Bi-County Officer Training - Saturday, September 29, 2012 8 a.m. to 1 p.m.  
Location: Bear River High School, 11130 Magnolia Road, Grass Valley

Nevada County 4-H will be hosting this informative and exciting training event that is open to all new and returning club officers. "What is this?" you ask. The program includes an inspirational speaker, officer training (president, secretary, treasurer, etc.), songs, and recreation activities. **Training is required for Treasurers and their advisors**, and strongly encouraged for other club officers.

Now is also the time, if it has not already been done, for New Club Officers to meet with their Community Club leaders to plan the coming 4-H club year, develop a proposed budget, plan club fundraising activities to meet those needs and set Program Planning Guide goals for 2012-2013 4-H year.

New Project Enrollment Deadline

The Placer County 4-H Council voted at their May, 2012 meeting to change the 4-H club enrollment and the market animal project deadline to **November 30, 2012**. This date change allows members to be eligible to show and/or sell an animal at the Placer County and Gold Country Fairs, represent Placer County 4-H at State Fair Horse Shows and earn a 4-H Stripe and Year pin.

Returning members must attend 80% of all Club Meetings held within the club year to be considered a member in good standing and to qualify for awards and fair showings. First year members only count 80% of club meetings after enrolling with their club. Enroll on-line and submit required forms and fees to your club to complete the enrollment process.

Fee Increase

See Connie Schneider the State 4-H Director’s comments regarding the 4-H Enrollment fee increase below:

**Dear 4-H Families, and Volunteers,**

The economic climate has created extreme economic challenges in continuing to provide strong volunteer and programmatic support for 4-H locally. For the past several years, in the face of declining funding from state and federal resources, UC Cooperative Extension and 4-H at the state level have tried to absorb budget shortfalls in order to keep from raising fees to our participants. Unfortunately we have reached the point where we are no longer able to absorb all costs and have realized that fee increases to support and grow our local programming are required. These program fees will be used to provide partial funding for direct local program costs including 4-H staff who support our local volunteers.

We encourage local staff and volunteer leadership to work with us to strategize together around the development of a local funding plan to keep 4-H strong and growing. The California 4-H Foundation is a valuable resource with whom to partner in developing a local funding plan. The level of success of such coordinated local fundraising efforts is hoped to mitigate the need for future increases.

**Connie Schneider, PhD, RD**  
**Director**  
**Youth, Families, and Communities Statewide Program**  
**University of California**

The Placer County 4-H Council approved the statewide fee increase at their June 2012 meeting. The state portion of the 4-H member fee is $28, which pays for members and leaders insurance, state run program, and fund staff. The additional $2 will be used to purchase curriculum and other support for the local 4-H program. All of the $10 volunteer leader fee will go to the state. It is recognized that the fee increase may be a hardship for some families. Check with your local club to strategize how support can be developed.

**What Constitutes a Project?**

Most project work occurs over a period of several weeks or months during a year. In most counties, a **minimum of six hours** of instruction is recommended or required to complete non-animal projects. Animal projects require a constant back-up support as the youth work with their animals throughout the year therefore require many more hours of instruction to complete a successful project, thus the minimum of six hours of instruction does not apply.
**Countywide Projects**

**Attention Countywide Project Leaders!!**

If you are planning on providing a Countywide Project this club year please contact the 4-H office! We are compiling a list of projects to be offered through online enrollment.

We will need the Project title, contact name and phone number and if possible the month you plan to start your project. This information is very important to have for the 4-H on-line enrollment system and the Club Directory. Please call Carolyn Sherman at 530-889-7386 or email casherman@ucdavis.edu. Thank You!

**4-H Public Speaking Training Offered by Jarrett Tilford**

**At the 4-H Office, 11477 E Avenue, Auburn at 7:00 p.m.**

Over the twenty plus years this project has been offered as a countywide project, the participants express that this training has been most valuable to them; developing life skills and opening doors to new opportunities. This course is required training for our future All-Stars to equip them with the tools to function as County 4-H Ambassadors. Age: 7th grade through high school. **Monday Nights: September 24, October 1, 8, 15, 22, 29, November 5, 12, 2012.** Call the 4-H office to register today! (530) 889-7386 or email casherman@ucdavis.edu. Project enrollment open until the October 1st meeting.

**17th Annual “You-Make-It” Craft Expo**

**Saturday, November 3, 2012, 9:00 a.m. to 4:00 p.m.**

Gold Country Fairgrounds—Armory Building, 1273 High St, Auburn

The "You-Make-It" Craft Expo is such a wonderful opportunity to involve a large audience in 4-H "hands-on" activities at a minimal cost. The event makes year round arts-and-crafts projects possible. Assisting is a great way for teens as well as friends of 4-H to become involved. Each year there are new projects, along with some returning favorites, in the over 50 different projects from which to select. Under the guidance of youth and adult instructors, the participants make their project and take it home completed. Each club mans tables where several projects are offered. Please sign up with your Community 4-H Club to assist.

**POSTER CONTEST:** Are you creative? Artistic? Up for a challenge? Then try your hand at the "You-Make-It" Craft Expo Poster Contest!! Free Craft Expo project tickets will be given as prizes. It needs to be made on poster board (or the same size of like-kind paper). The theme is Holiday or a 4-H promotion such as "What 4-H Means to Me, or 4-H is More than Animals.” Make your poster big, bright, colorful, and easy to read. **Deadline is November 2, 2012.**

**Gold Country 4-H Club Hosting a County-Wide “Small Animal” Educational Field Day**

**October 13, 2012, 10:00 a.m. to 3:00 p.m.**

Gold Country Fairgrounds—Small Animal Barn, 1273 High St, Auburn

Gold Country 4-H Club is hosting and inviting everyone to participate in their Rabbit, Cavy, and Poultry Countywide Educational Field Day. Included in the day’s activities will be: Raising market animals, nutrition, buying show animals, rabbit fiber arts, showmanship clinics, national clubs, breeds, grooming. Animals for sale and so much more. This educational field day is a great supplement to any regular 4-H club rabbit, cavy, or poultry project.

Anyone wanting to give a presentation, sponsor an activity, help with the event, RSVP, or ask questions should contact Johnna Humber at 530 878 0733 or e-mail at dewalt bum@yahoo.com

**Horse Coordinator Meeting**

**Wednesday, October 1, 2012, 7:00 p.m.**

Loomis Round Table Pizza

An invitation is extended to everyone, either youth or adult, interested in being a member of the 4-H Horse Coordinator group and participating in all the exciting countywide horse events, such as Horse Camp, Horse Mastership, Play Days, Horse Qualifying Shows and more. Please attend and be a part of the program. Contact Sandy Bentien at (530) 305-3537 for more information.
**Placer County Farm Bureau Scholarships for Ag Students**

The Placer County Farm Bureau offers scholarships to children of Placer County Farm Bureau members who are studying Agriculture or related subjects and attending Sierra College.

**Carcass Awards Dinners**

**Beef Carcass Awards Dinner**  
**Thursday, October 11, 2012 6:30-8:15 p.m.**  
Gold Country Fairgrounds - Sierra Building 1273 High Street, Auburn

This event is co-sponsored by UCCE and the Tahoe Cattleman's Association. A discussion of carcass results from the Placer, Nevada, and Gold Country Fairs will be presented. Awards will be handed out following the presentation.

R.S.V.P. on-line at [http://ucanr.org/placer4h](http://ucanr.org/placer4h) or call Carolyn Sherman at the 4-H Office: (530) 889-7386.

**Sheep Carcass Awards Dinner**  
**Wednesday, October 17, 2012 6:30-8:00 p.m.**  
Gold Country Fairgrounds - Sierra Building 1273 High Street, Auburn

This event is co-sponsored by UCCE and the Gold Country Sheep Producer's Association. A discussion of carcass results from the Placer, Nevada, and Gold Country Fairs will be presented. Awards will be handed out following the presentation.

R.S.V.P. on-line at [http://ucanr.org/placer4h](http://ucanr.org/placer4h) or call Carolyn Sherman at the 4-H Office: (530) 889-7386.

**Shooting Sport Information**

**Shooting Sports Leader- Trainer Course Offered — Muzzle Loading Discipline**

5 Dogs Range - Bakersfield, CA

**Saturday, October 20, 2012 – 8:00 a.m. – 6:00 p.m.**  
**Sunday, October 21, 2012 – 8:00 a.m. – 4:00 p.m.**

Upon successful completion of this course, 4-H leaders will be certified in the shooting sports discipline of muzzle loading. They will be certified as leader trainers and are eligible to serve as shooting sports leaders for clubs or counties and they may also instruct and certify shooting sports volunteers. Class size is limited. There is no fee for the course. However, if you wish to receive National Muzzle Loading Rifle Association instructor certification there is a fee of $40. To get more information or register for the class contact John Borba at: jaborba@ucdavis.edu or telephone 661-868-6216.

Note that certification in a Shooting Sport event is necessary to qualify as a 4-H Shooting Sport Project Leader, you must also complete the Adult Volunteer Enrollment Process.

**Save the Date: Adult and Teen Leader’s Training**  
**December 8 – 9, 2012 in Visalia, CA**

The California 4-H Shooting Sports Program welcomes all current and/or potential 4-H Shooting Sports project leaders, teen leaders (high school aged 4-H members), and 4-H staff to attend a two-day leaders meeting on December 8-9, 2012 in Visalia, CA.

To register for the meeting, please access the following link:  
[https://ucanr.org/survey2/survey.cfm?surveynumber=7810](https://ucanr.org/survey2/survey.cfm?surveynumber=7810)

**4-H Office Closed:**  
**Monday, October 8th** Columbus Day

**LAST Call!**

**Summer Camp Lost and Found**

Camp was a wonderful week filled with new experiences and fun. If you didn’t get home with all of your possessions, please stop by the 4-H Office as there is quite a supply of Lost and Found items.

All unclaimed items will be donated to a worthy cause by October 31st.
ENROLLMENT

Before attending your first meeting, ENROLL ON-LINE…..https://california.4honline.com

It’s time to “Join the Fun” by enrolling in 4-H for the 2012-2013 Club Year!!

Go to https://california.4honline.com to enter your account and re-enroll. Forgot the steps or have questions? Instructions are on the 4-H website: http://ucanr.org/jointhefun4h under “How to Enroll On-line.”

Has your e-mail changed? Call the 4-H office to update or confirm: 530-889-7386 during office hours or e-mail casherman@ucdavis.edu. Do not proceed until your e-mail has been updated in the 4-H Office.

IMPORTANT NOTE: DO NOT CREATE A NEW ACCOUNT IF YOU HAVE BEEN ENROLLED IN THE PAST

As you complete your online enrollment, remember to print out your Medical Release Form. The Volunteer Self Disclosure form is no longer required to be printed. Please complete the Medical Release form and bring it along with payment to the club’s first meeting. (If needed, this form will be available at the club meeting.)

Once you have completed on-line enrollment, and your forms and payment have been received by the club, you will be confirmed as a member of the club. (The office will activate adults after all application conditions are met.) YOUTH ARE NOT ELIGIBLE TO PARTICIPATE IN ANY 4-H PROJECT OR ACTIVITY UNTIL ALL STEPS OF ENROLLMENT ARE COMPLETE.

Please note the following fee increase: Youth enrollment is $30 each and Adult enrollment is $10.00.

Please make checks payable to your 4-H Club. If you don’t have on-line access or have questions about enrolling, contact your club Volunteer Enrollment Coordinator (VEC) for assistance.

<table>
<thead>
<tr>
<th>Club</th>
<th>Monthly Meeting Day</th>
<th>Club Leaders</th>
<th>Phone</th>
<th>VEC Phone</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alta/Dutch Flat</td>
<td>3rd Tuesday, 2:40 PM</td>
<td>Suzanne Miller</td>
<td>530-389-2979</td>
<td>Suzanne Miller</td>
<td>530-389-2979</td>
</tr>
<tr>
<td>Dry Creek</td>
<td>2nd Tuesday, 7:00 PM</td>
<td>Lois Barsdale</td>
<td>916-771-0250</td>
<td>Susie McAtee</td>
<td>916-771-0814</td>
</tr>
<tr>
<td>Eureka/Granite Bay</td>
<td>3rd Tuesday, 7:00 PM</td>
<td>Darlene Miller</td>
<td>916-791-6385</td>
<td>Cathy Ellis</td>
<td>916-791-8624</td>
</tr>
<tr>
<td>Flatlands</td>
<td>1st Wednesday, 6:30 PM</td>
<td>Cody Sinnock</td>
<td>916-580-9859</td>
<td>Susan Bess</td>
<td>916-698-0037</td>
</tr>
<tr>
<td>Foresthill</td>
<td>2nd Thursday, 6:30 PM</td>
<td>JoEllen Sellers</td>
<td>530-367-5381</td>
<td>Dee Miravalle</td>
<td>530-401-4836</td>
</tr>
<tr>
<td>Gold Country</td>
<td>3rd Thursday, 7:00 PM</td>
<td>Johnna Humber</td>
<td>530-878-0733</td>
<td>Heidi Reed</td>
<td>530-886-0644</td>
</tr>
<tr>
<td>Long Valley</td>
<td>2nd Tuesday, 7:00 PM</td>
<td>Doris Williams</td>
<td>530-885-6195</td>
<td>Suzanna Johnson</td>
<td>530-887-8284</td>
</tr>
<tr>
<td>Loomis Community</td>
<td>1st Wednesday, 7:00 PM</td>
<td>Tresa Jorgensen</td>
<td>916-624-0355</td>
<td>Rita DeNatly</td>
<td>916-723-7994</td>
</tr>
<tr>
<td>Miners Ravine</td>
<td>2nd Tuesday, 7:00 PM</td>
<td>Nathan Baker</td>
<td>916-316-7358</td>
<td>Camille Leonhardt</td>
<td>916-632-8846</td>
</tr>
<tr>
<td>Mt Pleasant</td>
<td>2nd Wednesday, 7:00 PM</td>
<td>Terry Gage</td>
<td>916-645-1285</td>
<td>Crystal DeLaRosa</td>
<td>916-543-5950</td>
</tr>
<tr>
<td>Ophir</td>
<td>1st Tuesday, 7:00 PM</td>
<td>Sharon Coughran</td>
<td>530-823-2460</td>
<td>Lara Lopez</td>
<td>530-889-2454</td>
</tr>
<tr>
<td>Placer Hills</td>
<td>2nd Tuesday, 7:00 PM</td>
<td>Nikki Wade</td>
<td>530-878-1352</td>
<td>Gaylene Capachi</td>
<td>530-878-4694</td>
</tr>
<tr>
<td>Sheridan</td>
<td>2nd Thursday, 7:00 PM</td>
<td>Lee Bastien</td>
<td>530-633-9046</td>
<td>Laura Bullard</td>
<td>530-633-4221</td>
</tr>
</tbody>
</table>

Procedure for selecting projects for this coming 4-H year:

Enroll online, first select the Primary 4-H Club of which you will be a member, then select the projects you will be taking this coming 4-H year from the list your Primary club has to offer. Access the County Wide Project list here: http://ucanr.org/Countywide_Projects/. Clubs reserve the right to make their projects available to their own club members first, and then if a project leader has room and the desire for additional youth in their project, arrangements might be negotiated. You must first check with the project leader of another club to determine if space is available and if your schedule is such that you are going to be a regular participant. Please be realistic when determining the volume of projects you are taking so that you can do each project justice. It is not reasonable to select a project and then not attend on a regular basis as this prevents another from having this opportunity.

Parents consider what project you can volunteer to lead thereby giving a broader selection for the youth. If you do volunteer, be certain you are able to devote a minimum of six instructional hours to the project (additional hours are needed for animal projects). It is a great disappointment for youth to sign up for a project that never happens. Start project as soon as possible so time doesn’t fly by and the project never happen.
Attention All Adults: Interested in becoming a 4-H Volunteer Project Leader!

Our 4-H leaders are the backbone of the 4-H program as 4-H is an all volunteer led program. You can open the doors for youth and yourself to gain new life learning experiences through 4-H projects.

There are many reasons to become a volunteer. Some people want to become involved in their children’s activities, others want to help children in their community or have a skill to share, and others were 4-H’ers as children and want to share their experiences. Regardless of the reason, the 4-H program is glad you are considering becoming a 4-H leader or have joined the team.

You don’t have to be an expert on a subject, just willing to learn with the youth. Many resources are available through the 4-H office to assist you with information to be successful. As a project leader, you can help youth develop into responsible, self-directed, productive citizens of the world. Projects have a focus in citizenship, leadership, and developing life-skills, using the experiential learning model of “learning-by-doing”.

Learning-by-doing is a basic philosophy of 4-H. The 4-H project is one of the areas where learning-by-doing takes place. Within the project, members learn things to do, things to make, and things to explore. As members gain experience, the size of their projects may be increased and/or they may choose to take on additional projects.

A 4-H Project is:

- Planned work in an area of interest to the 4-H member
- Guided by a volunteer who is the project leader
- Aimed at planned objectives that can be attained and measured
- Summarized by some form of record keeping

Most project work occurs over a period of several weeks or months during a year. A minimum of six hours of instruction is required to complete a non-animal project. More hours of instruction are required in animal and other projects to accomplish the goal of the project.

We want to remind you this is an application process. All parts of the process must be completed BEFORE you begin serving as a 4-H volunteer. 4-H volunteer leaders must be at least 18 years of age.

To become a 4-H volunteer contact your Community Club Leader and:

- Complete the 4-H New Adult Volunteer on-line application, with payment
- 4-H Certification (view a 25 minute on-line video and complete the follow up quiz)
- A live-scan with Department of Justice clearance.
- Approval from the County Director

You will be notified when your application has been approved. Please allow a minimum of 10 days for live-scan to clear through the Department of Justice. Appointments are renewed on an annual basis.

Volunteer Certification Video on-line!!

Hopefully this will be more convenient for new volunteers. After watching the video you will be required to pass an on-line quiz.

Visit our website at http://ucanr.org/4horientation

Community Activities

Horse’n Around Horse Show
Sunday, October 7, 2012, 8:00 a.m. (registration begins at 7 a.m.)
Meadow Vista Equestrian Center
Hosted by the Meadow Vista Trails Association. $4.99 per class or $40 all day. Please contact Sherri Bloomfield for more information at 530-878-0155. Snacks and beverages available.

Sierra Hay & Feed “Pet Microchip/Vaccine Event” October 27th
At the Store located at 150 Flochini Cir, Lincoln
(One block west of Hwy 65 off First Street in downtown Lincoln)
Diana Owens owner of Sierra Hay & Feed store is offering, to any 4-H club or project, booth-space at their “Pet Event” scheduled for Saturday, October 27th, beginning at 10:00 a.m., with set-up at 9:00 a.m. Space will be available for any 4-H project preview day, where your club or project can gain exposure to the families attending the store’s vaccine/microchip clinic. Any 4-H community club or project interested in coming should contact Diana at dowens@sierrahay.com, or call 916-645-3638 to be placed on our list.
2012 State Leadership Conference Update

California Dreamin’ California Leadin’ - Submitted by Amber Miller, Haley Sellers, and Mia Zimmer

On August 9th through the 12th, the State 4-H Ambassadors and Representatives hosted this year’s State Leadership Conference (SLC) at the University of California, San Diego. The event is designed to motivate youth, teach leadership skills, and provide a time to network with fellow 4-Hers or delegates. Besides having fun and attending valuable educational classes, there were awesome motivational speakers each morning to start the day. Placer County All Stars, Amber Miller, Haley Sellers, and Mia Zimmer, along with their advisors, Mrs. Lara Lopez and Mrs. Darlene Miller, were able to make the long drive to San Diego to attend this amazing experience.

To start off the event our first motivational speaker, Keith Hawkins, was very funny and loosened up the California delegates with his personal stories. He stressed that leaders need to lead by example, because people will follow what you do over what you say. He demonstrated this by telling the audience to touch their chin while he touched his ear, which resulted in almost all the audience copied his action and touched their ears. People, he said, follow the actions they see over things that they are told, so good leaders must practice what they preach.

Each day there was some time set aside where we broke into smaller groups called "Tide Pools" to share what we learned each day with our fellow delegates. During this time, we got to know each other and set personal goals for what we wanted to achieve while at SLC. One goal might be to make new friends and to be more social. The conference provided plenty of opportunities to achieve this goal through a main recreation activity which was held each night. For example, for the first night’s activity, there were tons of fun blow-up activities which included a Velcro wall and an obstacle course. If one didn’t want to go on the blow-up attractions, there was also plenty of time to mingle and meet new people.

The State Ambassadors helped encourage everyone to mingle and network with other people by turning it into a competition. Each delegate was given a surfboard cutout with the name of another delegate and their county. The object of the game was for you to proceed to look for the person who matched your surfboard name. When you found that person, you would take all their surfboards and would then find the person on your new surfboard. At the end of the conference, the person who had the most surfboards won a prize. The surfboard game compelled people to go out and meet others in a fun way.

On Friday, our speaker was Mike Skupin, who was a competitor on the Survivor TV show. He spoke about initiate amazing by taking some risks and stretching yourself. He also explained the difference between “dream makers” and “dream takers.” In the case of the “dream takers”, they are the people who continually tell you that you are not good enough, that you can't do it, and that it is impossible. As a result of the dreamer's put-downs, the dreamer starts to doubt themselves and begins to believe what they are told. On the other hand, there are the “dream makers”, who try to help the dreamer reach their dream, even if the dream maker knows that the dreamer can’t achieve his dream at the moment. In other words, Mike Skupin’s message for us as leaders was to be “dream makers” for others and not to be “dream takers”!

After Mike Skupin’s speech, the All Star delegates participated in a workshop. Mike helped us all learn about building teamwork, communication, and creativity skills while going through an obstacle course with a group of about 10 people linked together hand in hand. As the groups went one by one, the team’s times got quicker since the later groups were able to observe what worked and what did not work on the obstacle course.

One class that Amber Miller attended was “Building Youth Resiliency through Technology”, which explained how 4-H is involved with the children of military families. It was very informative explaining the three different stages of the military life, and how the Operation Military Kids program helps kids handle having a parent leave for military duty, and how the program helps reintegrate the parent back into the family once they return through activities and outings. Some of the activities that are taught in this program include using technology to teach children how to deal with a missing parent. The class took part in one of the kid activities which consisted of taking photos and making a collage all while using an iPad! There were many unique photos at UC San Diego like the full size house precariously perched on top of a classroom building or the Cat In The Hat statue outside the mushroom-shaped university library.

Mia Zimmer attended the class “Follow Your True Colors” which had different personalities identified by colors and was about how different personalities can work together effectively. There were four personalities types or colors, and they taught how it would be beneficial to know your color and what color your club officers and leaders are so you would know how to best work with them. Through this activity, you would learn their personality characteristics, what makes them shine, and what they want to achieve. Knowing these things are a surefire way to improve your 4-H Club! Another useful class was “Get to the Point” which was about speaking effectively and efficiently. The class talked about many helpful tips for how to get club meetings done quickly, answer more questions, and provide new information.

After attending classes all day and eating three very delicious meals, another evening recreational activity was held and this time it was a pool party that also featured outdoor games like basketball, beach volleyball, and Frisbee! Out of all the recreational activities at SLC though, the big dance was by far the best! All of the delegates put on their best clothes and had a blast dancing to the wonderful selection of music put on by the DJ, aka the 4-H Technology Team. If anybody happened to have two left feet or needed to rest their tired feet, there was also a movie going and some games to play. All of the recreation events were very well planned out so there was something for everyone and, of course, there were plenty of yummy snacks!

To close out the wonderful conference, the last speaker, Arial Gilbert, spoke of her life-changing experience when she went blind due to eye drops that were tainted with a lye solution. She explained that she had to reevaluate her life and continue on a slightly different path than she originally intended. She learned that in order to move forward, she could not dwell on the past or why this happened to her. Instead, she looked for ways to get back to doing the things that she loved to do like being an avid rower. Currently, she works with Guide Dogs for the Blind where she received her guide dog. As an inspiring speaker, Arial gives presentations to different groups in an attempt to give back to all the people and programs that helped her readjust her life. At the end of her speech, she very candidly answered many questions from the delegates about her experiences of becoming and being blind.

Overall, each of us learned many things and had lots of fun at the same time. From the motivational speakers to the interesting classes, all the delegates had something new to bring back to their county to improve their 4-H program. Next year, hopefully more Placer County 4-Hers will experience SLC right here at UC Davis!
4-H State News

National 4-H Week - October 7-13, 2012

National 4-H Week provides an excellent opportunity to honor the 4-H institution which is celebrating serving youth for over 100 years nationally. In 2013, the State of California celebrates 100 years. During National 4-H Week, 4-H members will be honoring this great organization in a variety of ways. 4-H members will set up window displays in local businesses showing some of the many projects in which they are involved. Radio, newspaper, and television will highlight 4-H members in action.

The race is on! The first babies born during this week at Sutter Roseville Medical Center and Kaiser Roseville will each be made honorary 4-H members. Much 4-H memorabilia will be bestowed on each of the two newest 4-H honorary members. Gifts for these new arrivals will be greatly appreciated!

New Highest California 4-H Youth Award

The Incentives and Recognition Advisory Committee is pleased to announce the launch of the California 4-H Diamond Clover Award. The Diamond Clover is awarded to the highest achieving 4-H youth members through an application and essay process. All youth who achieve the qualifications are eligible for this award. Applications may be submitted at any time during the year while a young person is between 17 and 19 years of age. Each quarter, applications are reviewed by the Incentives and Recognition Advisory Committee and awards are given. Awardees are announced annually at the State Leadership Conference. Applications are available now for submission beginning July 1, 2012 at http://www.ca4h.org/Administration/Advisory_Committees/IR/

Rationale: Most youth serving organizations have a highest honor—Boy Scouts have Eagle Scouts, Girl Scouts have the Gold Award, Camp Fire USA has the WoHeLo Award. While the 4-H State Ambassador Program is a very high honor, it is a working honor and is prohibitive to many who may be deserving of a highest youth award.

2013 Salute to Excellence 4-H Volunteer Awards

The National 4-H Salute to Excellence Volunteer Recognition Award recognizes 4-H volunteers who demonstrate exemplary service while promoting volunteerism as both an opportunity and a privilege. Additional information is available at http://4-H.org/salute-to-excellence-awards. Award categories are as follows:

- The Volunteer of the Year Award is for individuals who have served as 4-H volunteers for less than 10 years at the local, county, district or state level.
- The Outstanding Lifetime Volunteer Award is for individuals who have served 10 or more years at the local, county, district or state level.

To be considered, nominations should be received by October 2, 2012. All nomination packets will be reviewed by the 4-H Incentives and Recognition Advisory Committee who will recommend one nominee for each category to the Associate Director of 4-H Program and Policy for final approval. Please note there is no limitation on the number of nominees from each county.

4-H Funding Opportunity

JOIN The Revolution of Responsibility! $1,000 is available to 4-H Clubs and Groups

Due: November 15, 2012 http://ucanr.org/join/

To JOIN the revolution, 4-H members, with the help of an adult 4-H volunteer mentor, should follow these steps to plan a project.
1. Identify an issue or problem in your community.
2. Find community organizations to collaborate with.
3. Plan the project: form goals, outline tasks, list needed resources, and prepare a budget
4. Prepare ways to document and record your project to share with others.
5. JOIN the revolution at http://ucanr.org/join/

A toolkit of tips, templates, links, and suggested guidelines has been developed to support your projects. From the initial work to identify a compelling community issue to the final celebration of its completion, use this toolkit to help you carry out the important steps necessary to ensure success. http://www.ca4h.org/Support/RofR/Toolkit/
State & National 4-H News & Events

State Record Book Competition:  [http://www.ca4h.org/Resources/Members/RecordBook/RBCompetition/](http://www.ca4h.org/Resources/Members/RecordBook/RBCompetition/)

To help youth prepare 4-H Record Books for state competition there is a 2012 Addendum to the Record Book Manual posted on the California website. Youth, who are planning to submit a 2012 Record Book to State Competition, should review this addendum for the most current guidelines.

State 4-H Leaders’ Forum - November 9-11, 2012

Asilomar Conference Center in Pacific Grove, CA

Registration fee: $60 registration; $235.50 to $374.50 per room  [http://ucanr.org/slfregister](http://ucanr.org/slfregister). For conference information go to:  [http://www.ca4h.org/Programs/Conferences/SLF/](http://www.ca4h.org/Programs/Conferences/SLF/)

The State 4-H Leaders Forum provides a weekend retreat for 4-H volunteers across California to gather for networking, education, relaxation, and fun. The 2012 theme is “4-H in a Minute” Highlights are: A keynote address by Nancy Franz of the Iowa 4-H program that will transform the way you present 4-H to your community. A schedule that balances informative workshops with time to enjoy the Asilomar Conference Grounds and the adjacent state beach. Assemblies filled with both fun and information. Opportunities to network with your 4-H peers from throughout the state.

Western Region Leader Forum - March 21-24, 2013

Marriott Resort in Waikiki, Hawaii

The conference site is the Waikiki Beach Marriott and Resort. It is a beautiful hotel located on Waikiki Beach in Honolulu. You will need to register at the hotel before you register for the conference so you will have the confirmation code required to avoid the surcharge for those who choose to attend WRLF and stay at another location. Reservations at the Marriott may be made by calling 800-848-8100. The state has reserved a block of rooms which you will need to refer to when you register by giving the code, WR4A, to the person taking your reservation. Registration for the forum may be completed by going to:  [http://www.ctahr.hawaii.edu/wrlf](http://www.ctahr.hawaii.edu/wrlf).

DEADLINES: Deadline for Regular Registration is December 31, 2012 - $375 Deadline for Hotel room Rate of $179 is February 21, 2013 - $425

2013 National 4-H Conference

Applications for the 2013 National 4-H Conference are available. This event brings together youth, volunteer leaders, and state and county extension staff members from across the United States, the U.S. territories, and the Canadian provinces. If you are interested in attending the conference as part of the California delegation, you will find the application and detailed information on the State 4-H website at the following URL:  [http://www.ca4h.org/programs/conferences/N4-HC/](http://www.ca4h.org/programs/conferences/N4-HC/).

Applications are due by October 31, 2012.

4-H Policy

THE 4-H CODE OF CONDUCT

When members, volunteers and parents attend an event where 4-H is represented, we must follow the Code of Conduct which was signed during your enrollment and given to parents. These are guidelines for understanding what behavior is expected while performing within the course of the 4-H Youth Development Program.

Upon enrollment as a member, or appointment as a volunteer in the 4-H Youth Development Program, you must:

- Respect individuals rights, safety, and property of others.
- Be committed to the core values, educational goals and standards of the 4-H Youth Development Program.
- Not act in a detrimental way to the 4-H Youth Development Program or in conflict with its policies or procedures.
- Not participate in the use of obscene and discriminatory language at any 4-H activity.
- Not possess or use weapons, alcoholic beverages and/or illegal drugs (or be under the influence thereof) when involved in any 4-H event, meeting or activity.

Please review the importance of the Code of Conduct and the core values of the 4-H Youth Development Program as we approach the fair season and new 4-H year. You can find the online Code of Conduct here:  [http://ucanr.org/placer4hforms](http://ucanr.org/placer4hforms).
### General Liability Insurance

UC’s General Liability & Self Insurance program does not cover 4-H youth members and it does not cover project animals, including damages or injury caused by the animals. Since junior exhibitors have been sued for injuries sustained at fairs, it is suggested that junior exhibitors consider taking out a liability policy through a private company covering themselves and their exhibit. Home Owner policies may include or can often be written to include this coverage. More information can be found at [http://www.ca4h.org/Administration/Policies/](http://www.ca4h.org/Administration/Policies/).

### Accident and Sickness Insurance

4-H Youth and Certified Volunteers are covered by The Hartford Accident/Sickness Insurance Policy. It covers injuries to 4-H members and volunteers caused by project animals. More Accident and Sickness Insurance information can be found at [http://www.ca4h.org/Administration/Policies/](http://www.ca4h.org/Administration/Policies/).

### Leadership: A Minimum of Two Adults (Chapter 11 Section 4.B CA 4-H Policy Handbook)

Protection of youth is of utmost importance in the California 4-H YDP. Therefore, 4-H YDP staff, adult volunteers and members should adhere to these policies at all times.

1. There will be two (2) adult volunteers with members at all times.
2. In some occasions it may be impractical to have two (2) appointed adult volunteers present; in these situations there should be one (1) appointed adult volunteer and another adult or 4-H YDP staff member (one of which must be at least 21 years of age).
3. The adult in charge of the event must be an adult volunteer as appointed by the county director.
4. In general, no one-on-one interactions should occur in private. This includes between members and adults or among youth. If personal discussions are necessary, they should be conducted in an area that is in view of other adult volunteers and members.

### Leadership: Supervision in Vehicles (Chapter 11 Section 4.C CA 4-H Policy Handbook)

UC and the 4-H YDP are committed to protecting members in a proactive manner against child abuse and/or neglect. These policies are primarily for the protection of members; however, they also serve to protect adult volunteers and 4-H YDP staff from false accusations of abuse.

1. Adult Volunteers should not be alone in vehicles with members.
2. Adult Volunteers should not be one-on-one in a vehicle with members other than their own child/children.
3. Adult volunteers must have current Youth Medical Release and Health History Form from the member’s parents/guardians before transporting any members in their vehicle to any 4-H YDP activity or event.

### Share Your 4-H Experience!

Any 4-H member can submit an article for this newsletter.

**NEXT NEWSLETTER SUBMISSION DEADLINE:**

October 12, 2012

Send it via e-mail to: casherman@ucdavis.edu All articles are subject to approval by the 4-H Program Representative. After approval, articles are published as space permits. A digital picture with your article is a great addition.

Send photos in JPG format.

### More 4-H Links:

- California State 4-H Website: [http://www.ca4h.org](http://www.ca4h.org)
- 4-H Mall: [http://www.4-hmall.org](http://www.4-hmall.org)
- State 4-H Newsletters: [http://www.ca4h.org/News](http://www.ca4h.org/News)
- 4-H Clover Safety Notes: [http://safety.ucanr.org/4h/](http://safety.ucanr.org/4h/)
- National 4-H Headquarters Website: [http://www.4-h.org](http://www.4-h.org)
- National 4-H Council: [http://www.fourhcouncil.edu/](http://www.fourhcouncil.edu/)
- California 4hOnline: (enrollment) [https://california.4honline.com](https://california.4honline.com)

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June Stewart
4-H Program Representative

Roger Ingram
County Director

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