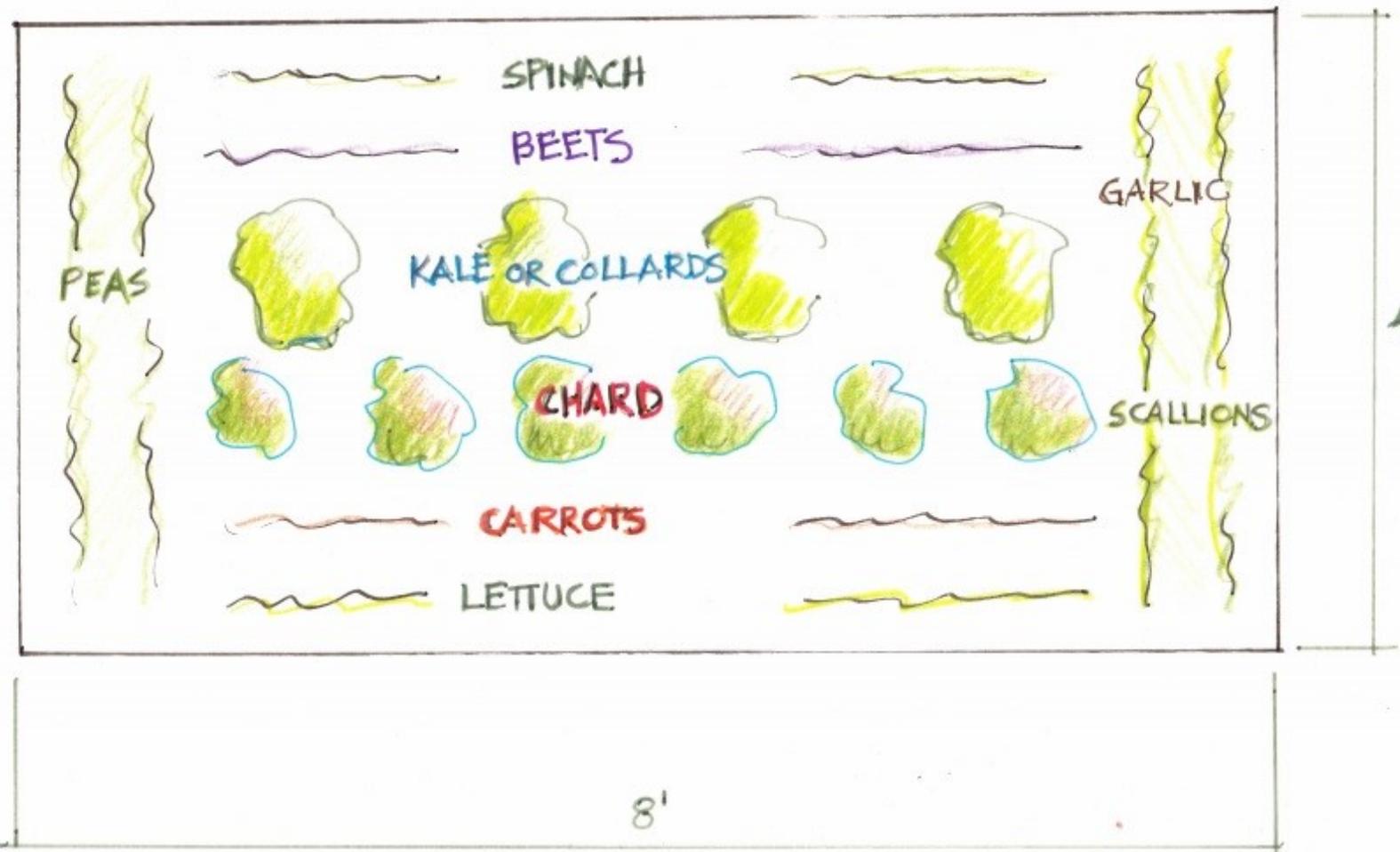


SONOMA MASTER GARDENERS  
FALL/WINTER VEGETABLE GARDEN  
SAMPLE PLANTING PLAN



PEAS

SPINACH  
BEETS  
KALE OR COLLARDS  
CHARD  
CARROTS  
LETTUCE

SPINACH  
BEETS  
KALE OR COLLARDS  
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SPINACH  
BEETS  
KALE OR COLLARDS  
CHARD  
CARROTS  
LETTUCE

GARLIC  
SCALLIONS

8'

4'

## FOCUS ON FALL VEGETABLES

### Swiss Chard

Final Spacing: 12"  
Container: 12-18" wide x 8" deep  
Member of beet family grown for leaves  
Protect from leaf miners  
Varieties: 'Barese' for dwarf variety; 'Bright Lights,'  
'Fordhook Giant,' 'Rhubarb'

### Beet

Final Spacing: 3"  
Container: 12-18" wide x 8" deep  
Eat thinnings  
Keep soil evenly moist; mulch  
Begin harvest at 1" diameter but no wider than 3"  
Varieties: 'Bull's Blood,' 'Chioggia,' 'Detroit Dark Red,'  
'Golden,' 'Red Ace'

### Carrot

Final Spacing: 2-3"  
Container: 8-14" deep  
Keep seed bed moist until seeds sprout; thin to  
proper spacing  
Choose variety based on depth of soil  
Store in ground until harvest  
Begin harvest when roots are 1/2" diameter  
Varieties: 'St. Valery' for 8-10" roots; 'Cosmic Purple,'  
'Danvers' for 6-8" roots; 'Short 'N Sweet' for 4" roots

### Peas

Final Spacing: 2-4"  
Container: 16-18" wide x 8" deep  
Vining types need support; pick regularly for longer  
harvests  
Plant in moist soil, don't water again until seedlings  
are up—seeds may rot if soil is too moist initially  
Varieties: 'Alderman' for tall shelling pea; 'Sugar Ann'  
for short, bushy vines; 'Sugar Snap' for 6' vines;  
'Oregon Sugar Pod II' for edible pod bush snow peas

### Spinach

Final Spacing: 4-8"  
Container: 8-12" wide x 8" deep  
Can tolerate 16 degrees F  
Provide adequate nitrogen  
Keep well-watered if no rain  
Protect from leaf miners  
Varieties: Savoy: 'Bloomsdale Long Standing,' 'Giant  
Winter,' Semi-Savoy: 'Tyee,' Flat Leaf: 'Olympia'

### Kale and Collards

Final Spacing: 18-36"  
Container: 10" wide x 10" deep  
Winter hardy to 5 degrees F  
Light frost sweetens the taste  
Harvest leaves as desired  
Kale Varieties: 'Dazzling Blue,' 'Dwarf Blue Curled,'  
'Nero Di Toscana,' 'Red Russian,' 'Scarlet'  
Collard Varieties: 'Champion,' 'Georgia'

### Lettuce

Final Spacing: 4-12" – distance depends on whether  
harvest is for leaves or full head; full head needs 12"  
Container: 10-18" wide x 6" deep  
Replant every 3 weeks for continuous supply  
Provide consistent moisture  
Pick when leaves are young and tender  
Varieties: 'Black Seeded Simpson,' 'Buttercrunch,'  
'Flashy Trout Back,' 'Freckles,' 'Marvel of Four  
Seasons,' 'Merlot,' 'Outredgeous,' 'Red Sails,' 'Red  
Salad Bowl,' 'Sweet Valentine'

### Garlic

Final Spacing: 5-8"  
In Sonoma County: In ground October through June  
Container: 6" deep for green garlic  
Plant 2-3" deep; add 3-6" straw mulch  
Consistent soil moisture results in bigger bulbs  
Reduce water 1 month before expected harvest  
Harvest June or July when central leaves are 50  
percent dry; bulbs need to dry before storing  
Softneck varieties typically store longer  
Store in mesh bags in cool, dark, dry conditions  
Varieties: 'California Early,' 'Inchelium Red,' 'Marbled  
Purple Stripe,' 'Silver White'

### Scallion/Bunching Onion

Final Spacing: 2-4" – plant in clusters  
Container: 6" wide x 6" deep  
Harvest when tops are 12-18" tall; if bulbs form, harvest  
when tops begin to yellow and fall over and, then, cure  
Varieties: 'Evergreen White,' 'Guardman,' 'Red  
Baron,' 'White Lisbon'