



Growing Tomorrow's Leaders Today



4-H is a model for the practice of positive youth development for all youth ages 5-19. Members and volunteers engage in youth-adult partnerships for equal learning and decision-making in 4-H.

This annual report shares how 4-H is growing in California. We also highlight local examples of how 4-H is impacting youth and communities in each focus area.



GROWTH

+30%

4-H MEMBERSHIP

+29%

CIVIC ENGAGEMENT
PROJECTS

+29%

STEM PROJECTS

+37%

LATINO
MEMBERSHIP



Message from the Director

The University of California 4-H Youth Development Program began around the start of the 20th century as a way to introduce new agricultural technology into communities through youth education. Over the last 100 years, we have continued to evolve with youth and community needs. We have expanded our focus to include leadership; civic engagement; healthy living; and science, technology, engineering, and mathematics (STEM). While we retain strong roots and impact in rural communities, our population and programming has grown into suburban and urban areas as well.

Over the last five years, we have nearly doubled the number of young people engaging in and benefitting from our high-quality youth development programming and the extension of research-based information. Racial diversity has increased in our clubs, and Latino participation has grown from 25% to 47%. During this period, participation increased 123% in our rural areas and 84% in our urban areas. Our growth reflects California's diverse youth, families and communities.

Thanks to the Sparks Surveys that 4-H members fill out annually, we know that participation in 4-H contributes to the development of a qualified workforce for California. We are proud to share that our 4-H youth feel we are helping them by improving college readiness, increasing scientific literacy, increasing civic engagement, developing effective leadership skills, and improving workforce competencies. Our other strengths have been in promoting healthy people and communities.

Our growing reach and these significant impacts are a reflection of the caliber of our over 14,000 caring adult volunteers. They dedicate countless hours and expertise to helping develop the next generation of true leaders. They are supported by the hard work and passion of our 4-H staff, who have dedicated their careers to "making the best better".

We will continue to strive toward achieving our goal to engage 255,552 California youth in 4-H by 2025. Through expanding our reach and impact, 4-H will improve the lives of youth, families, and communities for generations to come.



Shannon J. Horrillo

Statewide 4-H Director

"What I like most about 4-H, is that everyone has the chance to help out, even the kids. I think there's a great energy at 4-H that you can't find everywhere."

12 year old, Contra Costa County

4-H Membership

Membership enrollment

2014-15	80,435
2015-16	92,386 +15%
2016-17	109,363 +18%
2017-18	142,277 +30%



Where do they enroll?

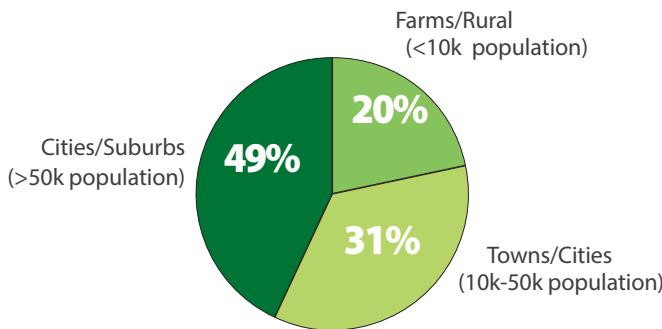
Note: youth can be enrolled in more than one delivery mode, resulting in duplicates

Military club	7,075
Community club	34,662
In-school club	1,176
After school club	1,336
TOTAL CLUB	44,249
OTHER	
School enrichment:	52,236
Family learning:	324
After school program:	27,185

Special Interest	13,167
Overnight camps	3,610
Day camps	1,506
TOTAL SHORT TERM Programs	18,283



Where do they live?



What do they look like?

	% of total 4-H enrollment
American Indian/Alaskan Native	2%
Asian	7%
Black or African American	5%
Native Hawaiian/Pacific Islander	.1%
White	77%
More than one race	5%
Undetermined	3%
Hispanic/Latino	47%
Non-Hispanic/Latino	53%

"I am involved in 4-H because it provides so many amazing opportunities that I can take part in from livestock to leadership to volunteer work."

17 year old, County Ambassador, Imperial County



Volunteers

"I've learned how to work together with adults and younger children to achieve a common goal."

17 year old County Ambassador
San Joaquin County



6,557
TOTAL YOUTH VOLUNTEERS



YOUTH VOLUNTEER ROLES

14,068
TOTAL ADULT VOLUNTEERS



ADULT VOLUNTEER ROLES

YOUTH VOLUNTEERS 6,557

15,242 HOURS

\$443,391
ESTIMATED DONATION¹

ADULT VOLUNTEERS 19,894

1,707,384 HOURS

\$49,667,801
ESTIMATED DONATION¹

¹ The value of time in 2017 in California is estimated at \$29.09 (https://independentsector.org/resource/vovt_details/).

National and Regional Recognition

California 4-H'ers receive national and regional awards and recognition



National 4-H Council's 4-H Youth in Action Awards Program highlight outstanding youth who have made a difference in the core areas of Agriculture, Citizenship, Healthy Living and STEM.



Astoria Ho, 2018 Agriculture Finalist

Astoria developed a curriculum and lessons about goats for a Santa Clara County alternative high school. By leading lessons twice a month, she exposes students to information about agriculture and ag careers.



Samuel Sugarman, 2017 Agriculture Winner

Samuel created a free Farm Tour Program in San Diego County to connect youth in his community with animals and nature. He was honored for his service in 2016 with the congressional Gold Medal for Service.



Bryanne Sanchez, 2017 Healthy Living Winner

Bryanne was her club's first Healthy Living Officer and launched an annual Color Me Green Run in Imperial County. She also implemented the All 4-Health Fair at the California 4-H State Leadership Conference.



Ru Ekanayake, 2016 Healthy Living Winner and 2016 National Youth in Action Award winner

Ru launched the first-ever 4-H Healthy Living blog, allowing 4-H'ers to share their stories and create national discussions about health.

Salute to Excellence Awards

The Salute to Excellence Awards recognizes outstanding volunteers in each region. Our volunteers have won the awards in the Western Region the past two years!

Outstanding Volunteer of the Year Award

10 or more years as a 4-H volunteer.



Jaimie Burroughs, 2018 Outstanding Lifetime Volunteer Award

Jaimie is a lifelong member of 4-H. She has been volunteering for California Focus since she was in college (20 years!) in addition to her Stanislaus County club.



Paulette Sauln, 2017 Outstanding Lifetime Volunteer Award

Paulette has been a 4-H volunteer in California for 29 years. She has touched the lives of many 4-H members, leaders, alumni and future 4-H'ers in San Diego County and beyond.

Volunteer of the Year Award

Less than 10 years as a 4-H volunteer.



Curtis Ullerich, 2017 Volunteer of the Year Award

Curtis is an integral Adult 4-H Volunteer at the club, county, state and national levels. He is the Chair of the California 4-H Management Board and a CS Pathway Project Leader in Santa Clara County.

Finalist in the JOANN Online Fashion Contest



Dustin Geringer - Finalist in the JOANN/4-H online fashion contest

Dustin Geringer from Santa Clara County was among the five finalists in the first JOANN/4-H Online Fashion Contest held in 2018. 4-H members nationwide submitted photos of their clothing construction projects. Dustin's skill in creating an entire outfit – a jacket, vest, and trousers – impressed the judges and the many people who voted for him on Instagram.



National Competitions

45

youth qualified
and competed
in national
competitions

2017 California 4-H
Avian Bowl Team
placed first!

*California teams
have won the
most Avian Bowl
titles of any state.*

National Avian Bowl, Louisville, KY



Coach Dr. Francine Bradley, UC Davis Emeritus with 2017 California 4-H Avian Bowl Team, Abby Milanesa, Kayla Hurt, and Siana Barrett

National Horticulture Association Convention



Miranda Standing, Gwyneth Jones, Samuel Tiscareno, Martha Humber, and Coach Terry Berke

The California 4-H delegation at the National Junior Horticulture Association convention in St. Louis in October 2018 did very well, taking home the 1st place team trophy and the four individuals placed 1st, 3rd, 5th, and 6th individually.

2018 Western National Roundup



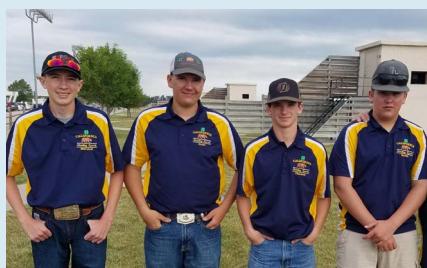
2018 Western National Roundup California
4-H delegates

The California 4-H delegation included a Hippology team, Horse Bowl team, Horse Judging team, and a Horse Public Speaking team.

2017 National Shooting Sports



Rifle team: Natalie Walton, Mavrick Farnam, Scott Lewis, Chance Calvin, Zane Still, Elly Viehdorfer.
Not pictured: Coaches Jason Viehdorfer, Warren Farnam



Shotgun team: Mavrick Farnam, Chance Calvin, Scott Lewis, Zane Still,
Not pictured: Coach Ken Smith

4-H Latino Initiative



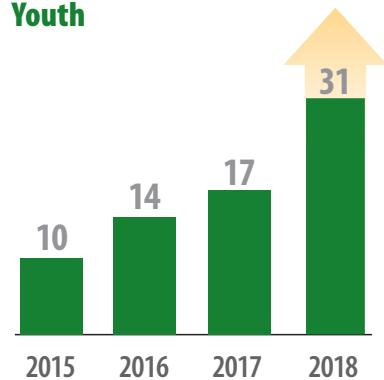
California leads the largest statewide 4-H Latino initiative in the United States.

The goal is to ensure all youth in California have access to high quality youth development opportunities through 4-H.

The University of California Division of Agriculture and Natural Resources (UC ANR) invested in the UC ANR 4-H Latino initiative. The long-term goal is to develop, adapt and deliver culturally responsive 4-H programming to better serve Latino communities.

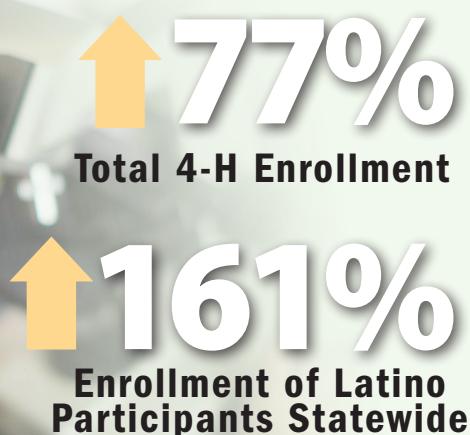
The seven pilot counties epitomize rural, suburban, and urban areas in California.

**Number of Counties
(out of 57 total counties)
Achieving Parity¹ for Latino Youth**

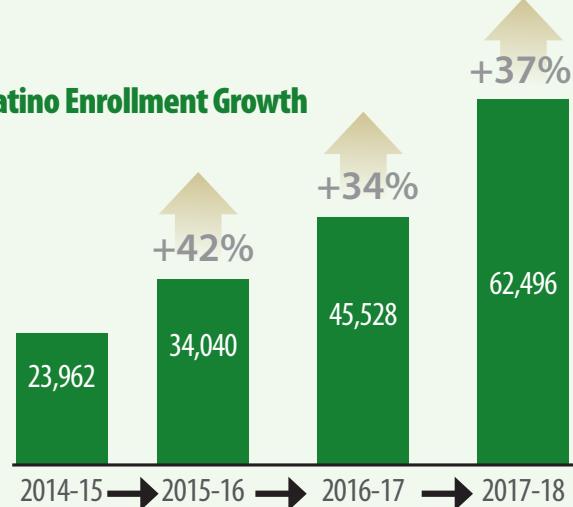


¹ Parity is when the percent distribution of program participants by race and gender is proportionate to or within at least 80% of their respective representation of that group in the potential audience/population.

As a result of the focus on expansion, over the past three years participation has increased.



Latino Enrollment Growth



NATIONAL EXTENSION DIVERSITY AWARD

In November 2016, the Association of Public Land-grant Universities (APLU) awarded the National Extension Diversity Award to the team from the UC ANR 4-H Youth Development Program Intercultural Development Inventory (IDI[®]) Qualified Administrators. They were recognized for systematically enhancing the intercultural competency of more than 100 4-H county directors, staff and academics in California.

Using the IDI[®] in California, the team has led audiences to acquire skills and characteristics that shift organizational culture. This shift includes mutual respect, acceptance, teamwork and productivity among diverse people. The plan of action and resulting positive change provides the potential to improve hiring and professional development nationwide by replication in other states.



Juntos



UNIVERSIDAD DE CALIFORNIA
Agricultura y Recursos Naturales

Juntos means 'together' in Spanish. The California Juntos 4-H program connects community partners with Latino 4-H youth.



More than 50 families and high school students participated in a California Juntos 4-H program in seven counties.

Bridging the educational gap for Latino Youth

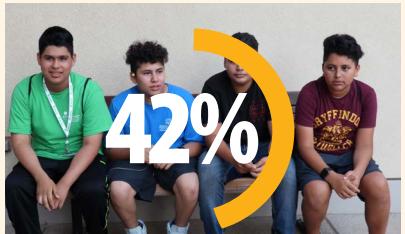
Originally developed by North Carolina State University, the California Juntos 4-H Program bridges the gap between high school and higher education for Latino youth in 4-H. After receiving training from North Carolina, California piloted its Juntos Program in 2017 in Sonoma, Merced, Monterey, Orange, Riverside, Santa Clara, and Kern counties. The intensive program includes academic coaching, family workshops, 4-H club participation, and a Summer Academy.

More than 50 high school students in the Juntos Program pilot were invited to the first California Juntos 4-H Summer Academy (Academy) at the University of California, Merced in Summer

2018. The three-day Academy focused on STEM education and careers. Forty-three Latino youth lived on campus and participated in interactive workshops on college admissions, admission essay writing, financial aid, STEM, cultural identity, and more. They were also inspired by two Latino speakers who shared their personal experiences about college and the obstacles they overcame to graduate.

In September 2018, with a grant from New York Life Foundation and National 4-H Council, we started Juntos 4-H Programs in middle schools. Our goal is to serve 100 families by 2019.

PLANNING TO ATTEND COLLEGE



42%

1st day of Academy



95%

Last day



The first California Juntos 4-H Summer Academy received support from the National 4-H Council, New York Life Foundation, and the Leavay Foundation.

Healthy Living



4-H healthy living programs help youth lead lives that balance physical, mental and emotional health. Focus areas include nutrition, health and fitness, safety, social and emotional well-being and food science. Highlights of the past year:

- 4-H teen leaders led nutrition and cooking lessons for 465 younger youth through the Teens as Teachers Cooking Academy. The Academy is a partnership with our University of California Expanded Food and Nutrition Education Program (EFNEP) and University of California CalFresh Nutrition Education Program.
- 4-H youth planned and implemented Color Me Green 5K Runs in six counties, with over 500 participants.
- Teen and adult leaders are introducing 5 to 8 year olds to the basic concepts in mindfulness practices using the new Mindful Me curriculum.

4-H healthy living programs promote healthy people and communities.

STEM & Agriculture



4-H science programs provide 4-H youth the opportunity to learn about Science, Technology, Engineering and Math through fun, hands-on activities and projects. Focus areas include robotics, rocketry, environmental science, agri-science and biotechnology.

- Alameda and Contra Costa County 4-H teen leaders teamed up with Bayer employees to identify ways to use agriculture and science to solve community issues.
- In Riverside County, 4-H'ers took part in over 20 environmental science projects using Project Learning Tree. Their hands-on activities explored California ecosystems, sustainability, and more.
- Youth participated in the UC Davis Mitigating Zoonotic and Animal Disease project. They tested bio-security risk assessment and mitigation procedures and helped formulate changes to decrease the potential of pathogen transmission at county fairs.

4-H STEM programs instill curiosity, critical thinking and scientific literacy — skills needed in tomorrow's science leaders and workforce.



251,111

TOTAL 4-H PROJECTS

Civic Engagement



4-H civic engagement programs empower young people to be well-informed citizens who are actively engaged in their communities and world. Highlights of the past year:

- California participated in the first True Leaders in Service month in April 2017, and increased its involvement in 2018. 250 4-H youth and volunteers led service projects throughout the state and served approximately 1,100 community members during the National 4-H Day of service on April 28, 2018.
- Youth from the migrant education program in Merced County participated in California Focus and experienced first-hand California's government in action by participating in the legislative, political and judicial processes.

4-H civic engagement programs promote civic identity formation and subsequent civic engagement in adulthood.

Leadership



4-H leadership programs help young people learn the tenacity, strategic thinking and people skills they will need to lead – now and in the future. Highlights of the past year:

- Youth participated in the National 4-H Conference sponsored by the U.S. Secretary of Agriculture. They shared the youth perspective and recommendations to address real world issues such as school safety, cyber bullying, and the youth opioid crisis.
- Our growing Teens as Teachers delivery model for Healthy Living and STEM programs is now in 23 counties. This cross-age teaching model prepares and engages teen volunteers to deliver curriculum weekly to younger peers.
- Four 4-H Area Youth Summits engaged 340 youth aged 11 to 13 in workshops focused on leadership and teambuilding skills.

4-H leadership programs help young people develop valuable leadership and interpersonal skills needed to become effective public leaders, improve college readiness, and increase future workforce competency.

Healthy Living



Teens as Teachers

Rosemary Carter, Shannon Kane, and Kelley Brian,
 Placer County

When children assist in meal preparation they are more likely to try new healthy foods. Children respond well to teen teachers, and teens can be positive role models. When teens take on a teaching role, it can improve their sense of accomplishment and their attitudes toward teachers and school.

In Placer County, two 4-H teens from Lincoln High School led the Teens as Teachers Cooking Academy for the Sheridan Elementary After School Program. The 4th and 5th graders were able to prepare and taste a new recipe for six weeks. The 4-H teens taught food safety practices, cooking skills, and nutrition information for each recipe. Students took the recipes home and were encouraged to make the dish with their families.

The teens felt they learned new cooking skills and how to be more patient from the experience. They liked that the younger youth looked up to them. The 4th graders said they are looking forward to participating next year as 5th graders and so they can mentor and teach the incoming 4th graders.

The Teens as Teachers Cooking Academy has strengthened the partnership between 4-H and UC CalFresh and is being offered in nine counties.



"I wouldn't have eaten some of the foods if I wasn't working with younger kids and needing to be a good role model to them."

4-H Teen Leader

24,948
PROJECTS

127
HEALTHY LIVING OFFICERS



4-H YOUTH:

73%

Learn about healthy food choices

73%

Pay attention to how active they are each day

74%

Have a growth mindset related to health and being healthy

75%

Get 8 hours or more of sleep per night

90%

Encourage friends to make responsible choices

***"The most important thing I have learned in 4-H
is that I am treated equally like everyone."***

9 year old, Tulare County

Emotionally safe environments 76%

"I like the fact that I am able to learn and grow within a safe group of individuals that I am comfortable with."

14 year old, Los Angeles County

Positive self esteem 78%

"4-H has taught me to be confident and outgoing and not be afraid to go after something."

17 year old County Ambassador, Monterey County

Positive relationships 81%

"I love the opportunity to make friends and support one another while still getting to be competitive."

17 year old, Stanislaus County





STEM & Agriculture

SCIENCE • TECHNOLOGY • ENGINEERING • MATH

**1,340**Virtual Reality
Google Expeditions**354**

Unplugged Activities

62

CS First Programs

1,752TOTAL DIVERSE YOUTH
participating in
4-H CS Pathway program

Expanded, Cutting-Edge Computer Science Education Reaches More Youth

Fe Moncloa, Santa Clara

With Google's support, the 4-H Computer Science (CS) Pathway program is bringing hands-on, cutting edge computer science education to youth around the country. It is designed with the belief that having a background in computer science will be beneficial to all kids, regardless of whether they want to work on a farm, in an art studio, or an office. 4-H educators get the tools, resources, and expertise they need to teach youth technical computer science skills like coding, plus essential skills like computational thinking, teamwork, problem-solving, and resilience.

California is one of the initial states implementing the CS Pathway program. The California 4-H Computer Science (CS) Pathway program is designed around the 4-H Career Pathway. The goal is to translate abstract concepts into more relatable, practical experiences. The CS Pathway includes four stages: Explore, Learn, Practice, and Experience. These stages help kids progress from casual interest to dedicated studies to career experience.

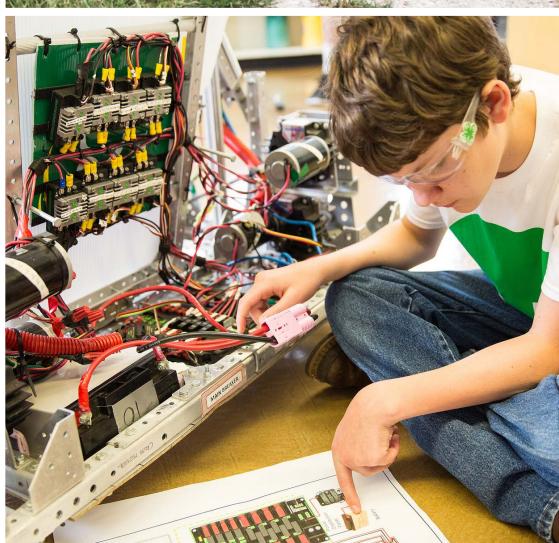
In Santa Clara County, the California CS Pathway team is composed of two 4-H staff, two 4-H volunteers, and four 4-H Junior and Teen Leaders. They formed partnerships with

Bay Area community and science festivals, two school districts, three afterschool programs, and 4-H club programs. Thanks to Santa Clara County's CS Pathway team, the CS Pathway program is growing in California.



TOTAL STEM PROJECTS

169,848



4-H YOUTH REPORT:



Youth grades 8 to 12 report:



"I am involved in 4-H because I love science and I want to be a part of the community and agriculture."

9 year old, San Joaquin County



Civic Engagement



Spreading rice straw to prevent soil erosion and mudslides.

Service Learning: Oroville Foothill 4-H Fire Recovery Project

Donovan Hill, Oroville Foothill 4-H Club

In 2017, thousands of families across California evacuated and many lost their homes due to wildfires. My family was very lucky to be able to evacuate and very fortunate that CalFire was able to stop the fire about 900 feet from our ranch. Every member of Oroville Foothill 4-H Club was affected directly or indirectly by the wildfires of 2017. We created a Fire Recovery Project and invited all 4-H Clubs in Butte County to join us. To begin, we contacted the Yankee Hill Fire Safe Council to advise us.

For our kickoff event on October 14, 2017, we volunteered with the Council on an erosion control project in the Wall Fire area. We planned tree-planting dates in early 2018. We then discovered that there was a shortage of tree seedlings because of all the fires. After talking to families at the Mountain Springs Grange in Feather Falls, we learned that they received fir and pine seedlings, but no other native trees. We realized that we have thousands of small cedar and other conifer "wildlings" from our ranch that we could transplant to neighboring properties that burned. In February 2018, we transplanted 300 cedars to a place that burned in the Ponderosa Fire. The same day, another Oroville Foothill 4-H crew planted trees at a property in the La Porte Fire area.



The Oroville Foothill 4-H Fire Recovery Project is a collaboration with

- Yankee Hill Fire Fire Safe Council
- Oroville Rotary Club
- CA Hope
- Mendon's Nursery
- Golden Feather Volunteer Fire Company
- Bangor Feed Store
- CrossFire (debris clean up)
- Christian Aid Ministries CAM (cutting down large metal)
- Jerome (hauling metal and burned cars)
- Butte County Bin Program - Recology



35,741
TOTAL PROJECTS

25,529 COMMUNICATIONS & EXPRESSIVE ARTS
7,716 CIVIC ENGAGEMENT
2,496 COMMUNITY/VOLUNTEER SERVICE

CIVIC ENGAGEMENT & COMMUNITY SERVICE**2.98** AVERAGE HOURS/PER
4-H YOUTH/PER YEAR**423,986** HOURS ANNUALLY
COMPLETED BY YOUTH**4-H Youth**

Feel a responsibility to help their community



Look for ways to help when they learn about a problem in the community



Have done a community service project



Like to help people in their community



"I am involved in 4-H because I want to give back to the community. I just feel like I'm helping this world become a better place little by little."

15 year old, Orange County



Leadership



"4-H has helped me develop leadership skills by giving me a chance to be president of the club. With that opportunity, I was able to run the club, travel, and give speeches to many people."

**Melina Granados, President
Eastside Eagles 4-H Club**

Melina Granados – Making of a True Leader

Melina Granados is the president of the Eastside Eagles 4-H Club in Riverside County. She joined 4-H in summer 2016, when her club organized the first Garden Showcase at the Community Settlement Association. She jumped right in to help organize their first Noche Mexicana fundraiser to raise money for the club's projects.

Melina has developed her leadership skills through 4-H. As a 4-H delegate, she interviewed business men and women at the California Hispanic Chamber of Commerce Annual Convention. She has even shared her 4-H experience at a UC Regents meeting. In addition to her club's leadership and community service projects, Melina participated in two county level projects, 4-H in the Outdoors and 4-H Thrive. She attended the first California 4-H Southern Area Youth Summit in 2018. This three day leadership conference gathered 4-H youth from seven counties to learn new leadership skills.

In 2018, Chancellor Wilcox of the University of California, Riverside was so impressed by Melina's presentation to the UC Regents on UC ANR's community outreach and impact that he invited her to tour the campus with her club. Melina led her club delegation to Discover UCR Day, where Chancellor Wilcox met up with them personally.

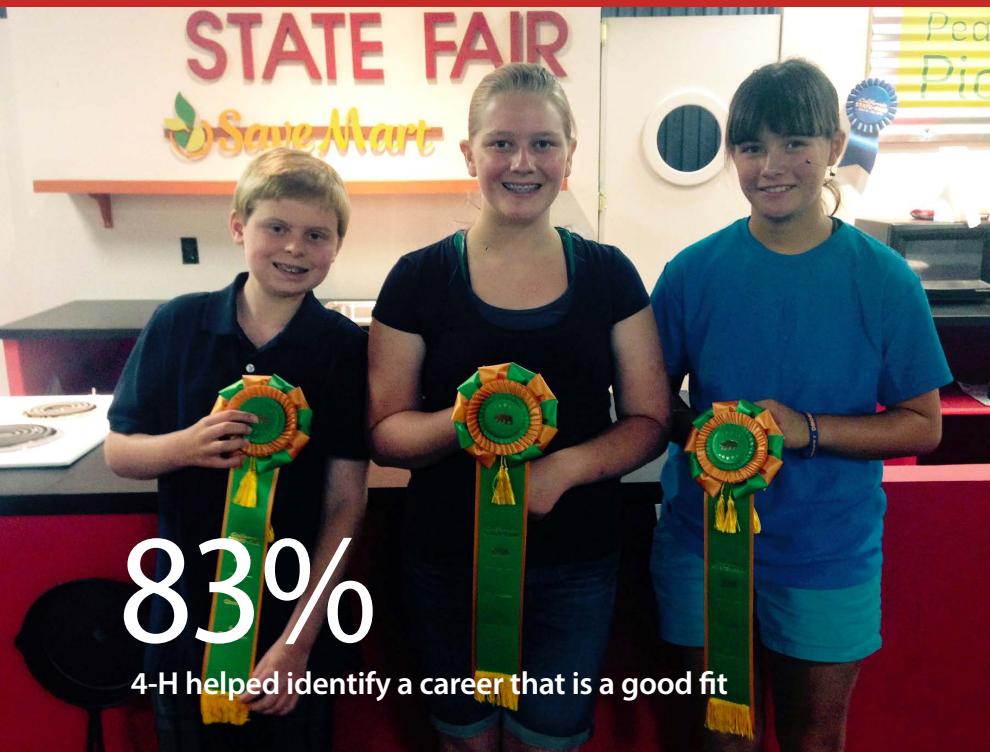
LEADERSHIP AND PERSONAL DEVELOPMENT

**20,574
TOTAL PROJECTS**



"I have learned how meetings work and how I can make my voice heard."

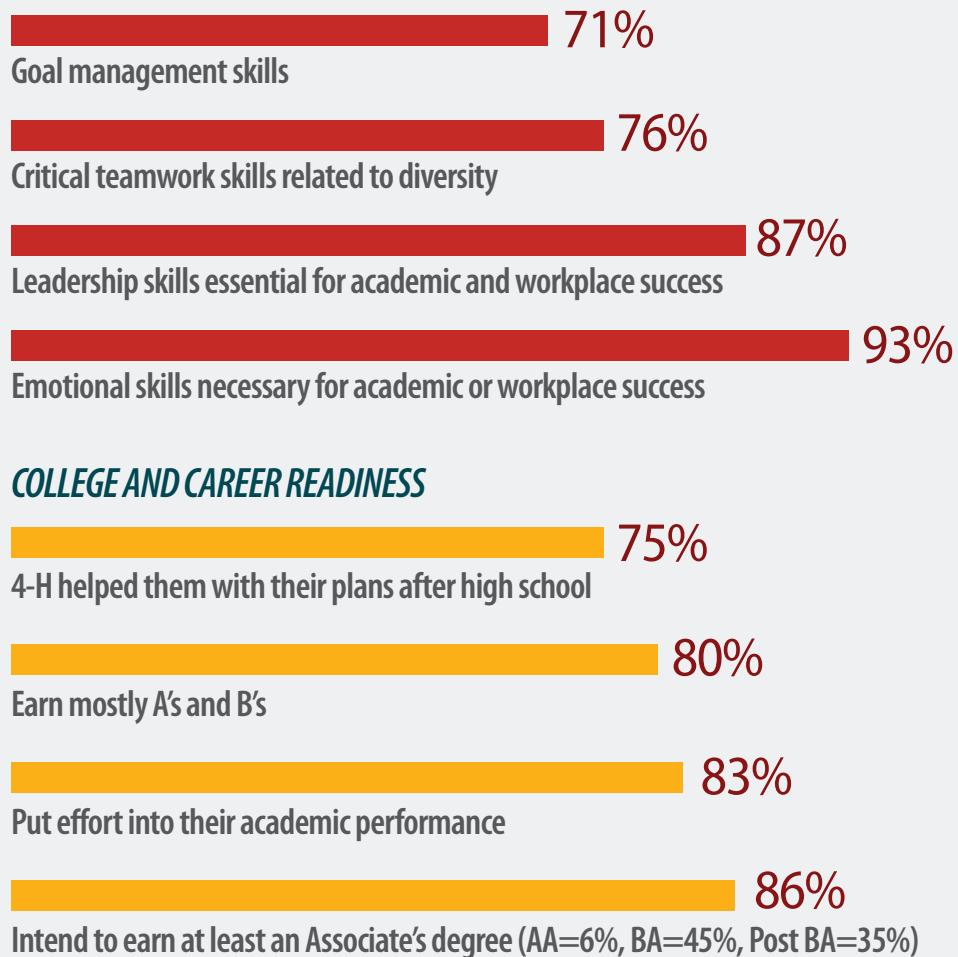
9 year old, San Joaquin County



YOUTH REPORT

“Because of my involvement in 4-H, I want to do more things in 4-H and push myself to do better. I want to experience leadership opportunities and other things that 4-H has to offer to benefit myself and others. Through my involvement in 4-H, I know I can.”

16 year old
County Ambassador,
Stanislaus County





State events and competitions

87% of youth report having extended learning opportunities

State Field Day

Our largest statewide event that includes competitions and activities in multiple areas.



The Horticulture Contest is a qualifier for the National Junior Horticulture Association Convention competition.



State Presentation Day has the largest number of participants. They must qualify at their County and Area Presentation Days.



The Interview Contest gives 4-H'ers experience with job interviews.



The new Robotics activity was a popular competition and drop-in activity.



The Logo Contest invites everyone to participate.



The 2019 logo for State Field Day is chosen!



HORSE CLASSIC

The Horse Classic is a culmination of the Horse Project. Participants must pre-qualify at county horse shows in order to compete at the state level.

CALIFORNIA FOCUS

Participants learn how state government works, from elections to creating bills, and also get to meet their state legislators.



YOUTH SUMMITS

The Youth Summits focus on leadership development at the Area level.

STATE LEADERSHIP CONFERENCE

The State Leadership Conference caps the 4-H year. Participants connect with 4-H friends from throughout California while they learn new ideas and advanced leadership skills.



**UNIVERSITY OF CALIFORNIA
DIVISION OF AGRICULTURE AND NATURAL RESOURCES (UC ANR)
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May 2015

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Email: jsafox@ucanr.edu

Website: http://ucanr.edu/sites/anrstaff/Diversity/Affirmative_Action/

This policy statement supersedes the UC ANR Nondiscrimination and Affirmative Action Policy Statement for University of California Publications Regarding Program Practices dated July 2013.



"What I like most about 4-H is that it lets you meet other people that you didn't know before and lets you do all sorts of different things."

12 year old, San Joaquin County



4-H SCIENCE PROJECT

INSPIRE KIDS TO DO

In 4-H, kids roll up their sleeves and do with their hands. Their experiences grow the curiosity they need for life and career.



SPARK DOING. SUPPORT KIDS AT 4H.UCANR.EDU



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

4-H Youth Development Program

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