSIBILITY

Congratulations Placer Hills 4-H Club

By Madie Harris, Youth Leader and Linda Cramer, Project Leader

The Placer Hills 4-H Club Community Service Project Group was recently awarded a Revolution of Responsibility Grant from California 4-H in the amount of $1000. The grant money will help Placer Hills 4-H to complete and prepare for display several tile mosaic art pieces under the direction of a local artist, Virginia Dains. Over the last few years, many, many community members have taken part in creating a series of water themed mosaic designs. Grant funds will be used to purchase custom made frames and mounting hardware for these mosaics. Teen Leader, Mandie Harris and other Placer Hills 4-H Youth will volunteer their time to grout hundreds of tiles into place and put the finishing touches on the pieces. The completed artwork will become a permanent display at the Meadow Vista Community Pool. All Placer County 4-H Members are encouraged to come out to the pool this summer to see the completed project!

Several Placer County 4-H Clubs are busy developing their grant proposals. Who will be next?

NEW Webpage: Funded Revolution of Responsibility Projects

Get inspired to create change in your community by visiting www.ca4h.org/Support/RofR/FundedProjects to view successfully funded Revolution of Responsibility service learning projects. This webpage highlights the most successful counties (Alameda and Santa Cruz counties are in the lead!) and features summaries of projects currently underway.

Revolution of Responsibility $1,000 for 1,000

The University of California 4-H Youth Development Program is dedicated to fostering an environment where youth and adults work together as equal partners to gain new skills and create positive community change. 4-H groups can apply for up to $1,000 to identify, plan, and carry out a service-learning project in their community. Projects will be focused on the three key content areas that form the core of all 4-H programs, Science, Healthy Living, and Citizenship. Visit www.ca4h.org/Support/RofR for more information and to apply online. Application deadlines are March 15, May 15 and July 15, 2012.
Placer County 4-H Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 4, 2012</td>
<td>County Presentation Day: Pre-registration Due</td>
<td><a href="http://ucanr.org/placer4hpresentation">http://ucanr.org/placer4hpresentation</a></td>
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<tr>
<td>March 10, 2012</td>
<td>County Presentation Day</td>
<td><a href="http://ucanr.org/placer4hpresentation">http://ucanr.org/placer4hpresentation</a></td>
</tr>
<tr>
<td>April 15-30, 2012</td>
<td>Lily Collection Days</td>
<td></td>
</tr>
<tr>
<td>April 22, 2012</td>
<td>Applications DUE: Hulbert Award &amp; Placer County 4-H Council Scholarship</td>
<td><a href="http://ucanr.org/placer4h">http://ucanr.org/placer4h</a></td>
</tr>
<tr>
<td>April 28, 2012</td>
<td>Bi-County Fashion Revue</td>
<td><a href="http://ucanr.org/bcfashionrevue">http://ucanr.org/bcfashionrevue</a></td>
</tr>
<tr>
<td>April 29, 2012</td>
<td>Horse Mastership Testing</td>
<td></td>
</tr>
<tr>
<td>May 4, 2012</td>
<td>Interviews: Hulbert Award &amp; Placer County 4-H Council Scholarship</td>
<td></td>
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<tr>
<td>May 19, 2012</td>
<td>Youth Fair</td>
<td></td>
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<tr>
<td>July 16-21, 2012</td>
<td>Placer County 4-H Summer Camp</td>
<td>Registration begins in May</td>
</tr>
</tbody>
</table>

County 4-H Presentation Day

**Saturday, March 10, 2012  8:00 a.m. to Noon**

*Pre-registration Required and Due: March 4, 2012*

Ophir Elementary School, Newcastle

Register on-line at [http://ucanr.org/placer4hpresentation](http://ucanr.org/placer4hpresentation)

Impromptu Topics and Problem solving Facts sheets also available on the website.

**What is a 4-H Presentation?**

A presentation is a method used to communicate an idea by showing and/or telling. It can be a demonstration or a talk that uses posters and other visual aids.

A 4-H Presentation helps you learn to research a subject, organize ideas in a logical order, be a teacher and practice public speaking skills.

Placer County Presentation Day will be patterned after the format for the 4-H Regional and State Presentation Days. A State “Presentations Guide for 4-H Members, version#3 “ is available on line at [http://ucanr.org/placer4h](http://ucanr.org/placer4h)

Community Club Leaders and Presentation Project Leaders will have a copy and more copies can be obtained at the 4-H office. This guide is a great resource of information!

To have a successful presentation it must contain the following:

1. An introduction—it should briefly cover what is to be shown or told.
2. A body—it should illustrate the subject logically and clearly.
3. A summary—it should reiterate what has been said so that the audience takes away the main idea.

Don’t forget the original and catchy title, this will set the stage for your presentation! Most of all...Enjoy Yourself!

**Lilly Day collection for Easter Seals**

**April 15-30, 2012**

Placer County 4-H has been raising funds for Easter Seals for nearly fifty years. This joint effort of the 4-H clubs is a community service opportunity. Supplies and instructions will be distributed Feb. 22nd Community Leader meeting. Campaign funds will be used to finance medical care, therapy, recreation, and other rehabilitation services for physically handicapped children and adults in Placer County.

Nathan Baker, Community Leader of Miners Ravine 4-H Club, reported that in 2011 during the annual 4-H Lily Days collection, their club members collected right at $1,000 for Easter Seals. They felt having Gary Novak, VP of Marketing and Development for Easter Seals visit their Community Club meeting prior to their visiting the stores was very enlightening. Gary’s email is: garyn@myeasterseals.org  

http://www.myeasterseals.org/programs/pediatrics/94.html

http://www.myeasterseals.org/programs/pediatrics/168.html

Directions to Ophir Elementary School:

1373 Lozanos Road, Newcastle

*From Auburn:*

I-80 West to the CA-193 EXIT toward Lincoln

Turn RIGHT onto OPHIR RD.

*From Roseville:*

I-80 East to the CA-193 EXIT toward Lincoln.

Go STRAIGHT through stop sign to OPHIR RD.

Turn LEFT onto LOZANOS RD.

Turn LEFT onto BALD HILL RD/ LOZANOS RD.

Turn RIGHT onto LOZANOS RD.

School is on the LEFT.
**Got Whites?**

Have you considered recycling your children’s uniforms? Children have a way of growing and their clothes just don’t keep up! The 4-H office has a selection of “whites” which others have contributed. Come by, try them on and **donate your “out grows”** to the supply. Hopefully there is something that will work for you!

**Hats, Scarves, Ties, & Record Book Covers** are available for purchase at the 4-H Office.

- Ties $12.00 each
- Hats & Scarves $13.25
- Record Book Covers $2.50

Cash or check accepted. No ATM or credit cards.

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**Placer County 4-H Events**

**Bi-County Fashion Revue**
*Saturday, April 28, 2012*  
*Registration REQUIRED by April 22, 2012*

**Location and time to be announced**

**PREREGISTRATION IS REQUIRED.** Deadline for completed preregistration is April 22. Application and information will be available on-line at: [http://ucanr.org/bcfashionrevue](http://ucanr.org/bcfashionrevue)

**Please note:** The 2012 Placer/Nevada Bi-County 4-H Fashion Revue will be patterned after the 2012 State 4-H Fashion Revue qualifying guidelines. With the following exceptions: there will be a Recycled Category (discontinued for 2012 SFR) and a Primary members category on the Bi-County level only. (Primary members are encouraged to participate for fun and experience (non-competitive) only. **The UPDATED (2012) Fashion Revue Manual version 2 is available**

**$19.99 Purchased Challenge:** Be a wise consumer, develop decision-making skills and shop in new places with a new perspective. Create an entire outfit with out spending over $19.99. Receipts are required for all visible garments and accessories except shoes. Sales tax does not count in the limit. No prior purchases or gifts; receipts must be dated during the 2011-2012 4-H year. Check out garage sales, thrift stores, or consignment shops. Bring your own ‘special touch’ to an outfit that makes it unique and individually YOU!

**“Bag it Up” Tote Bag Challenge:** Sew a tote bag from Simplicity pattern #1761, view A only. Keep it the same size, padding is optional. Be creative with embellishments! What will you use your tote bag for? Books, games, tools, craft supplies, lunch, pajamas, your laptop, or shopping? Judging is based on the tote bag and the overall appearance of the coordinating outfit.

**Program Cover Contest:** Attention all Artists! Design and draw a picture that portrays the “Spring is in Full Bloom” theme for Fashion Revue. The winner will receive $10 and their design will be used for the cover of the Fashion Revue program. All pictures should be original artwork, drawn in dark pencil or black ink on a half-sheet of paper (5 1/2” x 4 1/2”). Don’t forget to sign your work! Submit your entry to the Nevada County 4-H office by April 9, 2012. You can scan and email your artwork to cfpermene@ucdavis.edu or mail to Nevada County 4-H, 255 So. Auburn St., Grass Valley, CA 95945. Please include your name, club, and address.

**Youth Fair**
*Saturday, May 19, 2012*  
*Placer County Fairgrounds*  
*Hosted by: Flatlands 4-H Club*

This will be a “hands-on” learning event with more information to follow. Please mark your calendar and join this great countywide event to prepare for entering your animals in the up-coming fairs.

**Placer County 4-H Summer Camp**
*@ Woodchuck Flat 4-H Summer Campground*  
**Camp dates: July 16-21, 2012**

Save these dates on your busy calendars and plan to join us for an adventuresome camp.
State 4-H

State 4-H Field Day @ U.C. Davis
Saturday, May 26, 2012
http://www.ca4h.org/Programs/Events/SFD/

A few of the events:

2012 California State Presentation Day
http://www.ca4h.org/Programs/Events/SFD/PD/

Preparing for your county and sectional/regional 2012 4-H Presentation Day? The 2012 impromptu topics are available at http://www.ca4h.org/files/72298.pdf. The 2012 Senior and Intermediate problem solving presentation fact sets are available at http://www.ca4h.org/Programs/Events/SFD/PD/. Problem Solving presentations allow the member to select a position on an issue and develop a presentation to defend that position. There is NOT pre-qualification required to enter this category at the State 4-H Presentation Day (i.e., a gold medal at a sectional competition is not required to enter the Problem Solving category). The 2012 special recognition opportunities available at http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/. Members focusing their presentation on one of these themes will earn a special pin at the State 4-H Presentation Day! The SET theme is renewable energy, the healthy living theme is healthy foods, and the citizenship theme is speak out for military kids. For questions, contact Steven Worker at smworker@ucdavis.edu.

Activity: Special Recognition at 2012 State Presentation Day

A special recognition pin will be awarded for youth who participate in State Presentation Day and focus their presentations on healthy living. This year’s focus area is healthy food. Potential topics may include USDA’s MyPlate, serving sizes, sugar-sweetened beverages, nutrition facts labels, preparing a healthy meal on a budget, food groups, nutrients, healthy snacks, whole grains, food safety, dairy products, dietary fiber, and more. Visit www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities for details.

State Fashion Revue
http://www.ca4h.org/Programs/Events/SFR/

“Behinds the Seams”

State Fashion Revue (SFR) is held during State Field Day at UC Davis. Each county may qualify one member to participate in SFR for each category and each age division, chosen at their County Fashion Revue (see page 3). The categories for 2012 are Traditional, Consumer Science Purchased, Wearable Art-Embellished, $19.99 Purchased Challenge, and Tote Bag Challenge. The age divisions are Junior (9-11), Intermediate (12-13), and Senior (14-18) as of December 31, 2011.

On-line registration will be open from April 1 to May 12. Go to http://ucanr.org/sfr12. All required forms and photographs must be attached on-line to complete the entry. Registration must be completed by May 12, 2012.

SFR is sponsoring two service projects this year: Quilts for Wounded Warriors and the Million Pillowcase project. For complete SFR details including the SFR handbook, category descriptions, entry information and forms, commentary guidelines and resources, please go to http://www.ca4h.org/Programs/Events/SFD/SFR.

Additional help needed from counties:

- Adult judges from each participating county are required—one judge for up to every 5 youth entered. Over 5 participants from a county requires a second judge. Judges must have experience with sewing, crafts, fashion, or a related field.
- An adult room monitor is needed for each judging room (approximately 10)

State 4-H Film Festival
http://www.ca4h.org/Programs/Events/SFD/State_4-H_Film_Festival/

Submit a film for the State 4-H Film Festival by May 4, 2012! The 4-H Film Festival theme for 2012 is “4-H Revolution of Responsibility.” Are you or a 4-Her you know making a difference in the community? Share your story of leading positive change through multimedia.

State 4-H Photography Contest
http://www.ca4h.org/Programs/Events/SFD/Photo/

Do you enjoy photography? The California 4-H Photography Contest is designed to provide an opportunity for regular 4-H members (ages 9-19) to showcase their best photographs taken within the past 4-H year. The event will be held on May 26, 2012 at UC Davis. Photographs must be submitted by May 4, 2012.
Horse Coordinator Group
http://ucanr.org/placer4hhorse

Sandy Bentien, Placer County 4-H Horse Coordinator

Please reserve these dates:

- **Horse Mastership Test April 29, 2012** (rain date May 6)
- **State Fair Qualifying Horse Show & Gymkhana May 27, 2012** (rain date June 3)
  Work-in-Kind for this show & Gymkhana May 25, 2012
- **Horse Camp—tentatively scheduled for June 10-16, 2012**

Watch the Placer County 4-H Horse Project webpage for details as they are made available.

### 2012 Horse Mastership Testing
**Sunday, April 29, 2012 (Rain Date: Sunday, May 6, 2012)**

Loomis Basin Horsemen’s Arena, King Rd. Loomis, CA

*Written test: 9:00 am to 12:00 pm, Skills test: 1:00 pm to 4:00 pm*

**Attire:** Full 4-H uniform (white pants, long sleeve white shirt, hat and scarf)

In order to participate in Horse Mastership Testing a member must:

- Be in a 4-H Horse project for the 2011-2012 project year
- Participate in the MANDATORY work-in-kind event on April 20, 2012
- Turn in a completed Horse Mastership Registration form to the 4-H office no later than April 13, 2012 (late forms will not be accepted)

Study guides for the written test and the skills tests themselves as well as registration forms are available online at the 4-H website: http://ucanr.org/4hhorse

### Horse Mastership Mandatory work-in-kind
**Friday, April 20, 2012, 4:30 p.m. until we are finished or it gets dark whichever comes first.**

Loomis Basin Horseman’s Association allows us to use their arena and facilities at no charge in exchange for any work they ask us to do. This year they have asked us to paint all the jump poles and standards in exchange for the use of the arena for Mastership testing. You must arrive promptly and be signed in and ready to work by 4:30. Late arrivals will not be accepted.

**What to wear:** grubby clothes you don’t mind getting dirty or covered with paint or disposable painting coveralls from a local paint store. **What to bring:** LBHA will provide the paint. We need to bring our own brushes (of all sizes), rollers, roller handles, tarps/drop cloths, and rag towels. It would also be helpful to bring saw horses, blue masking tape, paint trays and buckets if you have any of these items at home. If you have any questions please feel free to contact: Sami Macon, Horse Mastership Coordinator at: flyingmule@wavecable.com or (530) 888-9645.

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**NEW Project Coordinators**

**A big welcome to our newest Project Coordinators:**

- **Dog Project**
  - Terri Burkart
  - 530-878-0733

- **Horse Project**
  - Sandy Bentien
  - 530-305-5537
Community Leader Council Meetings

Wednesday
March 28th @ 6:30
Hosted by Ophir 4-H Club

Wednesday
April 25 @ 6:30
Hosted by Mt Pleasant 4-H Club

Countywide Projects

<table>
<thead>
<tr>
<th>Project</th>
<th>Leader</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cavy</td>
<td>Lee Bastien</td>
<td>530-633-9046</td>
</tr>
<tr>
<td>Cavy All Levels &amp; Show</td>
<td>Johnna Humber</td>
<td>530-878-0733</td>
</tr>
<tr>
<td>Consumer Savvy</td>
<td>Kim Bruce</td>
<td>916-224-6117</td>
</tr>
<tr>
<td>Dairy Goat</td>
<td>Johnna Humber</td>
<td>530-878-0733</td>
</tr>
<tr>
<td>Fashion Revue &amp; Clothing Construction</td>
<td>Dolores Ramsay</td>
<td>916-769-3401</td>
</tr>
<tr>
<td>Hobby Sewing</td>
<td>Dolores Ramsay</td>
<td>916-769-3401</td>
</tr>
<tr>
<td>Horse Trail Riding-Camping (Advanced)</td>
<td>Julie Schmitz</td>
<td>916-826-6531</td>
</tr>
<tr>
<td>Miniature Horse &amp; Donkey</td>
<td>Jackie Rhoades</td>
<td>916-663-3874</td>
</tr>
<tr>
<td>Poultry: Sheridan</td>
<td>Lee Bastien</td>
<td>530-633-9046</td>
</tr>
<tr>
<td>Poultry: Auburn</td>
<td>Johnna Humber</td>
<td>530-878-0733</td>
</tr>
<tr>
<td>Presentation</td>
<td>Isaac Jorgensen</td>
<td>916-624-0355</td>
</tr>
<tr>
<td>Public Speaking</td>
<td>June Stewart</td>
<td>530-889-7386</td>
</tr>
<tr>
<td>Rabbit</td>
<td>Lee Bastien</td>
<td>530-633-9046</td>
</tr>
<tr>
<td>Rabbit Show (Advanced)</td>
<td>Johnna Humber</td>
<td>530-878-0733</td>
</tr>
<tr>
<td>Sheep</td>
<td>Karin Sinclair</td>
<td>916-663-3990</td>
</tr>
</tbody>
</table>

Attention Countywide Project Leaders!!

If you are planning on providing a Countywide Project this club year please contact the 4-H office! We are compiling a list of projects to be offered for the upcoming enrollment.

We will need the Project title, contact name and phone number and if possible the month you plan to start your project. This information is very important to have for the 4-H on-line enrollment system and the Club Directory.

Please call Cindy Mitchell 530-889-7386 or email cmitchell@ucdavis.edu Thank You!

Attention Shooting Sports Project Leaders:

2012 CA 4-H Shooting Sports Leaders’ Meeting
April 28-29, 2012
Oakdale Sportsman’s Club

The California 4-H Shooting Sports Program welcomes all current and/or potential 4-H Shooting Sports project leaders and teen leaders (high school aged 4-H members) to attend a two-day leaders meeting. Participants will receive project and curriculum updates in all disciplines. Participants will be able to experience hands-on learning through rotations in the following 4-H Shooting Sports disciplines: muzzle loading; archery; rifle; and shotgun. There is no cost to attend this leaders meeting. All participants will be responsible for their own lodging. Camping will be allowed on site with prior approval. Please see the agenda for which meals will be provided on each day. For more information or additional questions, please contact John Borba, CA. 4-H Shooting Sports Chair at 661-868-6216 or by email at jaborba@ucdavis.edu. The California 4-H shooting sports program provides instruction in the safe handling of firearms and archery equipment while developing self-confidence and leadership abilities in young people. As a youth development education program, 4-H shooting sports uses the skills and disciplines of shooting to assist young people and their leaders in attaining knowledge and developing essential life skills. The program follows a standardized format, lists program components, and identifies clearly intended learning outcomes. Registration Link: http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=7810

Rifle Trainer Certification Courses
March 17 & 18, 2012 in Lakeport
April 14 & 15, 2012 in Tulare

Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. For more information contact the Placer County 4-H Office at 530-889-7386.
Join the Junior Livestock Auction Committee!

Meetings are held the second Monday of the month at the Gold Country Fairgrounds. Anyone interested in attending and joining the committee is welcome to participate. Further info call 530-320-0145, Ashley Countryman

Quality Assurance /Ethics Mandatory Training (Certificate is good for 5 years)

Gold Country Fairgrounds—Tahoe Building

Only THREE OPPORTUNITIES, MARK YOUR CALENDAR!

Friday, April 19, 2012 at 6:30 p.m.
Thursday, June 7, 2012 at 6:30 p.m.
Thursday, July 19, 2012 at 6:30 p.m.

Placer County and Gold Country Fair would like to remind us:

County, District and State Fairs cannot legally carry liability insurance covering junior exhibitors and/or their exhibits. Liability insurance is the responsibility and at the discretion of the junior exhibitor. Therefore, it is suggested that junior exhibitors consider taking out a liability policy covering themselves and their exhibits. All Independent Exhibitors are required to show proof of liability insurance. All other junior Exhibitors (4-H and FFA) are strongly urged to carry liability insurance. A policy may be purchased through California Fair Services Authority for a minimal cost. Call the fair office for assistance and applications.

28th Annual Range and National Resources Science Camp for High School

June 17-22, 2012

UC Elkus Youth Ranch in Half Moon Bay, CA

This is an opportunity for students, 15-18 years of age, to experience the benefits of our natural resources through interactive learning with resource professionals. For information and application forms visit http:casrm.ranglands.org/HTML/rangelands.html (bottom of page) APPLICATION Camp Fee: $400.00 For Scholarship information contact June Stewart the 4-H Office (530) 889-7386

Join the 4-H Technology Leadership Team

Applications due May 31, 2012

Do you have an interest and experience in technology? Think about joining the 4-H Technology Leadership Team! 4-H members age 16 and older and 4-H volunteers may apply. Candidates must have some type of technology experience where he/she could lead an hour workshop. Technologies could include photography, video, website design, social media, hardware, GPS/GIS, computer support, graphic design, 3D imaging, smartphones, programming, biotech, engineering, technology & society.

Colusa FFA Livestock Skill-A-Thon

March 31, 2012, 9:30am Check-In, 10:00 Competition starts
Open to 4-H, FFA, Grange and Independent youth 19 and under.
$15 fee per team for awards, $5 for individuals.
Questions? Study Guide available. Contact Andrea Thomas @aaaelitegenetics@hotmail.com or call (530) 218-1968
2012 Placer County 4-H Council Scholarship
Applications Due Sunday, April 22, 2012—Interviews: Saturday, May 5, 2012 (date change)
Placer County 4-H Office, Auburn

$300 scholarship awards will be given this year to qualifying 4-H high school students. This award has been made possible through the raising of a sale animal that is auctioned annually at the Junior Livestock Auction.

Applications are available at the 4-H office or can be e-mailed by contacting Cindy at cmitchell@ucdavis.edu. Also available to download at http://ucanr.org/placer4hscholarships

2012 Hulbert Award
Applications Due Sunday, April 22, 2012—Interviews: Saturday, May 5, 2012 (date change)
Placer County 4-H Office, Auburn

This award was established by Laura and Neil Hulbert, who were strong supporters of youth activities. The funds are to be bequeathed annually in the amount of $2,500 each award. This year’s awards will go to one male, one female and three additional awards open to either male or female. Placer County students between 14 and 18 years of age (by Jan. 1 of the selection year), and currently enrolled in Placer County 4-H.

Additional information and applications are available at the 4-H office or can be e-mailed by contacting Cindy at cmitchell@ucdavis.edu. Also available to download at http://ucanr.org/placer4hscholarships

Higher Education Scholarships
Deadline: April 30, 2012
The California 4-H Youth Development Program, with help from donors, offers statewide scholarships to graduating high school seniors and current college students to cover educational expenses such as tuition, books, room and board. Applicants may apply for multiple scholarships but are only eligible to receive one scholarship per year.

Previous scholarship recipients may reapply. For scholarship categories and application details, please visit: http://www.ca4h.org/Resources/Members/Scholarships/.

Golden Clover Awards
Deadline: May 31, 2012

The Golden Clover Awards recognize the outstanding achievements of members, volunteers, program staff, and groups within the 4-H Youth Development Program. Individuals and groups may apply or be nominated in multiple categories. Golden Clover recipients will be awarded a $500 cash award, a medallion, and a lapel pin. For award categories and application details, please visit: http://www.ca4h.org/Resources/Members/GoldenClover/.

Robert Brownlee Science Award for 4-H members and volunteers
4-H Golden Clover Awards due May 31, 2012
http://www.ca4h.org/Resources/Members/GoldenClover/

Robert Brownlee (1942-1991) was a visionary, whose practical inventions were elegant solutions to complicated technical problems, and whose generosity continues to extend that vision to science education for young people. This category is awarded to a member and volunteer for utilizing science inquiry and experiential learning in 4-H work to help youth increase knowledge, skills and competencies and improve their attitudes about science. This category includes increasing science awareness and use in 4-H projects by testing predictions and making sense of observations.

Gloria Barron Prize for Young Heroes

The Gloria Barron Prize for Young Heroes invites nominations for its 2012 awards. The Barron Prize, founded by author T.A. Barron in honor of his mother, celebrates outstanding young leaders ages 8 to 18. Each year, the Barron Prize honors inspiring young people who have made a significant positive difference to people and our planet. Ten winners each receive $2,500 to support their service work or higher education. Nomination deadline is April 30. For more information and to nominate, visit http://bit.ly/edhit
All-Stars

Annual Presentation to Board of Supervisors

On Tuesday, February 14th Placer County All Stars made their annual presentation to the Placer County Board of Supervisors. Those All Stars able to attend were Amanda Baker, Max Fefer, Sarah Holt, Haley Sellers, and Mia Zimmer along with their All Star Advisor, Lara Lopez and June Stewart, 4-H Program Representative. At the conclusion of their presentations, they presented each of the Supervisors with Honorary 4-H Volunteer Leader Cards and a 4-H key fob with the 4-H pledge engraved on it. Following are highlights from their talks.

Max Fefer: Community service has always been a large part of my experience in 4-H. 4-H allows youth to develop into well rounded individuals who will make a difference in the future. The unique learning environment in 4-H is full of support and encouragement where a common lesson is to not let failure impede upon our successes and use these experiences to better prepare for the future.

Many among our ranks do not recognize this, but our community is very different from other organizations. The 4 H’s (Head, Heart, Hands, and Health) display the mission of 4-H and distinguish how special our program is. Head represents how 4-H teaches us an array of life skills which interacts with our Hearts, which symbolizes how 4-H instills passion for the arts, community service, mentoring, and the environment into our lives. Finally, with our Hands and Health, we are able to accomplish many goals and live a complete and happy life. 4-H has taught me these values and motivated me to make a difference and improve our world. Through 4-H, I have learned the value of community service and planned projects ranging from visiting assisted living centers to making gift baskets for the local foster center.

Haley Sellers: Respect, when it comes to respect I feel I’ve learned a lot through the 4-H. I’ve learned you have to give it to get it, that a boss must respect an employee just as much as an employee has to respect a boss. That when it comes to respect there is no such thing as instant gratification because it takes years of working with people and giving respect to get some back. Without it the All Stars wouldn’t be the fine young adults we all are today. Respect has taught me a lot and I hope to teach younger generations about it as well.

Amanda Baker expressed that she has been a member of 4-H since she was 6 years old and likens 4-H to a big family. She has shown rabbits, pygmy goats, and pigs. Amanda has learned not only animal care and raising, but also how to market/sell animals including writing buyer’s letters, and thank you letters. Being able to sell animals at the Placer County Fair and Gold Country Fair has helped her pay for the animal projects and save money for college. She expressed her thanks to the Board of Supervisors for their support of the 4-H program.

Sarah Holt talked about how 4-H has taught her many important skills that will make her future easier and even more enjoyable. The most beneficial skill Sarah gained from 4-H is to become a more responsible individual. Through community service, leadership, and projects, she has learned to be responsible for her own actions, the projects she takes on and taking care of the animals she raises. Sarah has learned that being responsible can lead to great successes, like selling project animals for a good price at fair, or getting a great grade on a test. 4-H has helped her to understand that responsibility is important, not only to show in the program itself, but in everything a 4-Her will do in their life. Sarah believes responsibility is fundamental to success.

Mia Zimmer: 4-H has always been a program deeply involved and nurturing to the youth of Placer County. That is why I, and many others I know, were extremely happy to find out that there was another way we could give back to 4-H and the community. The Placer County All Stars and their newest project, the All Star Candidacy program are a group of 4H youth who are given special tasks to help our community. We hope to be good influences to every other member in 4H and to help set the example for any 4-Her who sees us. Our group sees the importance of educating the public on 4-H and the helpful service we give. We were given this very opportunity on Tuesday, February 14, when two All Stars and three All Star Candidates spoke their thoughts on what they think is great about 4-H to the Placer County Board of Supervisors.

Many of us had different opinions on what 4H is about and what the most important traits learned from such a program are. Leading in with the 4-H pledge, we followed with individual talks on community service, respect, individualism, responsibility, the fair and our own experiences in 4H and why these topics meant the most to us when thinking about the 4-H program. Although very excited, the All Star team took its job seriously in helping the Board of Supervisors (and everyone listening) see why 4-H is so special to us. Next year, I hope to continue to be a part of the All Star team so that I can again speak to the Placer County Board of Supervisors and relay the wonderful experiences I’ve had in 4-H.

Appreciation by Mrs. Lara Lopez, Placer County All Star Advisor

I would like to personally thank the All Star and All Star Candidate team, Max Fefer, Isaac Jorgensen, Amber Miller, Haley Sellers, Andrew Wood, Amanda Baker, Sarah Holt, Suneet Narwan, and Mia Zimmer, for all of their hard work and dedication. Their families are wonderful for taking time out of their busy schedules to support their All Star...THANK YOU! I love these 4-Hers and how they display great team effort.
4-H Policy

General Liability Insurance: UC’s General Liability & Self Insurance program does not cover 4-H youth members and it does not cover project animals, including damages or injury caused by the animals. Since junior exhibitors have been sued for injuries sustained at fairs, it is suggested that junior exhibitors consider taking out a liability policy through a private company covering themselves and their exhibit. Home Owner policies may include or can often be written to include this coverage. Much more General Liability Insurance information can be found at http://www.ca4h.org/Administration/Policies/.

Accident and Sickness Insurance: 4-H Youth and Certified Volunteers are covered by The Hartford Accident/Sickness Insurance Policy. It covers injuries to 4-H members and volunteers caused by project animals. Much more Accident and Sickness Insurance information can be found at http://www.ca4h.org/Administration/Policies/.

Leadership: A Minimum of Two Adults (Chapter 11 Section 4.B CA 4-H Policy Handbook) Protection of youth is of utmost importance in the California 4-H YDP. Therefore, 4-H YDP staff, adult volunteers and members should adhere to these policies at all times.

1. There will be two (2) adult volunteers with members at all times.
2. In some occasions it may be impractical to have two (2) appointed adult volunteers present; in these situations there should be one (1) appointed adult volunteer and another adult or 4-H YDP staff member (one of which must be at least 21 years of age).
3. The adult in charge of the event must be an adult volunteer as appointed by the county director.
4. In general, no one-on-one interactions should occur in private. This includes between members and adults or among youth. If personal discussions are necessary, they should be conducted in an area that is in view of other adult volunteers and members.

4-H Fundraising Approval

To: ALL 4-H, which includes but not limited to; Clubs, Coordinator groups, summer camps

All 4-H fundraising activities must have prior approval from the County Director. Form 8.7 Fundraising Approval is available on the website at http://ucanr.org/placer4hforms or the 4-H office. This process is to be completed prior to promotion of and the actual fundraising activity.

Find answers to all your 4-H policy questions at: http://www.ca4h.org/Administration/Policies/

Share Your 4-H Experience!

Any 4-H member can submit an article for this newsletter.

NEXT NEWSLETTER SUBMISSION DEADLINE:
March 18, 2012

Send it via e-mail to: cmitchell@ucdavis.edu. All articles are subject to approval by the 4-H Program Representative. After approval, articles are published as space permits. A digital picture with your article is a great addition.

Send photos in JPG format.

More 4-H Links:

California State 4-H Website: http://www.ca4h.org
4-H Mall: http://www.4-hmall.org

State 4-H Newsletters: http://www.ca4h.org/News
4-H Clover Safety Notes: http://safety.ucanr.org/4h/

National 4-H Headquarters Website: http://www.4-h.org
National 4-H Council: http://www.fourhcouncil.edu/

California 4hOnline: (enrollment) https://california.4honline.com

June Stewart
4-H Program Representative

Roger Ingram
County Director

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