

---

# RECREATIONAL PONDS AND LAKES



**POND ECOLOGY**

**AQUATIC PLANTS & FISH**

**F.S. Conte  
Department of Animal Science  
University of California Davis**

**Photos By Flickr**

---

---

# **AQUATIC PLANTS**

## **POND HEALTH**

**Chemical Recycling**

**Oxygen Generation**

**Phytoplankton**

**Macrophytes**



---

# **AQUATIC PLANTS**

## **POND HEALTH**

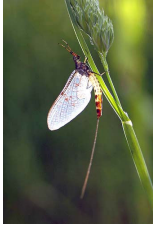
### **Source of Food**

**Phytoplankton - Zooplankton - Larval Fish**

**Provides Food for Invertebrate Fish Prey**

**Foundation of the Ponds Food Web**





# **AQUATIC PLANTS**

## **POND HEALTH**



**Habitat for Pond Life Forms**

**Provides Habitat for Food Invertebrates**

**Submerged Vegetation**

**Emergent Vegetation**

**Floating Vegetation**



---

# **AQUATIC PLANTS**

## **POND HEALTH**

### **Habitat for Fish**

**Protection from Larger Predators**

**Ambush Site for taking Prey**

**Detritus for Nest Building**

**Attachment Substrate for Fish Spawn**

---



---

# **AQUATIC PLANTS**

## **POND HEALTH**

**Vegetation Imbalance**

**Plant Deficiency**

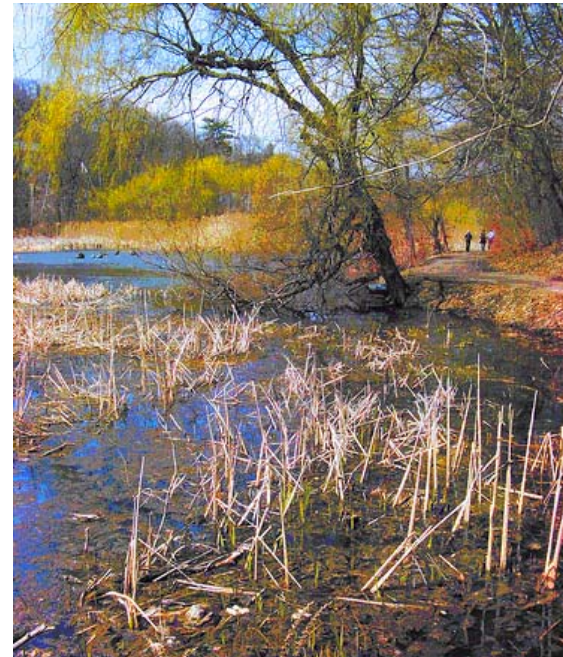
**Reduced Pond Productivity**

**Reduced Oxygen Input**

**Plant Overabundance**

**Prey Fish Become Over Abundant**

---





---

# **AQUATIC PLANTS**

## **POND HEALTH**

**Vegetation Imbalance**

**Phytoplankton Overabundance**



**Shades out desirable macrophytes**

**Extreme fluctuations in dissolved oxygen**

---

---

# **AQUATIC PLANTS**

## **POND HEALTH**

**Natural Pond Turnover**

**Seasonal Turnover**

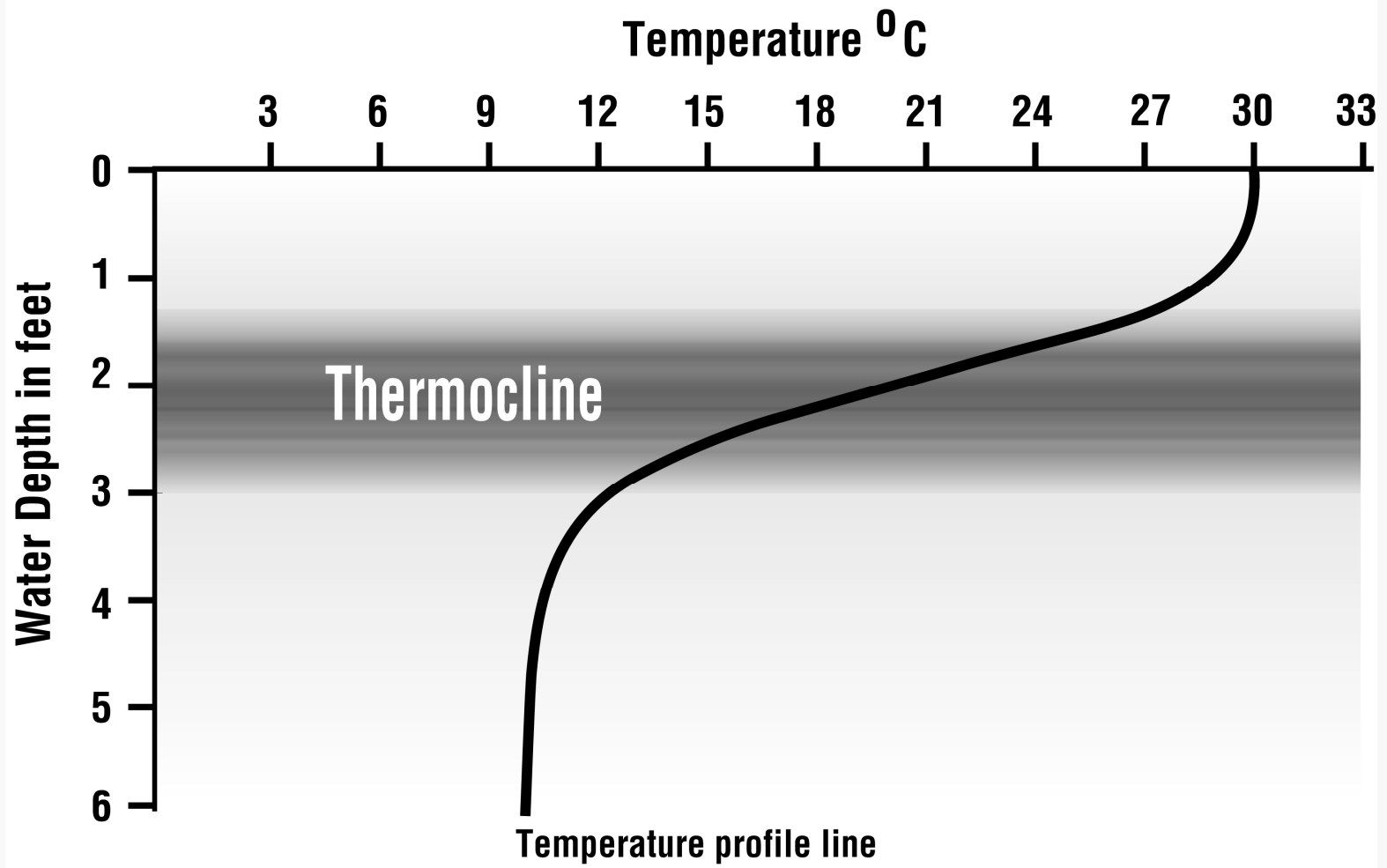
**Inclement Weather**

**Diurnal Temperature Change**

---







---

# **AQUATIC PLANTS**

## **POND HEALTH**

**Phytoplankton Crash**

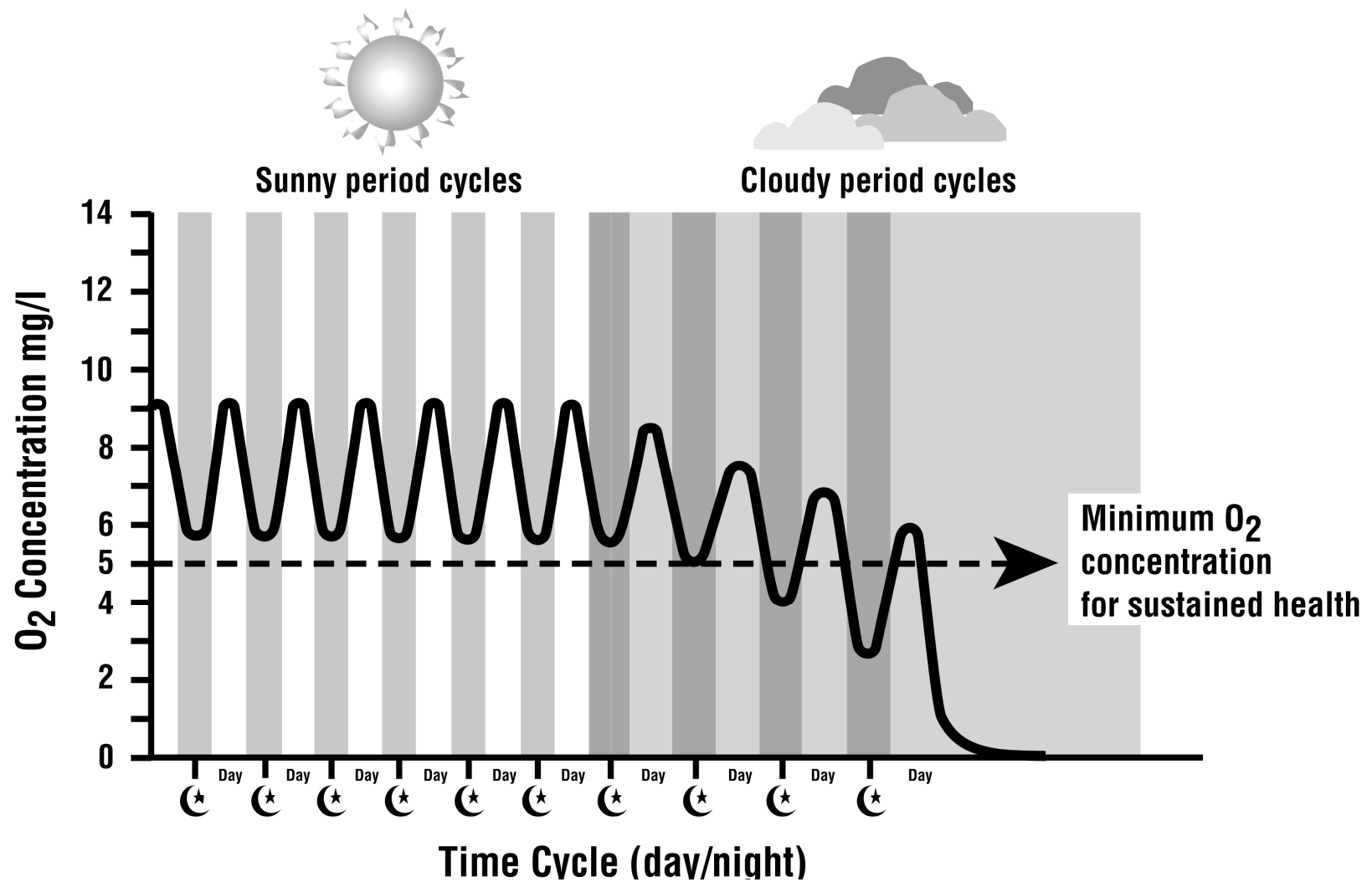
**Vegetation Die-off**

**Nutrient Depletion**

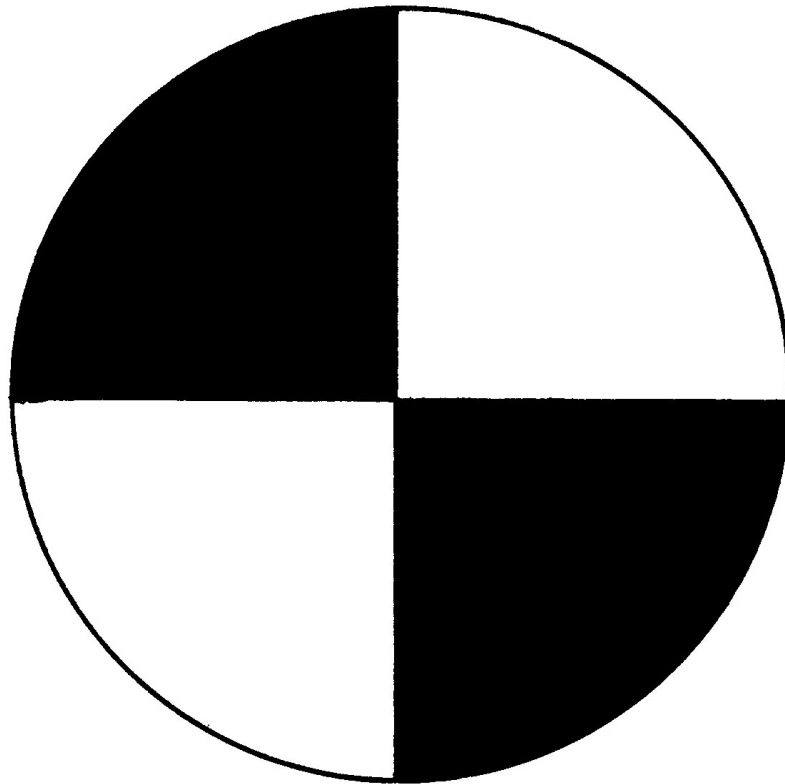
**Sudden Temperature Drop**

---





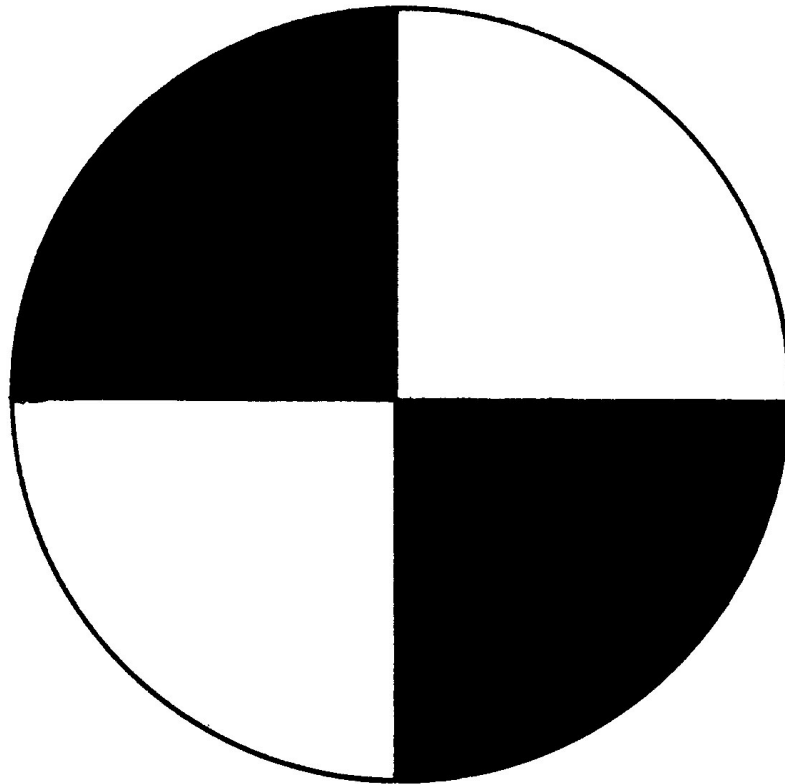
## Secchi Disk Pattern



← 8" →

SD Reading	Algal Bloom
> 24 inches	Inadequate
18 – 24 inches	Healthy
12 – 18 inches	Dense
6 – 12 inches	Excessive
< 6 inches	Critical

## Secchi Disk Pattern



SD Reading	Algal Bloom
> 24 inches	Inadequate
18 – 24 inches	Healthy
12 – 18 inches	Dense
6 – 12 inches	Excessive
< 6 inches	Critical

## **Summer Water Temperature Ranges Used To Classify Warm, Cool and Cold Water Ponds**

---

### **CLASSIFICATION**

### **CONDITION**

**Warm Water**

**Summer water temperatures reach 80-90° F and above.**

**Cool Water**

**Summer water temperatures reach 70° F, but seldom above 80° F in summer.**

**Cold Water**

**Summer water temperatures are seldom above 70° F.**

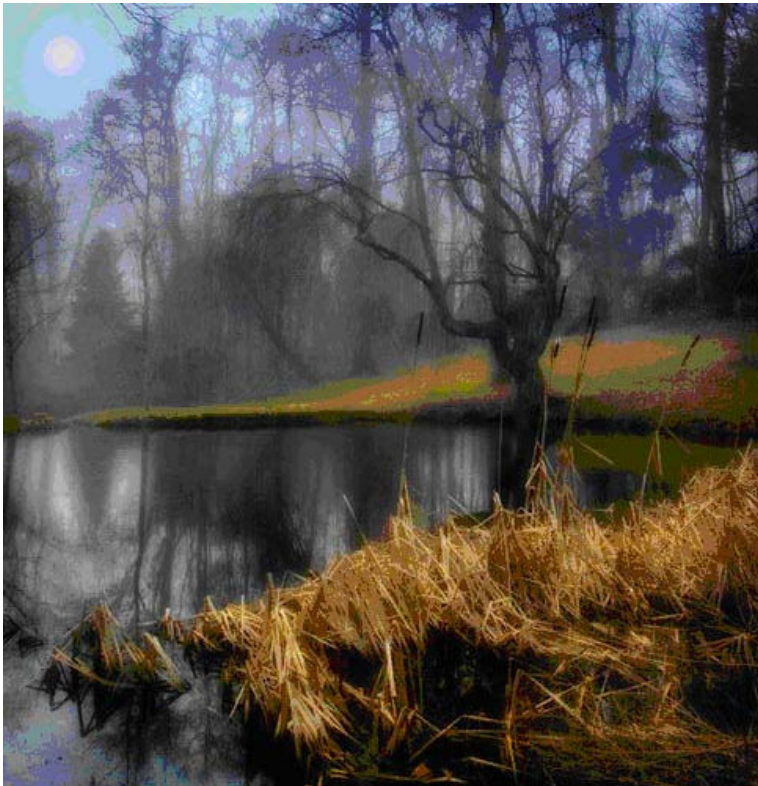




---

# **RECREATIONAL PONDS AND LAKES**

## **Species - Stocking Strategies - Fisheries Management**



**F.S. Conte**  
**Department of Animal Science**  
**University of California Davis**

---

## Common Fish Species Found in California Recreational Ponds and Lakes

Species	Survival Range	Optimal Range	Spawning Range
Rainbow Trout	33-78° F	50-60° F	50-55° F
Channel Catfish	33-95° F	70-85° F	72-82° F
Black Bass	33-95° F	55-80° F	60-65° F
Black Crappy	33-80° F	55-80° F	58-64° F
White Crappy	**	**	64-68° F
Bluegill Sunfish	36-93° F	60-80° F	67-80° F
Red-ear Sunfish	***	~ 75° F	72-75°F

\* Temperatures are general ranges, individual genetic populations may vary.

\*\* Similar to black crappie, white crappie are less tolerant to colder water.

\*\*\* Similar to bluegill, but less tolerate rapid temperature fluctuations.

~ Approximately

## General classification of relative pond fertility and carrying capacity of non-fed pond biomass expressed in pounds of fish per surface acre of pond

---

### POND CONDITION

### CARRYING CAPACITY (lbs. per Surface Acre)

High Fertility



400



Average Fertility

200





Low Fertility

100

---

Represents ponds receiving no supplemental feed. Smaller ponds of  $\frac{1}{4}$ - to  $\frac{1}{2}$ -surface acre that receive supplemental feed can support a larger fish biomass of about 25 percent. This requires water exchange and attention to water quality and feeding protocol.

**Stocking densities for largemouth bass, bluegill and red-ear sunfish in combinations – Based on relative pond fertility, with and without inclusion of channel catfish, and based on 1.0 surface acre of pond**

POND FERTILITY				
	BASS	BLUEGILL	RED EAR	CHANNEL CATFISH
HIGH	150-200			300*
	150-200	1000	-	100
	150-200	700	300	100
AVERAGE	100-125			150*
	100-125	750	-	75
	100-125	525	225	75
LOW	75-100			75*
	75-100	500	-	50
	75-100	350	150	50

\* Stocking protocols using bass and channel catfish without a suitable pan fish as forage should be supplemented with a forage minnow.

## **Traditional stocking strategy for a bass, bluegill, red-ear combination, with and without channel catfish**

---

### **FISH**

### **STOCKING PERIOD**

**Bluegill & Red-ear**

**Spring through mid-November**



**Largemouth Bass**

**Spring of the following year**



**Channel Catfish**

**Anytime, preferably early spring**





**Western stocking strategy for bass, bluegill, red-ear, minnow combination stocked in same season, with and without channel catfish**

---

**FISH**

**STOCKING PERIOD**

**Minnows**



**Early Spring**

**Bluegill & Red-ear**



**One month after stocking minnows**

**Largemouth Bass**



**One month following minnows**

**Channel Catfish**



**One month following minnows, or before Fall**

---

**Combinations of densities for fingerling and adult largemouth bass stocked with fathead minnows, mosquitofish, or golden shiners based on relative pond fertility, and 1.0 surface acre of pond**

<b>POND FERTILITY</b>	<b>BASS 4" to 6"</b>	<b>BASS 8" to 10"</b>	<b>Minnows**</b>
<b>High</b>	<b>150 *</b>	<b>100 *</b>	<b>2000 *</b>
	<b>100</b>	<b>50</b>	<b>1500</b>
<b>Average</b>	<b>100 *</b>	<b>75 *</b>	<b>1000 *</b>
	<b>75</b>	<b>35</b>	<b>750</b>
<b>Low</b>	<b>75 *</b>	<b>50 *</b>	<b>1000 *</b>
	<b>50</b>	<b>25</b>	<b>750</b>

\* Higher recommendations are presented for areas where predation is a factor.

\*\* Fathead minnows, mosquitofish, golden shiners.

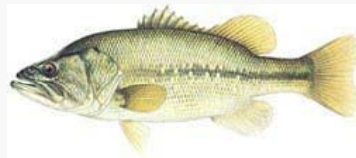
## Western stocking strategy for Largemouth bass and minnows

---

### FISH

### STOCKING PERIOD

**Largemouth  
Bass**



**Spring, at the recommended  
stocking rates provided earlier**

**Minnows**



**Spring, at the recommended  
stocking rates provided earlier**

---

## **Stocking densities for combination of fingerling and adult largemouth bass and black crappie**

---

### **FISH**

### **ALTERNATIVE STOCKING DENSITY AND PERIOD**

**Bass & Crappie**

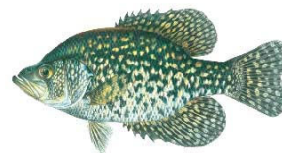
**100, 4" to 6" fingerlings, May through September**

**200, 4" to 5" fingerlings, May through September**

**Bass & Crappie**

**50, 8" to 10" juveniles, May through September**

**25 adults, May through September**



**Stocking densities for combinations of fingerling and adult largemouth bass and black crappie based on average pond fertility and per 1.0 surface acre of pond**

---

**POND  
FERTILITY**

**BASS**

**CRAPPY\***

**Average**

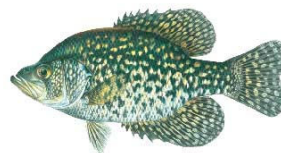
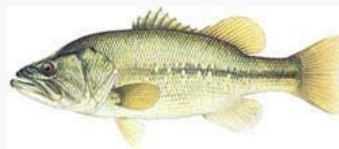
**100  
4 to 6-inch  
fingerlings**

**200  
Fingerlings  
Any Size**

**Average**

**50  
8 to 10-inch  
fingerlings**

**25  
Adults**



---

**\* Not recommended to stock crappie with bass in ponds less than 5-surface acres.**

## Rainbow Trout Pond Stocking Strategies

---



### Spring Stocking With No Feeding

---

**Stock 500**  
**2 to 4-inch Fingerlings**

#### RESULT

**7 to 8-inch (4 oz) in the First Year**

**Stock 250**  
**2 to 4-inch Fingerlings**

**10-inch (8 oz) in the First Year**

---

### Spring Stocking With Feeding

---

**Stock 2000**  
**2 to 4-inch Fingerlings**

#### RESULT

**1000 lbs of ½ lb Fish in First Year**

---



**Stocking rate of channel catfish in ponds of 1.0 to 10.0 surface acres based on nutrient input, feeding frequency, and incident of predation**



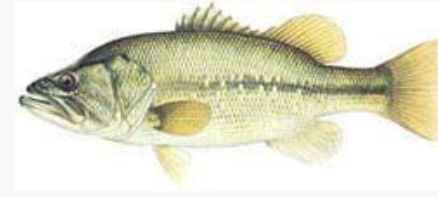
**Number of 4 to 6-inch Fingerlings  
per Surface Acre**

<b>NUTRIENT INPUT &amp; FEED</b>	<b>LOW PREDATION</b>	<b>SIGNIFICANT PREDATION</b>
<b>No Fertilizer; No Feed</b>	<b>100 - 200</b>	<b>300 - 500</b>
<b>Fertilizer Only</b>	<b>200 - 400</b>	<b>300 - 500</b>
<b>Feed Once a Week</b>	<b>200 - 400</b>	<b>300 - 500</b>
<b>Feed 2-3 Times a Week</b>	<b>400 - 600</b>	<b>500 - 700</b>
<b>Feed Daily</b>	<b>600 - 1000</b>	<b>700 - 1000</b>

**Higher feeding rates should only be undertaken if the pond is under regular monitoring. Hot summer conditions and/or overfeeding can cause oxygen depletion**

## **Largemouth Bass Fishing Protocols**

---



**Once a pond has been established and fish have spawned once, fish the pond moderately or heavily to maintain a good population balance**

**Start fishing bass in the third year in early June**

**Return all bass under 10-inches**

**Fish bluegill heavily and remove 3-4 pounds of bluegill for every pound of bass removed**

**Usually, removing 25 to 35 pounds of fish per year leads to a well-balanced pond**

---

## **Assessing Condition of Bass and Lesser Sunfish**

---

### **EXAMINATION OF CATCH**

---

<b>BALANCED</b>	<b>Bluegill average 6-inches; Bass average weight 1 to 2 pounds</b>
<b>BLUEGILL UP</b>	<b>Bluegill average 3 to 5-inches; Bass few and weigh 2-pounds or more</b>
<b>BASS UP</b>	<b>Bluegill are ½ pound or larger; Bass average less than 1-pound</b>

---

### **SHORELINE SEINING IN MID-SUMMER**

**Balance:** Presence of young bass and bluegill

**Imbalance:** Presence of many intermediate-sized bass; 3” to 5”

---

## Rainbow Trout Supplementary Feeding

---



**Feed according to dealer recommendations; about 3% of estimated body weight**

**Below 55 F      No Feeding**

**55 to 65 F      Feed about 3% of body weight**

**Above 65 F      No Feeding**

**In cooler weather, go to afternoon feeding during warmer portion of day**

**Do not fertilize a pond receiving rations**

**Trout fingerlings do best with split feedings, feed twice a day**

---

## **Rainbow Trout Fishing Protocol**

---



**Using good management and no supplementary feed, the pond usually reaches carrying capacity in one year**

**Unless fished moderately or hard, there will be little growth the second year**

**Start fishing when fish are 6 to 8-inches in length**

**Early in the second year, trout should be between 12 and 14-inches and weigh about 1-pound**

---

## Rainbow Trout Restocking Strategy

---



**Ponds stocked in the fall will have many small but usable fish the first year**

**Fish lightly and you will have many 1  $\frac{3}{4}$  to 2-lb fish in the first year**

**After 2-lbs, growth may be slower and mortalities may increase**

**Spawning seldom occurs in ponds unless there is a stream containing a riffle area entering the pond**

**Fish hard and restock with 4 to 5-inch fingerlings every two years**

**Fish lightly and go with less frequent restocking**

---

## **References and Selected Readings**

**Conte, F.S. J.S. Cabbage. 2001.** Phytoplankton and pond culture. Western Regional Aquaculture Center, WRAC -105. 6 pp.

**Conte, F.S., J.B. Waldvogel and T. Vaught. 2001.** Fish stocking strategies for largemouth bass in recreational ponds and lakes. U.C. Davis, Animal Science Aquaculture, ASAQ-C14. 10 pp

**Conte, F.S., J.B. Waldvogel and T. Vaught. 2000.** Species selection for recreational fishing in small ponds and lakes. U.C. Davis, Animal Science Aquaculture, ASAQ-C13. 9 pp.

**Conte, F.S. 2000.** Pond fertilization: Initiating an algal bloom. Western Regional Aquaculture Center, WRAC -104. 9 pp.



## CALIFORNIA AQUACULTURE WEB SITE

(<http://aqua.ucdavis.edu>)

**Announcements & Special Topics**

**Library of Publications**

**Animal Health and Welfare**

**Multiple Links & News Articles**

**Podcasts**

**Video Presentations**



