

# Poisonous plants on rangelands

Fadzayi Mashiri Ph. D

Livestock and Natural Resources Advisor (Mariposa and  
Merced)

County Director (Mariposa)



# Outline

- Why plants produce toxins?
- Can animals avoid eating poisonous plants? How?
- Exceptions to the rule
- Types of secondary compounds and toxins
- Examples of toxic plants

# Why plants produce toxins?

## Grazing Resistance

### Avoidance

Reduces probability of grazing

- Hairs, thorns and

### SECONDARY COMPOUNDS



### Tolerance

Recovery and growth after grazing

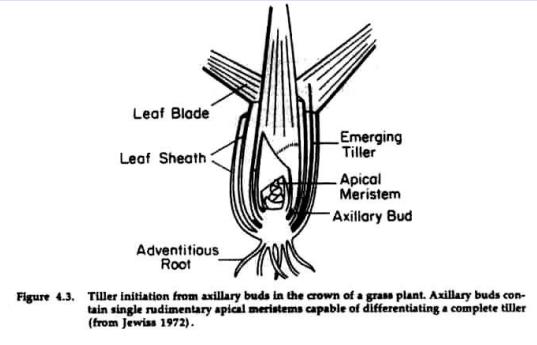


#### Architectural

- Number and location of residual meristems

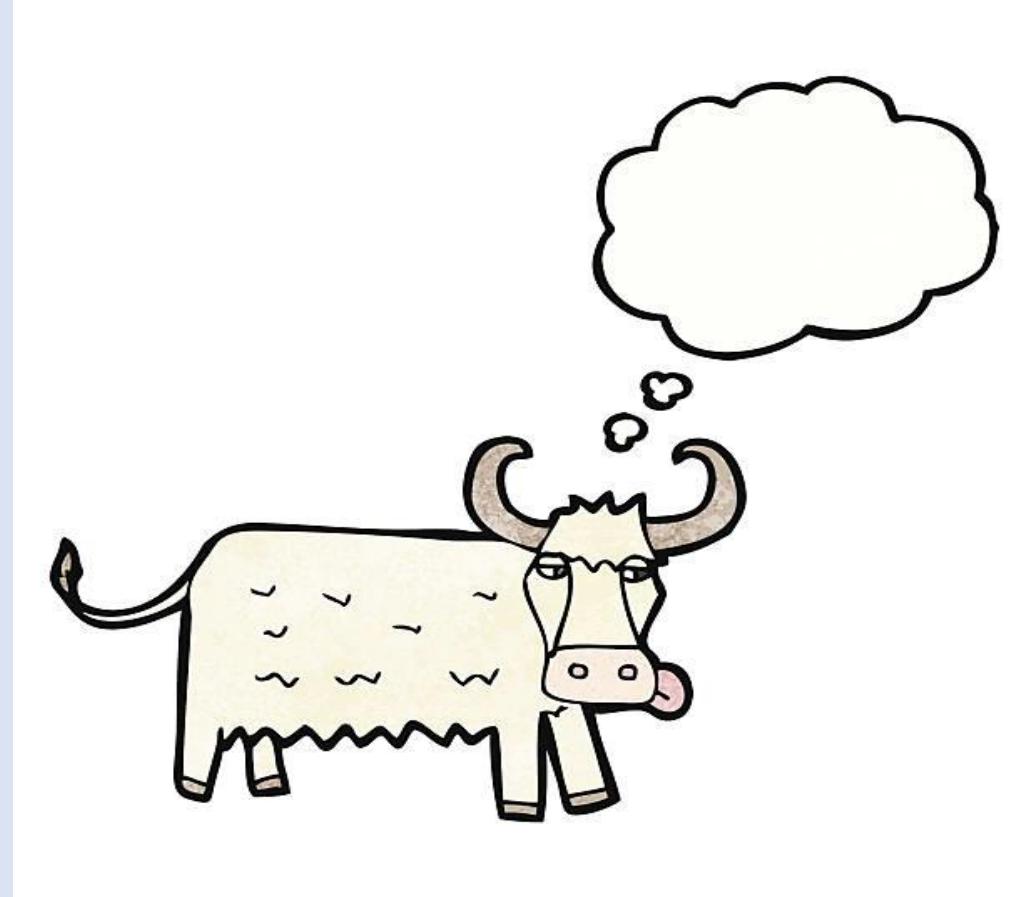
#### Physiological

- Apical meristems activated after growth
- Efficient use of resources to tillers vs roots



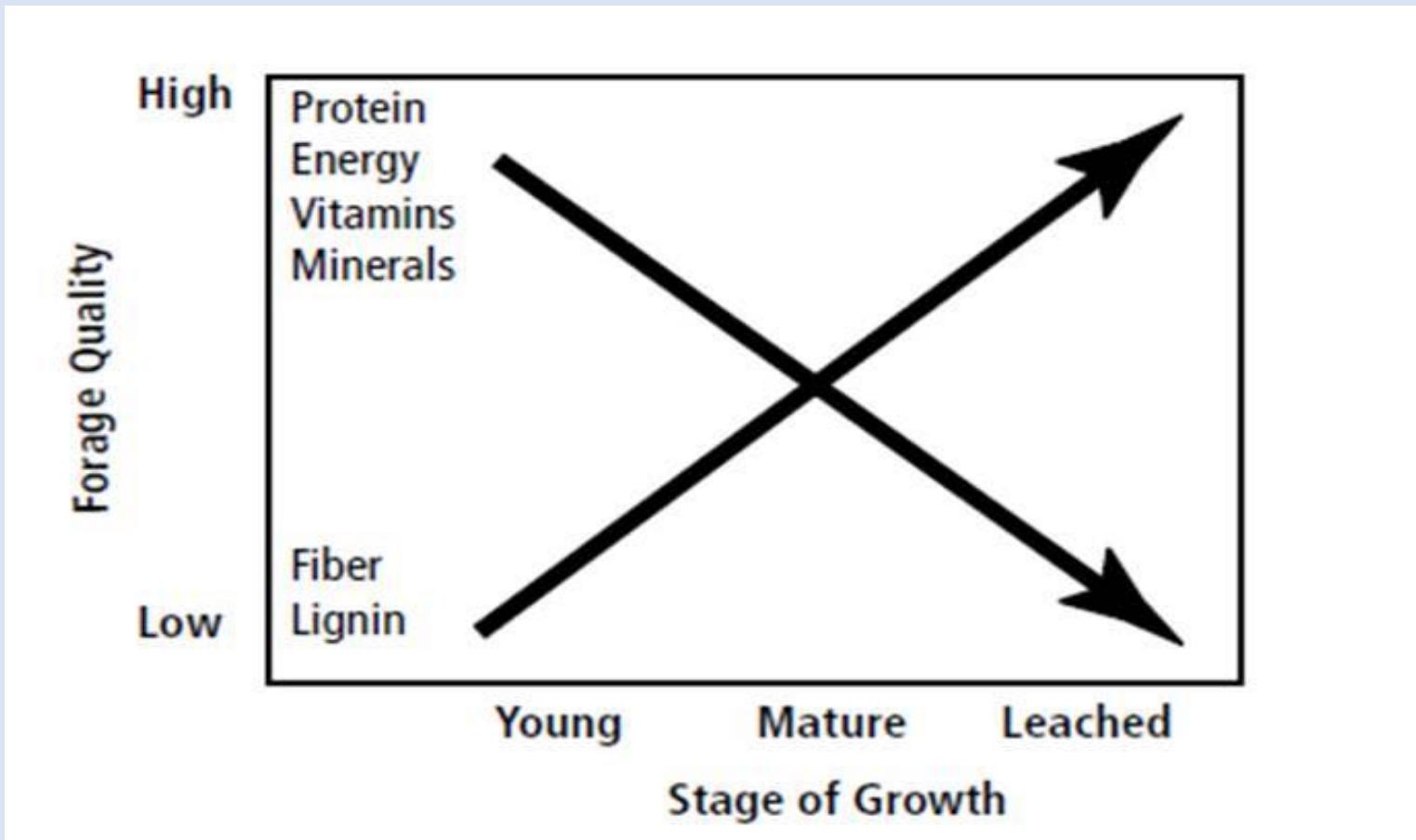
# Challenges

How animals decipher palatability of individual species to avoid poisoning

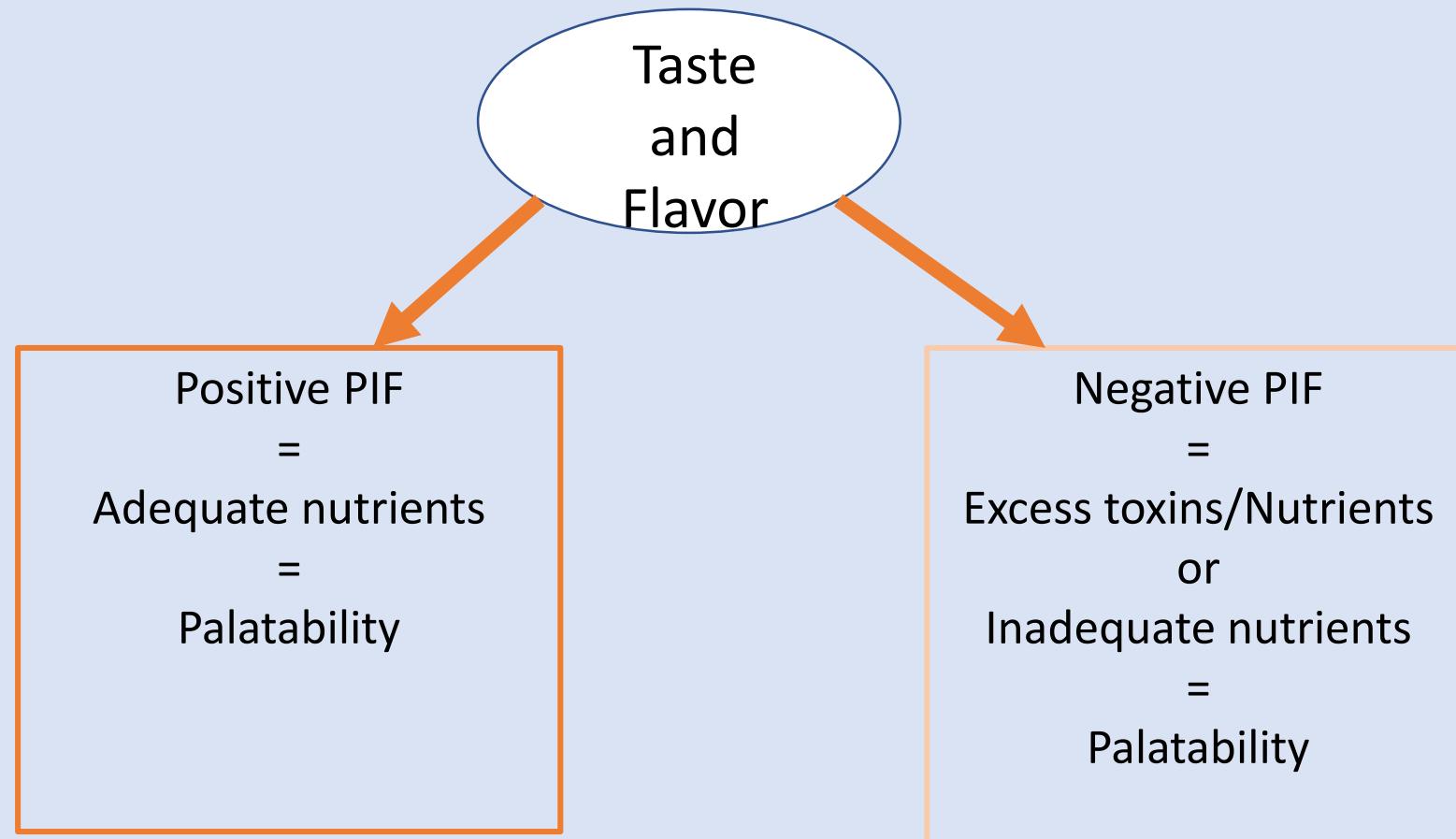


*The satisfaction an animal gets from eating a particular plant → varies with succulence, fiber content, nutrient and chemical content and morphological features such as spines, thorns, awns (Frost and Ruyle, 1993)*

# Changing nutrition quality and toxins across landscapes and seasons



# How animals determine if forage is palatable



*Palatability - relationship between food's flavor and its Post Ingestive Feedback (PIF) from the nutrients and toxins (Fred Provenza)*

# Why animals may over ingest nutrients and/or toxins

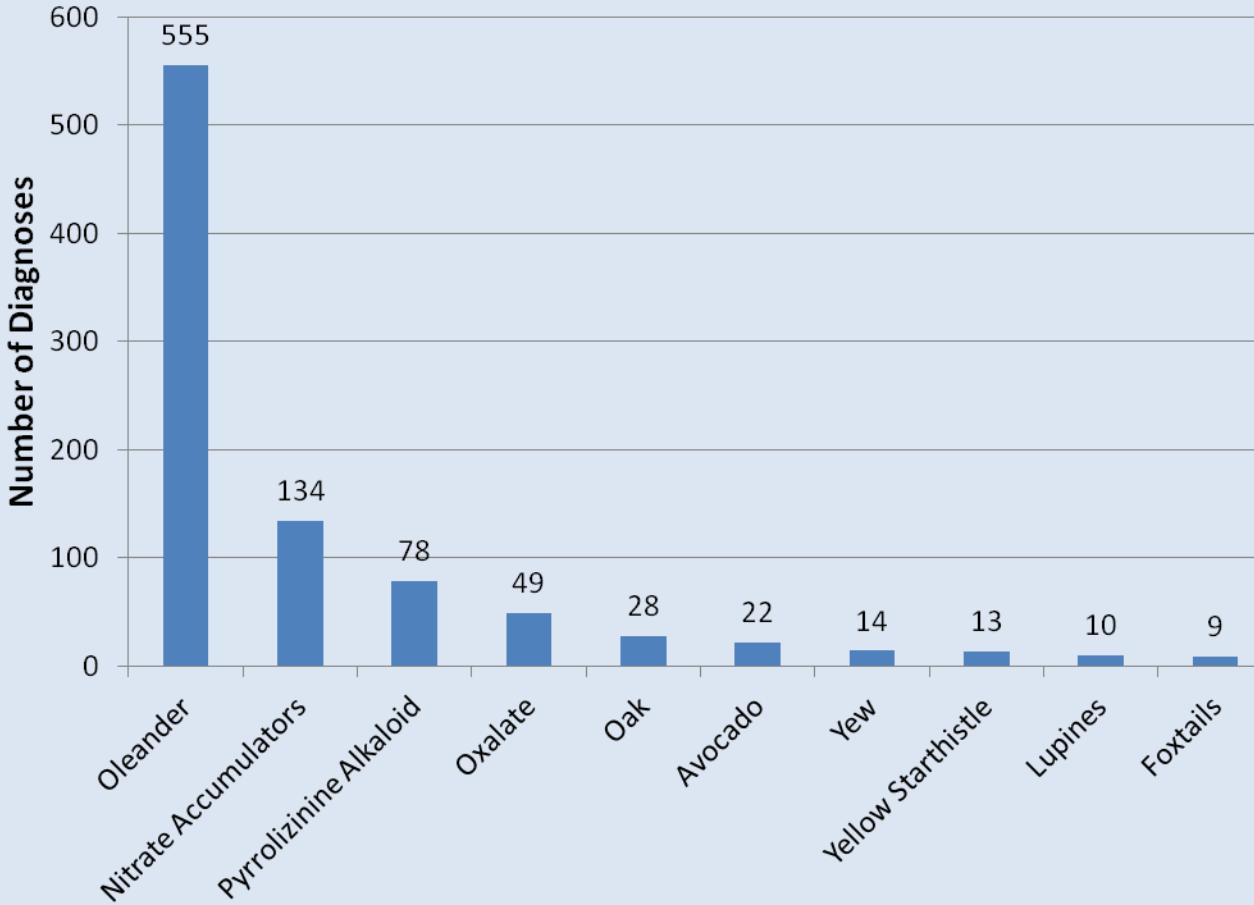
- Unfamiliar environments - difficulty to differentiate nutritious from toxic plants
- Changes in environmental conditions that alter plant physiology
  - Eg toxicity in Johnson grass after frost
  - Grass tetany – high glucose, low magnesium
- Subtle molecular changes increase plant toxicity
- Social facilitation
- Toxins in more than one plant

# Types of secondary compounds and toxins

## *a. Classified based on chemical structure or reaction*

- Phenolics: tannins, lignin, salicylic acid
- Terpenoids: aromatic oils, resins, waxes, carotenoids
- Alkaloids - often toxic, ex. nicotine, caffeine, capsaicin
- Glycosides – sugar like compounds
- Oxalates – complex salts
- Saponins – soap like compounds

# Recorded Livestock Poisonings (17+ years) Vet School Lab Data



# Alkaloids

- Organic substances with a bitter taste
- Irritate the intestines
- Affects the Central Nervous System

## Symptoms:

- **Nausea, colic, diarrhea**
- Central nervous system → **blindness, muscular weakness, convulsions and death.**

## Plants:

- death camas, lupines, buttercups, larkspur, nightshades



© 1995 Saint Mary's College of California

Lupine



Larkspur



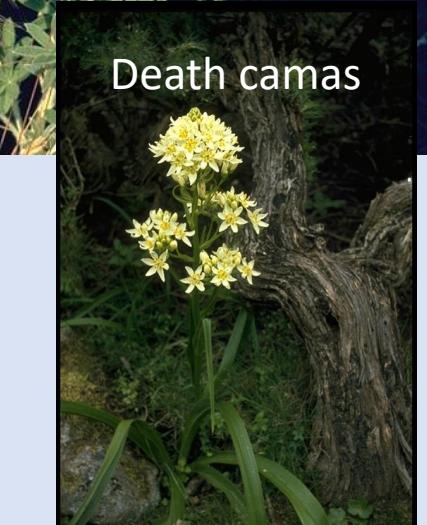
Death camas



© 2009 Daniel Passarini



anne Fristrom



# Glycosides

- Interfere with the oxygen exchange in lungs or
- Cause severe gastroenteritis
- Glycoside content decrease with growth stages, change with climatic conditions, increases with factors that slow plant growth and development e.g. wilting, frost or physical damage.

## Symptoms:

- **muscle tremors, difficult, rapid breaths and convulsions, vomiting, diarrhea, paralysis and fast death,**

## Plants:

sorghums, sudan grass, johnson's grass, oleander, wild cherries cocklebur and pokeweed.



# Nitrate (Nitrite) poisoning

- When animals consume forage high in nitrates
- Occurs when nitrate are reduced to nitrite.
- Product is incapable of releasing oxygen. Sheep are more resistant to this form of poisoning.

## Symptoms:

- **Trembling, staggering, rapid breathing, sudden death.**
- Chronic poisoning causes **poor growth, production and abortions.**
- Reduced vitamin A storage cattle.



## Common species associated with nitrate poisoning

Weeds	Crops
prostrate pigweed	oats
tumbling pigweed	rye
rough pigweed	wheat
lamb's quarters	barley
Canada thistle	corn
Russian thistle	sorghum
milk thistle	sudan grass
annual sow thistle	sugar beets
perennial sow thistle	mangels
poison hemlock	turnip
wild morning glory	rutabaga
spotted spurge	rape
prickly lettuce	kale
witch grass	broccoli, cucumbers, squash, celery

# Mycotoxins e.g. ergot

- Caused by fungi that infect grasses, corn and cereals.
- Hard, dark-colored masses in flowering grass heads
- Can occur on standing or harvested plants

## Symptoms:

- **Irregular heat**, abortion in pregnant animals and death, lower fertility reproductive rates, deformed reproductive organs, low **libido in males**.



# Other Types of Poisoning

## Photosensitization

- Sensitivity to sunlight
- Primary and hepatogenic (liver) photosensitivity
- Saint John's-wort, spring parsley and buckwheat cause primary photosensitization.
- Blue-green algae causes hepatogenic cases.



© CanStockPhoto.com - esp10062945

# Fiddleneck (*Amsinckia* spp.)



- Toxin –Alkaloids
- Species affected – Cattle, sheep, horses and goats
- Symptoms
  - Weight loss
  - Loss of appetite
- “Nutlet” seeds and dried plant material is most toxic, any fiddleneck in hay is a concern
- Sheep and goats less affected than cattle and horses

# Oaks (*Quercus* spp.)

- Toxin – Tannins
- Species affected – Cattle, sheep, goats, and humans
- Symptoms
  - Sudden death
  - Bloody diarrhea
  - Kidney failure
- Goats are more tolerant → have a tannin-binding protein in saliva



# Nightshades (*Solanum* spp.)



- Toxin – Alkaloids
- Species affected – Cattle, sheep, horses, goats, and humans
- Symptoms
  - Gastrointestinal upset
  - Drowsiness
  - Weakness
- Toxicity varies by species and season.
- Unripe berries more toxic than ripe berries.

# Lupine (*Lupinus* spp.)

© 1995 Saint Mary's College of California



- Toxin – Alkaloids
- Species affected – Cattle, sheep, and goats most commonly
- Symptoms
  - Birth defects
  - Abortion
  - Seizures
- Toxins concentrated in seeds

# Oleander (*Nerium* spp.)



- Toxin – Cardiac Glycosides
- Species affected – Cattle, sheep, horses, goats, and humans
- Drought and insect resistant
- Symptoms
  - Sudden death
  - Depression
  - Diarrhea
- Clippings are the primary cause of poisonings
- 5 – 10 medium sized leaves can be lethal to a horse or cow

# Larkspur (*Delphinium* spp.)

- Toxins – Alkaloids
- Species affected – Cattle, sheep, and goats. Cattle are most susceptible
- Symptoms
  - Incoordination,
  - staggering
  - Bloating
- Goats affected by Tall Larkspur



© 2007 Dianne Fristrom

# Poison Hemlock (*Conium maculatum*)

- Toxin – Alkaloids
- Species affected – Cattle, sheep, horses, goats, and humans
- Symptoms
  - Birth defects
  - Nervousness
  - Weakness
- Loses toxicity when dry



# Water hemlock

(*Cicuta douglasii* and *maculata*)

- Toxin – Alcohols
- Species affected – All classes of livestock and humans
- Symptoms
  - Sudden death
  - Muscle spasms
  - Severe convulsions
- Among the most poisonous plants in North America
- All parts of the plant are poisonous



© 2009 Barry Breckling

# Ragwort and Groundsel (*Senecio* spp.)



- Toxin – Alkaloids
- Species affected – Cattle, sheep, horses, goats, and humans
- Symptoms
  - Chronic appetite loss
  - Weight loss
- Sheep and goats are not as affected as cattle and horses
- Poisonous both fresh and dried

# Death Camas (*Toxicoscordion* spp.)

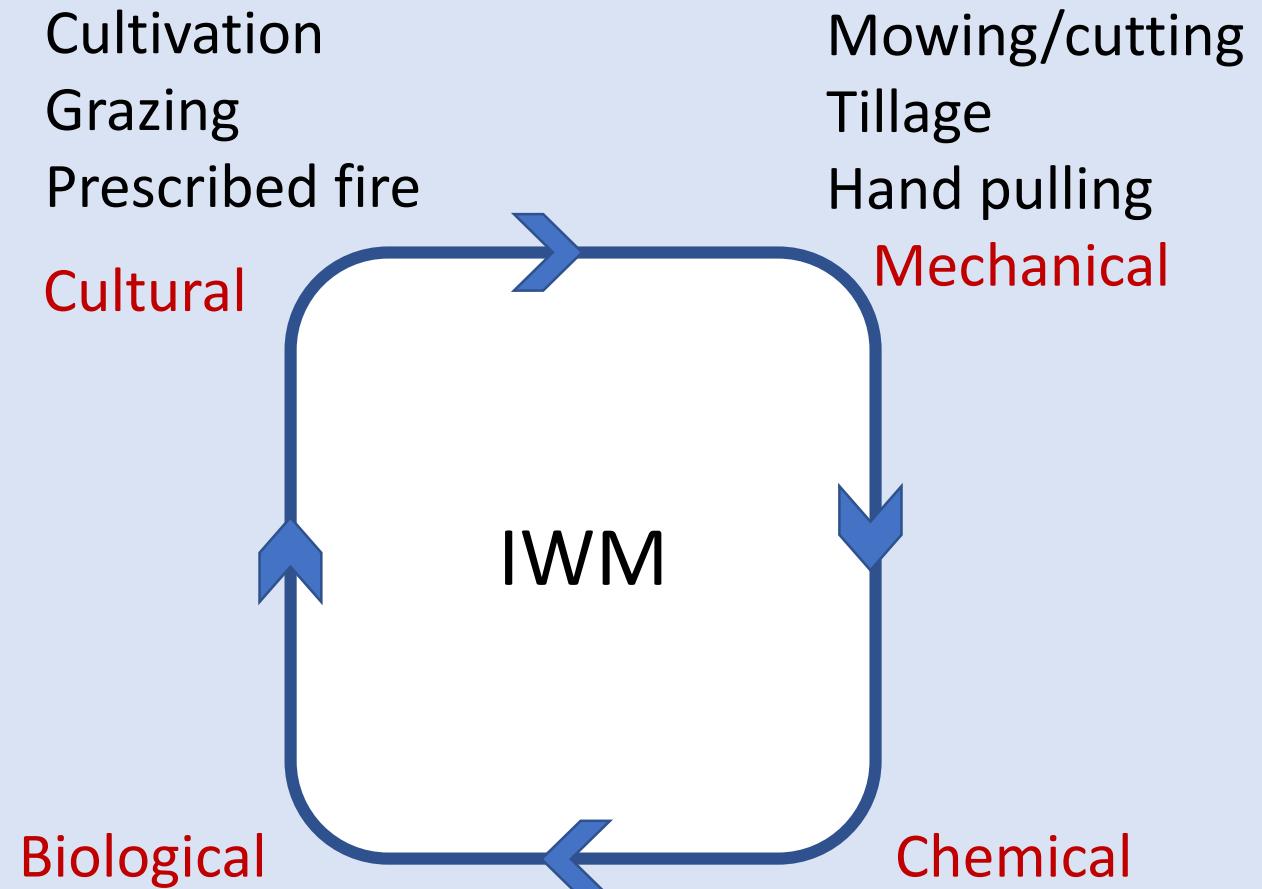
- Toxin – Alkaloids
- Species affected – Cattle, sheep, horses, goats, and humans
- Symptoms
  - Sudden death
  - Excess salivation
  - Staggering
- Toxicity varies with stage of growth
- Member of the lily family



Robert Potts © California Academy of Sciences

# Integrated Weed Management (IWM)

- IWM – a combination of management strategies → tends to increase effectiveness and lower costs
- Take into consideration:
  - available resources,
  - capabilities, and
  - ecological conditions
- (ADAPTIVE Management)



# Resources

- <https://anrcatalog.ucanr.edu/pdf/8560.pdf>
- <https://anrcatalog.ucanr.edu/pdf/8398.pdf>
- <http://wric.ucdavis.edu/>
- <https://wric.ucdavis.edu/PDFs/plants%20reported%20to%20be%20poisonous%20to%20animals.pdf>

- Thank You

- Questions

Special thanks to Julie Finzel  
UCCE livestock and Natural Resources Advisor