



**SM/SF 4-H Favorite Foods Day**  
Sat. March 23, 2013, 11:30 am-3:30 pm.

Community Activities Bldg.  
1400 Roosevelt Ave., RWC  
Set Up: 11am-11:30 am

11:30 am-12 pm- Registration & Judges Orientation  
Clean Up: 3:30 pm-4 pm.

Online Registration: Due Mon. March 18, 2013  
Click on this Link: <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=10308>

**REMINDER: SMC Scholarship I Trust**

Scholarship I school transcripts and three (3) recommendations are due in the County Office by 5:00 PM, on Thursday, March 21, 2013. Applications and record books are due in the County Office by noon, Friday, March 22, 2013.

Correction: The 4-H Million Trees Article in the February issue of Highlights was written by Mary Mullen ,Pacifica 4-H Club.



**Mandatory SMC Fair Meetings**

There is a mandatory meeting on **Tuesday, March 12 OR Wednesday, March 13**. Both meetings will be held at 7:00pm in the Meeting Pavilion located on the fair grounds near the Livestock Barn. You will only have to attend one of the meetings.

Please note that this year the meeting is **MANDATORY** for ALL exhibitors entering ANY specie of animal in the fair. It is also mandatory for all parents/guardians and all project leaders supervising youth in the Youth Livestock Department. (In 2012 we only required new exhibitors, parents and leaders)

The market sheep, market goat and market hog ear tagging and pre check in is scheduled for Sunday, **April 14** from 9am to noon.

*Quote of the Month*

“Life itself cannot give you joy unless you really will it  
Life just gives you time and space  
it’s up to you to fill it”  
Chinese Proverb



# Presentation Day 2013

On Saturday, February 9<sup>th</sup>, 4-Hers from all over the county convened at the College of San Mateo for this year's Presentation Day. Members showed off their expertise in singing, dancing, cooking, crafting, animal showmanship, drawing, impromptu speech, prepared speech, reading, and much more. They overcame nerves and butterflies to get up in front of an audience and were delighted to find that they really enjoyed themselves! This year, we were able to utilize the theater at CSM – a huge bonus in particular for the performance categories. This event involved many volunteers. Many, many thanks to those who helped with registration, tallied the scores, prepared materials, were room hosts, runners, judges, and everyone who was called upon at the last minute to help out. You are the ones who really made the day happen. And thank you to the San Mateo County All Stars for providing refreshments for everyone.

As always, the judges had a great time and thought that all the presentations were excellent. Gold medals were awarded to: Sebrianne Ferguson, Dina Ferguson & Laurel Nelson (San Carlos-Eaton Hills 4-H) for "Perhaps, Perhaps, Perhaps" - a contemporary ballet group dance  
Madina Ferguson & Sabrienne Ferguson (San Carlos-Eaton Hills 4-H) for their "Puttin' on the Ritz" Tap dance duet  
Alice Foy, Zoe Foy, Nina Schoener and Samantha Rozal (San Bruno 4-H) for "3.14" - an original choreography  
Nico Lévy (Belmont 4-H) for his demonstration of "Dancing off the Pie"  
Elyssa Lucas (San Carlos-Eaton Hills 4-H) for teaching us "How to Draw a Basic Manga Face"  
Laurel Nelson (San Carlos-Eaton Hills 4-H) for "Lego House" - a contemporary dance  
Nicole Nielsen (San Carlos-Eaton Hills 4-H) on "How to Show a lamb" ably assisted by Sean the sheep  
Kate Lyn Sutherland & Maeve Keegan (San Carlos-Eaton Hills 4-H) for their presentation of "To Pin or Not to Pin?"  
Elise Wacha (San Carlos-Eaton Hills 4-H) for her illustrated talk on "The History of Archery"  
Andrew Weiss (Cañada 4-H) for showing everyone "How to Make Oreo Truffles"  
These members are eligible to represent San Mateo County at Sectional Competition, on Saturday, March 30<sup>th</sup>, at UC Davis. Good luck everyone! For the second year, an Interview Contest was held. This was organized by County All Stars, Viktoria Sjolund and Ilana Lindsay. Gold medals here were awarded to:  
Emmalee Holmes (Cañada 4-H) – Interview contest  
Ruby Juballa (Burlingame/San Mateo 4-H) – Interview Contest  
Raymond Juballa (Burlingame/San Mateo 4-H) – Interview Contest  
Nico Lévy (Belmont 4-H) – Interview Contest  
Laurel Nelson (San Carlos-Eaton Hills 4-H) – Interview Contest

Finally, special congratulations go to our two primary participants, Aubrey Button and Millie Garrett for Aubrey's excellent reading of The Puffin, and Millie for her skilled demonstration of how to make a paper airplane.

Planning has already started for next year's event. If you're interested in helping in some way, please contact Jane Stahl at [jane@tri-bridgeappraisals](mailto:jane@tri-bridgeappraisals), or 650-583-7249. See you all next year!

## Submitted by Nico Lévy, Belmont 4-H Club

On Saturday, February 9<sup>th</sup>, the College of San Mateo had some unusual visitors. Lots of 4-Hers arrived carrying supplies, posters, and computers. They were accompanied by their proud families, and oh yeah - even a sheep. All Stars set up an awesome hot dog lunch stand and my dance team (including Robbie and me) was practicing our competition hip hop dance to entertain everyone while they waited for the event to start.

At 1:00 everybody came to the theatre, met the judges, and then headed out to the presentation rooms. I was feeling confident because this was my fourth year doing presentations and I had practiced my presentation a lot over the last 2 days. This year, my presentation was called "Working off the Pie". It was about how I burn off the calories that I get by eating the mini pies that I make in the Pie Project. I also signed up to do an interview – and picked the job opportunity of a dog walker. For that, I had to make and bring a resume and a cover letter telling the interviewers why I would be good for this job.

It was fun to listen to other presenters. One person had us doing Manga art, another talked about Christmas in Austria, and a third made a glass ornament. I was really happy to find out that I won gold for both events! I felt really proud of myself for doing it again this year and would recommend it to anyone just because it's fun.

## Charity Quilts

Hey everyone! For of you who do not know, my name is Katrina Hull and I am part of the Belmont club. I am also a County All-Star and all All-Stars have to plan some type of project. The project that I am doing is to get the county together on to make charity quilts for sick kids in the hospital. The date I have set is Sunday **March 17** at 10 AM to about 3 PM. I know it seems like a long day, but the time will go by quickly and if you show up you do not have to attend the whole day. It will be held at the business Always Quilting 4230 Olympic Ave San Mateo 94403.

My goal is to make 5 - 10 charity quilts. You DO NOT need sewing experience in order to participate. If there are any questions feel free to email me at [kchull@comcast.net](mailto:kchull@comcast.net) or [katrina.hull.94@gmail.com](mailto:katrina.hull.94@gmail.com)

## Club Officer in Need

The Belmont 4-H club is a small quilt with not very many high school members. Next year there will not be anyone eligible for President so we are open to the idea of having a member from another club to be next years president. If this interests you please come to some of our meetings. They are held on the second Tuesday of each month at Fox Elementary School in Belmont at 7:00 PM. Any questions please email me at [katrina.hul.94@gmail.com](mailto:katrina.hul.94@gmail.com)

Thanks,  
Katrina Hull, Belmont 4-H President

## The 4HMT News, Winter 2013

### 1. Progress to date:

- 456,034 trees planted.
- 73,526 youth participants.
- 51 US states and other nations involved.
- Please update your database records so all your trees are counted toward the project goal. Contact us with questions.

### 2. Earth Day / Arbor Day / Global Youth Service Day 2013

The BIGGEST days of the year for 4-Hers to plant trees are coming up this April. All 4-H Clubs and Units are encouraged to organize tree planting events this April to celebrate Earth Day, Arbor Day, and Global Youth Service Day. Please take advantage of the opportunity to join with thousands of other 4-H youth to plant trees as a community service project! Please consider making this your April community service event.

You don't have to be in 4-H to be part of 4HMT. People and groups outside of 4-H are also encouraged to plant trees this April, and add them to the project database on the Join Us page.

- Earth Day is April 22 this year, so the weekend of 4/20 - 4/21 would be ideal planting days.
- National Arbor Day is April 26, so Saturday 4/27 or Sunday 4/28 would be ideal planting days.
- Global Youth Service Day is April 26 - 28, so the same weekend would be perfect for your tree planting events.
- Good places to plant include local/county parks, schools, and churches; front or back yards; farms and ranches; National Wildlife Refuges and other public lands.
- Volunteer Coordinators are excellent points of contact for public entities. Contact the owners of private lands.
- Contact your local Conservation District to discuss tree planting partnerships.
- Contact 4HMT if you need some help at [4hmilliontrees@gmail.com](mailto:4hmilliontrees@gmail.com).

### 3. 4HMT Needs Funding to Expand 4HMT -AFRICA

- Over 120,000 trees have been planted by rural youth in Kenya, Tanzania, and Uganda as part of 4HMT-AFRICA, and thousands more are planned for this year.
- However, 4HMT-AFRICA needs fund-

ing to address issues of food security, economic development, environmental degradation, and education in rural schools and villages.

- 4HMT project members have written grant proposals to raise funds for this project, and will continue to try various avenues to raise funds to purchase tree seeds and supplies for the school tree nurseries, to provide curriculum booklets to the Teachers / Regional 4-H Advisors, to print agroforestry manuals for the subsistence farmers / parents, to organize workshops for youth to develop and practice leadership skills, and transportation so youth from diverse communities can join together for large reforestation projects.
  - Please let us know if you'd like to get involved in this aspect of the 4-H Million Trees Project.
  - Please contact us with suggestions on ways to raise funding for this charitable work.
  - Please consider a tax deductible donation to the 4-H Million Trees Project to support our work in Africa. You can click on the link for more information.
- ### 4. State 4-H Million Trees Projects
- State 4-H Million Trees Projects are excellent ways to give youth opportunities to get involved in the Climate Crisis.
  - Please encourage your State 4-H Office to follow the example of Missouri 4-H and start a state 4HMT project. It's easy!
  - Create a State 4HMT page on the state website, and link to it from the homepage.
  - Add the State 4HMT project page to the site navigation.
  - Create a partnership with a Conservation District / State Forestry Department so youth have access to free trees.
  - Send out a flyer / notice via E-mail, E-Newsletter, Listserv, and other electronic means so everyone in the state knows to join in.
  - Register all those trees on the Join Us page at [www.4hmilliontrees.org](http://www.4hmilliontrees.org).

Thanks for supporting the 4-H Million

### Trees Project!

Tom Webber, Project Leader  
Fiona Benjamin, Teen Leader  
San Mateo County, CA 4-H

[www.4hmilliontrees.org](http://www.4hmilliontrees.org)

"Like" us on [Facebook](#)

Watch us this Spring on the national TV show, [Eco-Company](#)



Doerr Studios, formerly Cocco & Cocco Kids Klub in Willow Glen, is carrying on the tradition of portraits of children with real, live, cuddly bunnies. We are look for bunnies to "participate."

Any of you 4Hers interested in working with us?

Also, for the future, we have enjoyed doing other promotions that give children an opportunity to have an experience they may not otherwise have. We have done this with young people from our local 4H community. "Farm Yard Friends" and our "Springtime Garden" with a baby lamb are some good examples. Let us know if there is any interest from any of you to work together.

Thank you,  
Ann & Bob Doerr  
Doerr Studios, formerly Cocco & Cocco Kids Klub  
Willow Glen: 408-978-7300  
Burlingame: 650-343-4844  
[www.doerrstudios.net](http://www.doerrstudios.net)



Hello! My name is Nicole Nielsen. I am 14 years old and am a member of the San Carlos/Eaton Hills 4-H club. I recently participated in a national contest to win my very own heifer! To enter, I had to make a video on why I wanted and deserved the heifer. Excitingly, I made it into the top 5! There was then an online poll at [stockshowconfidential.com](http://stockshowconfidential.com) between 12/20/12 – 1/1/13. I'd like to thank everyone who voted for me! I won by 48 votes, so every vote counted!

The contest requires me to take the heifer, Marie Ann, to at least 3 shows within the year of 2013, and then I will have the option of selling her. I doubt I'd be able to give her up though! I'll most likely breed her and keep her forever! I heard that cattle can live up to 25 years, so I'll still have her in my late 30s! Thanks again to everyone who voted!!! I can't wait to meet her!!!

## VOLUNTEER LEADER UPDATES

### Shooting Sports Project Leader Course Rifle Discipline

Pajaro Valley Rod & Gun Club, 557 ½ Lakeview Road, Watsonville, CA

Saturday, March 9, 2013 – 8:30 a.m. – 5:00 p.m.

Sunday, March 10, 2013 – 8:30 a.m. – 4:00 p.m.

Upon successful completion of this course, the participant will be certified as rifle trainer and can lead a rifle project at the club or county level or serve as county trainer to certify project leaders in the shooting sports discipline of rifle. This course is also open to 4-H teen leaders (high school aged youth). For more information, or to register for the class, contact Randy Turnquist at [randy@randyt.com](mailto:randy@randyt.com) or phone 831-566-2590. Please discuss the course fee with the instructor which could be up to \$25 depending on if you wish to print your own course material or have him do it. (Please note that the rifle discipline is not an approved project in Santa Cruz County).

For more information about the class facility visit this website: [www.pajarovalleyrodandgun.org](http://www.pajarovalleyrodandgun.org)

### SAVE the Date! November 8-10, 2013

100 Years and Thriving – Come celebrate California's Centennial of 4-H with your 4-H colleagues at the State 4-H Leader's Forum (SLF) at the Crowne Plaza in Sacramento. More information will be on the CA State 4-H website by the end of January. In the meantime, we are recruiting workshop presenters for this momentous event. Traditions or transitions, changes or choices, what kinds of information, issues, inspirations will you share with the delegates? Please contact Mary Engebretsen - [maryengebretsen@comcast.net](mailto:maryengebretsen@comcast.net) with suggestions of topics and/or experts.

### Shooting Sports Workshop

#### Muzzle Loading Discipline

**5 Dogs Range - Bakersfield, CA**, Saturday, March 23, 2013 – 8:00 a.m. – 6:00 p.m., Sunday, March 24, 2013 – 8:00 a.m. – 4:00 p.m.

Upon successful completion of this course, 4-H leaders will be certified in the shooting sports discipline of muzzle loading. They will be certified as leader trainers and are eligible to serve as shooting sports leaders for clubs or counties and they may also instruct and certify shooting sports volunteers. Class size is limited. There is no fee for the course. However, if you wish to receive National Muzzle Loading Rifle Association instructor certification there is a fee of \$40. To get more information or register for the class contact John Borba at: [jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu) or telephone 661-868-6216.



## 2013 State 4-H Shooting Sports ARCHERY Match

It's time to sharpen up your archery skills for the 1<sup>st</sup> Annual State 4-H Archery Match in partnership with the state 4-H shooting sports program and Mendocino County 4-H Council. **Entries must be postmarked by May 1, 2013 and returned by June 17, 2013.** Don't wait until the last day to enter ... once your entries are received the official match targets and scorecards will be mailed. Here are the simple rules:

**DIVISIONS:** Age as of December 31, 2012

Junior  
of age

9-10 years of age Intermediate

11-13 years of age Senior

14-18 years

### **NEW in 2013!**

#### **CATEGORIES:**

1. Traditional – Longbow and recurve bows.
  - Fingers only
  - Any number of sight pins
  - Kisser buttons and clickers OK
  - 60 lb. maximum draw weight
    - Any length stabilizers & torque compensators
  - No string peeps
  - No mechanical releases
2. Compound – Any bow that uses pulleys, wheels or cams
  - Fingers or mechanical releases
  - Any type of sight with any number of pins or optical sights
  - Any length stabilizers & torque compensators
  - String peeps OK
  - 60 lb. maximum draw weight



#### **RULES:**

1. Arrows may not be larger than 23/64ths in diameter for both traditional and compound categories.
2. Full color FITA targets, 122cm and 80 cm faces will be used.
3. Scoring is 10 pts to 1 pt from the center outward.
4. The shooting distances for Junior are 10, 20, and 30 yards.
5. The shooting distances for Intermediate are 20, 30 and 40 yards.
6. The shooting distances for Senior are 30, 40 and 50 yards.
7. For each category distance, the participant will shoot 6 ends of 3 arrows each.
8. A member may enter traditional or compound or both with a maximum of three distances per category.
9. The entry fee is \$5.00 for each category distance entered.
10. All participants must be verified by the county 4-H staff that they are currently enrolled in 4-H archery.
11. Entries fees may be paid only by a check from the local county 4-H council.
12. Make checks payable to "Mendocino County 4-H Council"
13. Mail entries and fees to Mendocino County 4-H, 890 North Bush Street, Ukiah, CA 95482 no later than May 1<sup>st</sup>.
  
14. The official Match scorecards and targets will be mailed upon receipt of entry to the county 4-H office or designated leader.
15. All targets must be shot and scored in the presence of a certified 4-H archery leader.
16. All targets and scorecards must be signed by the 4-H archery leader of record.
17. All completed scorecards and targets must be returned to Mendocino County 4-H by June 17<sup>th</sup> to be eligible for awards. No late targets or scorecards will be accepted.
18. After the scorecards are verified, the results will be distributed through the county 4-H offices. Awards will be sent to the participating counties for archery leaders to present.
19. Awards will be given for the top 30% in each category.

For questions, contact Linda Edgington at 707-463-4495 or email at [lgedgington@ucanr.edu](mailto:lgedgington@ucanr.edu).



**2013 State 4-H Shooting Sports ARCHERY Match  
ENTRY FORM**

(Please print clearly)

Leader's Name: \_\_\_\_\_ Phone: \_\_\_\_\_ County: \_\_\_\_\_

Leader's Address: \_\_\_\_\_ Club: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_ E-mail: \_\_\_\_\_

Entries must be received no later than May 1, 2013. You are welcome to mail the entries anytime; the official match targets & scorecards will be mailed upon receipt of entry. A 4-Her may enter traditional or compound or both with a maximum of three distances per category. Age divisions are Junior (9-10 years), Intermediate (11-13 years) and Senior (14-18 years) as of December 31, 2012.

4-Her's Name	Traditional or Compound	Junior 10 yds	Junior 20 yds	Junior 30 yds	Int. 20 yds	Int. 30 yds	Int. 40 yds	Senior 30 yds	Senior 40 yds	Senior 50 yds

Total Number of categories entered \_\_\_\_\_ X \$5.00 = \_\_\_\_\_ Total Due

Mail to Mendocino County 4-H  
890 Bush Street  
Ukiah, CA 95482

Please submit ONE check payable to "Mendocino County 4-H Council"

Signature of County 4-H Staff: \_\_\_\_\_ (Signature indicates all participants are verified as current 4-Hers.)

For those members of your club who got gold at Presentation Day at County, and want record book "fillers", or just the understandable pleasure of seeing their name in print, there is an article on the event with gold medal winners' names listed which Carolyn Livengood believes will be published Friday, March 8th.

To access the article once published, visit [www.sanmateocountytimes.com](http://www.sanmateocountytimes.com) and click on Carolyn's name.  
Linnaea Knisely

## CLASSIFIEDS

I have a 5 month old Welsummer rooster and was wondering if a child might be interested in having him for a 4-H project? He is very beautiful, so could be a show bird. Yesterday I talked with some of the 4-H kids at Carlmont shopping center ( Belmont), and they told me that it might be a possibility. Please contact Bette Bodie at [califbette@yahoo.com](mailto:califbette@yahoo.com)





# 10th Annual Northcoast YOUTH SUMMIT

## "ILLUMINATE YOUR FUTURE"

Featuring Keynote Speakers & Workshops!

Saturday ~ March 16, 2013 ~ 8:45 am to 4 pm  
College of the Redwoods ~ Eureka

Join Us for a Day Designed  
for Your FUTURE!

### ---REGISTRATION Information---

Minors: Parent or guardian signature is required!

Download a form at [www.ysummit.org](http://www.ysummit.org)

\$10 Registration received by Feb. 15th  
\$20 Received between Feb. 16th - 28th  
\$30 Received after Feb. 28th

Includes a Breakfast Snack & Lunch!

Special prize for the 1st 25 registrants!

*No refunds after Feb. 28th. Substitutions are allowed.*

Get Informed ~ Get Involved ~ Get Inspired!

WELCOME  
ALL Youth  
(grades 7-12)  
& Adults!  
(who work with youth)

motivate  
ACTION

More Info  
at  
[ysummit.org](http://ysummit.org)

make  
NEW  
friends

learn  
leadership  
SKILLS

prepare  
for  
WORK

inspire  
SUCCESS

discover  
opportunities

empower  
change

learn  
skills

improve  
social  
skills

build  
confidence

Presented By:  
Friday Night Live  
Decade of Difference  
UCCE Humboldt County  
4-H Youth Development  
College of the Redwoods  
Academy of the Redwoods

#### For More Information Contact:

Sandy Sathrum, 4-H Program Representative  
Phone: (707) 445-7351, Fax: (707) 444-9334  
5630 S. Broadway, Eureka, 95503 or [ssathrum@redwoods.edu](mailto:ssathrum@redwoods.edu)



If accommodations are needed call by March 1st

California 4-H updates can be found on the State website: <http://www.ca4h.org/News/>

## American Youth Leadership Program with Samoa

Applications due **April 1, 2013**

The American Youth Leadership Program (AYLP) with Samoa will offer 18 youth and 2 adults the opportunity to explore the vast historical and cultural traditions of Samoa. The program will include a pre-trip orientation on the campus of the University of Wyoming (July, 2013), three week cultural trip to Samoa (December 13, 2013 – January 4, 2014) and a follow-on project that will be carried out in each participant's local community following the exchange trip. The educational theme for AYLP with Samoa will focus on nutrition and food security issues that are common to the western U.S. and Samoa. For more information visit: <http://www.uwyo.edu/4-h/youth/travel/samoa/index.html> or applications visit: <http://www.uwyo.edu/4-h/youth/travel/samoa/samoa-applications.html>. *Please note: There is no program fee and out of pocket expenses will be minimal.*

## Host an exhibit/display booth at the 2013 Field Day on May 25, 2013!

<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9588>

Applications due **April 1, 2013**

Educational exhibits and displays constitute a unique aspect of the State 4-H Field Day. These exhibits are a great opportunity to share knowledge, interact with youth and adults, and engage people in new activities. Possibilities for displays include hands-on activities, community service crafts, informative booths, etc.

## Golden Clover Awards 2013

The call for Golden Clover Award nominations will be available online this year in early March. All nominations will be due on **May 1, 2013** by 11:59 pm.

## Humboldt County 4-H Horse Show

The Humboldt County 4-H Horse Show will be held March 24, 2013 in Ferndale, CA. Youth from all counties are welcome to register for this event. The registration packet and all event details are available here: <http://www.ca4h.org/files/159601.pdf>

## 2013 World Water Day - March 22, 2013

<http://www.unwater.org/watercooperation2013/>

Do you know how much water you actually consume every day? How can you change your diet and reduce your water footprint? Join the World Water Day 2013 campaign "Water Cooperation."

## Scholarship Opportunity

The Friends of the California State Fair announced that they will continue their scholarship program for the 2013-2014 academic years. California college students and graduating high school students are eligible and must submit an application by Friday, **March 8, 2013**. The scholarship applications are available now at [www.bigfun.org](http://www.bigfun.org). For more information contact Jake Rowe at [jrowe@calexpo.com](mailto:jrowe@calexpo.com).

## 4-H State Leadership Conference 2013

July 25-28, 2013 at UC Davis

Celebrating 100 years of California 4-H. This year's theme: There's no place like 4-H. The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. For more information visit: <http://www.ca4h.org/Programs/Conferences/SLC/>

## State 4-H Field Day 2013

May 25 at UC Davis

<http://www.ca4h.org/Programs/Events/SFD/>

The State 4-H Field Day takes place annually on the Saturday of Memorial Day weekend at the UC Davis campus from 8:00am until 6:00pm. The event is open to all 4-H members, volunteers, staff and parents.

## Fashion Revue:

State Fashion Revue is May 25 as part of State Field Day at UC Davis. Information is online at <http://www.ca4h.org/Programs/Events/SFD/SFR/>. Recently posted documents include Guide for Judges, Rubric Scorecards and Information Forms. Adults interested in volunteering as Judges or Room Monitors may register at <http://ucanr.edu/sfr2013judges>. We hope all counties are actively engaged in the SFR service projects: Drawstring bags, A Zoo of Hugs (softy animals), and Little Dresses & Shorts for Africa. See the flyers on the website for details. SFR is still accepting monetary donations to sponsor garment bag awards, as well as small items for welcome bags; contact Lorita Sutton at [loritas@sbcglobal.net](mailto:loritas@sbcglobal.net). Counties, please let Jillian Milam Barden know the names of your qualifying members, [jimmilambarden@ucanr.edu](mailto:jimmilambarden@ucanr.edu). Registration of youth participants opens April 1 to May 12. Contact Sue Moore, Registrar with questions about categories, qualifying or entering, [2moores@mlode.com](mailto:2moores@mlode.com).



## 2014 USA Science & Engineering Festival, April 26 & 27, 2014

<http://www.usasciencefestival.org/>

We are thrilled to announce that planning for the 3rd USA Science & Engineering Festival is well underway! The 3rd Festival will kick into high gear in 2013, with expanded school programs and year-round activities, culminating with the largest celebration of science and engineering in the U.S. on April 26-27, 2014.





# Ag Day at the State Capitol Wednesday, March 20th



9:00am to 2:00pm



## “The California Advantage”



Please join us on the West Side of the State  
Capitol



California has over 80 different Agricultural  
Commodities to offer. Come out to help California  
4-H celebrate their centennial, discover all of what  
California Ag has to offer, and meet your local  
Senators and Assemblymen!



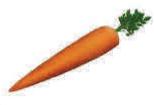
4-H is hosting a booth and needs your help!



RSVP to Sarah Watkins at [spwatkins@ucanr.edu](mailto:spwatkins@ucanr.edu), or  
530-752-5644 if you'd like to showcase your project and  
spread the word about California 4-H and how its given  
you an advantage!



Free centennial T-shirt to all attendees!



## American Youth Leadership Program with Samoa Applications due **April 1, 2013**

The American Youth Leadership Program (AYLP) with Samoa will offer 18 youth and 2 adults the opportunity to explore the vast historical and cultural traditions of Samoa. The program will include a pre-trip orientation on the campus of the University of Wyoming (**July, 2013**), three week cultural trip to Samoa (**December 13, 2013 – January 4, 2014**) and a follow-on project that will be carried out in each participant's local community following the exchange trip. For more information visit: <http://www.uwyo.edu/4-h/youth/travel/samoa/index.html> or applications visit: <http://www.uwyo.edu/4-h/youth/travel/samoa/samoa-applications.html>. Please note: There is no program fee and out of pocket expenses will be minimal.

## 4-H Film Making Statewide Project

<http://www.ca4h.org/Projects/SET/Tech/CTLT/Film/>

For 4-H members (age 13-19), volunteers, and staff to learn how to produce films. The goal of the 4-H Film Making Project is to enhance technological literacy of 4-H members by helping them learn the basics of film production including storyboarding, filming, and editing. Our goal is to have 4-H members produce films that feature how 4-H is impacting their community (for example, 4-H Revolution of Responsibility projects) and recording 4-H alumni and creating films featuring the "Voices of 4-H History" for the CA 4-H Centennial.

The project is coordinated by the 4-H Technology Leadership Team,

- Hosting four-hour video production workshops around California using the National 4-H Film Making Curriculum (workshops limited to 30 people)
- Lending video equipment kits to counties
- Showcasing completed videos at the State 4-H Film Festival and on various websites

Learn more and register for a workshop at <http://www.ca4h.org/Projects/SET/Tech/CTLT/Film/>

## 4-H MyPlate Challenge at 2013 State Field Day

In 2011 the U.S. Department of Agriculture (USDA) unveiled the federal government's new food icon, MyPlate, to serve as a reminder to help consumers make healthier food choices. 4-H is challenging YOU to show how you're making YOUR plate MyPlate. We invite you to submit a photograph illustrating how you're creating healthy meals using MyPlate as a guide. 4-H members do not need to pre-qualify at a county event. More details about this contest can be found at: [http://www.ca4h.org/Programs/Events/SFD/4-H\\_MyPlate\\_Challenge/](http://www.ca4h.org/Programs/Events/SFD/4-H_MyPlate_Challenge/)

## National 4-H Hall of Fame Ceremony Opportunity

**Due to the State 4-H Office by: May 17, 2013**

This year the National 4-H Hall of Fame Task Force of NAE4-HA would like to offer two 4-H youth the opportunity to play a unique role in the 2013 Hall of Fame Ceremony which will be

held on October 11, 2013 at the National 4-H Center in Chevy Chase, Maryland. The Task Force will be selecting a Youth Master/Mistress of Ceremonies and a Youth Entertainer to assist with the National Hall of Fame Ceremony. Details on how to apply are provided on the respective applications:

[National 4-H HOF Entertainer Application](#)

[National 4-H HOF Master/Mistress of Ceremonies Application](#)

Applications are due to the California State 4-H Office by **May 17, 2013** so applications can be reviewed and nominations from California selected and submitted by the deadline. If you have any questions, contact Shannon Dogan at [sjdogan@ucdavis.edu](mailto:sjdogan@ucdavis.edu) or 530-754-8518.

## Ornamentation in Birds

From The Cornell Lab of Ornithology: ORNAMENTATION IN BIRDS <http://orb.birds.cornell.edu/orb/content/investigations/ornamentation-birds>

In this investigation, students explore the occurrence of elaborate traits in birds and seek explanations for the variation in sexual dimorphism among bird species. Using the online database Birds of North America, students develop and test a set of hypotheses, combine their data, present their findings, and discuss future investigations related to this topic.



## InvenTeams - Introducing Students to the World of Invention , Due April 5, 2013

<http://web.mit.edu/inventeams/>

The InvenTeam initiative, created by the Lemelson-MIT Program, offers an unparalleled opportunity for high school age youth to cultivate their creativity and experience invention. InvenTeams are teams of high school youth/students, teachers, and mentors that receive grants up to \$10,000 each to invent technological solutions to real-world problems. Each InvenTeam chooses its own problem to solve.

## Special Recognition at 2013 State Presentation Day

A special recognition pin will be awarded for youth who participate in State Presentation Day and focus their presentations on healthy living. This year's focus area is physical activity. Potential topics may include muscle strengthening, heart rate importance, workout wear, Zumba, activity log, exercise trends, fitness apps, stretching, benefits of exercise, fun ways to work out, 'exergaming', recreational sports, types of activity, making time for fitness, safe places in your community to be active, and more. For details visit: [http://www.ca4h.org/Programs/Events/SFD/PD/Recognition\\_Opportunities/](http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/)



## Save the Date: June 26-30, 2013

The California 4-H Horse Classic at Brookside Equestrian Park in Elk Grove (20mins south of Sacramento)

We are offering Tenderfoot classes and Miniature Horse Classes this year.

Tenderfoot classes are for those whom were unable to participate in a qualifying horse show. Also don't forget about our educational contests: Hippology, Horse Bowl, Horse Judging, Public Speaking, and demonstrations.



Hosting a Qualifying show for the 2013 California Horse Classic?

Register your show here: <http://ucanr.edu/qualifying-shows> for it to be considered a qualifying show for the 2013 California Horse Classic.

Criteria for a Qualifying Show:

- Show verified by County
- Up to 3 shows per county
- If your county has 3 horse shows 1 show must be associated with a county fair
- Each horse show must be registered
- The Horse Show must offer the same classes that are offered at the State 4-H Classic (they may offer more if they choose too)
- Show must be before June 3rd, 2013
- Management of each show is required to send show results to Sarah Watkins at the State 4-H Office

Results can be sent via email to [spwatkins@ucanr.edu](mailto:spwatkins@ucanr.edu) or faxed to (530) 754-8541 or mailed to:

Sarah Watkins, CA State 4-H Office, 1 Shields Ave, DANR Building, Davis, CA 95616

Looking for a Qualifying Horse show for the 2013 California 4-H Horse Classic?

Visit <http://ucanr.edu/classic-qualifiers> to find a Horse Show near you!

New Horse Classic Blog

Visit <http://ucanr.edu/blogs/HorseClassic/index.cfm> for updates on 2013 California 4-H Horse Classic!

Don't forget to subscribe to receives updates straight into your inbox!

### 2013 4-H Presentation Themes

[http://www.ca4h.org/Programs/Events/SFD/PD/Recognition\\_Opportunities/](http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/)

California 4-H will offer a thematic recognition pin for youth who participate in State Presentation Day and focus their presentations on one of the following areas: Engineering to Solve the World's Problems, Physical Activity, The Path to Thriving and C is for Contribute. Specific to Science, Engineering and Technology (SET): Engineering is the application of science to

solve human issues by constructing technologies, structures, machines, devices, and systems. Scientists may ask why and develop an experiment to answer the question while engineers identify a need and then create a solution to meet the need. How can you use the engineering design process and the practices of engineering to solve California, the nation, and the world's social, economic and environmental problems? How do you use engineering practices in your 4-H projects – animals, foods, health, plants, leadership, and others?

### The Great American No Bull Challenge - 4-H'ers Can Enter NOW!

The Great American NO BULL Challenge is the first, student-led National video contest and Teen Video Awards show dedicated to bullying prevention and promoting empathy, respect and inclusive communities using the power of music and the magic of filmmaking. Middle and high school students between the ages of 13 – 18 will have 4+ months to create a 2-5 minute video or 30-60 second PSA with a digital responsibility or a bullying prevention theme. Students will submit their video to the NO BULL Challenge no later than **April 30, 2013 at 11:59 PM (PST)**. <http://nobullchallenge.org/campaign-toolkit> to learn everything you need to know in order to create your video.

### Honor a Favorite Farm Mom!

National 4-H Council is pleased to spread the word of an opportunity to honor a favorite farm mom. Beginning February 28, 2013 and continuing through **April 23, 2013**, Monsanto is offering farm moms across the nation the opportunity to win up to \$10,000 through its annual America's Farmers Mom of the Year Contest.

Visit [www.AmericasFarmers.com](http://www.AmericasFarmers.com) to nominate your favorite farm mom by sharing a brief essay explaining how she contributes to her family, farm, community and the agricultural industry. Entries are due by **April 23, 2013**.

Panels of judges from American Agri-Women and Monsanto will select five regional winners. Each winner will receive a \$5,000 prize. Profiles of the regional winners will be posted to [www.AmericasFarmers.com](http://www.AmericasFarmers.com), where online voting will determine the national winner, to be announced on Mother's Day. The national winner will receive an additional \$5,000. There has been at least one 4-H farm mom as one of the five regional finalists each year since the contest originated. You can help continue this great recognition!

For terms and conditions, and more information about the contest, visit [www.AmericasFarmers.com](http://www.AmericasFarmers.com).

### California Focus

Registration for California Focus is now available online. We have some new and exciting events planned! <http://ucanr.org/sites/UC4-H/Projects/Citizenship/Focus/CF/>

Also, please take a few minutes to go over the changes to the Plans of Action requirements for both Citizenship Washington Focus and California Focus. <http://www.ca4h.org/Projects/Citizenship/Focus/PlanAction/>



## **FUNDING OPPORTUNITIES**

*Please note: University policy requires an Advisor or County Director to submit all grant applications and fulfill the requirements of UC ANR Contracts & Grants. For more information, please contact your local county 4-H office.*

### **California 4-H \$1,000 for 1,000 Service Learning Projects**

2013 Revolution of Responsibility - <http://www.ca4h.org/Support/RofR/>

2013 Application Deadlines: March 15, 2013, May 15, 2013, July 15, 2013, September 15, 2013, November 15, 2013

### **Mark your Calendars: 2013 Paper Clover Dates**

Spring Paper Clover: **May 8-19, 2013**

Fall Paper Clover: **October 9-20, 2013** (starts during National 4-H Week)

New for Upcoming Paper Clover Fundraisers:

4-H is expected to host an in-store event at any time during both spring and fall Paper Clover events. 4-H programs that host an in-store event will receive additional funds from Paper Clover. There will be a new incentive program to drive more of the Paper Clover funds to your county 4-H program. In-store 4-H participation will be required to participate in this incentive program, and more information will be shared in early 2013. With the new and exciting upgrades to the Paper Clover campaign, please be sure you participate in Paper Clover webinars and access new toolkit resources and promotional materials to ensure you continue to benefit from this important fundraiser. More information and the webinar dates will be available in January.

### **Get Ur Good On Grants**

**Deadline: March 10**

It's Time to Get Ur Good On™! Get Ur Good On Grants offer young people around the world an opportunity to help make a lasting positive change. With \$500 Get Ur Good On Grants, you'll have the inspiration, project support, and necessary funding to turn your idea into a reality. Youth, ages 5-25 worldwide are eligible to apply for a \$500 Get Ur Good On Grant to support youth-led projects. Projects must address a demonstrated community need or issue. Service projects will be held in conjunction with Global Youth Service Day-the largest service event in the world, on **April 26-28, 2013**. [www.GYSD.org/gvysd\\_grants](http://www.GYSD.org/gvysd_grants)

### **Do Something Awards**

**Deadline: April 15**

Since 1996, DoSomething.org has honored the nation's best young world-changers, 25 and under. Do Something Award nominees and winners represent the pivotal "do-ers" in their field, cause, or issue. In 2013 five finalists will appear on the Do Something Awards on Vh1 and be rewarded a minimum of \$10,000 in community grants, media coverage and continued support from DoSomething.org. The grand prize winner will receive \$100,000 during the broadcast. <http://dsorg.us/YdWhea>

**GenerationOn** is a national and global youth service organization whose mission is to inspire, equip and mobilize young people to take action that changes the world and themselves through service. We offer free service-oriented resources through our Kids Care Clubs program (ages 5-10) and our Service Clubs program (ages 11-18), among other programs.

I'm reaching out to you because generationOn has a **current \$250 mini-grant opportunity** that you might be interested in promoting to parents, 4-H afterschool professionals and 4-H youth throughout California. The mini-grant is part of our ***What Will You Bring to the Table?*** initiative, which we'll be launching this spring (March 18<sup>th</sup>-April 30<sup>th</sup>). This mini-grant provides support for groups of young people who implement community service projects to tackle child hunger.

There are a few audiences that might be particularly interested in this opportunity:

1. **4-H youth development and afterschool professionals** who already work with a group of youth but would like a small amount of funding to implement a service project on child hunger. Adults can apply for the grant on behalf of their group and students in middle and high school (ages 13+) can apply for the grant themselves.
2. **4-H youth** who participate in 4-H programming and who would like to take the lead on organizing a hunger-related service project.
3. **Parents and teachers** who would like to involve youth in service. Parents/teachers can apply on behalf of their group.

There is more information on the grant [here](#). The application period is very short – it closes on **Jan. 23<sup>rd</sup>**, but projects won't be conducted until later in the spring and the application is short and straight-forward.

If you are unable to apply for the grant this time around, you may still want to check out our **Clubs** programming. We have periodic grant opportunities throughout the year. Please feel free to reach out to me with questions about this grant or generationOn in general – I'd love to speak with you! Contact Elise Henson, Phone 917-746-8161, email [ehenson@generationOn.org](mailto:ehenson@generationOn.org)



# W E B S I T E S

Need help with a gardening question? Call the UC Cooperative Extension Master Gardener's hotline at 650-726-9059 x 107 or email [mgvhotline@ucdavis.edu](mailto:mgvhotline@ucdavis.edu)

Elkus Ranch Environmental Education Center - We are always looking for volunteers to help out at the ranch. You can volunteer to help in the gardens, cleaning up animal pens, and other chores as needed. Please contact Leslie Jensen at [elkusranch@ucdavis.edu](mailto:elkusranch@ucdavis.edu) to volunteer!



## CA State 4-H Website

This is where you can download all your record book forms, medical releases and keep up to date with State opportunities and helpful links to other sites. <http://ca4h.org/>

San Mateo/San Francisco Counties 4-H MySpace page: [www.myspace.com/SanFranciscoSanMateo4H](http://www.myspace.com/SanFranciscoSanMateo4H)  
State Volunteer Website: <http://ucanr.org/4-hvolunteers/>

## SMC Club Sites:

Burlingame/San Mateo 4-H Club: <http://www.bsm4h.webs.com/>  
<http://halfmoonbay4h.yolasite.com/contact.php>

San Francisco Urban 4-H Page: <https://www.facebook.com/pages/SF-Urban-4H/236252666388304>

4-H Million Trees Project Page: <https://www.facebook.com/pages/4-H-Million-Trees-Project/311665871868>

The official 4-H page on Facebook: <http://www.facebook.com/4-h>

4-H National Council Facebook Page: <http://www.facebook.com/pages/National-4-H-Council/68068137048>

San Mateo County 4-H Facebook Page: <https://www.facebook.com/pages/San-MateoSan-Francisco-County-4-H/75534689930>

## Highlights Website:

**Highlights is available online!**

Follow the simple steps listed below to receive an electronic copy.

**STEP 1:** Go to the county 4-H web address:  
<http://www.cesanmateo.ucdavis.edu/>

**STEP 2:** on the navigation area click on "newsletters"

**STEP 3:** On this page you should see, "4-H Highlights" - *click on this option*

**STEP 4:** "Subscribe to Newsletter - receive e-mail when this newsletter is updated", enter email address in the box under this heading.

Your subscription will start with the next newsletter. For those without an Internet connection please contact Wendy Rotchstein at



# 4 - H Event Calendar

## MARCH

- 8 CA State Fair Scholarship applications due, [www.bigfun.org](http://www.bigfun.org)
- 9-10 Shooting Sports—Rifle, 3/9 8:30am - 5:00pm, 3/10 8:30 am- 4:00 pm, Pajaro Valley Rod & Gun Club, 557 ½ Lakeview Road, Watsonville, CA, [randy@randyt.com](mailto:randy@randyt.com)
- 12-13 All animal exhibitors, parents and Project Leaders for Fair, Mandatory meeting, 7 pm (choose one date)
- 15 Kohl's Scholarship nominations due, <http://www.kohlscorporation.com/communityrelations/scholarship/index.asp>
- 16 Northcoast Youth Summit, see flyer on page 7
- 17 All-Star Charity Quilt project, 10 am-3pm, Always Quilting, 4230 Olympic Ave, San Mateo, [kchull@comcast.net](mailto:kchull@comcast.net)
- 18 County Council Meeting, Fox School, 7 pm
- 20 Ag Day at the State Capitol, 9 am - 2 pm, [spwatkins@ucanr.edu](mailto:spwatkins@ucanr.edu)
- 21 Scholarship I transcripts and recommendations due into the County office, 5pm
- 22 Scholarship I applications and Record Books due into the County office, noon
- 22 2013 World Water Day, <http://www.unwater.org/watercooperation2013/>
- 23-24 Shooting Sports Workshop, 5 Dogs Range, Bakersfield, CA, [jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu)
- 23 Favorite Foods Day, Community Activities Center, 1400 Roosevelt Ave, RWC,
- 23 Shooting Sports Workshop, Muzzle Loading, 5 Dogs Range - Bakersfield, CA, [jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu)
- 24 Humboldt County Horse Show, Ferndale, CA, <http://www.ca4h.org/files/159601.pdf>
- 30 NC Sectional Presentation Day, [http://ucanr.edu/sites/smsf4h/4-H Events and Forms/NC Sectional Presentation Day/](http://ucanr.edu/sites/smsf4h/4-H%20Events%20and%20Forms/NC%20Sectional%20Presentation%20Day/)

## APRIL

- 1 American Youth Leadership Program with Samoa, : <http://www.uwyo.edu/4-h/youth/travel/samoa/index.html>
- 1 Exhibit/display booth at the 2013 Field Day applications due, <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9588>
- 14 SMC Fair market sheep, market goat and market hog ear tagging, 9am to noon. <https://www.sanmateocountyfair.com/>
- 22 Earth Day
- 23 America's Favorite Farm Mom contest entries due, [www.AmericasFarmers.com](http://www.AmericasFarmers.com)
- 26-27 USA Science & Engineering Festival, <http://www.usasciencefestival.org>
- 30 Great American No Bull Challenge video submissions due,

