



4-H E-News Updates October 2012

[Statewide 4-H Online Calendar](#)

ASSOCIATE DIRECTOR UPDATES

California 4-H Youth Development Program – Join the Revolution of Responsibility

National 4-H Week, October 7 – 13th, will be celebrated across the nation and I hope each of your counties and 4-H clubs are planning festive activities! This year's theme, **Join the Revolution of Responsibility**, is especially fitting. We are celebrating the 4-H youth who have made an impact on the community, and are stepping up to the challenges of a complex and changing world. This year, as part of National 4-H Week activities, share stories of how 4-H youth have positively impacted their communities and recognize these commitments.

Recent findings from the Tufts University's *4-H Study of Positive Youth Development* indicate that young people who participate in 4-H are 3.4 times more likely to actively contribute to their communities than youth not participating in 4-H. Structured learning, encouragement and adult mentoring that 4-H'ers receive play a vital role in helping them actively contribute to their communities.

Also, during National 4-H Week we hope you will participate in the 4-H National Youth Science Day, on Wednesday, October 10th. This year the National Science Experiment, *4-H Eco-Bot Challenge*, explores how robots can be used to preserve and protect the environment, while offering a glimpse into the future of science, technology, engineering and math.

For more information on **National 4-H Week** check out the tool box at the National 4-H Website <http://www.4-h.org/Content/Resource-Library/Promotional-Toolkits/Toolkits/2012-National-4-H-Week-Toolkit/>

Stories from the Field (Authored by Crystal O'Hara)

It was a busy summer for the 4-H Military Partnership Program and California Operation: Military Kids, providing camping opportunities to military youth from throughout the state and beyond to build a variety of skills and memories to last a lifetime.

During two of the camps, Rawhide Ranch and Camp Ronald McDonald at Eagle Lake, campers had a chance to not only connect with other military youth, but also with their deployed family members.

At Rawhide Ranch, set in a replica Old West town outside Bonsall, campers spent a week in July learning horsemanship skills, culminating with a show on the last day of camp. Friends and family members packed the stands to see the event, but as is often the case with military families, not everyone could attend. But that didn't mean they couldn't share in the experience. While Shelby, a 14-year-old from Yolo County, showed off her new skills, her mother used her cell phone to record and send a video of the show to her father, who is stationed half-way around the world in Afghanistan.

Performing in front of a crowd is always tough, but for autistic youth it can be overwhelming. In August, 11-year-old Nolan, of San Diego County, bravely fought his fears to rock the stage of Camp Ronald McDonald at Eagle Lake during the camp Talent Show. He belted out AC/DC's "Thunderstruck" to the crowd of special needs campers, which included about two dozen military youth sponsored by the 4-H Military Partnership Program. It was important to him that the song be videorecorded because it is a favorite of his father's. That videorecording was later sent to Iraq so his father could enjoy the performance as well.

The 4-H Military Partnership and OMK continue to connect military youth with each other, their deployed parents and those who would like to support military youth in their communities. To learn more, visit www.facebook.com/caomk. Click [here](#) for images of the event.

CA 4-H FOUNDATION UPDATES

In an effort to make these monthly communications more helpful to you and provide clear insights into the work of the Foundation, the Foundation will include several regular features. "Fund Raising News from the Field" will highlight some of the best fundraising practices happening locally in California 4-H. "Foundation News" will provide a brief highlight about what the Foundation is up to, and "Fundraising Tips" will provide links to what we hope are useful fundraising and relevant fundraising practices for county staff, volunteer groups and clubs.

Fundraising News from the Field. Executives at high tech firms, Facebook, Zynga, finance institutions like Bank of America, Wells Fargo, Burr, Pilger and Mayer, governmental leaders like the California State Secretaries of Agriculture and Health and Human Services, leaders in agriculture and natural resources, not to mention a former Miss America and an astronaut. What do these folks have in common? They, like over one million others are California 4-H Alumni. Our alumni are our best advocates and evidence that 4-Hers are uniquely prepared to step up to the challenges of a rapidly changing world. How do we reconnect and reengage these important alumni to celebrate 100 years of 4-H and at a time when 4-H needs their advocacy and support more than ever? Click on this link <http://www.facebook.com/groups/124390677062/> to see how one county is using the tools developed by the Foundation (see the Tips section) to bring their alumni together (from as far away as Africa!) and is using Facebook to keep them connected.

Foundation News. Attending SLF? Be sure to attend the CA 4-H Foundation sponsored session on Fundraising Partnerships in the Field (Saturday November 10 at 3 pm) which will feature a panel of volunteer and staff representatives from three counties which have been partnering with the CA 4-H Foundation to raise funds for 4-H programs in their counties. Learn about the fundraising models the Foundation has tailored to these counties to raise over \$300,000 in local support for 4-H. It's not too late to register. Click [here](#) for more information on the State Leader's Forum - some of the best, most practical learning for 4-H volunteers happens there!

New Website Coming Soon! A new CA 4-H Foundation website designed to increase engagement in 4-H across the state is coming in late September - just in time to kick off our 4-H Centennial year beginning in 2013! The website will focus on our **Impacts** across the state (showcasing the Revolution of Responsibility and accomplishments of 4-H'ers in California) and encourage people to **Connect** with and **Support** 4-H across the state. It will feature beautiful photographs, videos and stories that capture the range and diversity of past and present 4-H members and supporters. This website does not replace the current ca4h.org but rather targets a different audience, prospective members and families, alumni, donors and community partners. The web address is: www.ca4hfoundation.org and we expect it to be formally launched by the end of September. Click the following hyperlinks for a preview of some of the ["Faces of 4-H"](#) that will be featured and a sneak peek at the new [homepage](#) of the California 4-H Foundation.

Fundraising tip of the month The CA 4-H Foundation has developed tools that local 4-H organizations can use to identify and connect their alumni. By partnering with the Foundation in the collection of alumni data, we can help update our alumni on 4-H happenings around the state and make sure they know how 4-H is continuing to

create focused, articulate, confident and engaged young people making a difference today in communities across California. Click [here](#) to learn how to identify alumni, collect your alumni information and some ideas about what to do with it once you collect it.

I would love to hear what you think of the new format and welcome your thoughts and ideas for what you'd like to see in our "tips" section. Feel free to contact me at aleeland@ucanr.edu

FUNDING UPDATES

Please note: University policy requires an Advisor or County Director to submit all grant applications and fulfill the requirements of UC ANR Contracts & Grants. If you plan to apply for any of the following opportunities, please notify the California 4-H Foundation (aleeland@ucanr.edu) who will review your application prior to submission to insure that it is as strong as possible.

- **Funding Opportunity To Improve Health, Life Skills of Young Men of Color**

As part of its [Forward Promise](#) initiative, the [Robert Wood Johnson Foundation](#) will fund community-based projects that strengthen health, education, employment opportunities for boys and young men of color. [Applications](#) are due by 3 p.m. E.T., on October 10, 2012.

Resources:

View eligibility details and additional [information about this grant](#).

See other [current calls for proposals](#) available from RWJF.

- **Intel Community Grants**

<http://www.intel.com/content/www/us/en/corporate-responsibility/applying-for-grants.html>

Intel Corporation is committed to maintaining and enhancing the quality of life in the communities where the company has a major presence. The company has a strong interest in supporting K–12/higher education and community programs. Intel vigorously supports education through grants for programs that advance science, math and technology education, particularly for women and underserved populations. Intel is also committed to the responsible use of natural resources, and funding for environmental programs will be considered. Within this broad category, Intel continues to give priority to programs with educational and technological components. Applications are evaluated on a competitive basis each quarter. The quarterly submission deadlines are February 1, May 1, August 1, and November 1.

- **Verizon Foundation Grants**

<http://www.verizonfoundation.org/grants/>

Elementary and secondary schools (public and private) registered with the National Center for Education Statistics, as well as eligible nonprofits, may apply for grants of up to \$10,000. Verizon awards grants to innovative, technology-based approaches to literacy and K–12 education.

- **Frances R. Dewing Foundation Grants**

<http://www.frd-foundation.org/>

The Frances R. Dewing Foundation gives grants to programs that deal directly with early childhood education. Within that context, support is given for preschool, elementary, and other education; conservation and environmental protection; the fine and performing arts and other cultural programs; and social services. Programs must serve children younger than age 12. Giving is limited to the United States, with emphasis on the New England states in the Northeast. The average grant amount is \$15,000. April 1 and October 1 are the annual deadlines.

- **Do you see a need in your community?**

JOIN The Revolution of Responsibility! \$1,000 is available to 4-H Clubs and Groups

Due November 15

<http://ucanr.org/join/>

To JOIN the revolution, 4-H members, with the help of an adult 4-H volunteer mentor, should follow these steps to plan a project.

1. Identify an issue or problem in your community.
2. Find community organizations to collaborate with.
3. Plan the project: form goals, outline tasks, list needed resources, and prepare a budget
4. Prepare ways to document and record your project to share with others.
5. JOIN the revolution at <http://ucanr.org/join/>

A **toolkit** of tips, templates, links, and suggested guidelines has been developed to support your projects. From the initial work to identify a compelling community issue to the final celebration of its completion, use this toolkit to help you carry out the important steps necessary to ensure success.

<http://www.ca4h.org/Support/RofR/Toolkit/>

North Face Explore Fund Accepting Proposals for Programs to Connect Children With Nature

Grants of up to \$2,500 will be made to nonprofit 501(c)(3) organizations for programs or projects that help connect children and youth to the outdoors....

Deadline: October 8, 2012

Nestlé Very Best in Youth Program Accepting Applications for 2013 Community Service Awards

The program will honor young people (between 14 and 18 years of age) in the United States for outstanding community service and academic achievement by donating \$1,000 in each winner's name to the charity of his or her choice....

Deadline: November 8, 2012

Youth Service America and UnitedHealthcare Offer Grants for Service-Learning Projects to Combat Childhood Obesity

Grants of up to \$1,000 are available for youth-led service-learning projects designed to combat childhood obesity through walking, running, or hiking....

Deadline: October 15, 2012

Youth Service America Invites Nominations of Young Social Entrepreneurs for Gladys Marinelli Coccia Award

Two exceptional young people who are actively engaged in social entrepreneurship and in leading sustainable social change will be awarded \$2,000 to support their social enterprise....

Deadline: September 30, 2012

Powered by Service Offers Funding to Seed Youth-Led Service Projects

Grants will be awarded to young people around the world who are conducting service projects that encourage youth to become involved in addressing problems facing their communities....

Deadline: Open

DATES & DEADLINES

- **Want a fulfilling internship working with children and teens?**
Apply to the Military Extension Internship Program today! **Spring 2013 applications are being accepted through September 28th.** Application materials are available at <http://www.ydae.purdue.edu/military/>. California has had two former 4-H'ers participate in this program; one is now working fulltime for National 4-H Council and the other worked in Germany for 6 months.
- **National Ag Day Poster Art Contest - Aug. 1 – Oct. 31, 2012**
A winning piece of art will be chosen as the Official National Ag Day Poster

The Agriculture Council of America (ACA) and Successful Farming are encouraging young artists to celebrate modern agriculture through the first ever National Ag Day Poster Art Contest. The winning original piece of art will also be featured in Successful Farming magazine. The winner will receive \$1,000 scholarship from Successful Farming and a portion of the proceeds from limited edition prints. The contest is open to amateur artists enrolled in high school or college. The deadline for submitting entries is Midnight (CST), October 31, 2012. For rules on the National Ag Day Poster Art Contest visit www.agday.org.

- It is time to start the selection process for the **2013 Salute to Excellence 4-H Volunteer Awards**. The National 4-H Salute to Excellence Volunteer Recognition Award recognizes 4-H volunteers who demonstrate exemplary service to 4-H, while promoting service through volunteerism as both an opportunity and a privilege. Additional information is available at <http://www.4-h.org/resource-library/grants-awards/opportunities/salute-to-excellence-awards/>. The categories are as follows:
 1. The **Volunteer of the Year Award** is for individuals who have served as 4-H volunteers for **less than 10 years** at the local, county, district or state level.
 2. The **Outstanding Lifetime Volunteer Award** is for individuals who have served **10 or more years** at the local, county, district or state level.Mail completed nomination packet(s) to the State 4-H Office, Attn: Shannon Dogan, University of California, Davis, One Shields Ave., DANR Bldg., Davis, CA 95616. If you FED EX the packet please send it to the State 4-H Office, Attn: Shannon Dogan, DANR Building, 225 Hopkins Road, Davis, CA 95616. Nominations should be received by **October 2, 2012** to be considered.
- The **Federal Partners in Bullying Prevention Interagency Group** has a new stop bullying video challenge for youth. For more information, please visit: <http://stopbullying.challenge.gov/>. Submissions are due by **October 14, 2012**.
- **Archery Leader Certification Training**
Saturday, October 13 and Sunday, October 14
Humboldt County UCCE Office
5630 South Broadway, Eureka, CA 95503
Attendees must attend both Saturday (9AM - 5 PM) and Sunday (8:30 - 12 noon) to be certified as a 4-H adult, teen or junior leader. The cost will be \$30 for training and a binder of resources. There will be a lecture, hands-on practice and a test. To register, complete the "Request for Training Form" at <http://www.ca4h.org/files/2123.pdf> and mail with your payment to Sandy Sathrum at 5630 South Broadway, Eureka, CA 95503. Make checks payable to Humboldt County 4-H. Participants are responsible for all transportation, overnight lodging and meals. If you have any questions, contact Sandy Sathrum at 707-445-7351.
- The **2012 North Central Region Volunteer Forum** Registration is now open. Please go to <http://www.kansas4-h.org/p.aspx?tabid=314> for the latest information with the Registration Booklet and links to the online registration and hotel as well as lots of other information. The Forum is **October 11 - 14**, in Wichita, Kansas. Please contact Rod Buchele at rbuchele@ksu.edu for any questions or concerns.
- **Celebrate Lights-On Afterschool**
October 18, 2012
<http://www.afterschoolalliance.org/loa.cfm>
Each October, 1 million Americans and thousands of communities nationwide celebrate Lights On Afterschool to shine a light on the afterschool programs that keep kids safe, inspire them to learn and help working families.
- **Shooting Sports Rifle Discipline – Volunteer Project Leader Course**
Watsonville, CA 95076
Saturday, October 27, 2012 8:30 a.m. – 5:00 p.m.
Sunday, October 28, 2012 8:30 a.m. – 4:00 p.m.
For registration information, click [here](#).

- National 4-H Conference**
April 6-11, 2013. Applications will now be online. **Deadline October 30, 2012.** Please go to <http://www.ca4h.org/Programs/Conferences/N4-HC/> for more information. If you have already started your paper application please use that information to complete the online portion.
- Youth in Action Award**
Due November 1, 2012
 Instructions and Guidelines: http://n4h.convio.net/site/R?i=tFVNvOKyLWJ_gn16flfv_g
 Application: <http://n4h.convio.net/site/R?i=VjipMaNpDp2bo1L9EAvabA>
 National 4-H Council is now accepting applications for the annual Youth in Action award, to be presented at the 4-H Legacy Awards Gala in New York City on April 18, 2013! This award recognizes an outstanding young person from your 4-H program who is realizing 4-H's vision for youth driving positive change in their communities. The 4-H Youth in Action award is open to 4-H members and recent alumni ages 16-21.
- 2013 Prudential Spirit Community Awards**
 The Prudential Spirit of Community Awards program, sponsored by Prudential Financial in partnership with the National Association of Secondary School Principals, recognizes individuals in grades 5-12 solely on the basis of their volunteer activities. 4-H'ers can apply online at <http://spirit.prudential.com> or www.nassp.org/spirit. Applications must be submitted to a county 4-H agent by **November 6, 2012**. Once county 4-H programs have selected Local Honorees, they must certify those applications by **November 13, 2012** to a state-level judging committee, which will pick the top youth volunteers in each state and the District of Columbia.
- North Central Sectional Family and Consumer Science Field Day – November 3, 2012**
Stockton
 We are looking for youth and adults to teach either 45 minute Life Skill lab/sessions on any of the Family Consumer Science Projects such as Clothing & textiles, Fashion Revue/Modeling skills, Consumer Ed., Home Arts/Home Environment, Floral Design, Foods & Nutrition, Health, Babysitting, Food Preservation and new this year Job Interview skills. Also from these projects we are also looking for youth and adults to teach 15 minute Life Skill stations. WE suggest the State Project sheets as good resources for project skills to teach (http://www.ca4h.org/Projects/Project_Sheets/). If you are interested please contact any of the people listed below:
 Chair: Lorita Sutton – loritas@sbcglobal.net or call (209) 369-3456
 Co-Chair: Shayne Rivers shaynangel@sbcglobal.net
 Youth Co- chair: Sarah Rivers shaynangel@sbcglobal.net
 Youth Co-Chair: Brandon Jones ljones@sjcworknet.org
- What do 4-H volunteers, the beach, new friends, and a giant alarm clock have in common? It's State Leaders' Forum, coming **November 9-11, 2012** to Asilomar conference center. Come to enjoy the tranquil grounds, be motivated with new ideas and resources, play on the beach, win an iPad, try out new curriculum and see what the South Central Section has planned for you. "4-H in a Minute: Wake up to the Possibilities!" is still accepting registrations but lodging rooms are going fast. Find the forms and more at <http://ucanr.org/slf2012>. Check out the count-down timer too for how many minutes until the fun begins. Contact Sue Moore, Registrar, with questions at 2moores@mlode.com. "Time is at once the most valuable and the most perishable of all our possessions." ~ John Randolph
- Thanks to **America's Farmers Grow CommunitiesSM**. Now **through Nov. 30, 2012**, eligible farmers can enter for a chance to win \$2,500 that can be directed to their local 4-H program. Rural community members can suggest an idea or initiative that needs funding for their local 4-H, such as a community garden or camp scholarships. Farmers may review the ideas and consider them in their application. To plant your idea and encourage farmers to support your 4-H, go to GrowCommunities.com. In addition, in communities impacted by drought, the Monsanto Fund will provide twice the financial support. Winning farmers from counties that have been declared natural disaster areas will now receive double the donation, a total of \$5,000. Click here for an application: [Printable Application Forms](#)

- California State 4-H Shooting Sports Leader Meeting, December 8 & 9, 2012, Visalia, CA**
 All California 4-H shooting sports leaders are invited to attend a state meeting to be held on:
Saturday, December 8, 2012 10:00 a.m. – 8:00 p.m.
Sunday, December 9, 2012 8:30 a.m. – 12:00 noon
 The meetings will be held in Visalia, CA at the Visalia Police Association Range Facility. There is no fee to attend. Camping will be allowed on site. Hotel/motel arrangements are available in Visalia which is approximately 5 miles from the meeting site. There will be presentations of information regarding the project, guest speakers, and hands-on activities for all participants. More details will follow regarding registration and the agenda. The point of contact is John Borba at: jaborba@ucdavis.edu
- How Kids Learn II**
January 9, 2013, San Francisco
<http://www.howkidslearn.org/>
 The purpose of this TED-like, one-day conference is to inform and energize youth program leaders, educators and afterschool stakeholders regarding our current knowledge on how kids learn and to share innovative approaches to promote learning outside of the classroom.
- Western Region Leader Forum – March 21 – 24, 2013 in Hawaii**
 Hawaii 4-H members, volunteers, faculty and staff are looking forward to seeing you in Hawaii March 21 – 24, 2013 for the Western Region Leader Forum. The conference site is the Waikiki Beach Marriott and Resort (800-848-8100). Refer to code, WR4A, to the person taking your reservation. Registration for the forum may be completed by going to: <http://www.ctahr.hawaii.edu/wrlf/>
DEADLINES:
 Deadline for Regular Registration is December 31, 2012 - \$375
 Deadline for Hotel room Rate of \$179 is February 21, 2013 - \$425
- Applications for the **2012 President's Environmental Youth Award** are due **December 31**.
 The PEYA program promotes awareness of our nation's natural resources and encourages positive community involvement. One outstanding project from each region is selected for national recognition. Projects are developed by young individuals, school classes (K-12), summer camps and youth organizations to promote environmental stewardship. Visit www.epa.gov/peya for more information.
- Save the Date: State 4-H Field Day 2013 – May 25 at UC Davis**
<http://www.ca4h.org/Programs/Events/SFD/>
 The State 4-H Field Day takes place annually on the Saturday of Memorial Day weekend at the UC Davis campus from 8:00am until 6:00pm. The event is open to all 4-H members, volunteers, staff and parents. More information will be released in January 2013.
- State 4-H Fashion Revue** categories for **2013** will be Traditional, Consumer Science Purchased (\$19.99 limit), Wearable Art-Embellished, 2 Yard Wonder, and Duct Tape Challenge. Members, leaders and counties are encouraged to plan projects and county fashion revues following the SFR category guidelines. To clarify the 2 Yard Wonder, it is a sewing challenge for members in the Clothing and Textiles project, beginning to advanced. Using a 2 yard length of 100% cotton fabric, sew a garment and an accessory. You can use less fabric but not more for this garment and the accessory. There is no specific pattern requirement. Additional garments to complete the outfit may be sewn or purchased. Take a “before” photo holding the yardage and an “after” photo wearing the outfit. Specific information about all the categories is posted at <http://www.ca4h.org/Programs/Events/SFR/>. The SFR committee is coordinating three service projects: Little dresses and shorts for Africa, stuffed animals, and drawstring bags. Patterns, instructions and donation guidelines will be posted this month on the SFR website. The SFR committee is excited to announce that 43 finished quilts were donated to the American Legion for the Quilts for Wounded Warriors service project. An additional 40 quilt tops will be completed with materials purchased with the Revolution of Responsibility grant. The committee hosted a quilting booth at

the State Fair, a service learning workshop at State Leadership Conference, and had their first meeting to plan 2013 SFR. Please see the [SFR website](#) for more information!

- **Save the Dates!**

Washington Focus – Global Journey

June 23-July 1, 2013. Online Registration will be available starting September 30, 2013. Deadline will be December 15, 2013.

Cal Focus June 14-18, 2013

State Leadership Conference - UC Davis July 25-28, 2013.

- **Announcing the New Highest California 4-H Youth Award!**

The Incentives and Recognition Advisory Committee is pleased to announce the launch of the California 4-H Diamond Clover Award. The Diamond Clover is awarded to the highest achieving 4-H youth members through an application and essay process. All youth who achieve the qualifications are eligible for this award. Applications may be submitted at any time during the year and while a young person is between 17 and 19 years of age. Each quarter, applications are reviewed by the Incentives and Recognition Advisory Committee and awards are given. Awardees are announced annually at the State Leadership Conference. Applications are available now for submission beginning July 1, 2012 at http://www.ca4h.org/Administration/Advisory_Committees/IR/

PROGRAM UPDATES

POSITIVE YOUTH DEVELOPMENT

- **4-H Online Record Book (ORB) Spark Points Winners!**

September marked the first anniversary of the launch of the 4-H Online Record Book. We've had our successes and challenges, but overall the usage has continued to increase month by month. As an incentive for youth members and adult volunteers to use the data collection tools within ORB, we announced a drawing opportunity to win iPad2s and a Centennial Commemorative Pin. In order to be included in the drawing for the iPads, youth and adults must have completed the required surveys and rubrics that were on their ORB pages. Thank you everyone who participated! All members and adult volunteers who completed the pre and post surveys and rubrics will receive a Centennial Commemorative Pin.

And the iPad WINNERS are....

Youth Members

Stephanie Duarte – Fresno

Katherine Higgins – Santa Clara

Kaylee Cuning – San Joaquin

Jeremy Thompson – Lake

Adult Volunteers

Geanna Schmidt – San Diego

Karen Hayes – Lake

Shirley Salado – San Diego

You too could earn a chance to win an iPad2 by completing your pre and post surveys and Growth Grids in your Sparks Points section on your ORB home page. To be eligible for the 2013 drawing, be sure to complete your Spark Points baseline surveys and Growth Grids by January 2013 AND you must complete post-program surveys and Growth Grids by August 2013.

- **National Afterschool Association (25th anniversary)**

Indianapolis IN, April 7-13, 2013

<http://www.naaweb.org/default.asp?contentID=705>

Celebrating 25 years of commitment, dedication and a passion for making a difference, come be a part of the ONLY National Convention for afterschool professionals. This event contains the most comprehensive program of professional development opportunities for afterschool professionals anywhere in the United States.

- **The 24th National Service Learning Conference**

March 13-16, 2013, in Denver, Colo.

<http://www.nylc.org/events/24th-annual-national-service-learning-conference>

This event celebrates service-learning as a force that engages students in their education, builds communities, and strengthens young people and schools. The National Service-Learning Conference is the largest gathering of youth and practitioners involved in service-learning, drawing more than 2,200 attendees from across the United States and many other countries each year.

HEALTHY LIVING

- **Safe Start Center Releases Toolkit**

The Office of Juvenile Justice and Delinquency Prevention's (OJJDP's) [Safe Start Center](#) has released a [toolkit](#) to increase awareness about the prevalence of children's exposure to violence (CEV). The free, online resource includes an infographic and links to tip sheets, guides and other publications on CEV.

- The recorded proceedings of the 3rd annual Federal Partners in Bullying Prevention Summit that occurred on August 6-7 are available for viewing on CSPAN: <http://www.c-span.org/Events/Education-Dept-Hosts-Third-Annual-Bullying-Prevention-Summit/10737432871/>. There were many great panel sessions, including the youth leadership panel facilitated by Lisa Lauxman which featured three outstanding 4-Hers.

- The 2011 CDC map detailing adult obesity prevalence for all U.S. states based on Behavioral Risk Factor Surveillance System (BRFSS) data is now available. In 2011, rates of adult obesity remain high, with state estimates ranging from 20.7 percent in Colorado to 34.9 percent in Mississippi. No state had a prevalence of adult obesity less than 20 percent, and 12 states had a prevalence of 30 percent or more. The South had the highest prevalence of adult obesity (29.5 percent), followed by the Midwest (29 percent), the Northeast (25.3 percent) and the West (24.3 percent). Learn more [here](#).

- 4-H Bully Prevention Guide titled ***A Guide to Bully Prevention Programs*** has been released! This guide to bully prevention is a resource for educators and youth development professionals from any school or youth-serving organization. The purpose of this publication is to help youth professionals better understand how to create safe and fully inclusive environments within the organizations they serve. In this guide you'll find a comprehensive overview of the latest bullying research and information on selecting appropriate evidence-based bully prevention curricula and resources. You can purchase the guide by visiting: <http://www.4-hmall.org/Product/newitems/a-guide-to-bully-prevention-programs/08450.aspx>

- **OJJDP Bulletin Examines Effects and Consequences of Underage Drinking**

The Office of Juvenile Justice and Delinquency Prevention (OJJDP) has released, "[Effects and Consequences of Underage Drinking](#)." The bulletin presents findings from a literature review that investigated how underage drinking can affect a youth's physical, emotional, and neurological health. It also discusses the personal, legal, and economic consequences of underage drinking.

SCIENCE, ENGINEERING, and TECHNOLOGY (SET)

- **UC Davis Department of Animal Science
A Hands-On Approach to Equine Topics**

October 13, 2012

\$30 per person Pre-Register

<http://animalscience.ucdavis.edu/horsebarn/Events%20and%20Clinics/Horse%20Day%20Page.htm>

The UC Davis Animal Science Department introduces a new approach to Horse Day to be held at our Animal Science Horse Barn facility. It will be a day filled with hands-on workshops dedicated to continuing education for the horse owner and enthusiast. Our new "Round Robin" venue will allow YOU to pick and choose those workshops that are of interest to YOU! A whole group presentation will occur both at lunch time and at the end of the day. Whether your interests lie with reproduction, conformation or nutrition, there is sure to be something to attract you to our NEW Horse Day venue! This day gives you the chance to interact with the animals, talk to the experts and be more involved with the material.

- **Join the National 4-H Oral History Project**

http://4-hhistorypreservation.com/Tell_a_Story/Oral_History_Project.asp

A special opportunity is being created by the National 4-H History Preservation team: The 4-H Oral History Project! This effort seeks to increase public awareness of the Cooperative Extension Service and the 4-H Youth Program as a part of the 2014 Centennial Year Celebration! We hope to have 4-H members' interview and videotape 4-H alumni! If you are interested in participating, please contact Steven Worker at smworker@ucanr.edu.

- **CalGirls Kickoff Conference**

November 1, 2012 10:00am - 3:30 pm, Clark Kerr Conference Center, University of California, Berkeley
Registration due October 24, 2012, \$25

<http://www.ngcproject.org/>

The purpose of this event is to give you information about how the CalGirls can help your organization increase its capacity to involve girls in STEM through collaboration with others. At the CalGirls Kick-Off Conference you will: Learn how to collaborate with others to better prepare girls for STEM-related careers; gain access to our mini-grant program to help fund collaboration with another program; network with potential collaborators; and share and receive promising practices and resources with others.

- **UC Davis Fall Robotics Academy on October 13-14 (Saturday and Sunday), 2012**

Early Registration Deadline: September 28, 2012

http://c-stem.ucdavis.edu/training/fall_academy/

Robotics can easily get students engaged and excited in learning science, technology, engineering and math (STEM) concepts by blending academics with fun. The UC Davis C-STEM Center and its industrial partners have developed an innovative modular robotics technology called Mobot for integrating computing, robotics and engineering into K-12 math and science education. This Robotics Academy introduces teachers to the innovative Mobot curriculum and how to integrate it into STEM classroom teaching and afterschool programs, including RoboPlay Competitions on UC Davis C-STEM Day on April 13, 2013.

- **NCWIT Award for Aspirations in Computing and Educator Award
Due October 31, 2012**

<https://awardportal.ncwit.org/comps.state.php?competitionId=111&action=detail>

The National Center for Women & Information Technology (NCWIT) is now accepting applications for the NCWIT Award for Aspirations in Computing, which recognizes young women at the high school level for their aspirations and achievements in technology and computing! The Award is open to young women in the U.S. and Puerto Rico in grades 9-12. Students can apply online at www.aspirationsaward.org.

- **"Backyard Mystery", NSF-funded afterschool curriculum**

<http://ucbiotech.org/backyardmystery>

Backyard Mystery is an afterschool curriculum, aimed at grades 5-7. It focuses on diseases, pathogens and careers, using interactive paper and physical games to solve the mystery. The content is aimed for afterschool settings, like 4-H and other similar venues. The curriculum attempts to engage student interest in biotechnology, genetics, genomics and in the bioSTEM workforce. We need your help to try it out and provide feedback. This will help us refine the curriculum and make improvements. If you would be willing to test it, please send an email to Barbara Alonso (balonso@berkeley.edu) and we will send you a link to download the curriculum, along with a brief survey.

- Designed to get kids and families outdoors, no matter where they live—city, suburb or rural area—**Backyards & Beyond** appeals to kid's sense of wonder and fascination with the living world. **Backyards & Beyond** is that beginning. **Backyards & Beyond** includes step-by-step guidance in how to start a Neighborhood Nature Club and how to lead young people in outdoor discovery. Its activities were created to make outdoor experiences accessible, engaging and positive for leaders and youth alike. Learn more about the entire curriculum package at: <http://neighborhoodnatureclubs.arizona.edu>
- **Caring for our Watersheds**
<http://caringforourwatersheds.com/>
 Due February 1, 2013
For high school students in Yolo, Solano, Sacramento, Colusa, Yuba, Sutter, Glenn, El Dorado, Placer, and San Joaquin
 The Caring for our Watersheds (CFW) program is an environmental contest and project funding opportunity for high school students. CFW asks students to submit a proposal that answers the question, "What can you do to improve your watershed?" Students research their local watershed, identify an environmental concern, and come up with a realistic solution. Ten finalists will present their ideas to win up to \$1,000 cash rewards for themselves and matching rewards for their schools. In addition to cash rewards, there is also \$10,000 (\$1000 per project) available for students to implement their projects.
- **4-H Million Trees**
<http://www.4hmilliontrees.org/>
 To date, over 56,000 youth have planted over 406,000 trees as part of the 4-H Million Trees Project! Plan a new tree planting project. All existing 4HMT participants are encouraged to plan more fun and educational tree planting events this 4-H year. We can help, so please contact us to discuss your ideas. Please be sure to update your database record so it includes all trees planted so far by the 4-H club.
- **Considering a tablet purchase?**
<http://www1.cyfernet.org/tech/08-12-tablet.html>
 Tablets are growing in popularity, and new and different tablets continue to go on the market. If you're considering purchasing a tablet for your 4-H Club or project, here are some factors to consider.
- **22nd International Children's Painting Competition**
Water: Where does it come from?
 Deadline: February 15, 2013
 For children ages 6-14 years old.
http://unep.org/tunza/children/int_comp.aspx
 The International Children's Painting Competition on the Environment is organized every year by the United Nations Environment Programme (UNEP), the Japan-based Foundation for Global Peace and Environment (FGPE), Bayer and Nikon Corporation.

RESEARCH UPDATES

- **Literature Reviews from Child Trends:**
 What works for female children: <http://www.childtrends.org/>
 What works for male children: <http://www.childtrends.org/>
 Girls and boys face different developmental challenges throughout childhood and adolescence. Although a number of evidence-based programs have been found to be effective at reducing risk factors for children and adolescents, many programs have differential impacts for girls and boys. Understanding what works for girls and what works for boys is critical to improving youth outcomes. Child Trends' latest research briefs, [What Works for Female Children and Adolescents: Lessons from Experimental Evaluations of Programs and Interventions](#), and its companion brief focused on boys, [What Works for Male Children and Adolescents: Lessons from Experimental Evaluations of Programs and Interventions](#), examine programs and strategies that work, as well as those that don't, for each gender.

- Nearly, 2 million children in the United States live in military families. And, throughout the branches of military over 700,000 children have or currently have a parent who is deployed in Afghanistan or Iraq since September 11, 2001. These statistics have increased research attention on the effects of military deployment on children and families. A new article draws on attachment and family stress theories in outlining areas where developmental science can make important contribution to conducting research in military families: <http://onlinelibrary.wiley.com/doi/10.1111/j.1750-8606.2012.00256.x/abstract>
- **Extending Learning Time: Reviewing the Evidence**
The educational achievement and attainment of young people in the United States has been a longstanding concern. As the nation continues to debate education reforms, one approach has gained some momentum in recent years, that of extending learning time for students - for example, through a longer school day or year, or through academic services offered during out-of-school time. Child Trends latest report, [**Expanding Time for Learning Both Inside and Outside the Classroom: A Review of the Evidence Base**](#), synthesizes the results of more than 80 evaluations of extended learning time approaches. The evidence suggests that extended learning time approaches can be effective in improving educational outcomes for students. Findings also suggest that well-implemented extended learning time programs may be more advantageous for low-income, low-performing or otherwise disadvantaged students. It is worth noting that the research clearly indicates that adding more time does not seem to matter much if that time is not used well.

Copyright © 2011 The Regents of the University of California.

Youth, Families, & Communities Program
California State 4-H Office
 Agriculture and Natural Resources, University of California
 DANR Building, One Shields Avenue
 Davis, CA 95616-8575
 (530) 754-8518
fourhstateofc@ucdavis.edu

University of California
 Agriculture and Natural Resources
 4-H Youth Development Program

