

TECHNICAL APPENDIX

Description of study team

The study team included researchers and nutrition, child care and health, and digital communications experts from the Nutrition Policy Institute (NPI) at the University of California (UC) Agriculture and Natural Resources (ANR), UC ANR Cooperative Extension (CE), School of Nursing at University of California, San Francisco (UCSF), and UC ANR News and Outreach in Spanish (NOS).

Survey questions

1. Please rate the following aspects of the online training:
 - a. Registration for online training
 - b. Format of online training
 - c. How clearly the information was presented
 - d. Amount of information in the training
 - e. Usefulness of the information for your child care home
 - f. Quality of the training
 - g. Length of the training
 - h. Overall experience

Rating:

- 1 = Very poor
- 2 = Poor
- 3 = Average
- 4 = Good
- 5 = Excellent

2. After taking this training, how likely are you to make changes to what you feed infants and toddlers in your care?

- 1 = Very unlikely
- 2 = Somewhat unlikely
- 3 = Neither likely or unlikely
- 4 = Somewhat likely
- 5 = Very likely

3. How likely is it that you would you recommend this training to another family child care home provider?

- 1 = Very unlikely
- 2 = Somewhat unlikely
- 3 = Neither likely or unlikely
- 4 = Somewhat likely
- 5 = Very likely

4. After taking this training, how likely are you to make changes to how you feed infants and toddlers in your care?

- 1 = Very unlikely
- 2 = Somewhat unlikely
- 3 = Neither likely or unlikely
- 4 = Somewhat likely
- 5 = Very likely

5. How easy or hard was it to complete the online trainings?

- 1 = Very unlikely
- 2 = Somewhat unlikely
- 3 = Neither likely or unlikely
- 4 = Somewhat likely
- 5 = Very likely

6. Rating for “Supporting Breastfeeding Families” toolkit resource:

- a. This resource was useful
- b. The information provided was clear
- c. The resource was relevant to my family child care home
- d. I have shared - or will share this resource with the parents of the children in my care
- e. I have shared - or will share this resource with other family child care home providers
- f. I have made - or will make changes to what I feed children in my care because of this resource
- g. I have made - or will make changes to how I feed children in my care because of this resource

Rating:

- 1 = Strongly disagree
- 2 = Somewhat disagree
- 3 = Neither agree nor disagree
- 4 = Somewhat agree
- 5 = Strongly agree

7. Is there anything else you would like to share with us about your experience with the “Supporting Breastfeeding Families” resource?
8. Rating for “Healthy Drinks, Healthy Kids” resource:
 - a. This resource was useful
 - b. The information provided was clear
 - c. The resource was relevant to my family child care home
 - d. I have shared - or will share this resource with the parents of the children in my care
 - e. I have shared - or will share this resource with other family child care home providers
 - f. I have made - or will make changes to what I feed children in my care because of these resources
 - g. I have made - or will make changes to how I feed children in my care because of these resources

Rating:

- 1 = Strongly disagree
- 2 = Somewhat disagree
- 3 = Neither agree nor disagree
- 4 = Somewhat agree
- 5 = Strongly agree

9. Is there anything else you would like to share with us about your experience with the “Healthy Drinks, Healthy Kids” resource?
10. What device did you use to complete the online training?
 - a. Laptop computer - Mac
 - b. Laptop computer - PC
 - c. Desktop computer - Mac
 - d. Desktop computer - PC
 - e. SmartPhone - Apple
 - f. SmartPhone - Android
 - g. Tablet - Apple
 - h. Tablet - Android
 - i. Other (specify)
11. Would it be helpful to have a nutrition educator available to discuss what you learned in the online training?
 - a. Yes
 - b. Maybe
 - c. No

- d. Don't know
- 12. Is there anything else you would like to share with us about your overall experience with the online training?
- 13. What is your age?
- 14. What is your gender?
 - a. Male
 - b. Female
 - c. Non-binary
 - d. Prefer not to answer
- 15. Are you Hispanic or Latino/a?
 - a. Yes
 - b. No
- 16. How would you describe yourself? (Choose all that apply)
 - a. Asian/Pacific Islander
 - b. Black or African American
 - c. Native American or American Indian
 - d. White
 - e. Other (please specify)
- 17. What is the highest level of education you have completed? (Choose one)
 - a. less than high school
 - b. High school graduate
 - c. Some college or Associate's degree
 - d. Bachelor's degree
 - e. Master's degree or higher
- 18. What is the maximum number of children you are licensed for?
- 19. How many children in each age group are currently in your family child care home?
 - a. 0-11 months
 - b. 1-2 years
 - c. 3-5 years
 - d. 6+ years
- 20. How many children that you currently care for qualify for child care subsidies? (Enter "0" if none)

21. How many children that you currently care for speak the following languages at home?
 - a. English
 - b. Spanish
 - c. Chinese
 - d. Other language (please specify)

22. Including yourself, how many full and part time providers work at your family child care home?

23. Does your site participate in CACFP? (Child and Adult Care Food Program)
 - a. Yes
 - b. No
 - c. Don't know

24. Where do you get information about nutrition related to your work as a child care provider?
 - a. Child and Adult Care Food Program (CACFP)
 - b. Women, Infants and Children Program (WIC)
 - c. Internet/Web
 - d. Other family child care home providers
 - e. Resource and Referral Agency (R&R)
 - f. National Association for Family Child Care (NAFCC)
 - g. Family
 - h. Friends
 - i. Families of the children you care for
 - j. Other (please specify)

25. How do you share nutrition information with parents/caregivers?
 - a. Printed handouts or flyers
 - b. Bulletin board
 - c. Social Media
 - d. Website
 - e. E-mail
 - f. Text messages
 - g. Phone calls
 - h. In-person meetings with parents/caregivers
 - i. Informational packet provided to families each year
 - j. Other (please specify)

Spanish survey questions available upon request from the research team.

Interview questions

English questions

These questions are about the [Infant Nutrition Recommendations, Part 1 – What to Feed Infants / Infant Nutrition Recommendations, Part 2 – How to Feed Infants / Toddler Nutrition Recommendations, Part 1 – What to Feed Toddlers / Toddler Nutrition Recommendations, Part 2 – How to Feed Toddlers] of the online training.

1. What information was new to you?
2. What information was helpful?
3. What information was too repetitive or not helpful?
4. Was there information that was confusing or that you did not understand?
5. Are there other [infant nutrition / infant feeding / toddler nutrition / toddler feeding] recommendations that you would like to know more about?
6. Is there anything else you would like to add?

Spanish questions

Estas preguntas son sobre las [Recomendaciones de Nutrición Infantil, Parte 1: Qué Alimentar a los Infantes / Recomendaciones de Nutrición Infantil, Parte 2: Cómo Alimentar a los Infantes / Recomendaciones Nutricionales para Niños Pequeños, Parte 1: Qué Alimentar a los Niños Pequeños / Recomendaciones Nutricionales para Niños Pequeños, Parte 2: Cómo Alimentar a los Niños Pequeños] de la capacitación en línea.

1. ¿Qué información fue nueva para usted?
2. ¿Qué información le fue útil?
3. ¿Qué información fue repetitiva o poco útil?
4. ¿Hubo información confusa o difícil de entender?
5. ¿Hay alguna información sobre las recomendaciones de [nutrición infantil / nutricionales para niños pequeños] de la que le gustaría saber más?
6. ¿Le gustaría agregar algo más?

Additional questions for Spanish-speaking providers:

7. ¿Cree que las palabras que usamos son claras?
8. ¿Hay algunas palabras o frases que Ud. diría de otra manera?
9. En general ¿qué tan fácil o difícil fue seguir la narración?
10. ¿Hay alguna información o recomendaciones que le parece particularmente importante o relevante para los proveedores de habla hispana?
11. ¿Hay alguna información o recomendaciones que podría ser particularmente problemático para los proveedores de habla hispana?
12. ¿Hay alguna recomendación que posiblemente no les guste a los padres de familia de habla hispana?
13. ¿Cree usted que haya algo más sobre la nutrición de los infantes y/o niños pequeños que a los proveedores de habla hispana les gustaría saber?
14. En general ¿qué tan a gusto cree que los proveedores de habla hispana se sentirían tomando un entrenamiento por internet o en línea?
15. Si se le ofreciera la oportunidad, ¿tomaría usted este entrenamiento por su propia voluntad? ¿Por qué sí o por qué no?
16. ¿Hay algo más sobre una capacitación en línea para los proveedores de habla hispana que deberíamos tomar en cuenta?

Le tengo unas últimas preguntas para mejor entender sus respuestas.

17. ¿Cuál es su país de origen?
18. ¿Cuántos años ha vivido en los EEUU?