May 2014

4-H Family Newsletter
Placer County, California
http://ucanr.org/placer4h
530-889-7386

Record Books Due!
It’s that time of year again!! Time to complete your Record Book and submit it to your Club Leader. Your record book should include the following:

- Your Personal Development Report (PDR)
- A Project Report for each of your projects (signed by your Project Leader for each project)
- Jr/Teen Leader Development Report—if you are a Junior or Teen Club Leader
- 2013/2014 Yearly Member Record Book Completion Sheet (this maybe provided by your Club Leader)

Remember, with your Record Book, you will need to turn in a Yearly Member Record Book Completion Sheet, available from your club leaders, the 4-H office, or the 4-H website. Be sure to fill it out completely and SIGN it.

After your club leaders have evaluated and confirmed your information on your Yearly Completion Sheet they must submit the sheet to the 4-H office by Monday, June 2nd. For more information on Record Book Completion Sheets and CA 4-H Record Book Supplemental Instructions and Interpretations visit the Placer County 4-H Website: http://ucanr.org/placer4hrecordbooks or the CA 4-H website: http://www.ca4h.org/Resources/Members/RecordBook/RBResources/

Remember to check with your Club Leader for your club’s record book due date. It is different for every club. However, all yearly Member Record Book Completion Sheets are due in the Placer County 4-H Office by Monday, June 2, 2014 (submitted to the office by your Club Leaders).

“Animal” Youth Fair
Saturday, May 10, 2014
A “hands-on” learning event at the Gold Country Fairgrounds with more information to follow. Please mark your calendar and join in this great countywide event to prepare for entering your animal in the upcoming fairs.

Golden Clover Applications
Deadline: 11:50 PM on May 1, 2014
Application available on the 4-H state website:
http://4h.ucanr.edu/Resources/Members/GoldenClover/

2014 Summer Camp
Monday, July 14th through Saturday, July 19th
Youth camp application available: May 1, 2014
Camp reservation deadline: June 13, 2014
Adult Volunteer applications available now!
Download the application from the 4-H website.
Cost: $100 for 4-H Members, $135 for Non-Members

Higher Education Scholarship Applications
Deadline: 11:50 PM on May 1, 2014
Application available on the 4-H state website:
http://4h.ucanr.edu/Resources/Members/Scholarships/
**Placer County 4-H Events**

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<td>May 4, 2014</td>
<td>Hulbert Award and Council Scholarship Deadline</td>
<td>Please see article below for details.</td>
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<td>May 10, 2014</td>
<td>“Animal” Youth Fair</td>
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<td>May 17, 2014</td>
<td>Hulbert Award and Council Scholarship Interview</td>
<td>Conducted at the 4-H Office from 9:00 AM to 2:00 PM. Appointments will be announced after applications received.</td>
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<td>July 14th through July 19th</td>
<td>Woodchuck Campground Summer Camp</td>
<td>Camp reservation forms posted to website on May 1st. Submission deadline June 13, 2014.</td>
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**2014 Hulbert Award**

**Applications Due Sunday, May 4, 2014—Interviews: Saturday, May 17, 2014**

Placer County 4-H Office, Auburn

This award was established by Laura and Neil Hulbert, who were strong supporters of youth activities. The funds are to be bequeathed annually in the amount of $2,500 each award. **This year’s awards will go to one male, one female and three additional awards open to either male or female.** Placer County students between 14 and 18 years of age (by Jan. 1 of the selection year), and currently enrolled in Placer County 4-H. Additional information and applications are available at the 4-H office or available to download at [http://ucanr.org/placer4hscholarships](http://ucanr.org/placer4hscholarships), and can be mailed to the office or e-mailed to Carolyn at casherman@ucanr.edu.

**2014 Placer County 4-H Council Scholarship**

**Applications Due Sunday, May 4, 2014—Interviews: Saturday, May 17, 2014**

Placer County 4-H Office, Auburn

$300 scholarship awards will be awarded this year to qualifying 4-H high school students. This award has been made possible through the raising of a sale animal that is auctioned annually at the Junior Live-stock Auction. Applications are available at the 4-H office or available to download at [http://ucanr.org/placer4hscholarships](http://ucanr.org/placer4hscholarships), and can be mailed to the office or e-mailed to Carolyn at casherman@ucanr.edu.

**Meat Goat Showmanship Clinic**

We would like to invite any and all Placer County 4H meat goat exhibitors to this showmanship clinic. Come learn and practice goat showmanship techniques including the proper way to "brace" your goat in preparation for judging at the upcoming fairs. You are encouraged to bring your own goat as our supply of “teaching” goats will be limited. Please RSVP by calling **530-823-8265** and let us know you plan to attend. We look forward to meeting you.

**When:** Saturday, May 17, 2014

**Time:** 9:30-10:45 a.m.

**Host:** Gold Country 4-H Club’s Meat Goat Project

**Where:** Sweet Home Ranch (aka the Penner’s)
2475 Moran Ct.
Auburn, CA 95603

**Questions or Directions:** Call Christy or Samantha Penner at 530 823-8265

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**Got Whites?**

Have you considered recycling your children’s uniforms? Children have a way of growing and their clothes just don’t keep up! The 4-H office has a selection of “whites” which others have contributed. Come by, try them on and **donate your “out grown”**s to the supply. Hopefully there is something that will work for you!

**Hats, Scarves, Ties, & Record Book Covers** are available for purchase at the 4-H Office.

- Ties $12.00 each
- Hats $14.00
- Scarves $15.00
- Record Book Covers $3.00

Cash or check accepted. No ATM or credit cards.
Andrew Wood Selected as State Ambassador

Andrew Wood, an active member in 4-H for nine years, was recently chosen as a State Ambassador for California 4-H. Andrew is the President of the Gold Country 4-H Club in Auburn, as well as a Placer County 4-H All-Star. Along with his present leadership roles at the local club and county levels, Andrew has been the recipient of the 4-H Council Scholarship and the Golden Clover Award from California 4-H for his work in training guide dogs for the blind.

The California 4-H State Ambassador Program is a working honor that provides 4-H members expanded opportunities to serve the University of California 4-H Youth Development Program. The 4-H State Ambassador position is one of the highest service opportunities and levels of recognition attainable in the University of California 4-H Youth Development Program. 4-H State Ambassadors are youth who have excelled in the areas of leadership and community service. They are selected to serve the 4-H Youth Development Program in roles that promote leadership through education and service.

Andrew, when asked about how he felt about being selected as a State Ambassador, expressed that he was tremendously excited for the opportunity and has aspired to be a State Ambassador for numerous years. Additionally, when asked what he hopes to get out of being a State Ambassador, Andrew shared that he feels being a State Ambassador will be invaluable to continuing his leadership development and growth throughout his year of serving and looks forward to representing 4-H throughout California. Andrew in particular wants to promote 4-H to younger youth to entice them to become more involved in 4-H programs.

Andrew feels that 4-H has had a huge impact on his life. He expresses that his ability to conduct himself professionally and his strong public speaking skills are directly correlated to his involvement in 4-H.

The focus of 4-H from the local to state level is to have positive youth development through hands-on service learning. 4-H is built through a framework of youth and adult partnerships to develop our youth for the being future leaders of tomorrow. Placer County has not had a State Ambassador for at least ten years, and Placer County 4-H is excited to support Andrew. Andrew’s term as State Ambassador will begin July 1, 2014 and continue through June 30, 2015. He will have the opportunity to travel all around the State of California promoting and educating about 4-H, and demonstrating the importance of having youth being involved in 4-H.

Horse Event Date

**May 18**—Placer County Fair Qualifying Horse Show. Loomis Basin Horsemen’s Association Arena. Registration due in the 4-H office before 5:00 PM on May 8, 2014 (Rain date: June 1st)

Sacramento County "Silver Buckle" Qualifying Horse Show: **May 21-26, 2014**

CA State 4-H Classic: **June 25-29, 2014** at Brookside Equestrian Center, 11120 Bradley Ranch Rd, Elk Grove, CA

CA State Fair "Best of County" Horse Show: **July 13-14, 2014**
State 4-H Advisory Committee

The State 4-H Office is accepting statewide 4-H Advisory Committee applications for the 2014-15 program year. All 4-H members, adult volunteers, county and state 4-H YDP staff, as well as community partners are encouraged to apply. The committees offer insight, review and input for the operation and management of the statewide 4-H YDP. Applications are due to the CA State 4-H Office postmarked by May 31, 2014 or online at: https://ucanr.edu/survey/survey.cfm?surveynumber=12323 by 11:59pm on May 31, 2014. For more information, see: http://4h.ucanr.edu/Administration/Advisory_Committees/

Positive Development through 4-H

4-H was formed as the result of dedicated, forward-looking people, working individually and in groups. These innovators were interested in youth education and realized the importance of supporting and preparing youth for their futures. The essential elements to the positive youth development that are found within 4-H are:

- **Belonging** - to know they are cared about by others.
- **Mastery** - to feel and believe they are capable and successful.
- **Independence** - to know they are able to influence people and events.
- **Generosity** - to practice helping others through their own generosity.

4-H promotes and supports caring and kind adults building relationships with youth while creating safe environments where youth have the opportunity to demonstrate their learned skills through public service. The key elements to effective and continued positive youth development are:

- **Consider the whole young person, not just a single characteristic or problem.**
- **Depend on family and community development as it occurs in the context of society.**
- **Focus on the positive outcomes we desire for young people, not the negative outcomes we hope to prevent.**

The experiences and development found within 4-H does make a difference in youths’ lives. So, thank you to adult volunteers for continuing to support and facilitate positive youth development.

4-H Website/Curriculum/Resources

If you have visited the Placer County 4-H website lately, it is quite evident that there has been many recent changes to the website layout. I know that in this modern time, 4-H families are incredibly busy and unable to always attain resources in person from the County Extension Office. Thus, we are revamping the website to help suit the needs of our 4-H’ers spread throughout Placer County to give access to resources and to stay connected without leaving their neighborhood. In conjunction, to the new design of the website, we added new social media accounts with twitter, Google+, and YouTube as well as our existing Facebook. Please find and like Placer County 4-H!

We also started the process of adapting older curriculum for Small and Large Animals. We need your feedback and help to continue to adapt and create curriculum and resources that can help aid project leaders that are beginning, intermediate, and advanced. If you have suggestions on topics that should have curriculum developed and/or good resources to purchase for our lending library, please contact the 4-H Office (530) 889-7386.

**New Swine and Beef curriculum on the 4-H Mall, a wonderful resource produced in conjunction with California 4-H:** http://www.4-hmall.org/Category/animalscience.aspx
Citizenship Washington Focus - June 1-7, 8-14, 15-21, 29-July 5, 2014

Citizenship Washington Focus (CWF) is a week-long 4-H citizenship program for youth ages 14-19 that takes place at the National 4-H Youth Conference Center, just 1 mile from the Washington, DC border. Every summer, thousands of young people participate in the program, which provides opportunities for them to:

- Strengthen their communication, leadership, and citizenship skills on a national level
- Understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders
- Exchange ideas, practice respect, and form friendships with other youth from diverse backgrounds
- Experience hands-on learning using the historical backdrop of Washington, DC.

For more information visit the following website:
http://www.4hcenter.org/youth-conference-center-overview/educational-programs/citizenship-washington-focus/about/.

California Focus - June 13-17, 2014

California Focus is a unique citizenship educational experience that combines hands-on participation in workshops, debates and simulations with speakers, tours, fun activities and new friends from across California. For more information visit their website at:
http://4h.ucanr.edu/Projects/Citizenship/Focus/CF/


Leadership Washington Focus (LWF) is a 4-H leadership program for youth entering grades 7 through 9. The program will take place at the National 4-H Youth Conference Center, just 1 mile from the Washington, D.C. border. For more than 50 years, thousands of 4-H’ers have participated in our high school program, Citizenship Washington Focus and now we are happy to introduce its precursor for middle school 4-H’ers. For more information visit the following website:
http://www.4hcenter.org/youth-conference-center-overview/educational-programs/leadership-washington-focus/about/.

If you are interested in participating, contact Jenna Colburn at jcolburn@ucanr.edu

State Leadership Conference – August 14-17, 2014 at UC Santa Cruz

http://www.ca4h.org/Programs/Conferences/SLC/

The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. For descriptions of the education sessions, visit this website:
http://www.ca4h.org/files/167525.pdf

Community Club Leader Meetings

Wednesday, May 28th @ 6:30 p.m.
Hosted by Ophir

2014 Revolution of Responsibility

Application Deadlines are as follows:
May 15, 2014
July 15, 2014
September 15, 2014
November 15, 2014

http://www.ca4h.org/Support/RofR/
The State 4-H Field Day takes place annually on the last Saturday of May at the UC Davis campus from 8:00am until 6:00pm. This event, open to all 4-H members, volunteers, staff, and parents, welcomes between 1,000 and 1,400 people each year. Enjoy the "picnic" feel and bring your chairs to socialize for the day on the Wellman Hall east lawn. The State 4-H Office provides coordination and facility support. Each contest and activity is coordinated by a group of 4-H staff, volunteers, and youth. During the event, 4-H members may participate in a variety of contests. Some contests require pre-qualification and/or pre-registration, and some events are open to all 4-H’ers during the day.

EVENTS HELD AT STATE 4-H FIELD DAY:

NEW this year: **Chess Tournament**  The tournament is "Blitz" style. Two people play each other twice per round and there are 4 rounds, which is 8 games total. Each game is 15 minutes and 30 minutes per round, which is 2 hrs total. The playoffs are in the afternoon, after lunch. Visit [http://4-hchessmasters.webs.com/](http://4-hchessmasters.webs.com/) to register and for more information!

**State 4-H Presentation Day** - Application Deadline: May 23, 2014. Volunteer judges provide written feedback to individual or teams of 4-H members on their presentations. Judging is criterion-based using a rubric. Types of presentations vary between demonstrations, prepared speech, interpretive reading, impromptu, and others. [http://4h.ucanr.edu/Programs/Events/SFD/PD/](http://4h.ucanr.edu/Programs/Events/SFD/PD/)

**State 4-H Fashion Revue** - Application Deadline: May 17, 2014. Volunteer judges provide feedback on 4-H members’ clothing and accessory choices using criterion-based rubrics. Categories are Traditional, Consumer Science Purchased, Up-cycle, and Denim and Apron Challenges. Open to the public are multiple service, craft, judging and fashion activities, and a fashion show. Organized by a committee of youth and adult volunteers. Contact: Jillian Barden at jmmilambarden@ucdavis.edu.

**State 4-H Interview Contest** (pre-registration encouraged): Before the event, 4-H members select a mock job and develop a cover letter and resume. At the event, 4-H members are interviewed and evaluated by three judges using a rubric. Contact: Kelly Hinde at hindekelly@gmail.com

**State 4-H Plant Science Contest** (no pre-registration necessary): The contest is organized into three parts: judging, plant identification, and written test. The four highest ranking senior 4-H members are qualified to participate in the national contest. Contact: Terry Berke at terry.berke@monsanto.com.

**Entomology Contest** (no pre-registration): The contest is divided into two parts: insect identification and knowledge. In the insect identification contest, 4-H members will identify 25-30 common local insects as well as exotic insects by using their common name and insect order. In the knowledge contest, 4-H members will be questioned on the human and environmental impact of insects, biology, taxonomy, anatomy, behavior, and insect disease. Contact: Amanda Penicks at PKSBackyardfarms@aol.com.

**State 4-H Photography Contest** - Application Deadline: May 2, 2014. 4-H members may submit two photographs in various categories. Contact: John Trammell at techdude4h@gmail.com.

**State 4-H Film Festival** - Packages must be post-marked by May 8, 2014. Provides a venue for teams of 4-H members to showcase their films. View a selection of previous year's films at [http://www.youtube.com/user/California4H](http://www.youtube.com/user/California4H). Contact: Clay Ferguson at czc3@pacbell.net.

**Judging Contest** (no pre-registration): In each class, youth rank four items based on a standard; typically ten classes. Contact: Mary Ann Smith at maryann.smith@imperial.edu.

**Logo Contest** (no pre-registration): In the morning, 4-H members may submit their logo design for the following year’s Field Day. In the afternoon, 4-H members vote on their favorite design.

**4-H MyPlate Challenge** (no pre-registration): We invite you to submit a photograph illustrating how you’re creating healthy meals using MyPlate as a guide. The goal of the challenge is to encourage healthy eating habits and raise awareness around USDA’s MyPlate dietary guidelines. Contact: Anne Iaccopucci at amiaccopucci@ucanr.edu
What is Bullying?

Bullying is about power. It can involve one or more individuals preying on someone perceived as being weaker or more vulnerable. It can be face-to-face or online. It can be physical, psychological, or emotional. It can include hitting, teasing, shunning, or spreading rumors.

- Bullying should not be viewed as a normal part of growing up. It cannot just be dismissed as "kids being kids."
- Bullying can cause lasting damage to the child being bullied and in extreme cases...bodily harm.

The 4-H Office is in the process of releasing resources for how to identify and handle bullying. Please refer to the links below for additional bullying resources, and if you have any questions contact: Jessica Trumble-Pitel at jctrumble@ucanr.edu


2014-15 State Fair

California State Fair Youth Competition Deadlines

Watch for 2014 Competition Handbooks and enter online at [www.bigfun.org](http://www.bigfun.org)
The 2014 California State Fair runs July 11-17 at Cal Expo in Sacramento.
All shows are open with no prerequisites for entry. Questions? Contact the State Fair Entry Office at (916) 263-3149.

- California Kidz Kitchen (Baking, Canning) ................................................................. June 20
- Junior Livestock (All categories) ..................................................................................... June 6
- Fur & Feathers - Junior Rabbits, Poultry, Dog Care & Training .................................. June 6
  Junior Cavy........................................................................................................ June 20

**Breakfast at The Placer County Fair**
**Daily From June 19th Through 22nd**

Yum! Yum! The 4-H Council Breakfast at the Placer County Fair will be available behind the livestock area. Food service starts at 7:00 AM, and will be available every morning of the fair thru Sunday. Come for eggs, pancakes, French Toast, and breakfast burritos!! Cost: $5.00
**Fair News and Dates**

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<tr>
<td>Gold Country Fair</td>
<td>September 4-7, 2014</td>
<td>“Family, Food &amp; Fun” (tentative theme)</td>
<td><a href="http://www.goldcountryfair.com">http://www.goldcountryfair.com</a></td>
<td>Entry closing date: Tuesday, August 5, 2014</td>
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<td>GC Pre-Weigh In</td>
<td>Beef Saturday, April 5 8-11 a.m.</td>
<td>Sheep, Swine* &amp; Goats: Saturday, June 28 7-11 a.m.</td>
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* Market Hog Weights Changed as Mandated by Yosemite Meats*

Minimum weight 215; Maximum weight 270. Hogs weighing over 270 will be disqualified. Due to the increased concern and to alleviate the spread of PEDV, porcine virus, the following changes will be implemented: Market hogs will **NOT** be pre-weighed or pre-tagged for Placer County Fair. Direction and recommendations from CDFA and the State Veterinarian, will determine changes in feeder and breeding classes at both fairs and pre-weigh at Gold Country Fair. The fair will keep everyone updated.

Fairs have been directed by California Dept of Food and Agriculture to cut water usage by 40%. The direction includes no washing of animals at the Fair. Please be prepared to assist us in making such changes by washing your animals once prior to showing, limiting your use of grooming materials that necessitate washing after the show and also using animal blankets. The exception here is swine, as we realize hogs must go to the wash rack to stay cool and healthy. Our hope is that this mandate is lifted prior to show season.

The following rules will be strictly enforced for both fairs:

Please be aware that Gold Country Fair Jr. Livestock Rule #36, stating that "market steers MUST be under control at all times" will be strictly enforced.

Jr. Livestock Rule #25, GROOMING AND CARE OF ANIMALS - Jr. exhibitors are expected to groom and care for their own animal(s) when at the Fair, or the animal(s) and exhibitor may be subject to disqualification and loss of premiums. Parents, 4-H Leaders and FFA Advisors, Sr. Grange Advisors, Sr. Herdsman and any other adults are prohibited from grooming junior livestock. Failure to comply with this rule may cause forfeit of premiums and exhibit privileges and market animals may not sell.

Gold Country Fair Rule #24 will be changed to read – “Early morning feeding of animal(s) and cleaning of pens may be done by parents ONLY to enable exhibitors to attend school.” This allows parents to feed and clean pens Thursday and Friday mornings only during Gold Country fair.

Gold Country Fair Showmanship class order will change to begin with Novice Showmanship and allow winning exhibitors to advance one level. Placer County Fair will remain the same, beginning with Senior Showmanship.

All Futurity Divisions at Gold Country Fair will be replaced with a Skill-a-Thon and Judging Competition. This change will allow exhibitors further education in all species.

**NEW – Placer County Fair exhibitors selling animals will not be paid until their buyer has paid in full. Checks will be available following the fair, beginning mid-July, 2014.** Download the Placer County Fair Exhibitor Handbook here: [http://www.placercountyfair.org/documents/2013%20fair/PCF%20Exhibitor%20Handbook%202013_Final.pdf](http://www.placercountyfair.org/documents/2013%20fair/PCF%20Exhibitor%20Handbook%202013_Final.pdf)

**A Word from Toby Riolo, Exhibit Superintendent**

The Placer County Fair will run from June 19th through the 22nd. Now is the time to get organized with your Exhibit Hall entries. What have you made this year? Clothing items...Art work...Written materials like short stories or poems...Preserves...Birdhouses.... Great photos....Look around! You probably have some wonderful additions to our community Exhibit Hall. Do you have a great recipe for chocolate cake? Have you knitted a scarf or mittens? How about your vegetable and flower gardens? Do you have something wonderful to share with the rest of us? The Mission of our Exhibit Hall is to share Joy. Joy for the people entering their items, and joy for the people coming through the hall to see all the wonderful creations. Come be a part of the Placer County Fair and share your Joy!

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**2014 Gold Country Fairground Improvement Days**

- Sunday, May 4th 7:30am - 11:30am
- Saturday, June 28th 7:30am - 11:30am
- Sunday, July 13th 7:00am - 11:00am
- Saturday, August 2nd 7:00am - 11:00am

Register for these events here: [https://adobeformscentral.com/?f=T9aUuUqaddhOqzSobINc2Q](https://adobeformscentral.com/?f=T9aUuUqaddhOqzSobINc2Q)

If you are able to lead one of the Fairground Improvement Days, please contact Nichole Farley at 916.316.6066

**Quality Assurance/Ethics Mandatory Training - Gold Country Fairgrounds’ Tahoe Building**

- Thursday, June 12th - 6:30 pm
- Thursday, July 10th - 6:30 pm

This mandatory training began in 2009; therefore, all exhibitors taking the training the first year it was required are approved through 2014.
Shooting Sports Workshop—Pistol Discipline

When: Friday, May 2, 2014 from 7:00 AM to 7:00 PM
Location: Madera County 4H Classroom
328 S. Madera Avenue, Madera CA, 93637-5465

A 4-H shooting sports workshop for the pistol discipline will be held at the Madera County 4H office in Madera, CA. This is a one day-twelve hours course. This course will be held indoors using the Creedmoor portable air gun range and Crosman Silhouette 1700P PCP pistols donated by the NRA. Participants may also bring their own AIR pistols to use should they choose.

Upon successful completion of the course, the participant will be certified as a volunteer and may lead a pistol project at the club level. The cost for this course is $30.00 to cover the instruction binder each participant will receive. Teen leaders are invited to attend. Eye protecting will be provided; however, students may bring their own eye protection if desired. Polycarbonate prescription eye glasses are acceptable.

To submit your course registration or receive information, contact Sammy Ashworth at 559-707-0755 or email Sammy at sodashworth@gmail.com. Please complete and bring the medical documents below:

Adult Medical Treatment form: http://4h.ucanr.edu/files/20100.pdf
Youth Medical Treatment form: http://4h.ucanr.edu/files/4726.pdf