The San Bruno/South San Francisco 4-H club will host their annual Wreath Making Workshop this year on December 14th at the San Bruno Farm. To sign up, call Jane Stahl at 650-583-7249, or email stahl535@gmail.com.

Congratulations to Julien Levy of the Belmont 4-H Club for winning $1,000 for the 4-H Million Tree Project! Julien received the award from the ABC Summer of Service Award Program, which is co-sponsored by ABC Television Company, Youth Service America and Disney Friends for Change.

A series of $1,000 awards were given to "young people located in select viewing areas who are creating lasting, positive change through volunteer and community service projects. The program's goal is to recognize young community change-makers, and help them on their mission to help others."

Julien was chosen for his work with the 4-H Million Trees project to combat global climate change by planting trees, as exemplified by his Reforesting San Bruno project, a project which he created to replace trees lost to the PG&E fires of 2010.

Great job, Julien!

Congratulations to Jonathan Wong of the Daly City/Colma 4-H Club for the winning submission to the SMC 4-H Directory!
4HMT and Santa Cruz County 4-Hers Plant Trees in La Barranca Park

On Sunday, 11/17, members of the 4-H Million Trees Project (4HMT) traveled to Santa Cruz for a big tree planting event with Santa Cruz County 4-Hers. High school students from Nueva School in San Mateo also joined in the fun. The planting was sponsored by the City of Santa Cruz, and held at La Barranca Park.

It was a perfect day to plant trees: warm, with bright sun and blue skies. As the group of 60 participants gathered to listen to City of Santa Cruz Arborist Leslie Keedy explain about how the hardy Monterey Cypress trees can thrive so close to the coast, KSBW Action News 8 rolled up to cover the event for the TV news! The Reporter interviewed several of the 4-H participants, giving them a great opportunity to advance their life skills. You can view the TV news segment on the tree planting event by visiting the 4HMT Facebook page at http://on.fb.me/11ob0dZ. While you are there, please check out the photo album from La Barranca Park.

It was great to plant the 38 Monterey Cypress natives, but it was even better for 4HMT to work together with Santa Cruz County 4-Hers, and the Freshmen from Nueva School. Since all the youth shared a passion for community service and a love for nature, it was natural that they would get along so well. So, new friendships were made, additional trees were planted toward the ultimate goal of the 4-H Million Trees Project, and these youth did their part that Sunday to beautify the landscape and help slow global climate change.

Did you see 4HMT on the national TV show Eco-Company? If not, you can catch the segment on the Huddart Park tree planting completed by 4HMT members and the Woodside High School Green Academy. Go to the 4HMT Facebook page, and click on the Eco-Company.tv Redwood Planting link. This excellent story is good news that will make you feel great about the world.

Earlier this year, 4HMT members wrote grant proposals to secure funding for two fun tree planting projects at the San Mateo County Parks. In September they planted Coastal Live Oaks at San Pedro Valley County Park in Pacifica, and in October project members joined with 4-Hers from many SMC clubs, including the new Menlo Park 4-H Club, to plant 23 large trees at Flood Park. Everyone had a great time. The next time you hear about a 4HMT tree planting project, please jump at the opportunity to join in, and it is guaranteed that you will feel good about doing your part in the climate crisis.

On November 10, 2013 three graduate student studying Business Management at the University of San Francisco hosted a youth leadership workshop at Crystal Springs Farm. Seven youth participated in three different leadership and communication exercises. The first exercise focused on identifying one’s own personality type and how knowing one’s personality and that of others can help make someone a better communicator. Next, the youth were led in a non-verbal communication exercise where everyone picked an object on the farm and held hands. They then had to nonverbally communicate with the others what object they had chosen. It was surprising and challenging to see everyone’s leadership styles in a nonverbal setting. Finally, the last exercise was called the Jamestown survival exercise. The group was told they had been shipwrecked and that they had to prioritize a list of 15 tools and resources that would ensure their survival. The exercise focused on persuasion, as well as analytical and creative thinking to prioritize the survival list. The youth members commented that this was a welcome change from the Thrive concepts and that they learned new tools for communication and how to deal with assertive leadership situations.

—Jessica Guild, SM/SF 4-H Youth Development Program Representative, and Terrie Chun, Belmont 4-H Club

Quote of the Month

“The creation of a thousand forests is in one acorn”

—Ralph Waldo Emerson
STATE LEADERSHIP CONFERENCE:
My favorite 4H summer event, SLC! This was my second year attending and as I did last year, I had a great time! It was fun hanging with my San Mateo County group, seeing those I met last year and meeting new 4Hers along the way!
There were wonderful motivational speakers and many different workshops to choose from. During one of the sessions, I had the opportunity to make Owl Boxes. Woodworking was one of my first projects in 4H back when I was a primary, so it was a lot of fun for me to participate in this activity.
I also had a great time at the dance and really liked that it was casual this year. Years past it was a formal event! It was great to just be able to go and hang out with all my friends – new and old.
There was a great time had by all and it has encouraged me to go to National Convention this year as well! Next year’s SLC is at UC Santa Barbara and I can’t wait!!
—Douglas Bernal

Bethlehem AD 2013, December 21-23
6:00 PM – 9:30 PM, 1305 Middlefield Rd, Redwood City
Bethlehem AD is a living Christmas experience for the entire family. It has been called the Disneyland of nativities! 4-Hers have been invited once again to participate as cast members and bring their project animals as well. Participants get to wear authentic Bethlehem costumes and play the part of a Bethlehem town member. Costumes are provided. Parents and teen leaders are needed to supervise in the animal barn and walk animals along the line waiting outside the nativity. Regular 4-Hers are needed to bring their project animals and have fun showing them off.
Some of the animals that 4-Hers have brought in past years include rabbits, chickens, turkeys, geese, sheep, and guinea pigs. Volunteers can come to one, two or all three days of the festivities. If you do not have a project animal it is still super fun to work as a shepherd. 4-Hers often bring extra animals so there are plenty to share.
This year we are especially looking for any members who currently have sheep, goats or even pigs that walk on leads and don’t mind being touched. The line to get into the nativity is very long, and people love to see, touch and take pictures with the animals while they wait. The Nielsen’s from the San Carlos/Eaton Hills club have brought their Babydoll Southdown sheep for several years and always have fun. Lots of 4-H families have participated in the past and we look forward to seeing both new and old faces.
Each night of participation counts as a 4-H event in your record book. Even though we are in costume, we are also encouraged to answer questions about our project animals and promote 4-H.
Bethlehem also has a float in the Redwood City parade on December 7th if you would like to join the fun. Animals are always a great addition to the parade.
If you are interested in participating please email Paula Dresden at bethlehemad@juno.com

Reminder: C.A.L. Conference
Mission Possible, Golden L.E.A.D.
January 24 - 26, 2014
1700 Marshall-Petal ma Road
Petaluma, CA. 94952
Walker Creek Ranch
Check in begins at 5:00pm. Conference starts at 7:00pm sharp.

Crafty Bits
Recycled toilet paper tubes can be pretty! Learn how to make this snowflake here: http://www.allthingspaper.net/2012/07/tp-roll-tree-topper-tutorial.html

Created from drinking straws and thread! Make a bunch to give away or put them on your own tree, learn how to make them here: http://www.curbly.com/users/chrisjob/posts/14486-how-to-make-diy-colorful-geometric-ornaments
The excitement’s building! Can you feel it? Yes, it’s Presentation Day! And everyone’s invited either as a presenter, judge, helper, or just be a part of the audience.

**What is a 4-H presentation?**
4-H members prepare a presentation that is judged on subject knowledge, presentation, organization, voice, manner and appearance, clarity, and the ability to answer questions. Everything you need to know is in the very complete Presentation Day manual at: [http://www.ca4h.org/files/2193.pdf](http://www.ca4h.org/files/2193.pdf). There are even judging forms showing how you will be judged. Didn’t engage the audience? Didn’t introduce your presentation? Didn’t speak clearly? Then your score will not be as high as it could be.

**What can I present?**
Think about demonstrating something you’ve learned in a 4-H project or a skill or talent that you have. A presentation is just sharing your knowledge with others. The idea is to develop your public speaking skills so that you feel comfortable talking or performing in front of people. Get started now. Your project leaders can help in selecting and preparing your presentation.

**Categories:**
There are 10 different presentation categories to enter:

- Demonstrations and Illustrated Talks
- Scientific Demonstrations and Illustrated Talks
- Educational Displays
- Prepared Speech
- Impromptu Speech
- Interpretive Reading
- Share the Fun
- Cultural Arts
- Audio-Visual Presentations
- Problem Solving Presentations

*Plus we’re hoping that the Interview Contest will return!*

Practice your presentation a lot! Try it out at a club or project meeting prior to County Presentation Day.

Register online. Entries are due by **FRIDAY, FEBRUARY 1ST, 2014**.


Can you help organize this event? Many adult and youth volunteers are needed to make this event extra fabulous! We need youth to serve as Room Hosts and Runners as well as adult volunteers to help organize and serve as judges. See links below or call Jane Stahl at 583-7249, or e-mail jane@tri-bridgeappraisals.com to help.

Adult volunteers (helpers, judges, etc.) register at: [http://uco.ucdavis.edu/survey/survey.cfm?surveynumber=11769](http://uco.ucdavis.edu/survey/survey.cfm?surveynumber=11769)


Paper registration forms are available on the San Mateo County 4-H web site.

Gold Medal winners will be eligible to present at the **North Central Sectional Presentation Day** on **March 29th** at UC Davis. Medalists from Sectional Presentation Day will be eligible to present at the **State Presentation Day**, also at UC Davis, held during the State Field Day on May 31, 2014.

Even if you don’t enter, come along anyway and cheer on the presenters.

It’s going to be a great day!

Jane Stahl & Linnea Knisely
San Mateo County 4-H Presentation Day Coordinators
Farm Bureau Scholarships
By Bill Gass
Executive Director
San Mateo County Farm Bureau

College is expensive. If you are in college or if you will be soon, do you know how you will pay for it? Farm Bureau can help. Since 1948 we have awarded thousands of dollars to deserving local students attending college. Why not add your name to that list?

If you are from San Mateo County and are already in college or will be next year, and are planning to major in agriculture you should apply for one of our scholarships. It’s not that hard to do. You can call the Farm Bureau office at 650-726-4485 and request an application, or you can find an application on our website at http://sanmateo.cfbf.com/

The deadline for applying is April 1, 2014, but don’t wait that long. Remember- the early bird gets the worm! Once you have completed your application mail it to the San Mateo County Farm Bureau, 765 Main Street, Half Moon Bay, CA 94019.

It doesn’t matter if you are going to a junior college or a four year school, you can still apply.

John Wooden who coached UCLA to 10 national championships is universally considered the greatest college basketball coach of all time. One of his many famous quotes was “Learn as if you were to live forever; live as if you were to die tomorrow.” What does that mean? It means that no matter how much you know there is always more to learn, and it’s important to make each day count because you never know how many days you have left. Don’t be one of those people who look back and says “I wish I had gone to college.” Make the most of your opportunities and abilities. If financing college is an issue, we can help, but you have to take the first step.

Hello, I’m trying to find a home for two sheep, who are each almost two years old and who have grown up around children in educational settings.

Henry is a mix of Katahdin and Barbados breeds who was born in February 2012, and Oatmeal is a California Red wooly sheep, born April 2012. They were both neutered at a young age. They spent the summer of 2012 in the San Francisco SPCA’s summer camp, where they were walked around the Mission neighborhood on leashes with the children, who also regularly brushed and pet them.

Since late 2012 they have lived at Vida Verde, the nature education non-profit in San Gregorio, where they have had more exposure to kids as friendly teaching animals. However, the staff at Vida Verde is having difficulties taking care of the sheep in addition to their established herd of goats, so Henry and Oatmeal need a new home as soon as possible.

Thank you,
Call Ben Shefftz at (510) 913-2550

Hello, I’m trying to find a home for two sheep, who are each almost two years old and who have grown up around children in educational settings.

Henry is a mix of Katahdin and Barbados breeds who was born in February 2012, and Oatmeal is a California Red wooly sheep, born April 2012. They were both neutered at a young age. They spent the summer of 2012 in the San Francisco SPCA’s summer camp, where they were walked around the Mission neighborhood on leashes with the children, who also regularly brushed and pet them.

Since late 2012 they have lived at Vida Verde, the nature education non-profit in San Gregorio, where they have had more exposure to kids as friendly teaching animals. However, the staff at Vida Verde is having difficulties taking care of the sheep in addition to their established herd of goats, so Henry and Oatmeal need a new home as soon as possible.

Thank you,
Call Ben Shefftz at (510) 913-2550
Fundraising: Stories from the field

At the beginning of last month, Belmont 4-H club held their youth created Krispy Kreme donut fundraiser! This exciting event was youth conceived and youth led, netting the Belmont club $1000 in one weekend of sales and donations. How did they do it?! Several economic factors were important in creating this successful fundraiser.

First, choose something your fellow 4-H members can get behind. Donuts, while not high in nutritional value, are a tasty treat! Also at this step it is important to consider cost. How much product will you need and how much money do you need to raise for this effort to make sense? Make sure you do your research and investigate all the possible options for this fundraiser. Does the organization give donations? Discounts? Do they support having their volunteers give time in their community? How can you harness what the company offers? Krispy Kreme offered several different options, one being for the club to pre-purchase a minimum of 25 dozen donuts at 50% off, or $4.50 per dozen. The club then sold the donuts at $10-12 a dozen. If the club bought 25 dozen donuts, it would cost them $112.50. Selling all 25 dozen for $10 a dozen nets the club $137.50! Here is a breakdown of the pricing structure:

1-2 donuts at $1.50 each (= $14/dozen) = 70% profit
3 donuts for $4.00 (= $12/dozen) = 60% profit
6 donuts for $7.00 (= $14/dozen) = 70% profit
12 donuts for $10.00 = 55% profit

So, you can see that doing a little math can help you figure out the best use of your resources. Also, it’s a good idea to keep expenses to 1/3 of costs so as to ensure that you are getting the most out of your fundraising efforts.

Once you decide on your fundraiser, set a goal. Belmont club decided to set a net profit goal 60% or better. They knew that they could sell 1-2 donuts at 70% profit, so they pushed these individual sales, while also capitalizing on soccer moms buying donuts for the teams playing across the street. Their choice of selling outside of a Starbucks across from a park where they were holding a soccer tournament ensured that the club’s fundraiser would get maximum exposure with little effort. If you do choose to sell outside of a store or business, make sure you get pre-approval with the store’s general manager first.

Also, timing is important. Belmont 4-Hers knew that the Girl Scouts would be selling cookies from February-March, capitalizing on the fundraising market. They also thought late November and December were too close to the holidays, and January would be a slow month (with everyone having spent their money in December). So they decided to do an early November fundraiser.

Once you’ve decided to do a fundraiser, don’t forget to promote your event. Make flyers to put up in the grocery store and post on social media and online community news sites such as Patch.

On the day of your fundraiser, get started early (Belmont club set up their fundraiser at 6:45am) and bring your ENERGY AND ENTHUSIASM! Harness youth member excitement. At the Belmont fundraiser, youth members were dancing around with 4-H signs point to the donuts table, others took donuts across the street to sell at the park, while others were on hand to talk about 4-H. Don’t forget, fundraising is also a PR opportunity. Belmont club had a donation jar and a 4-H story board, all the while pushing the benefits and learning opportunities available through the 4-H club. Lastly, if you get a donation, be sure to take down the donors name and address so you can send a thank you card.

Hopefully this report has given you some ideas for your own 4-H fundraiser! Be sure to ask your Belmont 4-H friends about their fundraiser if you have questions!
I want to thank those of you who came to the County Awards Event and to those of you who brought food. We had a great turnout. I want to give a big thank you to Dan Hogan and to the All-Stars. They were great and got it finished in record time. They did a fantastic job. The All Stars were so helpful in making signs and placing them out for alternate parking too. I would also like to thank Heather Sutherland for picking up the materials and paper goods from the county office, Ilana Lindsey for helping me out by decorating the cupcakes and piping the deviled eggs for me at the last minute. And to Ethan from the Canada Club for being our official photographer (his photos are below). I would also like to thank my club parents and members, most of whom are new members. They did a fantastic job and really stepped up. Without them we would not been able to pull this off. And last but certainly not least I would also like to thank Wendy Rotchstein, from the county office, who worked tirelessly to put all of the information together for the awards, making the certificates and the awards brochure on very short notice. Thank you Wendy. Renee Olague, Daly City/Colma 4-H Club

Great job everyone!
4-H Archery Leader Certification Training  
Saturday, February 1, 2014 – 9 AM – 5 PM, Sunday, February 2, 2014, 9 AM – 12 noon, Corralitos Community Center, 33 Browns Valley Road, Corralitos, CA 95076

If you have an interest in sharing your archery skills with youth, how about becoming a 4-H Archery adult volunteer or teen leader. There will be a 4-H archery leader certification training held February 1st & 2nd in Corralitos, CA (near Watsonville). The class will be offered Saturday, February 1st, 9 AM – 5 PM, and Sunday, February 2nd, 9 AM – 12 noon, at the Corralitos Community Center, 33 Browns Valley Road, Corralitos, in Santa Cruz County. This class is being hosted by Santa Cruz County 4-H.

You must become a 4-H leader or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost for the course is $35 per person. To register for the course or receive more information, contact Susie Stokke, Modoc County 4-H Program Representative, at (530) 233-6400 or ststokke@ucdavis.edu. (This course is available on a first come-first serve basis – you will not be considered registered until all the necessary registration documents have been received). This course is not open to leaders from Santa Cruz County.

4-H Shooting Sports Workshop - Rifle Discipline, Alturas, CA  
Saturday, January 11, 2014 – 8:00 a.m. – 4:30 p.m., Sunday, January 12, 2014 – 8:00 a.m. – Noon

A 4-H shooting sports workshop for the rifle discipline will be held at the Alturas Rifle and Pistol Club, County Road 54, near Alturas, California. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle volunteer and can lead a rifle project at the club or county level. Cost for the course is $35.00 per person. To register for the course or receive more information, contact Susie Stokke, Modoc County 4-H Program Representative, at (530) 233-6400 or ststokke@ucdavis.edu. (This course is available on a first come-first serve basis – you will not be considered registered until all the necessary registration documents have been received). This course is not open to leaders from Santa Cruz County.

4-H Shooting Sports Workshop - Pistol Discipline  
Saturday, January 4, 2014 – 8:00 a.m. – 4:00 p.m., Sunday, January 5, 2014 – 8:00 a.m. – 12:00 p.m.

A 4-H shooting sports workshop for the pistol discipline will be held at the Fresno County Peace Officer Range, 7633 N. Weber, Fresno, Ca. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a level 1 pistol instructor and can lead a pistol project. The cost for this course is $30.00 to cover the instruction binder each participant will receive. Participants will need to bring their own eye and ear protection and are encouraged to bring their own .22 rim fire pistol and/or own air pistols if they have them. To register for the course or receive more information, contact Sammy Ashworth at sdashworth@gmail.com or (559) 707-0755. (This course is not open to 4-H leaders from Santa Cruz County). Please fill out and bring this form:

http://4h.ucanr.edu/files/2123.pdf

Connect on Facebook:
https://www.facebook.com/pages/Fresno-County-Peace-Officers-Association/101825493227619
https://www.facebook.com/pages/California-4-H-Shooting-Sports/359716147438695

4-H Shooting Sports Workshop - Rifle Discipline, Auburn, CA  
Saturday, March 15, 2014 – 8:00 a.m. – 4:00 p.m., Sunday, March 16, 2014 – 8:00 a.m. – 12:00 p.m.

A 4-H shooting sports workshop for the rifle discipline will be held near Auburnl CA, official location TBD. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a volunteer and can lead a rifle project at the club level. The cost for this course is $30.00 to cover the instruction binder that each participant will receive as well as lunch on Saturday. Teen leaders are invited but must attend with an adult. Participants should bring their own eye and ear protection of desired. To register for the course or receive more information, contact Eric Vander Linden at evl@cebridge.net or 916 257-4796 (This course is not open to 4-H leaders from Santa Cruz County). Please fill out and bring the documents listed below. The training request form will need to be signed by your county staff prior to participating in the training.

http://4h.ucanr.edu/files/2123.pdf
http://4h.ucanr.edu/files/4758.pdf
http://4h.ucanr.edu/files/4726.pdf

Registration is due Friday, February 22nd and space is limited.
Join Montana 4-H as they welcome the Western Region Leaders' Forum to Billings in March 2014. Agents, staff and volunteers are hard at work planning a conference that will help you to "Discover the Past, Present, Possibilities of 4-H". Participants will enjoy a first class conference facility and hotel accommodations, national speakers, local entertainment and over 60 informational workshops.

WRLF is an exciting time to network with peers from across the region sharing ideas and building relationships to carry 4-H into the future.

REGISTRATION OPENS NOVEMBER 1!
Come experience all of the treasures Montana has to offer.

EARLY REGISTRATION $255
November 1—December 31, 2013

REGULAR REGISTRATION $305
January 1—February 15, 2014

LATE REGISTRATION $355
February 16—February 28, 2014

Registration will be online at www.wrlf2014.com.

WORKSHOPS
There are over 60 different workshops to choose from. Workshops are hands on and interactive covering a variety of topics for Volunteers, Extension staff and teen leaders. Workshops will be selected on first come first serve basis during event registration. Some workshops may have a small fee. Fees will be applied and paid during the registration process. Find complete workshop descriptions on the website.

KEYNOTE SPEAKER  SATURDAY MARCH 29, 2014
Richard M. Lerner is the Director of the Institute for Applied Research in Youth Development at Tufts University. Lerner and his team have been working for over a decade on the 4-H Study of Positive Youth Development. He is also well known for his research about the relations between adolescents and their peers, families, schools, and communities.

CAPNOTE SPEAKER  SUNDAY MARCH 30, 2014
Dr. Martha Couch followed her calling into 4-H and youth development as Associate Director for 4-H and Youth Development in Texas. Under her leadership, Texas 4-H reached over one million members. She instituted Youth Protection Standards, created a Character Education Program that reached 100,000 youth annually and established county youth boards to gain quality input from youth. Read Dr. Couch's full bio at www.wrlf2014.com

Visit our website for up to date event information - www.wrlf2014.com or 406.994.3501

LODGING
The conference hotel for the 2014 WRLF event will be the Crowne Plaza located in downtown Billings, MT:
27 North 27th Street. Billings, MT 59101

Rooms will be available for booking May 1, 2013
$83.00 Conference Rate for double room

Call 1-877-270-1393
Reference Code YCE
www.crowneplaza.com/Billings
2014 4-H Honey Bee Essay Contest

Each year the Foundation sponsors an essay writing contest for active (fees paid) members of 4-H clubs across the country. There are cash prizes for the national winners: 1st Place - $750.00; 2nd Place - $500.00; 3rd Place - $250.00. National and state winners receive a book about honey bees, beekeeping, or honey. All essays must be submitted electronically to Eric Mussen, ecmussen@ucdavis.edu, and are due on or before February 15, 2014. More info and rules: http://4h.ucanr.edu/files/176473.pdf

Daily Point of Light Award

Deadline: Rolling
The power of the individual to spark change and improve the world - that's what the Daily Point of Light Award celebrates. Nominate a local hero for a Daily Point of Light Award. Winners get formally recognized by Points of Light, a media advisory sent to their community, a certificate signed by President George H. W. Bush - and a bit of the world's spotlight. More info: http://bit.ly/15XKMSI

Online Record Book Survey Awards

We would like as many 4-H members as possible to complete surveys in the Online Record Book. It is our way to find out about you and how the California 4-H Youth Development Program is doing overall. To encourage 4-H members to complete surveys online we have established incentives for completing the required Spark Score Questions.

Can you still win a gift card?
Yes! There is still time for youth to win!!! If you have previously completed the required Spark Score Questions for any time period ending before January 31, 2013, you will be eligible to win a $25 gift card in the spring if you complete all the required Spark Score Questions in your ORB by January 31, 2014.

Also, all youth who complete all the required Spark Score Questions in ORB before January 31, 2014 and all the required Spark Score Questions that are available between May 1, 2014 and August 31, 2014 will receive a $50 gift card in the fall of 2014.

A new way to win!
All youth who complete the required Spark Score Questions in ORB by January 31, 2014, but haven’t completed any Spark Score Questions at a previous time, can still win a $10 gift card! So be sure to log in and do all the required Spark Score Questions in your ORB.

Where do I find the surveys?
Spark Score Questions are on the right side of your ORB home page.

2014 C-SPAN StudentCam Competition

Deadline: January 20
StudentCam is an annual national video documentary competition that encourages students to think critically about issues that affect our communities and our nation, sponsored by C-SPAN. StudentCam's theme for 2014 is: "A Message to the U.S. Congress: What's the most important issue the U.S. Congress should consider in 2014?" Maximum award: $5,000, plus $750 to spend on digital video equipment for his/her school. Eligibility: students grades 6-12, individually or in teams. More info: http://cs.pn/wo6O3b

SLF 2013 Celebration Complete! The work has just begun.
What a great way to celebrate the 100th anniversary of California 4-H! A huge thank you to the delegates who helped make SLF 2013 a very extraordinary occasion. It was powerful greeting and meeting leaders and staff from all over the state. We should feel like we now have an even larger extended 4-H family.

Thank you to the SLF Committee for your time, effort, suggestions, creativity, endurance, work, patience, dedication, encouragement, support and concern to make this event happen. It was a real TEAM effort. A special thank you to the speakers and presenters who gave us food for thought and sent us home with some positive information and techniques to use in our counties.

Best Wishes for your "after SLF 2013" endeavors. May you be all charged up from the SLF weekend.

Now it is time to put SLF 2014 on your calendar. The date is Nov. 14 – 16, 2014 at the Crowne Plaza Sacramento. Look for ‘Innovative Project Idea Sharing’ coming soon to the SLF website. Chair: Cindy Dixon cin_mom@sbcglobal.net

Looking for a Qualifying Horse show for the 2014 California 4-H Horse Classic?
Visit http://4h.ucanr.edu/Programs/Events/Horse_Classic/Equine_Qualifier_Events/ to find a Horse Show near you!
2014 California Camping Conference
March 21 – 23, 2014
Boulder Creek, CA
The California Camping Conference inspires ideas and innovation and helps camp administrators create fun, safe, and rich learning experiences for both campers and camp staff. Sponsored by the University of California 4-H Youth Development Program, the weekend offers staff, volunteers and youth opportunities to develop their capacity as leaders in their local camp programs.

You will…
• Add new, fun, educational activities to your program
• Better understand how to work with campers, teen staff and adult volunteers
• Learn how to market and recruit campers and teen staff
• Network with others who share your passion for camp
• Come away with practical tools to increase the safety, fun and growth for campers and staff

Conference workshops include:
• Understanding and dealing with difficult behaviors
• New science, engineering and technology (SET) activities for camp: shelter building, first aid and safety, creating cookouts and overnight adventures
• Working with chaperones and other adult volunteers
• Project Learning Tree and more “green” ideas
• Our campers Thrive activities
• Important steps for camp health and safety compliance
• Archery certification
• And more!

Registration fee by February 1st is $140 per person ($150 by March 7th) and includes meals, lodging, and all conference materials. The conference begins at 7:00 p.m. Friday, ending just before lunch on Sunday. Suggested participants include camp directors, youth leadership team, camp volunteers and 4-H staff members. Archery Certification is an additional $35 and the 12-hour course and precludes other workshop sessions. For a copy of the brochure or to register online, visit:
http://4h.ucanr.edu/Programs/Camps/Conference/

FOLLOW US ON FACEBOOK & TWITTER!
www.facebook.com/CA4HCamping
www.twitter.com/CA4HCamping

#4hwaterwed
Each Wednesday the California State 4-H Office will post a resource or fun fact about water on our Facebook and Twitter. Be sure to repost using #4hwaterwed. For more information on the importance of hydration and ideas for your club visit: http://4h.ucanr.edu/Projects/HealthyLiving/Water For Better Living/

DRINK UP: Launching a campaign to drink more water
The First Lady, Partnership for a Healthier America, and actress Eva Longoria teamed up to launch a new campaign to drink more water. Drinking water is one of the easiest ways to improve overall health! Check out the interactive link: http://www.youarewhatyoudrink.org/

FUNDING OPPORTUNITIES
Please note: University policy requires an Advisor or County Director to submit all grant applications and fulfill the requirements of UC ANR Contracts & Grants. For more information, please contact your local county 4-H office.

KaBOOM! Let’s Play Engineered Wood Fiber Surfacing Grants and Let’s Play Maintenance Grants
Deadline: Rolling (Monthly)
Thanks to generous support from Dr Pepper Snapple Group, KaBOOM! will be awarding grants of $750 each to communities who wish to top-off their Engineered Wood Fiber safety surfacing or who are working to make their existing playgrounds cleaner, safer and more inviting. The Let’s Play Engineered Wood Fiber Surfacing Grant and Let’s Play Maintenance Grant are currently available. More info: http://bit.ly/12yz3lc

Stephen J. Brady STOP Hunger Scholarship
Deadline: December 5
Through scholarship awards, Sodexo Foundation recognizes and rewards students, ages 5-25, who are driving awareness and mobilizing youth to be catalysts for innovative models and solutions to eliminate hunger across the country. The scholarship recipients each receive $5,000 for their education as well as a $5,000 grant for the hunger-related charity of their choice. Learn more and apply at www.SodexoFoundation.org.

2014 Best Intergenerational Communities Awards
Deadline Extended: December 6
MetLife Foundation and Generations United are searching the nation for communities that place immense value on intergenerational connections and quality of life for all. If your community fits that description, apply for the third annual Best Intergenerational Communities Awards program. More info: http://bit.ly/GNZpFz

Starbucks Youth Action Grants
Deadline: December 15
The Starbucks Foundation is interested in supporting organizations that equip young people ages 15 to 24 years old - especially those not engaged in employment, education, or training - in business savvy, social conscience, and collaborative communication. They will consider grants between $10,000 and $30,000. More info: http://bit.ly/12zv3lc

Everyday Young Hero Award
Deadline: Rolling
The Everyday Young Hero program highlights one outstanding youth a week that is making extraordinary contributions and commitments to service. Nominations must come from a parent, teacher, or other adult mentor. The Everyday Young Hero award is open to those between the ages of 5-25. Winners receive an announcement in Youth Service America’s (YSA) weekly National Serving e-Briefing, a certificate and letter from YSA’s President and CEO, a customized press release, and publicity on the YSA’s website, Twitter and Facebook accounts. More info:

San Mateo County 4-H Highlights 11
California State Fashion Revue is May 31, 2014 at Olson Hall on the UC Davis campus. This year our SFR community service projects are Drawstring Bags for Foster Kids and Walker Bags for Seniors. We are working on these projects all year and look forward to having a lot of support from all of our counties.


Check out the State 4-H website for information about the State Fashion Revue categories and get an early start on your projects for your county fashion revue submissions: http://4h.ucanr.edu/Programs/Events/SFD/SFR/

Your Holiday Food Safety Shopping List
It's time to prepare for a holiday that's safe and not stressful! In a few weeks, you'll be busy with recipes and relatives. Prepare for the holidays now by stocking up on the basic food safety items you'll need using the Food Safety Shopping List. From kitchen clean-up to leftover storage, this list ensures you will be fully stocked to Fight BAC!® and keep your family and visitors food safe over the holidays. For recipes, tips and tricks to stay food safe! More info: www.holidayfoodsafety.org

FREE Pin For Newly Elected Healthy Living Officers!
Congratulations! California has nearly 50 newly elected Healthy Living Officers!
The Healthy Living officer will serve as the club’s ambassador for health! By choosing to elect a Healthy Living officer your club is taking an active role in promoting healthy lifestyles. The Healthy Living officer will be the leadership for all health activities including: providing ideas on how to incorporate physical activities and healthy eating into each club meeting, write Healthy Living articles for the club newsletter, and adopting and promoting a club Wellness Plan.

Please help ensure that the health “H” of 4-H is at the forefront of all our meetings, consider electing a Healthy Living officer! The Choose Health Officer Guide developed by Cornell University Extension can be found at: http://4h.ucanr.edu/Resources/Publications/

*To receive your FREE Healthy Living Officer pin please email the name of your officer and club to Anne Iaccopucci at amiaccopucci@ucanr.edu

State Leadership Conference August 14-17, 2014
U.C. Santa Cruz
“Raiders of the Lost Leadership”
The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. Check our website, Facebook, Twitter & Instagram for updates and exciting announcements!

Save the date! California Focus is June 13-17, 2014
California Focus is a unique citizenship educational experience that combines hands-on participation in workshops, debates and simulations with speakers, tours, fun activities and new friends from across California.

Citizenship Washington Focus
June 22-28, 2014
Citizenship Washington Focus (CWF) is a week-long 4-H citizenship program for youth ages 14-19 that takes place at the National 4-H Youth Conference Center, just 1 mile from the Washington, DC border. Every summer, thousands of young people participate in the program, which provides opportunities for them to:
- Strengthen their communication, leadership, and citizenship skills on a national level
- Understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders
- Exchange ideas, practice respect, and form friendships with other youth from diverse backgrounds
- Experience hands-on learning using the historical backdrop of Washington, DC.

For more Information http://www.4hcenter.org/youth-conference-center-overview/educational-programs/citizenship-washington-focus/about/

Additional optional travel dates:
June 29-July 2, 2014 – Destinations to include Historical Gettysburg, PA, Philadelphia, PA and more! Registration will be open December 1, 2013.

New for 2014- Leadership Washington Focus
July 15-19, 2014
Leadership Washington Focus (LWF) is a 4-H leadership program for youth entering grades 7 through 9. The program will take place at the National 4-H Youth Conference Center, just 1 mile from the Washington, D.C. border. For more than 50 years, thousands of 4-H’ers have participated in our high school program, Citizenship Washington Focus and now we are happy to introduce its precursor for middle school 4-H’ers.

For more information visit http://www.4hcenter.org/youth-conference-center-overview/educational-programs/leadership-washington-focus/about/. If your county has members interested in participating contact Jenna Colburn at jcolburn@ucanr.edu.

California 4-H $1,000 for 1,000 Service Learning Projects
http://4h.ucanr.edu/Support/RoR/
2013/2014 Revolution of Responsibility Application Deadlines:
January 15, 2014
March 15, 2014
May 15, 2014
July 15, 2014
September 15, 2014
November 15, 2014
Are you leading a Thrive project? If so, you have a chance to win a $50 gift card! Send in all 8 postcards following your Thrive project meeting and you will receive a gift card at the end of the program year.

Winners from the last program year
We are pleased to announce the winners of incentive awards for the last data collection time period (closing on August 2013)! Youth had to complete all required Spark Score Questions for two rounds of data collection.
From San Mateo County: Sarah Tappin. Great job, Sarah!!

More chances to win!
4-H Members: We want to know what Thrive means to you! The State 4-H Office is having a contest to find our favorite pictures of what iThrive means to our young people. You can send a drawing, painting, photograph, sculpture of any of the thriving concepts: Sparks, Mindset, Goal Management, the 6 Cs, Thriving, or Well-being. We will pick our 5 favorites: 1 for sparks, 1 for mindset, 1 for GPS, 1 for the 6 Cs (thriving) and 1 for well-being. Each winner will get a $25 gift card! The deadline is Jan. 6, 2014. Send art entries to: iThrive, University of California, Agriculture & Natural Resources California State 4-H Office, 2801 Second Street, Davis, CA 95618-7774
American Geophysical Union Family Exploration Stations
**December 8, 2013, 1:00pm – 5:00pm**, San Francisco Moscone South Rooms 103-104
http://fallmeeting.agu.org/2013/events/exploration-station/
This event is free and open to the public. Participants make their way through an average of 20-30 exhibits offering a variety of easy, family friendly, hands-on activities and an opportunity to interact one-on-one with scientists, engineers, and education specialists.

The Real World Design Challenge
http://www.realworlddesignchallenge.org/
Challenge issued October 10, team registration due December 20. An annual aviation design competition for teams of high school students. The Challenge is FREE for students and teachers. And each teacher that signs up a team will receive professional engineering software as well as access to mentors from industry, government, and academia. The top team in each state will win an all-expenses-paid trip to Washington, DC.

Agricultural Innovation Prize
http://www.agprize.org
Submission deadline is February 28th, 2014. The contest was developed to encourage cutting-edge technology in agricultural and food systems. It strives to connect various sectors and disciplines in an effort to better address the challenges of the 21st century. These challenges include bringing our food, climate and social systems within a safe operating space. It hopes to identify ways to achieve food security while keeping us within sound environmental boundaries. The Ag Prize seeks students who are interested in transforming global food systems into one that facilitates sufficiency and resilience. This transformation will occur with the increased awareness and attention of the next generation of leaders, unbridled by any number of constraints. The Agricultural Innovation Prize is run in cooperation with the United States Department of Agriculture.

New National 4-H Curricula: Exploring Beef Health and Husbandry
http://www.4-hmall.org/Product/4-hcurriculum-beef/exploring-cattle-health-and-husbandry/08455.aspx
Grades 5 - 8
This curriculum is designed as the guide for a project facilitator. The activities and background information in this curriculum will help youth develop the requisite knowledge and skills associated with raising and showing beef cattle. Activities are youth centered and include opportunities for the application of knowledge and skills at three different levels of experience: beginner, intermediate, and advanced.

iThrive Leadership Project Curriculum has a SET Focus for the 2013-14 Program Year
Are you looking for ways to continue to develop 4-H members ages 12 and up in effective leadership skills? iThrive takes the principles of positive youth development and organizes them in a fun and engaging way to develop the leadership skills of our 4-H youth. Each module of this year’s curriculum links one or more scientific and engineering practices to a Thrive concept. These eight essential practices are those used every day by scientists and engineers in their work.

The accompanying iChampion Adult Volunteer Leader Guide provides an easy to follow resource to make project leaders successful in using this curriculum. Using the experiential learning cycle, iThrive provides opportunities for youth to realize their true and full potential and shows them how they can help their peers do the same. The curriculum is free and available to any project leader of a leadership project. To find out more about Thrive, check out the state website at http://4h.ucanr.edu/About/Thrive/ If you are interested in bringing Thrive into your leadership project for the 2013-2014 program year, contact your county office to find out how you can get started.

---

**December Word Search**

- club
- community
- crafting
- donuts
- event
- family
- food
- fun
- fundraising
- hands
- head
- health
- heart
- holidays
- horse
- leadership
- planting
- presentation
- service
- trees
- wreath

---

San Mateo County 4-H Highlights
WEBSITES

Highlights Newsletter Website:
Follow the simple steps listed below to receive an electronic copy.
Go to the county 4-H web address: http://ucanr.org/sites/smsf4h/4-H_Highlights_Newsletter/
“Subscribe to Newsletter - receive e-mail when this newsletter is updated”, enter email address in the box under this heading.
Your subscription will start with the next newsletter.

San Mateo County 4-H Facebook Page: https://www.facebook.com/pages/San-MateoSan-Francisco-County-4-H/75534689930

SMC Club Sites:
Belmont 4-H Club: http://www.belmont4h.org/
Burlingame/San Mateo 4-H Club: http://www.bsm4h.webs.com/
Half Moon Bay 4-H Club: http://halfmoonbay4h.yolasite.com/contact.php
Pacifica 4-H Club: http://pacifica4h.org/
San Bruno/South San Francisco 4-H Club: http://sbcal.us/4h/San_Bruno_4-H_Website/Welcome.html
San Carlos/Eaton Hills 4-H Club: http://www.sancarlos4h.org/

CA State 4-H Websites
Website: http://www.ca4h.org
4-H Online Record Book (yes every registered adult volunteer and every youth ages 9 and older has an Online Record Book account): http://www.ca4h.org/4hbook/
Facebook: https://www.facebook.com/california4H
Twitter: https://twitter.com/California4H
YouTube: http://www.youtube.com/user/California4h
Pinterest: http://pinterest.com/california4h/
Blog: http://4hvolunteercafe.wordpress.com/
Instagram: http://instagram.com/ca4h

The official 4-H page on Facebook: http://www.facebook.com/4-h

Need help with a gardening question? Call the UC Cooperative Extension Master Gardener’s hotline at 650-726-9059 x 107 or email mgvhotline@ucdavis.edu

Elkus Ranch Environmental Education Center - We are always looking for volunteers to help out at the ranch. You can volunteer to help in the gardens, cleaning up animal pens, and other chores as needed. Please contact Leslie Jensen at elkusranch@ucdavis.edu to volunteer!
DECEMBER

1  Registration Opens for Citizenship Washington Focus. http://www.4hcenter.org/youth-conference-center-overview/educational-programs/citizenship-washington-focus/about/
4  American Youth Leadership Program with Samoa
6  Redwood City Hometown Holidays, contact Heidi Sjolund for more information, thesjolunds@earthlink.net
6-8  State Record Book Judging
8  American Geophysical Union Family Exploration Station, SF Moscone South Rooms, 1-5pm, http://fallmeeting.agu.org/2013/events/exploration-station/
9  Animal Science Animal Project meeting, San Carlos Home Depot Training Room, 7-9 pm, 1125 Old County Road, San Carlos, in the back of the store across from the restrooms.
14  San Bruno 4-H Club Wreath Making Workshop, San Bruno Farm, call Jane Stahl to sign up, 65-583-7249
15  Starbucks Youth Action Grant deadline, http://bit.ly/1bKhGlZ
16  Life Skills & Hobbies Meeting and Cookie Exchange, Fox School 7pm
20  Real World Design Challenge deadline, http://www.realworlddesignchallenge.org/
21-23  Bethlehem A.D. 2013, 6-9pm 1305 Middlefield Road, Redwood City, Contact Penny Richardson at 650-368-6896
31  Early registration ends for Western Region Leaders’ Forum, www.wrlf2014.com

JANUARY

1-Feb 15 - Regular registration for the Western Regional Leaders’ Forum begins, www.wrlf2014.com
4-5  Shooting Sports Workshop, Pistol, Fresno, CA, 7633 N. Weber, Fresno County Peace Officer Range, 1/4 - 8:00am - 4:00pm, 1/5 - 8:00am - 12:00pm. http://4h.ucanr.edu/files/2123.pdf, Sammy Ashworth, sdashworth@gmail.com
6  iThrive art contest deadline, send to: iThrive UC ANR, California State Office, 2801 Second Street, Davis, CA 95618,
11  2014 Horse Show for the San Mateo County Fair forms, including the lease agreements due, https://www.sanmateocountyfair.com/contests/departments/horse-show
11-12  Shooting Sports Workshop - Rifle, Alturas, CA, 1/11 - 8:00am - 4:30pm, 1/12 - 8:00am - 12:00 pm. Susie Stokke, ststokke@ucdavis.edu
15  Revolution of Responsibility Application deadline, http://4h.ucanr.edu/Support/RofR/
20  C-Span Student-Cam Competition deadline, http://cs.pn/wo6O3b
24-26  Cal Conference, Walker Creek Ranch, Petaluma, CA check-in at 5:00 pm
31  Last day to complete the Spark Score Card to be eligible to win a $25 gift card, Spark Score Questions on the ORB home page.

The UCCE San Mateo/San Francisco 4-H Staff would like to wish you and your family the very merriest of holidays and a happy new year!