

SAILING

NAME _____ CLUB _____

BEGINNING

	Date	Leader's
	Completed	Initials
1. Know what the term P, F. D. means	_____	_____
2. Know how many P. F. D.'s should be on board.	_____	_____
3. Know which side is port side.	_____	_____
4. Know which side is windward side.	_____	_____
5. Which side is starboard?	_____	_____
6. What is the nautical term for map?	_____	_____
7. Explain "preparing to tack".	_____	_____
8. Explain what the helmsman means by "Ready about."	_____	_____
9. What do you do with a sailing plan?	_____	_____
10. What is the handle on the rudder called?	_____	_____
11. Define the term "fore."	_____	_____
12. Define the term "aft."	_____	_____
13. How is water traffic governed?	_____	_____
14. Be able to identify the main parts of a sailboat.	_____	_____
15. What is the smaller triangular sail called?	_____	_____
16. What are sheets used for?	_____	_____
17. Name at least 3 safety devices that should be on the boat at all times.	_____	_____
18. Give a demonstration in this project area.	_____	_____
19. Enter an exhibit at a Mendocino County fair.	_____	_____

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