

# January 2015 San Mateo/SF County 4-H Highlights Newsletter

## Announcements:

### **Now Recruiting – 4-H Healthy Living Ambassadors for Elementary School Garden Program**

4-H in Action announces the 4-H Healthy Living Ambassador program – Year Two! Earn up to 40 hours of community service! Teens attend an over night training at Elkus Ranch March 14-15, then over nine weeks (3-4 hours per week), they deliver a hands on, garden based nutrition and physical education program to local elementary school children. Applications due February 27, 2015.

How to apply:

1. Download [Program Information](#).
2. Fill out [paper application](#) or [online application](#).
3. Submit application and letter of recommendation - **Due February 27, 2015**

### **Presentation Day – Registration Now Open!**

Presentation Day is an opportunity for 4-H members to showcase their knowledge in a subject of their choosing. 4-Hers prepare a presentation that is judged on subject knowledge, presentation, organization, voice, manner and appearance, clarity, and the ability to answer questions.

How to enter:

1. Read through the [Information on Presentation Day 2015](#).
2. Pick a category (listed on the above information sheet).
3. Register for the event using the [Presenter Registration Form](#)
4. Download and read the [Presentation Day Manual](#) to learn about the judging process.
5. Practice and prepare for your presentation!

### 2015 Special Announcements

- Impromptu Speech Category - If you are doing a presentation in this area, please review the [2015 Impromptu Speech Topics](#)
- Interview Contest Category - Be sure to review the [Job Interview List](#) and come prepared for your interview with application letter and three copies of your resume.
- New! Ad Design Category - See [Ad Design Entry Form](#) for details

### **New! Save the Date! Countywide 4-H event! April 18, 2015**

Our countywide food, handcrafts, and sewing competitions are becoming one! Are you in a food, handcraft, or sewing project? Then you should enter your projects! More information on registration and activities coming soon.

- We need help planning the event! The next planning meeting is February 23, 7:00pm at Fox School! Email Katrina Hull ([Katrina.hull.94@gmail.com](mailto:Katrina.hull.94@gmail.com)) for more info.

## Important Fair Announcements

- **Beef Tagging** – January 31, 10am-12pm
- **Mandatory Livestock Exhibitor Meeting – All exhibitors – March 9 and 10, 7pm, Event Pavilion, San Mateo Event Center:** This is a required meeting for all current (new and experienced exhibitors) exhibitors and project leaders. All that participate in a livestock project must attend. Parents should attend with kids and leaders. Horse show and dog show exhibitors are exempt.

## Camp Chaperones Needed

The camp volunteer youth staff are looking for registered 4-H volunteers to chaperone at 4-H camp this summer. Volunteers need to have first aid training – this will be provided if you are not currently First Aid/CPR certified. Camp will be from July 11-17, 2015.

## Craft Supplies Available

Jane Stahl (San Bruno 4-H) has a box of supplies from her years leading San Bruno club's crafts project that she'd like to donate to a current leader. These include: raffia, ribbons, googly eyes, acrylic paints, styrofoam balls, glue, wooden sticks, and much more. Please get in touch with her if you're interested. Thanks. Jane Stahl, [stahl535@gmail.com](mailto:stahl535@gmail.com) or [650-583-7249](tel:650-583-7249).

## State Office Announcements

- **SLC call for Program Assistants – Application Due February 2, 2015**  
SLC Program Assistant Role: If you have been to SLC and are now between the ages of 19-24 you still want meaningful ways to be involved in the program, you REALLY like being with members, you enjoy staying up late for group discussions and sharing your positive experiences with the delegates. This is the opportunity for you! Applications due February 2, 2015. [Application Form here](#)
- **California Focus Conference – June 19-23, 2015**  
California Focus is a unique citizenship educational experience that combines hands-on participation in workshops, debates, and simulations with speakers, tours, fun activities, and new friends from across California. Youth must be at least 14 years old by the time of California Focus. Conference fees are \$665 per person. Registration and deposit (\$300) Deadline is March 31, 2015.  
[Full Registration information](#)

## 4-H Shooting Sports Workshop for the Rifle Discipline March 14-15, 2015 - Registration due Friday, March 6th - space is limited

A 4-H shooting sports workshop for the rifle discipline will be held in Lincoln, CA at the Lincoln Rifle Clubs indoor range in McBean Park. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. The cost for this course is \$40.00 to cover the instruction binder that each participant will receive as well as lunch on Saturday. Teen leaders are invited but must attend with an adult. Participants can bring their own eye and ear protection if desired but is not necessary. The

application for certification will need to be approved and signed by the county staff prior to attending this class.

- [Workshop Information](#)
- [Registration Form](#)

## Ag Credit Loans for Youth

Interested in raising an animal but short on funds? Good news! The American AgCredit organization offers interest free loans to youth. [Information and application](#)

## Java Coding Project Begins in January

Are you interested in computers and programming? All Star Kris Sjolund will be leading a java programming project starting in January! Please contact ([thesjolunds@sbcglobal.net](mailto:thesjolunds@sbcglobal.net)) for more information.

## County Adult Volunteer Opportunities

There are several ways to get involved at the county level! If you are interested in any of the below opportunities, please email Jessica at ([jguild@ucanr.edu](mailto:jguild@ucanr.edu)) to see how you can get involved.

**Urgent: Adult Peer Reviewers needed** - Each year, every 4-H account undergoes an important peer review. This is a vital audit that helps protect our youth and adult treasurers and advisors. We need two more volunteers for the audit of our county council accounts. Please email Jessica [jguild@ucanr.edu](mailto:jguild@ucanr.edu) to volunteer for this opportunity.

**Science, Engineering, and Technology Volunteer Program Coordinator** - Do you love science, teaching, and doing fun projects with youth? You're our person! We need a passionate individual to lead our county-wide S.E.T. initiatives. Trainings are readily available and there will be lots of support from the county and state offices for you.

**Thrive Leadership Master Trainers** – Have you heard of Thrive? Do you love it? Even if you haven't, if you love teaching young people skills in leadership development, then this is the perfect opportunity for you. Thrive is a cutting edge research-based positive youth development program focused on mentoring youth through practical leadership and life skill development. Help young people gain the skills they need to be competent, caring, involved citizens.

**Quarterly Newsletter Coordinator** – Do you miss reading articles and viewing photos from all the 4-H happenings around the county? Do you have graphic design and organizational skills? Awesome! We want you! Our goal is to create a quarterly newsletter packed with photos and reports about all that our 4-H members have been up to in the past season.

**One-time event resource volunteers** – Want to help but you don't have much time? That's ok! We always need support at our county events. Let us know and we will plug you in to coordinate food, registration tables, or even balloon buyer! Many hands make light work, as my grandma used to say :)

## [January State Office Updates](#)

## **Upcoming Dates and Deadlines:**

- January 23-25, 2015 – NC Section Creating A Leader (CAL) Conference
- January 26, 2015 – County Council meeting at Fox School 7:00-8:30pm
- January 31, 2015 – Beef Tagging at SM Event Center, 10am-12pm
- February 7, 2015 – County Presentation Day
- March 9 and 10, 2015 - Mandatory All Exhibitor Fair Meeting
- March 23, 2015 – County Council Meeting in HALF MOON BAY
- March 28, 2015 – NC Section Presentation Day
- April 18, 2015 – Fashion Revue, Favorite Foods, Craft Expo County Event
- April 26, 2015 – County Animal Challenge
- May 18, 2015 - County Council meeting at Fox School 7:00-8:30pm
- May 30, 2015 – State Field Day