El Dorado County 4-H
NEWSLETTER
June 2016

THIS MONTH’S HIGHLIGHTS

Thinking about another 4-H project for next year? Is Fashion in your future? The El Dorado Union High School District is offering a FREE course from 9am to 1pm at UMHS - June 6-9 and June 13-16. All materials are provided! You just need to show up. Please register As Soon As Possible - so we can have your materials ready for you. You need to be a student entering the 8th grade in the fall. Please call Sarah Green at 530-622-5081 X7239 or email her at sgreen@eduhsd.net

4-H State Leadership Conference Registration is still open

July 28-31, 2016
Humboldt State University Ages 13-19
http://4h.ucanr.edu/4-H_Events/SLC/

Final Payment Due for Camp

Deadline extended until June 15th to make your final payment. Please make arrangements to do so before the deadline. http://ucanr.edu/sites/EDC_4-H_Program/Camp/ or call Nancy at 530-621-5503

Member Tips of the Month:

4-H Record Book Project Skill Activities are activities where 4-H members either exhibited their 4-H project work or demonstrated their knowledge to an audience and/or judge. Exhibits: (such as livestock, clothing, food, pictures, artwork, or other project items). 4-H members may receive credit for the same exhibit presented before new audiences at different events. Examples: Fashion Revue, Home Arts Day, Field Days, County Fair, or State Fair. This includes Non-Judged Exhibits, which may include displays or exhibits within the 4-H community or to the public. Knowledge Contests: participation in any 4-H knowledge bowls, contests or other activities that test a 4-H member’s knowledge. Judging Contest: participation in any 4-H judging contest where the 4-H member judged with other 4-H members by a set of standards. More information see Record Book Manual: http://4h.ucanr.edu/files/218972.pdf

Volunteer Tip of the Month:

Project Leaders, take the time to let your Community Club Leaders know what project you will be leading next year. Community Club leaders are filling out surveys that will the 4-H office be better prepared for the July 1st enrollment start date.

* Did you know that a project can start any time of the year and can be tailored to your needs. Projects only require a 6 hour minimum and that’s it! Call the office for more information on how to lead a project.
Volunteers Wanted

Information Meeting

JUNE 22
6 PM-7 PM

Jackson Civic Center
33-C Broadway, Jackson CA

4-H Shooting Sports Program
El Dorado, Amador, Calaveras, Tuolumne

Archery Hunting Shotgun
.22 Rifle .22 Pistol
Air Pistol Muzzle Loading

For More Information
Central Sierra 4-H Office
530-621-5503

California
Shooting Sports
Learn By Doing

The University of California working in cooperation with County Government and the United State Department of Agriculture. UC ANR is an equal opportunity provider and employer.
National 4-H Conference
By Breanna Winter

This year I was one of five Californians that was selected to go to National 4-H Conference in Washington D.C. National Conference offers many different opportunities such as touring, working in teams to accomplish goals, presenting a voice in politics and the ability to learn of other cultures. At conference there were 53 delegations including Canada and Puerto Rico. The ability to meet people from different backgrounds was really eye opening. I am glad to have had the opportunity to meet them because they offered me new experiences I would not have had otherwise.

Prior to National Conference we met as a delegation to get to know each other and learn more about National Conference. We got along really well from the start I knew I was going to have a good time. While going over what we would be doing at Conference, we went over a list of multiple roundtable topics to choose from. The topics varied, from Irrigation Options to Business Training. There was something for everyone. I was on the Analyzing Climate Change roundtable, together with my team we developed a presentation for NASA on how they can get more youth involved in data collection for their GLOBE project. Each roundtable created similar presentations but they were individually tailored to their specific organization. We only had about two days to create and iron out our presentation. It was a pleasure to be on a team with such hardworking and excited people. By our second meeting we had already broken down into three sub groups to tackle different parts of our presentation.

This was a huge stress relief because by our third meeting we were already practicing our presentation. Our leader and the chaperones were really impressed with our hard work. When came to actually presenting we traveled to the Goddard Space Flight Center in Maryland. Once there we presented to NASA’s earth science team and they were shocked at the level of our presentation. Also how in depth and thought out it was. They were so impressed they asked all of us if we would be willing to make and join a youth committee (most of us have). They also gave us a tour of some of their projects, we even got to see the building of the James Webb deep space telescope.

The conference was not solely focused on the roundtables; there were activities and workshops similar to some at State Leadership Conference (SLC). With the workshops we learned how 4-H is funded, the different types of leaders, and how different personalities handle conflict. These workshops taught a lot of self-reflection and self-application. Every night there was a fun activity, one night there was a talent show/cultural night. First we had some traditional African dancing accompanied by drums. Then we had some amazing singers, musicians and a little bit of magic at the talent show. On another night we toured the monuments. My guide was very knowledgeable; she was able to tell us many facts about the building of the monuments and how Washington D.C. was designed. There was also a dance and a night where we were broken up into groups and played games that youth from all around the world play. The trick to the games was that they were created to teach the kids about survival in their environments. My favorite was from Greece and it was called statues.

One of the other things we did while in D.C. was go to Capitol Hill and talk with our local congressmen about problems facing our counties and local area. These visits were very insightful because some were unaware of the problems in their local area. We also got to meet with our senator’s aide and relay some of the same information. After the meetings we toured a bit, I especially enjoyed the botanical gardens. As a delegation we stayed a few extra days so we could go to the museums we went to most of the Smithsonian’s. We also got to go up inside the Washington monument, the view was amazing.

When the time was up we were all very sad to leave because we had bonded so much as a group and had so many laughs. Being a delegate for National Conference was a life changing event. I would encourage the high schools 4-H members to apply for next year’s conference and afford yourself the same wonderful experience that I did!

Breanna Winter
Here are a couple of short write ups and photos for the 4H Hotline from Colton Hein and Robert Garlick about their experiences at the North Central Section Field Day on Easter weekend, where they both received Golds and are going on to California State Field Day on Memorial Day Weekend.

"It's cool seeing all the different things that you can do for a presentation.

I went to sections at UC Davis. I got a gold there and I'm going to state. My presentation was on roping. A lot of people who didn't see my presentation asked me before the award ceremony how do you rope or how did you learn to rope? I showed some kids how to rope and while we were waiting for the award ceremony we roped each other. I had a lot of fun and can't wait for state.

-Colton Hein"

"At sectionals I heard lots of topics that were all very interesting. I went first in my room, receiving a gold. There were many goods in my room with topics like; Why Won't Chickens Lay Eggs, 3D Printing, and How to Draw. I learned a lot. While we were waiting for them to announce the awards Colton was teaching me and others to rope. I had a lot of fun.

-Robert Garlick"
4-H YDP T-Shirt Design Guidelines

You may want to create a 4-H T-shirt for your club or event. It is important to make sure you include the proper brand elements of the 4-H emblem and University of California, Agriculture and Natural Resources logo.

Follow the below guidelines for creating a properly branded T-shirt design:

1. The UC ANR 4-H logo must be included on your T-shirt. It is permissible to add unique artwork for your club, event, project, etc., but the UC ANR 4-H logo must be featured on either the front, back, or sleeve of your T-shirt. Below are some examples of how you can incorporate the UC ANR logo into your T-shirt design:

   (Download these designs from Section 5 of the branding toolkit.)

2. If including an additional 4-H emblem to your design, it must adhere to the guidelines set by the USDA. Do not modify or distort the 4-H emblem in anyway. For all print materials and other items where it is feasible, the words “18 U.S.C. 707” must be used as it is an integral part of the 4-H emblem. Use of the emblem on fabric, whether printed, screen printed, embroidered, appliqued, or some other technique, must accurately represent the 4-H emblem in authorized colors and adhere to all other use guidelines.

3. It is recommended that the file format used for your design be AI or EPS (these are called vector files, usually made in Adobe Illustrator or CorelDraw). Vector files, like AI and EPS files, can be resized with out losing any quality to the design. Raster files (like JPEG, PNG, GIF, etc,) when resized can cause a design to become pixelated and degraded. Download UC ANR 4-H Logos in vector files or see Section 2 of the branding toolkit.

4. Appropriate color combinations for the 4-H emblem and UC ANR logo on t-shirts:

   - White logo on 4-H green.
   - Full color logo on white or another color (it's must stay white).
   - Black and white logo on 4-H green or another color (it's must stay white).
   - Black logo on white.
   - Green clover and black UC ANR logo on white or another color (it's must stay white).
   - Green clover and white UC ANR logo on black or another color (it's must stay white).
This May your Program Representatives, Vera M. Allen and Denise Veffredo, attended the statewide, three day, Animal Science Symposium hosted by UC ANR 4-H Youth Development Program and UC Davis School of Veterinarian Medicine at the UC Davis Campus. The Animal Science Symposium is a train-the-trainer professional development conference with educational sessions. This year the focus was on animal welfare and animal health led by specialists on animal welfare, animal health, and species-specific issues.

The first day was kicked off with two fabulous keynote speakers, Michael Lairmore, DVM, PhD, Dean, UC Davis School of Veterinary Medicine and Glenda Humiston, PhD, Vice President, UC Agriculture and Natural Resources. The day ended with a reception, interact session, and Youth Career Fair.

The sessions on day one mainly focused on the definition of “animal welfare” and the experiential learning model. Through these collaborative learning sessions, attendees where able to relate to the Five Freedoms of animal welfare, which are free from hunger and thirst, free from discomfort, free from pain, injury, and disease, free to express normal behavior, free from fear or distress.

The second day consisted of a series of workshops that provided foundational training on the newly published Animal Welfare Proficiencies, which is a new research-based curriculum created collaboratively between Martian Smith, Associate Cooperative Extension Specialist in the Department of Human Ecology at UC Davis, and Cheryl Meehan, a Staff Research Associate for the Veterinary Medicine Extension at UC Davis, for the 4-H Youth Development Program. This included doing activities from the curriculum and visiting various animal barns and sites on the UC Davis campus. Your Program Representatives, visited the Goat Barn and made friends with a couple baby Alpines!

The final day included a wrap up of the Animal Welfare Proficiencies and a Capstone Presentation by Dr. Richard Blatchford, Assistant Cooperative Extension Specialist, UC Davis, Department of Animal Science.

The Animal Welfare Proficiencies have five levels. Each level require a certain amount of group work and individual work. Once a youth completes all the requirements for a level, they will earn a proficiency pin for that level.

The ultimate goal of the symposium is to augment the 4-H and FFA experience for youth by training leaders on opportunities to develop advanced problem-solving skills and enhance scientific literacy.

If you are interested in the Animal Welfare Proficiencies Curriculum, please contact the 4-H Office.

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**Square Shooters 4-H club**

We are Square Shooters 4-H club. Our usual monthly club meeting is the 2nd Monday of the month and we meet in the town of El Dorado. Do you want to be an officer? We have officer positions available for the 2016-2017 year. With a small club you have more say in what your club does, every member has the opportunity to participate at club level. Weather your a long time member or a new 4-H family, we welcome you to check us out. Our next meeting is on June 6th at 6pm at the Fairgrounds near the sheep barn. We would like to fill the rest of our officer positions. Please come check us out. Parent and Leaders are needed too. Come be part of re-growing our club.
## CHUCKWAGON CLUB SHIFT SCHEDULE 2016

<table>
<thead>
<tr>
<th>Shift Time</th>
<th>June-16</th>
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<tr>
<td></td>
<td>Wednesday</td>
<td>Thursday</td>
<td>Friday</td>
<td>Saturday</td>
<td>Sunday</td>
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<tr>
<td>8:00 am - 10:45 am</td>
<td>Takin' the High Road</td>
<td>Motherlobe 49ers</td>
<td>El Dorado Hills</td>
<td>Happy Sundowners</td>
<td>Square Shooters</td>
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<tr>
<td>10:30 am - 1:15 pm</td>
<td>Takin' the High Road</td>
<td>Motherlobe 49ers</td>
<td>Hangtown Gold</td>
<td>Happy Sundowners</td>
<td>Square Shooters</td>
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<tr>
<td>1:00 pm - 3:45 pm</td>
<td>Northside Nuggets</td>
<td>Latrobe Outlanders</td>
<td>Shingle Springers</td>
<td>Camino Go Getters</td>
<td>Gold Hill Toppers</td>
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<tr>
<td>3:30 PM - 6:15 pm</td>
<td>Northside Nuggets</td>
<td>Latrobe Outlanders</td>
<td>Shingle Springers</td>
<td>Camino Go Getters</td>
<td>Gold Hill Toppers</td>
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<td>6:00 pm - 8:45 pm</td>
<td>XXXXXXXXXX</td>
<td>Southside Topnotch</td>
<td>Dusty Dividers</td>
<td>Mt. High Homeschoolers</td>
<td>Rescue Up N Coming</td>
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<tr>
<td>8:30 pm - 11:15 pm</td>
<td>XXXXXXXXXX</td>
<td>Southside Topnotch</td>
<td>Dusty Dividers</td>
<td>Mt High Homeschoolers</td>
<td>Rescue Up N Coming</td>
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**California 4-H Foundation Updates**

### 4-H Alumni - Do You Bleed Green?

Did 4-H make you a True Leader? We would love to connect with you, hear your 4-H story and learn how 4-H helped you become the person you are today. Occasionally we will send out 4-H alumni updates or perhaps invite you to an alumni event in your area. Sign up today to be part of California 4-H Alumni & Friends! [https://www.surveymonkey.com/r/CA4HAlumniandFriends](https://www.surveymonkey.com/r/CA4HAlumniandFriends)

Here is what Julianna Lydon, 4-H alumna, former state ambassador and current Collegiate 4-H founder and member (Loyola University New Orleans) says about her experience in 4-H:

"I think everyone should be involved in 4-H. Since I’ve been in 4-H, I feel confident enough to tackle any situation (with the help of others on my team). 4-H grows youth into leaders who can handle tough issues while also holding their character intact. We need strong leaders more now than ever, and 4-H creates them!"
2016 Announcements

Information from the Livestock Auction Committee

**NEW THIS YEAR**- Buyers Dinner is June 10th at 5:30-7:00 at the Fair Grounds. This is for last years buyers.

Here is the link from the Livestock Auction Committee for all livestock exhibitors to watch.

Topics covered are:

- Role of the Livestock Auction Committee
- Marketing Ideas
- Smart Social Media Use (as it applies to this topic)
- Highlight of Buyer Dinner changes

[https://www.youtube.com/watch?v=hPBHvQwblzM](https://www.youtube.com/watch?v=hPBHvQwblzM)

Contact the 4-H office if you would like copies of the Livestock Buyers Brochure

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4-H Camp Registration is almost full so call for availability. The cost is $300.00. Once the 4-H office has received your (1) completed registration form and (2) payment in full, your spot will be saved. [http://ucanr.edu/sites/EDC_4-H_Program/Camp/](http://ucanr.edu/sites/EDC_4-H_Program/Camp/)

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**Evaluation**

**WHY DO YOUTH STAY IN 4-H, WHY DO THEY LEAVE?**

Are you interested in knowing how youth and families feel about 4-H after their first year in 4-H? Participate in the Youth Retention Study! Advisors, CE Specialists, and Academic Coordinators across the state (and in Idaho too!) are conducting a study to understand how we can keep youth coming back to 4-H, and we need your help! Encourage first-year youth and families to complete a short survey about their experience in 4-H. A survey link will be sent from the State 4-H Office in starting in late May 2016. We can also provide PDF copies of the survey for you to take to club or project meetings to ask first-year youth and families to complete. Then just send the surveys back to the State Office for data entry and analysis! Results will be shared with you in early Fall 2016 so you can see what helps bring youth to 4-H, and keeps them coming back! Please contact JoLynn Miller, 4-H Youth Development Advisor, Central Sierra Multicounty Partnership *(jmiller@ucanr.edu)* or Kendra Lewis, Academic Coordinator for Evaluation *(kmlewis@ucanr.edu)* for any questions and copies of the survey.
News from State 4-H [http://4h.ucanr.edu/News/Newsletter/](http://4h.ucanr.edu/News/Newsletter/)

**California 4-H THROWDOWN**
Junior Day: July 12, 2016, 11:00-6:00 PM  
Senior Day: July 19, 2016, 11:00-6:00 PM  
California State Fair, Sacramento, CA

This July at the California State Fair, all 4-H members are invited to take part in the 4-H ThrowDown. The event is divided by age and themes. Each team will consist of three youth members to compete and prepare a healthy three-course meal using a surprise secret ingredient. A panel of judges will taste all prepared courses and award a winner.

**Contest Themes:**
- 3 rounds each day with a secret ingredient in each round
- Rounds 1 & 2 Challenge: "Something on a Stick"
- Round 3 Challenge: "5-Star Dining"

**Did you know:** For 4-H members participating in club programs, attendance at club meetings is not required but highly encouraged. Earn your 100% attendance pin for perfect club attendance. There are other incentives to help motivate you as well as recognition opportunities – check with your club leaders to find out more about these. Also see [Steps to Success in 4-H](http://4h.ucanr.edu/4-H_Events/Steps_to_Success/).

**Register for the 2016 State 4-H Horse Classic**
August 3-7, 2016  
Murieta Equestrian Center  
Rancho Murieta, CA

Horse Show: Early-bird registration ends June 28th; Regular registration is due July 18th.  
Educational Contests: Registration is due July 18th.

More information: [http://4h.ucanr.edu/4-H_Events/Horse_Classic/](http://4h.ucanr.edu/4-H_Events/Horse_Classic/)

**Social Media**

Make sure you’re subscribed to us on social media for updates on upcoming events, registration deadlines, and posts to share with your counties and clubs.

Facebook: [https://www.facebook.com/california4H/](https://www.facebook.com/california4H/)

Twitter: [https://twitter.com/California4H](https://twitter.com/California4H)

Instagram: [https://www.instagram.com/ca4h/](https://www.instagram.com/ca4h/)
Record Books

State Record Book Competition 2016 Important Dates:

- June 30th: Members must complete an Intent to Submit Form to their county office if they are planning to or thinking about submitting their book to State Competition. Completing this form does not obligate the member to submit, rather it is intended to alert county volunteers and staff working with record books so that they are prepared to provide support to members.
- June 30th: Members must complete the Record Book Quick Start Course if they plan to submit their book to State Competition. This is earlier than the past two years so that members have ample time to review and prepare their record books.
- October 3rd: State Record Book Evaluators (judges) applications are due.
- October 21st: Record Books for State Competition must ARRIVE to State Office.
- November 4th – 6th: State Record Book Competition

2016-17 Record Books

The Record Book and manuals for Junior, Intermediate and Senior members will be the same as 2015-16. All units will be expected to come into alignment with the state book beginning July 1, 2016. All other supplemental forms not included in the state Record Book must be eliminated at that time. A new Primary Member Report form will be released by July 1, 2016. This report follows and supports the iSprout curriculum.

Awards

Golden Clover Awards

Golden Clover Awards recognize outstanding achievements of members, volunteers, program staff and groups within the 4-H Youth Development Program. Nominations for awards will be open on May 1st and will be due on August 8th. Find more information here.

Diamond Clover Award

The California Diamond Clover is the highest achievement for which a 4-H youth member is recognized. All youth members who achieve the requirements are eligible to receive this award. Awardees receive the California Diamond Clover Pin or Necklace Charm, a certificate and a recognition letter from the Associate Director of 4-H Program and Policy. Applications are accepted year-round. Applications are reviewed by the 4-H Incentives and Recognition Advisory Committee and awarded quarterly. Find more information here.
I pledge my... **HEAD** to clearer thinking,
**HEART** to greater loyalty,
**HANDS** to larger service,
**HEALTH** to better living,

for my club, my community, my country, and my world.

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**Upcoming Events**

June 1st: Camp Registration must be paid in full 5:00 pm to the 4-H office

June 5th: Horse Fair English and Western

June 10th: Livestock Auction Committee’s Buyers VIP Dinner

June: 14th-19th El Dorado County Fair

June 19th: Gymkhana Horse Fair

June 22nd: Shooting Sports Information meeting 6pm at the Jackson Civic center

June 30th: Program Year Ends

July 1st: New enrollment Opens for 2016-2017

Also check out the [4-H Statewide Calendar](http://4h.ucanr.edu/News/Calendar/) at http://4h.ucanr.edu/News/Calendar/ for events, dates & deadlines

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**Sign Up for E-Script! And raise Funds for El Dorado Co. 4-H while you shop!**

Enroll in [Something Extra](#) Select [El Dorado County 4-H Council](#) as your organization of choice.

Once enrolled, follow these steps:

- Visit [www.raleys.com/extracredit](http://www.raleys.com/extracredit)
- Click on the green “Get Started” button
- Select El Dorado County 4-H Council from the menu
- Designate the percentage of scrip to donate.

Let your friends, family & alumni know about this easy way to support youth!
The Hotline is published monthly for the El Dorado County 4-H Youth Development Program.

**Next Hotline: July, 2016**

Articles about 4-H or topics of general interest to families are welcome.

*Articles are due the 20th of the month email to dveffredo@ucanr.edu*

**UC Cooperative Extension**

**Central Sierra**

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El Dorado 4-H Representative
Denise Veffredo
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