



University of California

Agriculture and Natural Resources | 4-H Youth Development Program

February 2017

4-H Family Newsletter

Placer County, California

<http://ucanr.org/placer4h>
530-889-7386

Placer County 4-H Horse Achievements

Our Placer County 4-H youth are very talented riders and win a number of division awards and classes in the state competitions each year.

Every year the Placer County 4-H Horse Coordinator Group hosts a Fair Show in May. In addition to earning show awards, this show allows riders to qualify for the California State Classic and California State Fair.

The California State Classic has large and competitive classes. Winning 1st (Champion) or 2nd (Reserve Champion) is a big accomplishment, and Placer County had 24 Class Champions and 10 Class Reserve Champions! In addition to the Division Champions, two others won Class Champion or Reserve Champion.

At the California State Fair, Placer County 4-H had 11 participants representing 3 different clubs. For the second year in a row, our Placer County 4-H youth won the high point buckles in all three divisions (Novice, Junior and Senior).

In all, Placer County 4-H youth won 23 Class Champions and 12 Reserve Champions.

Two of our youth won the Equine Challenge contest – Julia F. won Senior Division and Supreme Champion (winning scholarship awards) and Kate W. won the Junior Division.



For a second year in a row, Jaxon W. won the 2016 Out of County High Point Buckle at the Sacramento County Silver Buckle Show Series

We are very proud of all of them and the hard work, time and dedication they put into their learning and success.

CONGRATULATIONS!



Placer County 4-H Horse Mastership Award Recipients Levels 1-6



CONGRATULATIONS!

There were four Level 6 Horse Mastership Completions this year. Level 6 takes five to six years to achieve and it is a lot of work. Each level has a written test and a skills test, the higher levels are very challenging and cover a lot of information. Great job ladies!



Wreaths Across America

By: Kaylee F.

The Wreaths Across America Ceremony was a touching event that took place at the Auburn Cemetery in December. There was a huge turnout of people that came early on a freezing winter weekend to lay wreaths on veterans graves and participate in the ceremony. The weather was cold, but some generous people brought hot chocolate to warm us up. The beginning ceremony had a few speeches



and then currently serving sergeants and military officers accompanied veterans to lay wreaths for veterans that were prisoners of war or who have not been found.

There were many 4-H youth from Gold County 4-H and other Placer County 4-H clubs and projects. Each person grabbed a wreath or two and headed out looking for veterans graves to lay their wreath on. As the wreath was laid down at the veteran's final resting place, his or her name was spoken and the veteran was thanked for their service. With the massive amount of volunteers, the wreaths were laid in a short amount of time. This whole ceremony was made possible by Mrs. Paula Celick and her dedicated work with Wreaths Across America.

Lifestyle Expo

by Zoe Taylor and Audrey Martin

Have you ever walked through the park and seen people doing statue-like poses? It's a good chance they are practicing yoga! Yoga is becoming more popular, being used as a form of exercise as well as a way of finding balance inside your mind. There are moves designed for beginners, intermediate, and advanced. For me, yoga is a relaxing exercise that stretches your body as well as your mind. It is a great way to deal with stress and distraction. Yoga has really helped me focus on schoolwork and staying healthy. I think everyone should try it, no matter who you are, and it will help tremendously.

The Placer County 4-H yoga project recently presented at the Lifestyle Expo at the Auburn Recreation District. The Expo was held on Jan. 14 at the Auburn Recreation district. From 10 AM to 3PM, yoga project members demonstrated a series of moves including mountain pose, warrior, and frog. The Ophir Jr. Master Gardeners project also shared a display on healthy crops the project members grew and donated to Auburn Interfaith Food Closet, to share good health with the community. There were also many vendors and demonstrations for visitors to see. The 4-Hers enjoyed the opportunity to live out the 4-H pledge of their "Health to better living for my club, my community, my country, and my world."



Yoga for kids is a countywide 4-H project. Please contact advisor Lara Lopez at Mia1Lance@gmail.com for any information regarding enrollment for her current 2016-17 years course and also for future 4-H Yoga for Kids courses offered.

Introducing...



Theresa Wood by McKenna Davidson



This year's Placer County All-Star team consists of many accomplished individuals, one of whom is 16-year-old Theresa Wood. Theresa is currently in her 10th year in 4-H and 2nd year in the All-Star program. In these years, two of her significant accomplishments include earning her Platinum Star and the Golden Clover Award for raising Guide Dogs. Miss Wood and her family have been raising Guide Dogs for the blind for six years and are currently training their 6th dog, Lira. Theresa's favorite project (although it's hard to choose) also happens to be the Guide Dog project. Outside of 4-H, activities/hobbies she enjoys include running a pet care business with her siblings, reading, and participating in choir and musical theater. When asked what she wants to be when she grows

up, Theresa says that she just wants to have a career involved with animals. She also says that the 4-H program has helped to develop her speaking, people, and leadership skills through various experiences. Additionally, being a Placer County All-Star has, and will continue to aid her in building her leadership ability which is a very important quality that will be useful for years to come. We are incredibly fortunate and grateful to have Theresa on our team and next time you see her at an event make sure to stop by and say hello. You will, without a doubt, be greeted with incredible kindness.

McKenna Davidson by Theresa Wood

If you've attended any 4-H events within the last few years, chances are you've encountered the smiling face of McKenna Davidson. At the age of 14, she is now in her 5th year of 4-H and her 2nd year as a Junior All Star. Over the years, McKenna has participated in a variety of projects and, though she loves each one, two of her favorites are Public Speaking and Yoga. McKenna credits her 4-H experiences with helping her grow in confidence, leadership and organization, people skills, and knowledge of animals. Her 4-H accomplishments are many, but she is most proud of her Platinum Star and being chosen as a Junior All Star. When not busy with 4-H, McKenna participates in Girl Scouts (she is in her 9th year), plays flute in her school band, did cheerleading (she was team captain last year), works at her parent's paintball shop, and shows swine independently at fairs. She enjoys reading and listening to music when she has free time. In the future, McKenna hopes to become a veterinarian, though she is still exploring her options. Overall, McKenna's experiences with 4-H have contributed much to making her the person that she is and the All Stars are lucky to have such a willing, confident, and fun member of the team.



Placer County 4-H Summer Camp News

4-H Summer Camp Dates Mon., July 24th - Sat., July 29th
Woodchuck Flat Campgrounds. Camper applications will be released on May 1st.



Joint Camp Meeting

March 7th, 2017 6:30 pm *Higgins Fire Station 10106 Combie Rd, Auburn*

All youth and families are welcome to attend however, this is not a meeting for attending camp or becoming youth staff. This meeting will address the budget and plans for projects at camp this year. If you have questions about attending the meeting please contact the 4-H office.

Fundraising Opportunity

MAY 4
Big Day of Giving

Big Day of Giving

Were you part of the Big Day of Giving last year? Big DoG, as it is also called, is a 24 hour giving extravaganza across the entire county. Like Giving Tuesday, donations are made online. Not only does Big DoG help raise money, it's a chance to promote awareness of 4-H overall.

Placer County 4-H participated last year and was able to put the money to good use. The county was able to purchase supplies for activities that were really needed for 4-H Summer Camp.

Placer County will participate again this May but with a twist. Big DoG will look similar to Giving Tuesday, meaning donors will go through the California Foundation site and choose where their donations should be directed. That's the twist. The bottom line is, your club has another fundraising opportunity. If your club missed out on Giving Tuesday last November, don't miss out again.

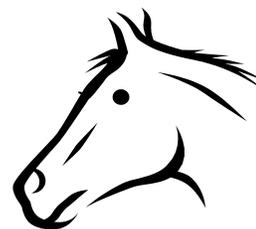
Volunteer!

Want to be part of the Big Day of Giving Planning Committee? Meet us on Tuesday, February 7th from 6-7 pm at Panera Bread on Sierra College Blvd. Bring your ideas and enthusiasm to help make 2017 even bigger than last year.

Horse Event Dates

Save these dates:

- February 26** **Placer County 4-H "All Counties" Qualifying Horse Show**
Triple Crown Equestrian Center, 3033 Gladding Rd., Lincoln
Registration deadline: February 10, 2017
- March 1-15** **4-H Horse Mastership Written Testing Dates.** Tests are to be administered by horse project leaders to members within date range, corrected, and returned to **Tammi Clader, tclader@ncbb.net**, by March 20th.
- April 26** **4-H Horse Mastership, All Levels, Skills Testing @ Triple Crown Equestrian Center**
Registration due: TBA
- May 21** **Placer County Fair Qualifying Horse Show @ Triple Crown Equestrian Center**
Registration due: TBA
- June 20-25** **CA State 4-H Classic Horse Show**
- TBA** **CA State Fair "Best of County" Horse Show**



Volunteer Information

Membership & Volunteer Cards

Youth Membership Cards: Your Community Club Leaders will be picking up your 4-H Club Member Cards at the January Community Leader/Council Meeting, making them available to distribute at your next 4-H Club meeting. They will also provide to each family a copy of the 4-H Youth Code of Conduct and Parent/Adult Behavior Guidelines.



Volunteer Leader Cards: Your card was mailed directly to you as your enrollment was confirmed. If you have not yet received your card, it is possible you have not completed the enrollment process. If you have questions, please contact Beth at the 4-H office by email at bsatterlee@ucanr.edu or by phone at 530-889-7386.

Club and Project Leaders - Please remember that the 4-H office must process a Facilities Use Form, for insurance purposes, for all club or project meetings at any location, except those meetings held in the leader's home. Complete and submit the form a minimum of two weeks before your first meeting. You may complete the Facilities Use Form through the survey link below or by returning a paper copy to the office. Please contact the 4-H Office with any questions you might have.

Project Leader Resources: <http://ucanr.edu/projectleaderforms>

Placer County 4-H Events and information

County 4-H Presentation Day

Saturday, February 25, 2017 8:30 a.m. to 12:30 p.m.

Registration Due: February 19, 2017

Location: Placer High School, 275 Orange Street, Auburn, CA

Pre-registration is REQUIRED: <http://ucanr.edu/placer4hpresentationday>

What is a 4-H Presentation?

A presentation is a method used to communicate an idea by showing and/or telling. It can be a demonstration or a talk that uses posters and other visual aids. A 4-H Presentation helps you learn to research a subject, organize ideas in a logical order, be a teacher and practice public speaking skills. Placer County 4-H Presentation day is open to all 4-H members, and will be patterned after the format for the 4-H Regional and State Presentation Days. A State "California 4-H Presentation Manual Version 2016" is available on line at <http://4h.ucanr.edu/files/2193.pdf>.

Presentation categories are open to all age groups - Primary, Junior, Intermediate, and Senior and include:

1. Demonstration
2. Illustrated Talk
3. Science or Engineering Presentation
4. Educational Display Talk
5. Informative Prepared Speech
6. Persuasive Prepared Speech
7. Impromptu Speech (download <http://4h.ucanr.edu/files/249820.pdf>)
8. Interpretive Reading
9. Share the 4-H Fun Skit
10. Cultural Arts



California 4-H offers 2017 Special Recognition: Awarded to 4-H members who participate at State 4-H Presentation Day and relate their presentations (all presentation formats are eligible; except impromptu speech) to one of the following four focus areas:

- Science, Engineering and Technology: **Flight**
- Citizenship: **Civic Engagement**
- Healthy Living: **Sleep and Stress**
- Positive Youth Development: **Mindset**

Visit the State 4-H website http://ucanr.edu/recognition_opportunities for more information, including complete descriptions, resources, and eligibility requirements. For more information on 2017 State 4-H Presentation Day visit http://4h.ucanr.edu/4-H_Events/SFD/PD/

Other Opportunities

2017 Embryology Workshop

All those interested in the embryology program and using a 4-H incubator need to attend this embryology training.

****Please only teachers and adult volunteers permitted****

Register for the training by February 20th

February 28th 2017

4:30 pm to 6:00 pm

Placer County UCCE/4-H Office 11477 E Ave Auburn, CA

For more information and questions please visit:

<http://ucanr.edu/survey/survey.cfm?surveynumber=19563>

or call the 4-H Office (530) 889-7386



You're invited to attend

Nevada County 4-H Goat Camp

March 18, 2017

8am-3pm

Nevada County Fairgrounds



Save the Date! Sectional Presentation Day

Hosted by:

Nevada County 4-H

Saturday, March 25, 2017

Location: TBA

Check out Placer
County 4-H
on **Twitter** and
Facebook

for updates and event
pictures. Invite your
friends to LIKE our
Facebook page!

[https://twitter.com/
placercounty4h](https://twitter.com/placercounty4h)



4-H Council Meeting

February 22nd@ 7:00 pm

*Loomis Veterans Hall
5945 Horseshoe Bar Rd,
Loomis*

All youth and their
families are welcome to
attend. Snacks will be available!



4-H Office Closed

Monday, February 13

Monday, February 20

VALENTINES FOR VETS



Deadline: February 7th

Please join the Colfax VFW Ladies Auxiliary #2003 in making handmade Valentines for Vets to go to the Reno VA Hospital, Mather Hospital, Auburn VA Clinic, Yountville Veterans Home, and our Placer County military serving in war zones.

Cards no larger than 8x10. Individual envelopes not necessary.

Each participating club must arrange to deliver to the Auburn Journal, Colfax Library, the Chamber of Commerce at the train depot, or mail to Beth Murphy, 100 Overlook Drive, Colfax, CA 95713. Contact: 530-637-4893. (Please include group name & mailing address.)

Fair News and Information

Placer County Fair	June 22-25, 2017	http://www.placercountyfair.org
PC Pre-Weigh In	Beef: Saturday, January 21, 8 am	Sheep, Swine & Goats: Saturday, April 8, 7 am

Placer County and Gold Country Fair would like to remind us:

County, District and State Fairs cannot legally carry liability insurance covering junior exhibitors and/or their exhibits. Liability insurance is the responsibility and at the discretion of the junior exhibitor. Therefore, it is suggested that junior exhibitors consider taking out a liability policy covering themselves and their exhibits. All Independent Exhibitors are required to show proof of liability insurance. All other junior Exhibitors (4-H and FFA) are strongly urged to carry liability insurance. A policy may be purchased through California Fair Services Authority for a minimal cost. Please be aware that Gold Country Fair Jr. Livestock Rule # 36, stating that market steers must be under control at all times, will be strictly enforced. Call the Fair offices for assistance and applications.

Questions regarding Placer County Fair or Gold Country Fair? Contact the specific Fair Office directly.

Placer County Fair (916) 786-2023

Gold Country Fair (530) 823-4533



Dear Placer County 4-H youth, volunteers, and parents,

In the past year and a half I have learned so much about the 4-H program and all that it offers our youth. I have had the privilege of working with many volunteers on county events and projects and have observed youth in action, learning and teaching their peers and the adults they work with. I have learned so much throughout all of my experiences and am most grateful for all that you each give to the program. I can't thank you enough for the guidance and support you have given me as I learned the ways of Placer County 4-H. I would like to share with you that I am resigning from my position as the Placer County 4-H Community Education Specialist. My last day of work will be this Friday, January 13th. It was an honor to work with you, have a wonderful 2017!

Sincerely, LeAnn Chizek

State and National News



State Field Day - May 27, 2017 at UC Davis

For more information from the State visit http://4h.ucanr.edu/4-H_Events/SFD/

State 4-H Fashion Revue (SFR) "The Road to Fashion", will be held Saturday, May 27, 2017 during State Field Day at UC Davis. Members qualify in their home counties to enter SFR in five categories: Traditional, Consumer Stripe/Print/Plaid Challenge and the Knit Challenge. The 2017 Service Projects are Cancer Heart Pillows and Quilts of Honor. Please review the category rules and general SFR policies on the website at http://4h.ucanr.edu/4-H_Events/SFD/SFR/

California Focus - June 16-20, 2017

California Focus is a unique citizenship educational experience that combines hands-on participation in workshops, debates and simulations with speakers, tours, fun activities and new friends from across California. Youth must be at least 14 years old by the time of California Focus. For more information visit their website at: http://4h.ucanr.edu/4-H_Events/CF/



State events, updates, and opportunities for 4-H families available on the California 4-H Newsletter <http://4h.ucanr.edu/News/Newsletter/>

Share Your 4-H Experience!

Any 4-H member can submit an article for this newsletter.

NEXT NEWSLETTER SUBMISSION DEADLINE: March 10, 2017

Send it via e-mail to: bsatterlee@ucdavis.edu All articles are subject to approval by the 4-H Program Representative. After approval, articles are published as space permits. A digital picture with your article is a great addition. **Please send photos in JPG format.**

More 4-H Links:

California State 4-H Website: <http://www.ca4h.org>

4-H Mail: <http://www.4-hmall.org>

State 4-H Newsletters: <http://www.ca4h.org/News>

4-H Clover Safety Notes: <http://safety.ucanr.org/4h/>

National 4-H Headquarters Website: <http://www.4-h.org>

National 4-H Council: <http://www.fourhcouncil.edu/>

California 4hOnline: (enrollment) <https://california.4honline.com>

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Kelley Brian
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