



It's Capitol!

Letting Decision Makers Learn  
from YOU

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form, build, and strengthen policy



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# Written Comments



March 30, 2018



*Submitted Electronically via Regulations.gov*

Dr. Donald Wright  
Deputy Assistant Secretary for Health  
Office of Disease Prevention and Health Promotion  
Office of the Assistant Secretary for Health  
United States Department of Health and Human Services  
11001 Wootton Parkway, Suite LL 100  
Rockville, MD 20852

Mr. Brandon Lipps  
Administrator  
Food and Nutrition Service  
United States Department of Agriculture  
3101 Park Center Drive  
Alexandria, VA 22302

Kristin Kocgel  
USDA Food and Nutrition Service  
Center for Nutrition Policy and Promotion  
3101 Park Center Drive, Suite 1034  
Alexandria, VA 22302

**Re: Docket ID FNS-2018-0005:  
Dietary Guidelines for Americans: Request for Comment on Topics and Questions –**

- Comment period
- Federal Register
- Docket Number
- Numbers count!



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# Visiting an office

- Make appointment
- Bring your cards
- Provide information they want
- Usually 30 minutes
- Bring a “Leave Behind”



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# Listening Session

- Invited speaker
- Solicited input
- Prepared remarks
- Read into record
- Very short



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# Testimony

- Prepared remarks
- Short – 1-3 minutes
- Supporting information



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# Hearing

- Invited speaker
- Present facts or opinions
- Usually 5-10 minutes
- Read into record



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# Briefing Speaker

- Invited speaker
- Subject matter expert
- Longer talk
- Provide factsheet for briefing packet



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# Holding a Briefing

- Lots of work!
  - Sponsors
  - Logistics
  - Speakers
  - Briefing packets
- But a Career highlight!



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# Enjoy our democratic process!



***Thank you***  
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