Welcome Back to 4-H!

It's that time of year again. 4-H is starting up and it's time to get some community service hours in while having some fun. My name is Maeve Keegan and as part of my All-Star project there is a beach clean-up at San Gregorio State Beach on September 14th from 9am to noon. This is a great opportunity to get in your hours for your record book and have some fun at the beach with fellow 4-hers. The first clean up was so much fun and you can find some cool objects like tires. If you are interested in coming or have questions please feel free to email me at mackeeegan@gmail.com

The County-Wide Poultry Project & The 4th H Project

Adult Leaders: Holly Bernal, Sarah Lloyd, David Davis
Teen Leaders: Douglas Bernal and Alexander Davis
Meeting Days: TBD
Location: San Bruno Farm
Contact info: Holly - ibernal@comcast.net or 650-922-0947

This is a county-wide project focusing on how to care, raise, breed, and show poultry. Poultry includes: chickens, ducks, turkeys, gamebirds (quail), and geese. This project will give its members an opportunity to collaborate and learn with their peers from different clubs. This is a small animal project which will help prepare youth members for the challenge of large animal projects (sheep, hogs, goats and steer). Members will be encouraged to participate in Fair either by bringing their birds to show or as an educational display.

The 4th H Project: Health, Nutrition and Exercise - countywide project
Adult Leader: Holly Bernal
Teen Leader: Douglas Bernal
Meeting Days: 3rd Tuesday - 7:00 pm
May have some weekend days to incorporate an outdoor activity
Location: San Bruno Farm
Contact info: Holly - ibernal@comcast.net or 650-922-0947

This county-wide project focuses on teaching youth members about healthy living. To meet the needs of today’s youth, this project seeks to address national issues including nutrition and physical fitness, safety and personal wellness. It provides an opportunity for youth members to collaborate and learn with peers from different clubs.

The next County Council meeting is on September 23, 2013 at 7 pm at the San Bruno Farm located at the southeast end of 1st Avenue, in San Bruno.

Map here: http://tinyurl.com/m5fxchh
August 21, 2013

TO: San Mateo County 4-H Members and Leaders

FROM: Valerie Pimentel and Cindy Machado
County Record Book Key Leader

Jessica Guild
4-H Program Representative

RE: County Record Book Judging

County Record Book Judging will be held in September at the Half Moon Bay office. Record books are due to the office by Tuesday, September 24, 2013. Please mail or drop them off at UCCE 4-H Youth Development Program: 80 Stone Pine Rd. Ste. 100, Half Moon Bay, CA 94019.

The Record Book procedure is simple and well worth the time and effort it takes to apply. Applicants must submit their record book in this order according to the Organization Overview in the State 4-H Record Book Instructions.

- Record Book Cover Page
- Table of Contents
- Personal Development Report
- My 4-H Story — related to the project for which you are applying
- Project Report Forms
- Collection of 4-H Work
- Past Years Records
- Letter of Recommendation

4-H Members must ask their project leader to submit a letter of recommendation by September 24, 2013.

Please go to: http://ucanr.org/sites/smsf4h/Record_Book/Record_Book_Judging/ for detailed instructions about the record book’s contents.

4-H members from 9-19 years old are to use the Record Book forms available via the Statewide 4-H website: http://www.ca4h.org/Resources/Members/RecordBook/RRResources/ scroll down to Record Book Forms. Still have questions? Call the County Office or Valerie Pimentel at 650-726-5853, ropeforfun@sbcglobal.net or Cindy Machado 650-726-3044, hmbhorsemom@yahoo.com with specific questions or ask an older 4-H member. Let’s try to increase participation in this county wide recognition activity.

Primary members (5-8 years old), may submit their record books at the County level for constructive comments. A primary form is available on the State 4-H website: http://www.ca4h.org/files/2782.pdf Primary members will not be judged. Any primary record books submitted will receive a primary ribbon for participation.

Completed record books are due to the Half Moon Bay office by Tuesday, September 24, 2013. They need to arrive prior to judging so that there is adequate time to verify project enrollment. Please note: Record Books will NOT be accepted on the day of judging for competition! Remember to have all of the proper signatures and recommendations in by the September 24th deadline. It’s the applicant’s responsibility to obtain the leader recommendation form in a sealed envelope and submit it with their record book, or make sure that the recommendation has been mailed to the Half Moon Bay office in a sealed envelope on or before September 24, 2013.

Please go to: http://ucanr.edu/sites/smsf4h/Record_Book/Record_Book_Judging/ for more information and for the Record Book Forms. DUE SEPTEMBER 24, 2013
On June 18, 2013 the San Mateo County Board of Directors presented a Resolution Congratulating and Commending the California 4-H Youth Development Program on celebrating 100 years. Presented to Vikoria Sjolund, Kate Lyn Sutherland, and Kristopher Sjolund. Viktoria Sjolund presented the Resolution to Marilyn Johns, County Director of San Mateo/San Francisco UC Cooperative Extension.

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**Calling All 4-H Artists and Graphic Designers!!!**

The 2013-14 San Mateo County 4-H Directory could feature your artwork!

- Your artwork could be published
- You can put your art in your record book as a county level activity
- The drawing selected for the cover receives a prize

**Artwork Entry Requirements:**

- Must be dark enough to copy (preferably black ink or marker).
- Must be copy-ready (This means ready to go to the printer – a clean original) Please send only artwork that has been created on a clean piece of paper, no recycled paper with writing on the backside, please.
- Fill an 8½” by 11” page (regular computer paper).
- All 2-Dimensional artwork accepted, including computer generated art.

**Due Date: October 4, 2013**

Send Entries to:
UCCE 4-H Youth Development
80 Stone Pine Rd., Ste. 100
Half Moon Bay, CA 94019
Email: wrotchstein@ucdavis.edu
San Mateo County Fair

Fair Time Is Fun Time!

This past year at fair was great! I am happy with the way it turned out and am glad to call it my last year. Everyone did amazing! While being at fair, I realized how much everyone has grown up. I am glad that I have been able to meet everyone and spend time with them at each fair. I will truly miss everyone. I tried to take a few photos throughout this year at fair and here they are. (If anyone happens to have any photos of me please email them to me. I would like to have as many possible memories of my time in 4-H.)

Not only is everyone getting older, but we have been seeing new families join and get to enjoy the fair in a way that only us 4-H’ers and FFA’ers know. We all know where the best food is, what is new and awesome in the Expo building, and have all seen the hypnotist show at least once. These are the types of memories that will last us through life and we will be able to look back and laugh at all the stupid things we have done. For example, sleeping in hay and waking up with it somehow in your pants, or giving each other hair cuts with sheep, pig, or beef clippers.

I am happy with my time at fair and I hope everyone else enjoyed their time. I will be back next year to cheer everyone on! Hope everyone has a good summer and enjoy their next year in 4-H!

—Katrina Hull, 4-H All-Star, Belmont 4-H club
JOIN US

Do you like being outdoors?
Do you enjoy working with other youths?
Do you want to make the world a better place?

If you answered YES to any of these questions, there is a county 4-H project that would be a great fit for you. It is called 4-H Million Trees, and I encourage you to consider joining.

4-H Million Trees is a project that gathers friends, family, and other 4-Hers to plant more trees. Our goal is to not just reach the magic million mark, but to improve the environment.

It has been six years since Laura Webber from Pacifica first started the Million Trees Project. In those six years, the project has expanded beyond the Bay Area, and we have other youths working towards planting trees in many countries including Kenya, Uganda, the Philippines, and Canada. There are also 4-Hers in many states across the nation working with us towards the goal of planting a million trees. Together our 79,160 participants have planted 751,196 trees!

If you are in seventh grade or older, you have an opportunity here, in San Mateo County, to become a project member. By joining us, you can help us to advance the Million Trees project. As a project member, you have the opportunity to write grant proposals to gain funding for plantings, write news articles, and also to be interviewed on television programs. Those are some of the ways that we educate others about the importance of trees and gather support for our project. Most importantly, you work with a group of fun youths to plan, organize, and participate in local tree plantings.
This is a County-wide project so teenagers from any San Mateo County 4-H club can join.

You can also help 4HMT by organizing a tree planting event this year as part of your 4-H club’s monthly community service project. If you would like to participate in a planting, we have one coming up at Flood Park in Menlo Park on October 27th from 10am until 3pm. Come and bring your friends and family. You’ll have fun digging and planting, and you’ll feel good about beautifying the park for users, and for helping to slow the global climate change. And, we’ll have yummy snacks. It’ll be a great experience!

Look us up on our website at www.4milliontrees.org. “Like” us on Facebook, or contact us at 4milliontrees@gmail.com.
If you want any other information about the 4-H Million Trees Project, you can call our project leader Tom Webber at (650) 892-7208.

We hope that you will join us as a project member or come participate at our upcoming tree planting.

Remember “Every day is a good day to plant a tree.”

Julia Hurley
4HMT Project Member

Hi there,
My family and I hatched 2 ducks about 6 months ago and they are now too loud for our HOAs liking. I was wondering if you had any place for them or if you know anyone or anywhere we could take them. We have 1 male and 1 female. We believe they are runner ducks but we're not 100% sure. Thank you for your help. Contact me, Megan Reed at megals512@yahoo.com
Hi folks!
I wanted to let you know that our next North Section Council meeting will be at 10:30 a.m. on Saturday, **September 21** at 501 Texas Street in Fairfield CA. The Executive Council will be meeting from 8:30 to 9:30 and the Citizenship Committee, Family and Consumer Science Field Day Committee, and Presentation Day Committees will meet from 9:30 to 10:30. CAL conference staff will be meeting for the entire weekend, starting at 9:30 a.m. on Saturday.
Let me know if you need any more information. See agenda below.
Elisa Dowd
Council President, elisadowd@sbcglobal.net

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**Meeting Agenda**
North Central Section 4H Council
Saturday – September 21, 2013
501 Texas Street, Fairfield, CA

8:30 A.M.  Youth Council Meeting  
Executive Council Meeting

9:30 A.M.  Committee Meetings
Presentation Day
Family and Consumer Science Field Day
Citizenship Weekend
CAL Conference

10:30 A.M.  General Meeting
Call to Order
Pledges
Introductions
Roll Call
Minutes
Treasurer’s Report – review
Vote on new budget

Business Meeting
State Office Report
State Council Report
Committee Reports
  Presentation Day – March 29, 2014
  Family and Consumer Science Field Day – Nov 16, 2013
  Citizenship Weekend –
  CAL Conference – Jan 24-26, 2014
State Ambassador Report
State Fashion Review Report
SLF report

Old / New Business – Invite Youth to Participate during this portion –
  Appoint or elect a youth publicity officer
  Appoint representatives for state council
  Election – Vice President and Treasurer
  Calendar Items

Next Meetings:
Nov 16, 2013 - San Joaquin County Ag Building
Feb 15, 2014 – Sonoma County
May 17, 2014 --
Adjournment
Nicolas returned home so excited, exhausted but extremely happy and pleased.

I just would like to take a minute of your time and say THANK YOU. Thank you for allowing Nico to be part of such a great team and experience. I don't have enough words to express my gratitude. Nico told us of all the things he did and the great friends he made. Thank you for all this beautiful job you do!

Warmly,
Rosario
During the weekend of July 25-28, over five hundred teenagers from across California gathered together at U.C. Davis for a weekend of 4-H fun, friendship, and leadership formation. I am glad that I was amongst them.

The California State Leadership Conference was a worthwhile event that included assemblies with several motivational speakers. I was impressed with how the enthusiastic speakers were able to keep our large group engaged and attentive to the positive messages they were conveying. There were also over 60 educational sessions offered on a variety of interesting topics. The topics ranged from art and archery to using ultrasound on livestock animals and zumba. Some of the other educational sessions were titled Can Can Robot, Intro to 3-D Modeling with Blender, Ethics and Animals, Managing Your Stress, and Film Production. We were each able to attend four different sessions. I attended an engineering class where we worked in teams to build a structure that would hold a golf ball for two minutes. It was fun working together to accomplish that goal. In another class, I learned about networking and how to make connections with people who may one day be my employers. Some other sessions included tours of the Botanical Conservatory, Bohart Museum of Entomology, the Raptor Center, or the Aggie Farm. There was a lot to see, do, and learn during the various sessions.

Some of the other memorable experiences of the weekend included time to meet other 4-Hers while enjoying activities like the zipline, a bounce house, waterslide, a rock climbing wall, and the swimming pool. Another highlight of the weekend was the dance. Whether I was meeting new fellow 4-Hers or bonding with the ones I knew from my county, it was a great time with lots of laughs.

During SLC, I learned more about leadership opportunities and how to be an effective leader. I also had many opportunities to learn how to work effectively in a team. One experience included deciding how my county teammates were going to give away over 300 chips that we had for the trikeet trade. We agreed upon a strategy that helped us successfully achieve our goal.

The most important thing I learned about 4-H this summer is that the State Leadership Conference is an awesome experience! Attending it made me even prouder to be a 4-Her. There was so much positive energy and enthusiasm all weekend. I was sad when the conference was over, but I am looking forward to attending SLC next summer.

—Julia Hurley

This year I attended the 4-H State Leadership Conference at U.C. Davis. My name is Aric Moler and I am a new member of the Pacifica 4-H club. It was a big year for me. I went to fair and participated in the youth livestock auction. After the San Mateo County Fair I attended the Conference. I joined 4-H my sophomore year of high school and am making up for lost time.

There were many interesting sessions to sign up for. I had a hard time choosing. I signed up for photography, archery and bicycling. I had a great time getting closer to the other members from my club and meeting other 4-H members from my county and around the state.

The speakers were inspiring and I felt like I learned a lot. I am grateful to my 4-H community for welcoming me my first year and I am happy I was able to go to Davis and attend the Conference.

I recommend all the 4-H members entering high school and older go this Summer. It is an experience I will never forget. I look forward to my second year in 4-H.

—Aric Moler

SLC (State Leadership Conference) was so much fun this year! It was held at UC Davis and the theme was There's No Place Like Home. The workshops I took were Butterfly Magic, Determining Intestinal Parasites In Livestock, Raptor Center Tour and Primate Center Tour. I had a great time meeting new people from all over California and getting closer with the people in my county. I went to SLC this year because I went last year and I had so much fun that I wanted to go again. I will definitely go again next year! We had some great motivational speakers and I learned a lot from them. One thing I learned is that in order to make a change we have to be the catalyst to make it happen. I can't wait to share more of what I learned at SLC with my 4-H club. I would love it if we could get more people to attend from our county next year.

—Sarah Sutherland

The 2013 California State Leadership Conference was held in the UC Davis campus. There were many people attending the conference this year. I think it had over 300 attendees and that only counted the youth, there were also many adult chaperones that attended. There were all different classes offered, ranging from tie-dye to Ultrasound in livestock.

I personally took a photography class, tie-dye lesson, and 2 classes of using Ultrasound in livestock. I chose these classes but there were many other choices, making sure everyone found something they were interested in. I also got to bond a lot with people from my county because we all were roomed together and got to hang out with each other during recreation.

That consisted of a pool night, a country themed BBQ, and the ever so popular dance! This year instead of having ball gowns and ties, we tried a horse of a different color! This meant everyone got out their neon clothes, glow sticks, and dance shoes.

I've had a lot of fun this year at SLC and I can't wait till next year! I definitely will be going again. I always have fun and learning something new!

—Hannah Shaff
On May 4, 2013, our Belmont 4-H Club hosted a bike rodeo/clinic that was successful, fun, but took a lot of hard work!

The hard work started in September, 2012, when Sarah Tappin and Abby Luciano wrote a grant proposal to the Revolution of Responsibility. Our club executive board had the idea that we wanted to find a way to make kids safer in the streets while bike riding. Abby and Sarah talked to our City Park and Rec department, who also was thinking about doing something — in the spring, so maybe we could do it together. 4-H Revolution of Responsibility gave our club a big grant: $1000! But then they had to figure out how to make it happen.

It turned out that a lot of organizations were needed to make this come together. The lead organization was Belmont Parks and Recreation. We worked with representatives from the Belmont-Redwood Shores School District, the San Mateo County Office of Education’s Safe Routes to School program, the Silicon Valley Bike Coalition and the Belmont Police. Belmont 4-H used the grant money to create a poster and flyers which advertised the event and went to every elementary and middle school student in Belmont, to buy supplies for setting up the event and for the booths with fun activities for kids to do, and for refreshments for our volunteers.

The bike rodeo was from 10-2 at Belmont’s Barrett community Center. We got there around 8:30 that morning to help with set up, and stayed the whole day till the space was cleaned up again. The rodeo offered a lot of fun activities for bikers and their families. 4-H ran a spin art booth where kids made spin art powered by biker pedaling. We also ran a Stationary Bike Race booth where kids could see how fast they could pedal on a bike in a timed race. The Silicon Valley Bike Coalition had set up two bike courses; one off road and one on-road. The on road course wasn’t hard, but bikers had to be able to point to where they were going when they made turns, and stop when a stop light flashed red. The off road course had grass, gravel, and optional ramps and jumps. Before going on the course, bikers had to register, and have their air, brakes and a helmet check done by 2 bike mechanics, one of whom was a Dad in our club.

Around 200 people came and showed their stuff on the bike rodeo course. As a craft activity, we taught kids how to put playing cards on their bike frame so that the card made a clacking motor like sound when it hit the bike spokes. So it was busy, noisy, hot and fun for everybody.

I want to do it again next year!

Nico Levy
Please join us for 4-H Day at the Raiders

Celebrating 100 years of 4-H in California

When: Sunday, November 3rd 1:05 pm

Where: Oakland Coliseum

What: 4-H Day* at the Oakland Raiders vs Philadelphia Eagles game!

$20.00 of each ticket sold will be donated to 4-H

Please click on this link to download the form http://4h.ucanr.edu/files/171956.pdf

The linked form must be used so that California 4-H will get credit for tickets sold

You cannot designate a seat, only a section

You may call the number on the flyer, mail, email or fax information to pay for/reserve tickets

Any questions call Amy McGuire at (530) 754-1523

almcguire@ucanr.edu

Go 4-H Go Raiders!

*If 4-H sells 100 or more tickets we will be eligible for an outreach table on the concourse, photo ops and messaging on the Raider’s jumbo-tron

A Revolution of Responsibility

for the next 100 years

University of California
Agriculture and Natural Resources 4-H Youth Development Program

MAKE A LASTING IMPACT.

NATIONAL 4-H WEEK

Join the 4-H Alumni Community today at 4-h.org/alumni.
4-H Archery Certification Training

Saturday, October 12, 2013, 9am-5pm
Sunday, October 13, 2013 9am-12pm

Ukiah Gun club, Mendocino County
2300 Vichy Springs Road
Ukiah, CA 95482

A 4-H Archery Certification Training for volunteers and junior/teen leaders will be offered Saturday, October 12th, 9 a.m. – 5 p.m., and Sunday, October 13th, 9 a.m.- 12 noon, at the Ukiah Gun Club 2300 Vichy Springs Road, Ukiah in Mendocino County. You must be an enrolled 4-H leader or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is $20 per person to include a resource binder and lunch on Saturday.

To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at [http://www.ca4h.org/files/2123.pdf](http://www.ca4h.org/files/2123.pdf) and an adult or youth 4-H medical release form with a $20 check payable to “Mendocino County 4-H Council” and mail to Linda Edgington, 890 N. Bush St. Ukiah, CA 95482.

Registration is due Friday October 4th and space is limited. For more information contact Linda Edgington at 707-463-4495 or lgedgington@ucdavis.edu.

4-H Archery Leader Certification Training

Saturday, February 1, 2014, 9am-5pm
Sunday, February 2, 2014, 9am-12pm

Corralitos Community Center
33 Browns Valley Rd
Corralitos, CA 95076

If you have an interest in sharing your archery skills with youth, how about becoming a 4-H Archery adult volunteer or teen leader. There will be a 4-H archery leader certification training held February 1st & 2nd in Corralitos, CA (near Watsonville). The class will be offered Saturday, February 1st, 9 AM – 5 PM, and Sunday, February 2nd, 9 AM- 12 noon, at the Corralitos Community Center, 33 Browns Valley Road, Corralitos, in Santa Cruz County. This class is being hosted by Santa Cruz County 4-H.

You must become a 4-H leader or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is $35 per person to include a resource binder, and Saturday breakfast & lunch and Sunday breakfast. Junior and teen leaders are invited but must attend with an adult. If you are already a certified volunteer archery leader and would like to become a trainer, contact Jeanne at 530-524-7278 or email ntlassenlover@gmail.com to discuss options. To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at [http://www.ca4h.org/files/2123.pdf](http://www.ca4h.org/files/2123.pdf), and an adult or youth 4-H medical release form and a $35 check payable to “Santa Cruz County 4-H Council” and mail to UCCE, 1432 Freedom Blvd., Watsonville, CA 95076.

Registration is due Friday, January 17th and space is limited. For more information call Stephanie at 831-763-8015 (Mondays & Wednesdays only) or email her at sfontana@ucanr.edu or contact Jeanne at the contact information above.
Gigantic Explosion on tap!!
State Leaders' Forum, November 8-10, 2013

Here is the gigantic opportunity to meet and communicate with people from far in distance but close in experiences and interests. Yes, it’s the California State 4-H Leaders’ Forum. For the 100th Anniversary celebration of 4-H in California the location is the Crowne Plaza Hotel in Sacramento from November 8 – 10, 2013. The schedule is similar to past Forums, but the content explodes with innovation and depth.

How would you like to blast off with Brain based learning, or maybe get renewed in Judging Techniques, or perhaps participate in Fun Ways to Learn? You might find Entrepreneurship is your cup of tea, or ignite your technology skills, science ideas or a passion for food and nutrition. Citizenship topics and crafts are also included. Or, participate in the Fireside Chat with the state staff. There is a spark for each person in the workshop offerings at SLF. See the workshop descriptions and schedule on the SLF website.

Dynamic guest speakers will engage and excite you. Meet Matt Wilka, expert in Collective Impact, who will motivate you to make decisions and take action. His keynote on Saturday morning is followed by individual sessions to help you develop a plan back home to detonate a bigger impact in your community.

See the SLF website for registration details. Be sure to fill out the Recognition Survey while you’re there. We urge you to register for the whole Forum, but it is possible to register just for a day. See the SLF website: http://4h.ucanr.edu/Programs/Conferences/SLF/

iThrive Leadership Project Curriculum has a SET Focus for the 2013-14 Program Year
If you are looking for ways to continue to develop 4-H members ages 12 and up in effective leadership skills? iThrive takes the principles of positive youth development and organizes them in a fun and engaging way to develop the leadership skills of our 4-H youth. Each module of this year’s curriculum links one or more scientific and engineering practices to a Thrive concept. These eight essential practices are those used every day by scientists and engineers in their work.

The accompanying iChampion Adult Volunteer Leader Guide provides an easy to follow resource to make project leaders successful in using this curriculum. Using the experiential learning cycle, iThrive provides opportunities for youth to realize their true and full potential and shows them how they can help their peers do the same. The curriculum is free and available to any project leader of a leadership project. To find out more about Thrive, check out the state website at http://www.ca4h.org. In bringing Thrive into your leadership project for the 2013-2014 program year, contact your county office to find out how you can get started.

iDevelop
iDevelop is our virtual platform for professional development. The purpose of iDevelop is to provide deeper learning around the principles of positive youth development and to assist 4-H staff and volunteers in creating and sustaining healthy environments for our 4-H members to reach their full potential. For a description of the trainings offered and access to them, click on the following link: http://www.ca4h.org/Resources/Volunteers/4-H_Thrive_Resources/4-H_Thrive_Virtual_Trainings/.

4-H Volunteer Café
Are you a club or project leader who is tired of doing the same old activities month after month? Maybe you need something designed just for you to be encouraged and encourage your own personal growth. The 4-H Volunteer Café is a place designed just for you providing encouraging and thought -provoking articles of how the principles of positive youth development translate into your 4-H experience and it offers tons of resources for you as a 4-H volunteer that you can use immediately in your meetings and gives you a place where you can contribute your own experiences and challenges. To check out the 4-H Volunteer Café, use the following link: http://divolunteercafe.wordpress.com/.

4-H Online Record Book (ORB) Opportunities
ORB Support Team is Now Taking Applications

Use of the 4-H Online Record Book has grown rapidly over this past program year. With over 6,000 ORB users across every California county, the need for greater resources for the 4-H Online Record Book is imperative. The ORB Support Team is a statewide project of Adult Volunteers and Youth Members who desire to further the development and support of the 4-H Online Record Book. This team functions as a statewide project meeting virtually each month between October and May.

Members of this team assist in developing ORB Help instructions through text, video and presentation. Opportunities may exist throughout the year for team members to provide training to others at local, county, regional and state levels.

Go to: http://ucanr.edu/p/43129 for position description and application.

Applications will be accepted through September 15, 2013. Team Members will be announced the following week. If you have any questions, you can contact Scott Maute at the state office at semaute@ucanr.edu.
ORB Internet Café
The ORB Internet Café is provided to give staff and volunteers both individualized and group instruction on using California 4-H’s Online Record Book System. The café is designed as a 3-hour workshop that combines presentation, hands-on practice and group discussion. Participants will need to bring a laptop or tablet with them to the café. The following topics will be covered:*

- Overview of the Features & Functions in the Online Record Book (Record Book, Social Media, Evaluation)
- Navigating the forms in the Online Record Book (PDR, APR, 4-H Story)
- Project & Club Leader Functions and Approving Forms
- Maximizing your ORB experience—How to use ORB to be efficient and save time (Print Feature, Expression Pages, Collection of 4-H Works etc.)

To bring this training to your county, please fill out the following request form. http://uece.ucdavis.edu/survey/survey.cfm?surveynumber=9591. Counties are responsible for covering the travel and lodging cost of the trainer for this event.

- Logging into the Online Record Book will not be covered in this training, please work with your county office prior to the training to secure your login information for the Online Record Book if you currently have not accessed the system.

2013 California Science Education Conference (sponsored by the California Science Teachers Association)  
October 25-27, 2013 in Palm Springs  
The conference features the perfect mix of hands-on workshops, engaging lectures from professional scientists and university-level educators, in-depth three- and six-hour courses, one-of-a-kind field course experiences, and quality networking opportunities that are only possible when meeting face-to-face.

How Kids Learn III Conference – Play, Creativity, Tinkering, and the Arts  
October 23, 2013, 8:00AM - 4:30PM, Mission Bay Conference Center, San Francisco, CA  
http://www.howkidslearn.org/  
Join us at How Kids Learn III as we hear from leading experts in the fields of neuroscience and the new science of learning on the importance of play and creativity. Learn how the Maker Movement is right for afterschool and learn from those who are using innovative learning strategies in their work with children and adolescents.

Are you up to the Autodesk 123D Design Challenge?
Enter now>

Know of any youth (ages 13-18) who might design the next amazing product? Inspire them to enter the Autodesk® 123D® Design Challenge and win cool prizes! Youth will need to reimagine an existing product or design a new one that can take the world by storm. Using the powerful Autodesk® 123D® Design app, they can model their innovation, then show off their skills by creating an Instructables® project at www.autodesk.com/123ddesignchallenge.

STEPS
1) Get the Autodesk 123D Design app for free! (http://www.123dapp.com/design).
2) Learn how to use the app (tutorials available).
3) Create your amazing product idea or enhancement with the Autodesk 123D Design app.
4) Post a step-by-step photo or video Instructable that explains how you made your product come to life by using the 123D Design app.

Prizes include a MakerBot® Replicator® 2 Desktop 3D printer, a 123D Design Premium Account Membership, a free 3D print of your design, e-patches, and the right to have your work showcased on the Autodesk® Facebook and Community pages.
Get ready for 4-H Maps & Apps

4-H National Headquarters and National 4-H Council are pleased to reveal the National Science Experiment for the 2013 4-H National Youth Science Day. 4-H Maps & Apps will introduce youth to the power of geospatial technologies and their unique ability to help us understand and improve our communities.

Developed by Colorado State University Extension, this exciting activity will engage young people in ways to improve our environment with the help of geographic information systems (GIS) and global positioning systems (GPS).

The experiment will test the ability of young people to:
- Use geospatial skills to create the ideal neighborhood park
- Become a community planner by using maps and layers to investigate and solve real-world problems, and


Save the date!

This annual youth science event will be held on Wednesday, Oct. 9, 2013, and will bring 4-H'ers together from all around the nation to complete this single, innovative activity.

Participation in 4-H National Youth Science Day is meant to help spark an early passion for STEM education and to encourage young people to consider these paths of study and future careers.

Get Your Experiment Guide Books and Kit!

To download the 2013 National Science Experiment Youth and Facilitator Guides as well as other key resources, visit the 4-H National Youth Science Day website: www.4-H.org/NYSD

4-H National Youth Science Day experiment kits are on sale on the 4-H Mall and are shipping out all over the country. Don’t forget to order your kit for this exciting event. Each kit contains everything you need for a team of young people to complete Maps & Apps Activity 1 in the Experiment Guidebooks.

4-H NYSD Has Great Support

National 4-H Council would like to thank our generous partners Lockheed Martin, Toyota, Motorola, John Deere, Donaldson Filtration, Philips and the U.S. Geological Survey for their support of the 2013 4-H National Youth Science Day and year-round, 4-H Science initiatives.

Next Steps

We are currently working to build out a wide variety of promotional materials, two new additional GIS activities for this year, an animated "How-To" Video and much, much more.

Looking forward to seeing all of your great, creative events and photos this year!
ARE YOU A MIDDLE LEVEL OR HIGH SCHOOL STUDENT WHO’S MAKING A DIFFERENCE THROUGH VOLUNTEERING?

Apply for a 2014 Prudential Spirit of Community Award and you could win $1,000 and a trip to Washington, D.C., next May!

- Go to spirit.prudential.com or nassp.org/spirit to access the online application.
- Complete the application and the student/parent agreement. **Deadline: November 5, 2013.**
- Go to the “Certification” page to email or print out instructions for your certifier. You must deliver these instructions to your certifier by November 5, 2013. Your certifier can be your school principal or the head of a county 4-H group, Girl Scout council, American Red Cross chapter, YMCA or HandsOn Network affiliate.
- Your certifier has until November 12, 2013 to review applications online and select Local Honoree(s) from the applicants in your school or organization, and nominate them for state-level judging.

In each state and Washington, D.C., the top middle level and high school applicant will be named State Honoree and will receive an unrestricted award of $1,000, an engraved silver medallion, and an all-expense-paid trip with a parent to Washington, D.C., May 3-6, 2014. Runners-up will also be identified in each state, earning a title of Distinguished Finalists and receiving a bronze medallion. Other state-level winners will receive Certificates of Excellence. All state-level honorees will be announced in February.

During the trip, 10 of the State Honorees will be named America’s top youth volunteers of the year. These National Honorees will receive $5,000 awards, engraved gold medallions, crystal trophies for their schools or organizations, and $5,000 grants from The Prudential Foundation for nonprofit charitable organizations of their choice.

All Local Honorees who have committed a minimum number of hours to their volunteer activities will receive the President’s Volunteer Service Award.

For application and certification questions, or to request a paper application form, call: 877-525-8491

The Prudential Spirit of Community Awards is sponsored by Prudential Financial in partnership with the National Association of Secondary School Principals (NASSP). Since 1995, the program has honored more than 100,000 youth volunteers at the local, state and national level. Learn more at http://spirit.prudential.com and www.nassp.org/spirit.

The Prudential Spirit of Community Awards
(973) 802-4568 • spirit@prudential.com
Hi Everyone,

As you may know the State 4-H Office formed a State 4-H Futures Task Force to begin to help us plan for the future of 4-H. On Friday, August 16, 2013 the State 4-H Futures Task Force met to have an open dialogue around what we love about 4-H and what we don’t love so much with a goal of strengthening the California 4-H Youth Development Program (YDP) for the next 100+ years. The Task Force is a cross-organizational group of delegates comprised of 4-H youth, adult volunteers, staff, and external partners supporting 4-H’s mission.

There are several reasons for the conversation about the Future of CA 4-H, but most relevant are four findings from the State 4-H Office. To begin with, there is a decline in membership. Most notably, there has been a 59% decline in youth membership in the community club program over the past 40 years. If this trend continues another 40 years, the 4-H community club program will be nearly non-existent. A need to build our capacity for growth through more formalized connections, integration, and synergy across the state to free up resources, reduce missed opportunities, and be more effective and efficient in our work. A need for improved communication as communication doesn’t flow freely across the organization to reach all families. Communication needs to flow down, across, and up the organization to ensure the program’s success. And, finally, we have sparse resources. Over the last 40 years there has also been a reduction in 4-H YDP staff and adult volunteers. We’ve also experienced decreased government funding and an increased need of funding from other sources.

Over the day-long meeting there was a rich conversation about what would strengthen 4-H and the nine key themes which emerged resonated with all. The top five areas of discussion by level of interest were:

- **Organization:** How 4-H is organized in CA may impact communication, what we do, and access to resources. Reorganizing to address administration, management, program development and delivery, and funding challenges may help create additional opportunities for efficiency and combined synergies for shared success and growth.

- **Funding:** Everything requires money. Funding is a challenge at every level and dictates programs, delivery, opportunity to participate, and at times ability to support growth. Developing a comprehensive fund development plan based on identified needs of the program will help 4-H secure additional funding.

- **4-H Public Relations:** 4-H has been historically rooted in agriculture, but is much more than that today. 4-H is different than any other youth development organization. 4-H could benefit from a new public image campaign. Perhaps more public service advertising could help build awareness, recruit new members and adult volunteers, and increase support of the programs offered.

- **Engagement:** Engagement is how we interact, recruit and retain youth and adults in the program. Relationships and being part of a community are real tangible benefits from being part of 4-H. We want to increase outreach and participation in the program, particularly among underserved and underrepresented populations. 4-H needs to represent the diversity of the communities we serve and provide rich and diverse programs.

- **Communication:** Information doesn’t flow easily through the 4-H organization in any direction. Despite efforts to push information down from the State to the local levels, information doesn’t get to every individual, and locally information doesn’t always flow back up to the State so that information becomes 2-way.

One key take-away was no matter where people sit in the state, their experiences and pain points are similar with a lot of passion around 4-H and frustration around things that keep us from making the best better.

**WHAT CAN YOU DO?**

We’d like to get everyone’s feedback and input on what they love and don’t love about the California 4-H YDP. There is a Facebook group ([https://www.facebook.com/groups/148321398700801/](https://www.facebook.com/groups/148321398700801/)) which we would like everyone to join and engage freely in the conversation. On the Facebook group you will also find the powerpoint from the Task Force meeting as well as a complete list and description of the nine key themes that emerged.

There will be two separate webinars where we will share a summary of our Task Force session and collect feedback from across the organization.

**Webinar/Phone 1:** September 10, 6:00 – 7:30 pm
Call in line: 1-866-740-1260; participant code - 7524783
URL: [http://uc-d.xa4.acrobat.com/sacc](http://uc-d.xa4.acrobat.com/sacc/)

**Webinar/Phone 2:** September 18, 6:30 – 8:00 pm
Call in line: 1-866-740-1260; participant code - 7524783
URL: [http://uc-d.xa4.acrobat.com/sacc](http://uc-d.xa4.acrobat.com/sacc/)

The next steps will be for the Task Force to consolidate the feedback and create a roadmap for California 4-H’s future.

We look forward to getting your input and ideas! Join us in creating the Future of 4-H!

Please forward this email broadly to the 4-H community and beyond as appropriate.

Regards,

Shannon J. Horrillo
Associate Director of 4-H Program and Policy
California 4-H updates can be found on the State website:  http://www.ca4h.org/News/

**Farm to Fork Festival**
Saturday, September 28th 11:00am to 5:00pm
Capitol Mall Sacramento is becoming the Farm to Fork Capitol of America! 4-H has been invited to attend! 4-H needs your help to display animal science and healthy living projects! Bring your animal and healthy living projects and display boards! RSVP to Sarah Watkins at sprawkins@ucanr.edu or 530-755-5644 if you’d like to showcase your project and spread the word about California 4-H.
More info: http://farmtoforkcapital.com/festival-info/

**State Record Book Competition**
It’s that time of year again! Youth who are planning to submit a 2013-14 Record Book to state competition must complete the Record Book Quick Start Course by October 15, 2013 (The cover sheet says October 1st: we are granting a 15 grace period this first year). All of the information needed to submit a Record Book to state competition, including the Quick Start Course, is found at: http://4h.ucanr.edu/Resources/Members/RecordBook/RBCompetition/

The course is completed online and takes about 25 minutes to view. After the course members take a short quiz which will take about another 7 minutes to complete. The quiz is how we will verify that a member took the course—it is important that they don’t skip that step!

In addition to helping youth prepare to submit a Record Book to state competition, the course is open to anyone who would like some additional guidance on completing a record book.

Individuals wishing to be 2013 Record Book judge need to complete and submit the Judge’s Application by October 1, 2013 by following the link to the application by survey.

**Save the Date for the 2013 State Horse Field Day**
**November 16th in the Chino Hills**
This year’s field day will be filled with workshops, demonstrations and tours as we travel to multiple ranches in the Chino Hills. Chino Hills is filled with equestrian centers that are side by side and within walking distance of each other. San Bernardino is the host county and is taking the lead in planning this event. More information and registration is coming soon!

**Save the Date for the 2013 California Camping Conference**
March 21-23, 2014
The next California Camping Conference will be held March 21 – 23, 2014, at the YMCA’s Camp Campbell the in Santa Cruz Mountains. The Conference provides 4-H teen leaders and adult camp administrators the opportunity to network and attend sessions to develop their local camp program. The early bird registration fee will be $140 by February 1st and $150 after that date. More information will follow.

**Presentation Manual Task Force Wants YOU!**
Keep your eyes open for the upcoming Task Force. In October registration opens for the Presentation Manual Task Force. The Task force will be responsible for reviewing and editing the manual. The changes will go into effect for the 2014-2015 program year. Contact Sarah Watkins, sprawkins@ucanr.edu if you interested in joining the team or would like more details.

**2014 State Field Day, May 31, 2014**
Want to help plan and implement the 2014 State Field Day? Sign up here to join the 2014 State Field Day planning committee: http://ucanr.edu/sfpt2014

Committee members will help plan the overall event and can specialize and help with one main context. The committee will be 50% youth or more. This is a chance for youth to be involved in the biggest California 4-H event in the State! We will be having monthly conference calls/Adobe Connect meetings to plan the 2014 State Field Day. Conference Calls are set for the 2nd Wednesday of over month from 7:00pm-8:00pm. Applications are due by October 31, 2013.
Committee members will be notified by November 7, 2013

**The National 4-H History Preservation Program**
August newsletter is available here: http://4-hhistorypreservation.com/Newsletter/PDF/4HHPPP_Newsletter_v04_n07_2013-07-08.pdf

**Celebrate National 4-H Week: Teens take on Health**
We are excited to announce that 4-H has partnered with Molina Healthcare to bring a national campaign Teens take on Health to California. As part of this campaign, 4-H California youth will host a Town Hall event for teens and other stakeholders to discuss their solutions to the current health issues of our nation. The Teens take on Health Town Hall Meeting will be on October 12th, 2013 in Sacramento. If you cannot make it to Sacramento, you can still participate via on-line streaming. We are currently soliciting teen leaders to participate in the planning of the Town Hall. If you are an interested teen please contact Renata Atayeva at renata.atayeva@gmail.com. Registration is now open! www.ucanr.edu/tobh

**Welcome New Healthy Living Officers!**
Congratulations to all our newly elected Healthy Living Officers! The Healthy Living officer will serve as the club’s ambassador for health! By choosing to elect a Healthy Living officer your club is taking an active role in promoting healthy lifestyles. The Healthy Living officer will be the leadership for all health activities including: providing ideas on how to incorporate physical activities and healthy eating into each club meeting, write Healthy Living articles for the club newsletter, and adopting and promoting a club Wellness Plan. Please help ensure that the health “H” of 4-H is at the forefront of all our meetings, consider electing a Healthy Living officer!
The Choose Health Officer Guide developed by Cornell University Extension can be found at: http://4h.ucanr.edu/Programs/Clubs/Officers/

**QuitSTART App Can Help Teens Quit Smoking**
A product of Smokefree Teen, the QuitSTART App is a free smartphone app for iOS and Android that can help teens who want to quit smoking track their cravings and moods, identify triggers, upload personalized “pick me ups,” and track their progress. Learn more at: http://teen.smokefree.gov/quitapps.aspx
Collegiate 4-H
Are you a college student interested in continuing your 4-H involvement? Join Collegiate 4-H. For more information contact Jenna Colburn, jcolburn@ucanr.edu.

2013 State Leadership Conference
Over 500 youth and adults participated in State Leadership conference this summer. Thank you to all that attended, and helped support the SLC! To view photos of SLC 2013 http://www.flickr.com/photos/ca4h/photos/sets/72157634892408813/
Information about State Leadership Conference 2014 Coming Soon!

Revolution of Responsibility
Is your club planning a service learning project? Join the Revolution Of Responsibility. Next deadline is September 15th. For more information: http://4h.ucanr.edu/Support/RoR/

For Youth: Great Green Career Resource!
http://green360careers.net/
Green 360 connects youth with the tools, information, and people they need to make informed career choices and create pathways to green careers. The Catalyst includes a career interests inventory, the Department of Labor jobs database, and a private virtual locker. Students can also join the Green 360 Online Community, green360careers.net, to learn about the environmental sustainability challenges we all face. They are invited to interact with Green Gurus and Career Coaches who blog about green careers and share tips for successful career exploration. The Career Catalyst complements various high school curriculum and 4-H programs in environmental stewardship, science, and engineering. For more information contact joanne@green360careers.net.

my4-H
Get Connected Nationally!
After several months of development, the Next Generation my4-H is now available for use! 4-H professionals, volunteers and even youth leaders, from anywhere, can now upload, download, comment, even rank local, state and nationally produced 4-H resources. my4-H serves as a central and collaborative source for more of the 4-H resources you want—including the National Directory of 4-H Materials. Whether you’re presenting at a state-wide event or training local volunteers, my4-H is your tool for effectively engaging your audience around resources important to them, and to you. You can log in now to the new my4-H (www.4-H.org/my4-H). Previous 4-H NYSD or Fund Development Toolkit users can login to my4-H with their account.

QUOTE OF THE MONTH
MAY WE THINK OF FREEDOM, NOT AS THE RIGHT TO DO AS WE PLEASE, BUT AS THE OPPORTUNITY TO DO WHAT IS RIGHT.
—PETER MARSHALL

FUNDING OPPORTUNITIES
Please note: University policy requires an Advisor or County Director to submit all grant applications and fulfill the requirements of UC ANR Contracts & Grants. For more information, please contact your local county 4-H office.

California 4-H $1,000 for 1,000 Service Learning Projects
2013 Revolution of Responsibility - http://www.ca4h.org/Support/RoR/
2013 Application Deadlines: September 15, 2013, November 15, 2013

Mark your Calendars: 2013 Paper Clover Dates
Fall Paper Clover: October 9-20, 2013 (starts during National 4-H Week)

New for Upcoming Paper Clover Fundraisers:
4-H is expected to host an in-store event at any time during both spring and fall Paper Clover events. 4-H programs that host an in-store event will receive additional funds from Paper Clover. There will be a new incentive program to drive more of the Paper Clover funds to your county 4-H program. In-store 4-H participation will be required to participate in this incentive program, and more information will be shared in early 2013. With the new and exciting upgrades to the Paper Clover campaign, please be sure you participate in Paper Clover webinars and access new toolkit resources and promotional materials to ensure you continue to benefit from this important fundraiser. More information and the webinar dates will be available in January.

Ben & Jerry's Foundation Grant
Deadline: Rolling
The grant seeks to promote social justice, protect the environment and support sustainable food systems. Funds are provided to grassroots, constituent-led organizations that use community organizing strategies to accomplish their goals and to organizations that provide technical support and resources to such groups. Maximum grant: $15,000. Find out more here: http://www.benandjerrysfoundation.org/what-we-do.html?utm_source=Ready+News+March+1+2013&utm_campaign=Ready+News&utm_medium=email

Harris Wofford Youth Award
Deadline: September 8
YSA's Harris Wofford Youth Award honors young people doing extraordinary work towards achieving Senator Wofford’s vision of “making service and service-learning the common expectation and common experience of every young person in America.” The award will be given to a young person (age 15-25) who is based in the U.S. and demonstrates exemplary commitment and action to involve his or her peers in service, youth voice, service-learning or civic engagement activities. More info: www.YSA.org/grants/harris-wofford-award-youth

San Mateo County 4-H Highlights
Need help with a gardening question? Call the UC Cooperative Extension Master Gardener’s hotline at 650-726-9059 x 107 or email mgvhotline@ucdavis.edu

Elkus Ranch Environmental Education Center - We are always looking for volunteers to help out at the ranch. You can volunteer to help in the gardens, cleaning up animal pens, and other chores as needed. Please contact Leslie Jensen at elkusranch@ucdavis.edu to volunteer!

San Mateo County 4-H Facebook Page: https://www.facebook.com/pages/San-Mateo-San-Francisco-County-4-H/75524689930

SMC Club Sites:
Belmont 4-H Club: http://www.belmont4h.org/
Burlingame/San Mateo 4-H Club: http://www.bsm4h.webs.com/
Half Moon Bay 4-H Club: http://halffmoonbay4h.yolasite.com/contact.pln
Pacifica 4-H Club: http://pacific4h.org/
San Bruno/South San Francisco 4-H Club: http://sbcal.us/4h/San_Bruno_4-H_Website/Welcome.html
San Carlos/Eaton Hills 4-H Club: http://www.sancaulos4h.org/
San Francisco Urban 4-H Page: https://www.facebook.com/pages/SF-Urban-4-H/236252666388304

CA State 4-H Websites
Website: http://www.ca4h.org
4-H Online Record Book (yes every registered adult volunteer and every youth ages 9 and older has an Online Record Book account): http://www.ca4h.org/4hbook/
Facebook: https://www.facebook.com/california4H
Twitter: https://twitter.com/California4H
YouTube: http://www.youtube.com/user/California4h
Pinterest: http://pinterest.com/california4h/
Blog: http://4hvolunteercafe.wordpress.com/
Instagram: http://instagram.com/ca4h

The official 4-H page on Facebook: http://www.facebook.com/4-h

Highlights Newsletter Website
Follow the simple steps listed below to receive an electronic copy.
Go to the county 4-H web address: http://ucanr.org/sites/sms4h/4-H_Highlights_Newsletter/
“Subscribe to Newsletter - receive e-mail when this newsletter is updated”, enter email address in the box under this heading.
Your subscription will start with the next newsletter.
4-H Event Calendar

SEPTEMBER

10 State 4-H Futures Task Force webinar, 6:30 pm. http://4h.ucanr.edu/About/Thrive/?calitem=195614
14 Beach Cleanup, San Gregorio Beach, 9 am - noon, mackeegan@gmail.com
15 ORB Support Team Application deadline, http://ucanr.edu/nr/43129
18 State 4-H Futures Task Force webinar, 6:30 – 8 pm. http://4h.ucanr.edu/About/Thrive/?calitem=195615
21 North Central Sectional 4-H Council meeting, 10:30 am, (Committee meetings earlier, see page 6 for more information)
23 County Council meeting, San Bruno Farm, 7 pm, http://tinyurl.com/m5fzcbh
24 Record Books due for County Record Book Judging, 5pm in the County Office
28 Farm to Fork Festival, 11:00 am - 5:00pm, Capital Mall, Sacramento, http://farmtoforkcapital.com/festival-info/

OCTOBER

1 State Record Book Judge Judging applications due, http://4h.ucanr.edu/Resources/Members/RecordBook/RBCompetition/
4 County Directory artwork due
6-12 National 4-H Week
9 4-H National Youth Science Day, www.4-H.org/NYSD
12 Teens Take on Health Town Hall Meeting, www.ucanr.edu/ttoh
12-13 Archery Certification Training, Ukiah Gun Club, Ukiah, CA, Sat 9-5pm, Sun 9-12 noon
27 4-H Million Trees planting event, Flood Park, Menlo Park 10am - 3pm
31 State Field Day Planning Committee applications due, http://ucanr.edu/sfdpt2014

NOVEMBER

3 4-H Day at Oakland Raiders vs Philadelphia, Oakland Coliseum, http://4h.ucanr.edu/files/171956.pdf
5 Prudential Community of Spirit Award applications due, http://spirit.prudential.com
8-10 State Leadership Forum, Crowne Plaza Hotel, Sacramento, http://4h.ucanr.edu/Programs-Conferences/SLF/
14 Record books due in the State Office for State Record Book judging
16 State Horse Field Day, more information coming soon