

## Section 4: Annual Project Report

Submit one form per project. You may add additional pages if needed.

<b>Name</b>	<input style="width: 90%;" type="text"/>	<b>Program Year</b>	2015-2016
<b>Project</b>	Bowling	<b>Years in Project</b>	1
<b>4</b>	<b>Number of project meetings held</b>	<b>100</b>	<b>% Attended</b>
<b>4</b>	<b>Number of project meetings attended</b>		

<b>LEARNING EXPERIENCES</b>			
<b>Explain what you did, what you learned, and the skills you gained in the project.</b> <small>Include the level of participation: <b>I</b> = Individual, <b>L</b> = Local Club/Unit/Project, <b>C</b> = County/Area/District,  <b>M</b> = Multi-county/Section, <b>S</b> = State, <b>N</b> = National/Multi-State, <b>G</b> = Global</small>			
Date	Level	Hours	What did you do?   Where?   What did you learn or what skill did you practice?
10/10/2015	L	2	<p>Today we met at the Paso Bowl. Our instructor's name was Joseph and he bowls in three different leagues and bowls every week. The first thing we did after getting our shoes was to select a ball. We selected the ball based off of where our fingers matched up with the holes and how much he thought would be an appropriate weight. Then he taught us the proper footwork to bowling. The first step is to slightly bring the ball forward while raising it. The second step is to return the ball back to your hip. The third step is when you raise the ball behind you and during the fourth step, you bring it forward and release it. We practiced getting the footwork down before bowling to gain muscle memory. When we bowled, we practiced our steps and it got a lot easier as the day went on which proves the point "practice makes perfect".</p>
11/7/2015	L	2	<p>Today at our second meeting, we started off by learning more about the basics of bowling such as how it was scored and more terminology. With 12 people at the meeting, we split up among two lanes and practiced. The great thing about bowling is that you can practice and it just feels like fun. I made sure to have my steps down and I ended up winning the first game by two points. My final score in the first game was 110. Bowling is a great project not only because you get to bowl, but you are having fun, learning skills, and staying physically active.</p>
12/12/2015	L	2	<p>At our third meeting, we began by discussing the history behind bowling and the changes that have taken place since its major introduction in the early 1900's. There had been</p>





Number	List things made, raised, grown, or improved.	List honors or awards earned.

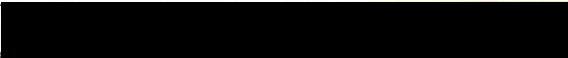
List citizenship activities	List leadership development activities

Expenses and Income/Value			
<i>Summarize, totaling all expenses such as: ingredients, feed, vet supplies/visits, materials, exhibitor's fees, and all income such as: value of finished products, animals sold, exhibit premiums, etc.</i>			
Item	Number	Expense	Income or Value
Project Meetings	4	\$46.50	\$
		\$	\$
		\$	\$
		\$	\$
		\$	\$
<b>Totals</b>		<b>\$46.50</b>	<b>\$00.00</b>
<b>Total Profit or Loss</b>		<b>-\$46.50</b>	


**If another member was thinking about taking this project next year, what would you tell them about what can be learned in this project?**

I would say it's a lot of fun because not only are you being physically active, but you are also having a lot of fun. There is a lot I learned about bowling through this project that I had not previously known was important which culminates into an old time, yet still fun activity.

**I have personally prepared this report and believe it to be correct.**

4-H Member's Signature:  Date: June 11, 2016

**I have personally reviewed this report.**

4-H Adult Partner's Signature:  Date: 6/11/16