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Review

Impedance spectroscopy of interfaces, membranes and ultrastructures

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Abstract

For the past century, impedance spectroscopy has provided a non-invasive means of characterizing the electrical properties of many systems. Even today, it often provides the only non-invasive method for detailed structural-functional studies of these systems. This is especially so of systems in which important processes occur at the molecular level, such as those processes associated with biological and synthetic membranes and interfaces that form between solutions and various solids (e.g. metals and colloid particles).

The fundamental concepts of impedance spectroscopy are re-examined and a review is given of the role that impedance spectroscopy has played in the development of our understanding of cellular and synthetic membranes, cell biophysics and ionic systems in general. Special emphasis is given to the problems associated with solution-electrode interfaces, as well as unstirred layers, which can plague measurements on biological systems and have led to much confusion in the past.

A description is given of a new computer-controlled, four-terminal digital impedance spectrometer, which provides resolutions in impedance magnitude and phase of 0.002% and 0.001° respectively over a frequency range of 10^{-2} to 10^{5} Hz and for impedances ranging from 10 to 10^{9} Ω .

We also describe impedance dispersions in terms of transfer functions which, when plotted along the negative frequency axis, yield "spectra" with distinct sharp peaks that identify fundamental frequency constants of the system. This "control engineering" form of presentation of impedance spectra demystifies the impedance analyses of these systems. The spectra and changes in these which occur as a result of perturbations to the system can be readily assessed and interpreted.

Keywords: Impedance spectroscopy; Interfaces; Membranes; Ultrastructures

1. Introduction

Impedance measurements [1] provided initial evidence of notions developed in the last century [2] that living cells were contained by a membrane with a low permeability to ions [3]. It is significant that, in 1925, impedance measurements also provided the first estimate of the thickness of a cell membrane [4], and yielded a value which was very close to that determined some three decades later using electron microscopy [5].

Although electron microscopy was successfully used to image liposomes composed of bilayer membranes of lipid purified from biological membranes, estimates of the thickness of these membranes were first obtained from impedance measurements of a single planar bilayer [6]. Subsequently, low-frequency impedance spectroscopy studies [7,8] probed the submolecular domains of such

Of similar importance are the special electrochemical processes that only occur within the molecular dimensions of interfaces formed between solids and solutions. The mechanisms whereby such interfaces facilitate these processes remain unresolved.

Impedance studies of processes associated with membranes and solids immersed in solutions [10,11] are of fundamental importance to the interpretation of impedance measurements of more complex biological systems, such

bilayers and achieved spatial resolutions of the order of 0.1 nm. Even now, electron microscopy and X-ray crystallographic studies of isolated protein purified from biological membranes have not been able to match the spatial resolutions achieved with impedance spectroscopy. The implication is that impedance studies of bilayers consisting of purified lipid and protein have an important role to play in elucidating the various mechanisms of transport [9] that have been attributed to specific proteins of biological membranes.

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as single cells [12], tight epithelium of the bladder [13], striated muscle fibres [14] and even the human thorax [15] and breast [16]. This is also true of synthetic separation systems involving ultrafiltration membranes. Inevitably solid-solution interfaces develop in these systems, even if only as a consequence of the impedance electrodes making contact with the aqueous phases.

2. Impedance spectroscopy

2.1. Fundamentals

Impedance measurements are made by applying a small alternating (a.c.) current of known frequency ω and small amplitude i_0 to a system and measuring the amplitude v_0 and phase difference ϕ of the concomitant electrical potential that develops across it. Impedance is usually represented by a phasor, the magnitude and phase of which are given by

$$|Z| = \frac{v_0}{i_0} \text{ and } \angle Z = \phi \tag{1}$$

In cartesian coordinates, impedance becomes a complex number

$$Z = R + jX \text{ where } j = \sqrt{-1}$$
(2)

The real and imaginary parts of Z describe the resistance (R) and reactance (X) respectively and can be represented by appropriate electrical circuit elements in series.

It should be noted here that impedance is only a specific form of the transfer function of the system. Thus if $\tilde{l}[s]$ and $\tilde{V}[s]$ denote the well-known Laplace transforms of the sinusoidal functions describing the a.c. current and electrical potential respectively, the transfer function is

$$TF(s) \equiv \frac{\tilde{V}[s]}{\tilde{I}[s]} = \frac{v_0}{i_0} \left(\cos \phi + \frac{s}{\omega} \sin \phi \right)$$
(3)

where s is the Laplace complex variable or frequency. If $s = j\omega$, then solutions to Eq. (3) are confined to the frequency domain. This restriction leads directly to the same definition of impedance given by Eq. (2)

$$Z \equiv TF(j\omega) = \frac{v_0}{i_0} \cos \phi + j \frac{v_0}{i_0} \sin \phi$$
(4)

2.2. Why vary the frequency?

The impedance of a homogeneous material may be expressed in terms of a conductance element G in parallel with a capacitance element C, thus

$$Z(\omega) = \frac{1}{G + j\omega C}$$
(5)

Although G and C are, individually, constant in frequency, it is immediately plain that the impedance, expressed in this manner, will disperse with frequency.

The parameters G and C describe the ability of the homogeneous material to conduct and store electric charge respectively. For a slab of cross-sectional area A and thickness x, these properties are given by

$$G = \sigma \frac{A}{x}$$
 and $C = \varepsilon \frac{A}{x}$ (6)

where the constants σ and ε are the electrical conductivity and dielectric permittivity of the material respectively.

Therefore an impedance measurement of this simplest of systems provides estimates of

$$G = \frac{1}{|Z|} \cos \phi \text{ and } C = -\frac{1}{\omega |Z|} \sin \phi$$
 (7)

for the slab and therefore its thickness via Eq. (6). Inspection of Eq. (5) reveals that the dispersion becomes most pronounced for frequencies greater than G/C, with

$$\omega = \frac{G}{C} \tag{8}$$

describing the condition for which the impedance measurement provides the most accurate estimates of both properties (see the dispersion of |Z| in Fig. 1(A)). This condition also happens to define the "natural" or characteristic frequency of this homogeneous system.

A heterogeneous system can be represented by a number of different materials or slabs sandwiched together, the total impedance of which is given by

$$Z_N(\omega) = \sum_{n=1}^N \frac{1}{G_n + j\omega C_n}$$
(9)

where the subscript "n" identifies the conductances and capacitances of each of the slabs. The dispersion described by Eq. (9) comprises N superimposed dispersions of the type described by Eq. (5), each of which commences near its respective "natural" frequency, i.e.

$$\omega_n \equiv \frac{G_n}{C_n} \tag{10}$$

If these and the magnitudes of the corresponding N impedance dispersions are sufficiently different, each impedance dispersion can be immediately identified within the combined impedance dispersions. More often, however, the situation depicted in Fig. 1(A) is encountered, where dispersions of the impedance magnitude for the system consisting of two slabs are indistinguishable from those for the system consisting of one slab. This illustrates that the presence of more than one characteristic frequency cannot be so readily discerned from the dispersion of the impedance magnitude alone. To detect the presence of the second slab requires a knowledge of the dispersion of the impedance phase (see Fig. 1(B)). In fact, mathematical

algorithms [17] have been devised for separating such substructural contributions from measured impedance dispersions of both the magnitude and phase.

2.3. Dispersions of conductance and capacitance

In the simple multilayered systems referred to thus far, it is often convenient to describe and present the impedance in terms of the overall parallel conductance $G(\omega)$ and capacitance $C(\omega)$ at a particular ω . Then

$$Z(\omega) = \frac{1}{G(\omega) + j\omega C(\omega)}$$
(11)



Fig. 1. Impedance dispersions with frequency for a single-layer (----) and two-layer (----) system. The equivalent circuits for the systems are shown in the insets. It should be noted that the dispersions of the impedance magnitudes (A) for the two systems are indistinguishable, whereas those for the impedance phases (B) differ slightly in the frequency range $10-10^3$ rad.s⁻¹. On the basis of the impedance magnitude, it is not possible to detect the additional layer present in the two-layer system.



For a single slab (i.e. N = 1), equating Eq. (9) and Eq. (11) yields

$$G(\omega) = G_1 \text{ and } C(\omega) = C_1$$
 (12)

i.e. conduction and capacitive properties that are constant in ω , as shown in Fig. 2 for N = 1. However, for a sandwich of two or more slabs (i.e. N > 2), these properties disperse with frequency, as shown in Fig. 2 for N = 2. The dispersions for the two-slab system are

$$G(\omega) = \frac{G_1 G_2 (G_1 + G_2) + \omega^2 (G_1 C_2^2 + G_2 C_1^2)}{(G_1 + G_2)^2 + \omega^2 (C_1 + C_2)^2}$$
(13)

$$C(\omega) = \frac{\omega^2 C_1 C_2 (C_1 + C_2) + (C_1 G_2^2 + C_2 G_1^2)}{(G_1 + G_2)^2 + \omega^2 (C_1 + C_2)^2}$$
(14)

where the subscripts "1" and "2" identify the frequencyindependent properties of each slab. With increasing numbers of slabs, these dispersions extend over a wider range of frequencies. Furthermore, the form of the dispersion curves becomes dependent on N. In contrast, the dispersions of the impedance magnitude are largely unaltered by N (cf. Fig. 1 and Fig. 2). Thus dispersions of the conductance and capacitance provide an immediate indication of the presence of substructure within the system.

A further comparison of Fig. 1 and Fig. 2 emphasizes the importance of measuring both the magnitude and phase of the impedance. Accurate measurements of the phase at each frequency enable the conductance and capacitance to be determined at each frequency (e.g. see Eq. (7)); it is the dispersions in $G(\omega)$ and $C(\omega)$ which so dramatically reveal the individual contributions from the different materials that constitute the system. Measurements of the dispersion of the impedance magnitude alone cannot generally be made with sufficient precision to discern the presence of substructure of biophysical interest.

2.4. Complex conductivity and complex relative permittivity

Rearrangement of Eq. (11) yields the general expression for the admittance of a heterogeneous system

$$Y(\omega) \equiv \frac{1}{Z(\omega)} = G(\omega) + j\omega C(\omega) = \frac{I}{\tilde{V}}$$
(15)

which, for an area A and thickness x yields

$$Y(\omega) = \frac{A}{x} \left[\sigma(\omega) + j\omega\varepsilon(\omega) \right] = \frac{\tilde{I}}{\tilde{V}}$$
(16)

via definitions that normally apply to homogeneous materials (Eq. (6)). Using the definitions for current density and electric field

$$\tilde{J} \equiv \frac{\tilde{I}}{A}$$
 and $\tilde{E} = -\frac{\tilde{V}}{x}$ (17)

which apply for a planar geometry, a definition of the complex conductivity of the material, i.e.

$$\sigma^* = \frac{\tilde{J}}{\tilde{E}} \equiv \sigma(\omega) + j\omega\varepsilon(\omega)$$
(18)

follows. Equivalently, when the complex capacitance is defined as

$$C^* \equiv \frac{Y(\omega)}{j\omega} = \frac{A}{x} \left[\varepsilon(\omega) - j \frac{\sigma(\omega)}{\omega} \right]$$
(19)

this leads to the definition for the complex relative permittivity (or complex dielectric constant)

$$\varepsilon^* \equiv \frac{\varepsilon(\omega)}{\varepsilon_0} - j \frac{\sigma(\omega)}{\omega \varepsilon_0} \equiv \varepsilon' - j \varepsilon''$$
(20)

where ε_0 is the permittivity of free space.

3. The origins of impedance dispersion in ionic diffusion systems

Impedance dispersions in biological systems arise from a variety of sources. In biological tissue, three distinctive relative permittivity (ε) dispersions, labelled α , β and γ in Fig. 3, have been broadly identified with specific frequency ranges and dispersion mechanisms [18].

In order to explain these mechanisms, it is useful to consider the Nernst-Planck-Poisson [19] electrodiffusion equations for ions in an electrolyte containing two univalent species of opposite charge.

3.1. The Nernst-Planck-Poisson electrodiffusion theory

We denote the steady state concentrations of positive and negative ions by P and N respectively, and the a.c. perturbations of these concentrations by the respective lower case characters, p and n. The Nernst-Planck equation then yields the following expression for the a.c. current density J at a position x

$$J = -qD\left(\frac{\partial p}{\partial x} - \frac{\partial n}{\partial x}\right) + \frac{q^2D}{kT}(p+n)E + \left(\frac{q^2D}{kT}(P+N) + j\omega\varepsilon\right)\tilde{E}$$
(21)

where E represents the steady state electric field and \tilde{E} represents the a.c. perturbation of the field (k is the Boltzmann constant and T is the temperature). For a system in which there may be fixed charges F^{\pm} , the steady state and a.c. forms of Poisson's equation are

$$\frac{\partial E}{\partial x} = -\frac{q}{\varepsilon} (N - P - F^{\pm}) \text{ and } \frac{\partial \tilde{E}}{\partial x} = -\frac{q}{\varepsilon} (n - p)$$
(22)

The effects of diffusion are represented by the first term in Eq. (21), which is the product of the electronic charge



Fig. 3. A schematic illustration of the three major regions (α , β , γ) in the dispersions of the relative dielectric permittivity with frequency found in biological tissue.

(q), the diffusion constant (D) and the gradients in the a.c. concentration of the positive and negative ions.

For positions remote from membranes and electrode interfaces, where there are no fixed charges ($F^{\pm}=0$), the conditions N = P and n = p hold to a good approximation. Eq. (22) then yields a steady state and an a.c. electric field which are constant in x and gradients that are the same for both positive and negative ions. Thus, in the bulk phases of the solution, the effects of diffusion on the a.c. impedance are negligible.

If no steady electric field is applied (i.e. E = 0), the second term, which represents the drift current, is also negligible. Thus, for a homogeneous electrolyte system alone, we have from Eq. (21)

$$\frac{\tilde{J}}{\tilde{E}_{\text{bulk}}} \approx \frac{q^2 D_{\text{bulk}}}{kT} (P+N) + j\omega\varepsilon_{\text{bulk}}$$
(23)

which yields the same form of complex conductivity as Eq. (18). Thus the specific intrinsic conductance of the system is

 $\sigma_{\text{bulk}}^* = \sigma_{\text{bulk}} + j\omega\varepsilon_{\text{bulk}}$ where

$$\sigma_{\text{bulk}} = \frac{q^2 D_{\text{bulk}}}{kT} (P + N)$$
(24)

3.2. The α dispersion

The α dispersion occurs as a consequence of the frequency dependence of the relative magnitudes of the a.c. diffusion and a.c. field-driven currents in the a.c. Nernst-Planck equation (the first two¹ terms in Eq. (21) relative to the last term). An a.c. electric field (\tilde{E}) of low frequency will establish (a.c.) ionic concentrations and gradients, which will generally be different for positive and negative ions. Such conditions yield diffusion currents that can be significantly larger than the field-driven current (i.e. the last term in Eq. (21)). Since the former current involves the establishment of (a.c.) ionic concentrations and gradients, they will be out of phase with \tilde{E} and, consequently, will lead to impedances with characteristics similar to those of very large capacitors. For increasing frequencies (approaching 100 Hz for biological systems), the time available in each half a.c. cycle for the establishment of a.c. ionic concentrations and gradients diminishes, and the a.c. diffusion currents then become negligible compared with the a.c. field-driven term. This leads to a decrease in the reactive component (capacitance) of the impedance as the frequency increases.

Beyond the α dispersion, the bulk (intrinsic) electrical properties pertain for each component of the system (electrolyte, membrane, etc.). Thus, for each component, we can identify a complex conductance

$$\sigma^* = \sigma + j\omega\varepsilon \tag{25}$$

which derives from the a.c. field-driven current in the a.c. Nernst-Planck equation.

When a permeable membrane with a high concentration of fixed charges ($F^{\pm} \neq 0$) is immersed in an electrolyte, the steady concentration of those ions with opposite charge to that of the fixed charges (counter-ions) will be larger than, and independent² of, the bulk electrolyte values. On the other hand, the co-ion concentrations will be much smaller than the bulk electrolyte values. The conductance of the fixed charge membrane is determined by the steady concentrations of counter-ions and is given by

$$\sigma \approx \frac{q^2 D}{kT} F^{\pm} \tag{26}$$

which is independent of the concentration of the electrolyte. For the interface regions between the membrane and the bulk solution, the ionic concentrations and gradients will be different for anions and cations. This will lead to conditions ³ (determined by the second term in Eq. (21)) which will produce an α dispersion at low frequency.

As the α dispersion is intimately connected with diffusion terms in the Nernst–Planck equation, the dispersion is characteristically temperature dependent. This is in contrast with the dispersion arising from, for instance, interfacial polarization which is discussed below.

3.3. The β dispersion: interfacial polarization

When a system is composed of two or more layers or components, the total impedance of the system at frequencies above the α dispersion can be determined from the intrinsic conduction and dielectric properties (i.e. complex conductance or complex dielectric constant) of the components making up the system. For our example of a biological membrane immersed in an electrolyte solution, Eq. (23) and Eq. (25) then yield the area-specific impedance of the system

$$Z_{\text{sys}}(\omega > 100 \text{ Hz})$$

$$= \left[\frac{\tilde{E}_{\text{mem}} + \tilde{E}_{\text{bulk}}}{\tilde{J}}\right] \frac{A}{x}$$

$$\approx \left[\frac{1}{\sigma_{\text{bulk}} + j\omega\varepsilon_{\text{bulk}}} + \frac{1}{\sigma_{\text{mem}} + j\omega\varepsilon_{\text{mem}}}\right] \frac{A}{x} \qquad (27)$$

¹ It should be noted that the second term in Eq. (21) is not necessarily zero when only an a.c. field is applied; in many cases (for instance, at the interface between a membrane or electrode and an electrolyte), the steady state concentrations of cations and anions are not equal ($P \neq N$), and the steady electric field E will not always be zero, even when the steady applied field is zero.

² The condition for this is that $\gamma C_0 \ll F$, where γ is the partition coefficient for ions between the bulk electrolyte and the membrane and C_0 is the concentration (*P* or *N*) of ions in the solution (see Ref. [20]).

³ Other properties, such as unequal ion partitioning into a membrane due to dielectric (Born energy) effects, can also give rise to these conditions (see also Section 4.3).

which, using Eq. (6), can be identified as the type of dispersion described thus far by Eq. (9) and illustrated in Fig. 1 and Fig. 2. Such dispersions arise from polarization effects at the interface 4 between the bulk phases as a consequence of the boundary condition

$$\varepsilon_{\text{bulk}}\tilde{E}_{\text{bulk}} = \varepsilon_{\text{mem}}\tilde{E}_{\text{mem}}$$
 (28)

which the internal electric field must satisfy at the interfaces. These dispersions do not arise from within the bulk phases themselves, as the conductance and capacitance of each phase is constant in frequency (see Fig. 2).

3.4. The γ dispersion: polar relaxation

Molecules which have a dipole moment will rotate in an a.c. electric field. Any induced net polarization effect arising from this will tend to be diminished by Brownian motion. This results in losses which give rise to a dispersion of the dielectric permittivity with frequency [21]. The characteristic frequencies of these dispersions decrease with increasing molecular size (and mass). Typically, for water and protein they are 20000 MHz and 1 MHz respectively. Since this review is concerned with impedance dispersions below 100 kHz, we refer readers to other sources for more comprehensive descriptions of polar relaxation and the γ dispersion [22,23].

4. Examples in ionic and biophysical systems

4.1. The electrode-electrolyte interface

At a phase boundary between an electrolyte and the surface of an electrode, an electrochemical double layer is formed. It is the result of an unequal distribution of ions between the two phases. For instance, charges may diffuse from the electrode into solution, resulting in a surface with a net charge. This surface charge establishes an electric field which, in turn, modulates the ionic atmosphere about the surface. Further from this layer of adsorbed ions, the ions in the solution form a "diffuse layer" about the surface (see Fig. 4). The layer of charges at the surface and the diffuse layer in the solution together constitute what is termed the "double layer".

Simple impedance models of this generally have the form of a resistance representing the solution in series with a capacitor representing the "double layer", i.e.

$$Z = R - (j\omega C)^{-1} \tag{29}$$

This is of course an oversimplification. For instance, an explicit impedance element should be added to take into



Fig. 4. Schematic representation of the electrode-electrolyte interface depicting the Stern layer and the Gouy-Chapman diffuse space charge region which extends from the Stern layer into the solution.

account the adhered layer of ions on the surface of the electrode, which is known as the "Stern" layer. The impedance of the whole system can be more accurately represented by a series combination of impedance elements representing each of the following regions: the Stern layer, the diffuse (Gouy-Chapman) double layer and the bulk solution (far from the electrode).

Impedance measurements made in our laboratory [24] of the gold-electrolyte interface at ultralow frequencies suggest that even this three-layer model is insufficient to describe the impedance dispersion even qualitatively. A good fit to the data can be obtained if we introduce additional layers, i.e. additional elements with other characteristic frequencies. This is illustrated in Fig. 5, which shows the fit of Eq. (9) to the experimental conductance and capacitance dispersions obtained for the gold interface in a 10 mol m⁻³ KCl solution. This fit allows various elements to be assigned qualitatively to either the Gouy-Chapman or Stern layers on the basis of the characteristic frequencies (or time constants) of the elements. Such an assignment allows the thickness of the Stern layer to be estimated assuming a dielectric constant $\varepsilon \sim 5$, a theoretically expected value for this region due to dielectric saturation effects in the extremely high electric field which pertains therein (cf. Hasted et al. [25]). This yields a value of 0.27 nm for the thickness of the Stern layer, assuming that the topology of the metal surface at this scale of interest can be taken to consist of a mosaic of hemispheres corresponding to the gold atoms (as an initial approximation of the roughness of the electrode surface, cf. Fig. 4). This estimate for the Stern layer thickness corresponds almost exactly to the diameter of a potassium ion.

The electrode-electrolyte polarization impedance for many electrode-electrolyte systems has been shown [26] experimentally to have the form

$$Z = R - (j\omega C)^{-\alpha} \tag{30}$$

⁴ Hence the nomenclature: interfacial polarization.



Fig. 5. Dispersions of the conductance (A) and capacitance (B) with frequency for the gold electrode-electrolyte for a 10 mol m⁻³ KCl solution. The vertical solid bars indicate the experimental data and error bars. The full line is a fit to the data, based on a seven-element Maxwell–Wagner model. The dispersion extends over a wide range of frequencies, indicating the presence of a range of time constants; the gold-electrolyte interface therefore cannot be simply modelled in terms of a combination of a Stern layer in series with a Gouy–Chapman diffuse layer.

where α is in the range 0–1. A consequence of this fractional power relationship is that the polarization capacitance is an impedance element of constant phase angle. To account for this fractional power relation, it has been suggested [27–29] that the impedance dispersion arises from the effects of surface roughness. In this case, the electrode interface can be modelled using ladder networks of capacitors and resistors representing the branching impedance elements due to the solution in series with the local (Helmholtz) double layer [30,31].

Eq. (30) also implies that the double layer capacitance is necessarily frequency dependent. Precise measurements of the gold-KCl interface at ultralow frequencies show that the dispersion in capacitance at very low frequencies is not consistent with that predicted ⁵ by Eq. (30), although the impedance magnitude follows this form closely. This emphasizes the requirement of an independent measurement of phase at low frequencies for distinguishing between impedance models.

4.2. When interfacial polarization effects between electrodes and solutions are a nuisance

Impedance measurements in membrane systems invariably involve the use of electrodes in contact with electrolyte solutions. However, as illustrated in Fig. 5, the impedances of the interfaces which form between these phases exhibit dispersions at frequencies which are also characteristic of membrane systems. For an accurate determination of the impedance of these systems, it is therefore important to be able to eliminate or, at the very least, identify the "nuisance" contributions arising from the complex impedance of the electrode-solution interface.

In principle, it is always possible to measure the interfacial electrode impedance separately and subtract it from the total to obtain an estimate of the system impedance. However, it has been shown that such estimates are thwarted by large experimental errors [32]. Since the subtraction involves complex quantities, very high accuracy is required for both the electrode and system + electrode measurements in order to minimize such errors.

One of the significant advantages introduced by the digital ultralow-frequency impedance technology described later is the capacity to perform four-terminal impedance measurements [33]. This technique utilizes a high-input impedance differential amplifier for sensing the electrical potentials of the system via electrodes separate from those used to inject the current (see also Fig. 15, Section 6). Thus electrical potentials which develop across the interfaces of the current injecting electrodes are simply not measured, and those which develop across the other interfaces can be neglected, since the amplifiers draw essentially zero current from the system. Four-terminal measurements therefore avoid measuring the impedance contributions from all the electrode–solution interfaces.

4.3. Unstirred layers at membrane-solution interfaces

Even when the bulk solution adjacent to a surface (such as a membrane) is stirred, there is a region of static fluid immediately adjacent to the surface where thermal convection or density gradients do not cause any significant mixing of the solution [34]. In most circumstances, unstirred layers are notorious for hindering measurements of membrane performance parameters. Unstirred layers can also give rise to strong dispersions in the impedance. As an example, we consider the role of unstirred layers when the transport numbers (fraction of total current carried by an ion species) for the ions in the bulk solution are different from those for the ions in the membrane separating two electrolyte solutions.

When electric currents flow through such an electrolyte-membrane-electrolyte system, the transport number differences give rise to concentration gradients in the unstirred layers (see Fig. 6(A)). When these gradients are perturbed by a very low-frequency electric field, the ions

 $^{{}^{5}}$ Eq. (13) and Eq. (14) can be used to calculate the equivalent frequency-dependent capacitance in a parallel configuration.

outside solution membrane inside solution



Fig. 6. (A) Illustration of how ionic concentrations can change in the unstirred layers next to the membrane-solution boundaries during the flow of electric current through a membrane in which the transport numbers of anions and cations in the membrane and solution are unequal. The relative fraction of the total current (i.e. transport number T) carried by each ionic species is indicated in the diagram by the width of the appropriate arrows. The arrows show the direction of the ionic flow. These differences in the transport numbers in the membrane and solution lead to an accumulation of both cations and anions on one side of the membrane and a depletion of the jons on the other side. The accumulation and depletion effects, and their effect on the impedance, are most pronounced at very low frequencies, but vanish at very high frequencies because there is then insufficient time during each half cycle of the a.c. current to modulate significantly the concentration profiles. (B) Examples of two distinct types of low-frequency dispersion characteristics of capacitance (open and filled circles) arising from differences in the transport number in a cell of Chara corallina. These very different types of dispersion in capacitance have identical dispersions in conductance (error bars smaller than the points drawn). The full lines are the theoretical dispersion for the ultrastructural model [35] fitted to the data (shown with error bars). These data indicated with error bars are the average of 16 spectra (and include the two very different spectra represented by the open and filled circles).

diffuse slowly across the membrane, inducing a phase shift which can give rise to a "pseudo"-capacitance [36,37]. This capacitance, which disperses with frequency, is usually orders of magnitude larger than dielectric geometrical capacitances of the system. At higher frequencies, this diffusion polarization capacitance vanishes because the ion concentration gradients which build up in each half cycle of the a.c. current become negligible when the period of the a.c. signal is very short. In this respect, the dispersion is characteristic of an α -type dispersion. Sometimes, electrophoretic effects [38] (i.e. a coupling of water flow to ionic fluxes) in the membrane and the unstirred layers give rise to a phase shift in the opposite direction, and this is manifested as negative capacitances or "pseudo"-inductance [39,40]. Such dispersions are distinctly different from the more usual α type.

Examples of the two characteristic capacitance dispersions for the same plant membrane are shown in Fig. 6(B). Interestingly, the corresponding conductance dispersions for these two extreme examples are indistinguishable, indicating that the "capacitive" and "inductive" dispersions arise substantially from phase shifts induced by interference between impedance measurements and ionic diffusion currents established by polarization between the juxtaposed unstirred layers of the membrane. That these dispersions move to lower frequencies whenever the membrane conductance decreases [35] (not shown), demonstrates that ionic diffusion through the membrane, and hence the transport property differences between the ionic species therein, directly influences the polarization between the layers. Although these dispersions can be characteristically "capacitive" or "inductive", at other times, the dispersion can fluctuate between these states as a function of frequency [35]. If sufficient individual impedance spectra are obtained over a longer time period, the averaged impedance dispersion spectrum (see theoretical curve in Fig. 6) is reminiscent of an α dispersion, even at low frequencies. The large experimental errors (e.g. see Fig. 6(B)) that arise as a consequence of this statistical averaging, however, identify the presence of transport number polarization effects in unstirred layers. At higher frequencies, these errors diminish with respect to the unstirred layer impedances, revealing characteristic α - and β -type dispersions [35].

4.4. Bimolecular lipid membranes

It was found that, in an aqueous environment, lipids spontaneously assemble into various aggregates, including a bimolecular membrane structure. Initial measurements of the impedance of lipid membranes provided the first good estimates of the membrane thickness [6], from which it was confirmed that the membrane simply consisted of two molecular layers of lipid, from whence came the name bimolecular lipid membrane or BLM. These early pioneering studies were restricted to measurements of the total impedance of the BLMelectrolyte-electrode system using bridge techniques. Later, studies [32] were based on accurate two-terminal impedance measurements of the BLM-electrolyte-electrode system as well as the electrolyte-electrode system alone (i.e. without the BLM), from which the impedance of the BLM was obtained by subtraction of the complex components. The dispersions of the BLM capacitance and conductance at low frequency provided the first insights into the substructure of the bilayer lipid membrane.

Precise data for the BLM itself, as distinct from that of the membrane and the metal electrodes together, required a four-terminal impedance measuring system [33], which was capable of measuring the impedance and phase very accurately, especially at ultralow frequencies. Earlier ver-



Fig. 7. The equivalent parallel capacitance (A) and conductance (B) of representative egg phosphatidylcholine bilayer-electrolyte systems formed from *n*-hexadecane solutions of the lipid (from Ref. [42]). The error bars (generally too small to be visible) give the standard error of three to five frequency scans on a single bilayer. (C) A schematic diagram of an egg phosphatidylcholine molecule showing the putative location of each distinct dielectric region determined from a Maxwell-Wagner model for the bilayer fitted to the data. The range of dielectric constant of each distinct layer so estimated is shown in the accompanying table for the case of a BLM in 1 mM KCl. The data are representative, in each case, of an average of ten phosphatidylcholine bilayers. The polar head of the phosphatidylcholine molecule is shown here at approximately 45° to the bilayer normal; however, other orientations are equally likely. The dielectric constant ε_r , capacitance C and thickness d of any region are related by $C = \varepsilon_r \varepsilon_0/d$, where ε_0 is the permittivity of free space. H1 and H2 refer to the hydrophobic regions, A1 and A2 to the acetyl regions and P1-P3 to the polar head regions. It must be stressed, however, that these dielectric regions need not correspond to specific regions of the phosphatidylcholine molecules, but, because of thermal motions, will represent both time and spatial average values over different parts of the phosphatidylcholine molecules.

sions (1974) of a computer-based instrument $(10^{-2} \text{ Hz} < \omega < 10^2 \text{ Hz})$ revealed the electrical and geometrical properties of the hydrophobic and hydrophilic structures of the BLM [7]. Improved versions (after 1983), capable of 0.01° accuracy at low frequencies, were able to resolve a further four layers within the hydrophilic regions [41], achieving resolutions of 0.1 nm over the range 10^{-2} Hz < $\omega < 10^4$ Hz (see Fig. 7).

The effects of external electrolyte [43], local anaesthetics [44], growth hormones [45] and cholesterol [42] on BLMs have been characterized in this manner. Furthermore, important advances in the understanding of the ways in which cholesterol [46] and temperature [47] modulate the interactions between anaesthetics and BLMs have been made.

4.5. Interfacial polarization in cell suspensions

Although so far we have chosen to describe interfacial polarization impedance dispersions in terms of a system with planar geometry, the earliest examples were observed in a suspension of spherical cells. Models for this system were first developed by Maxwell [48] for the d.c. case and Wagner [49] for the a.c. case. The results are illustrated in Fig. 8, where the flow of current around a spherical cell is shown when an a.c. electric field is applied to the suspension. For low frequencies, the membrane effectively insulates the cytoplasm and current can only flow around the cell (see Fig. 8(A)). As the frequency increases and the membrane becomes more conducting, the current flow begins to depend on the ratio of the complex conductivity of the cytoplasm to that of the bulk solution, which is approximately equal to that of the conductivities alone at moderate frequencies (cf. Eq. (18)). For higher frequencies and hence higher ratios of the complex conductivities, interfacial polarization effects at the interfaces between the electrolyte and the membrane, as well as between the membrane and the cytoplasm, give rise to flow across the membrane into the cytoplasm (see Fig. 8(B)). The flow into the cytoplasm increases as this ratio increases further with increasing frequency (see Fig. 8(C)). It should be noted that, at sufficiently high frequencies, the ratio of the complex conductivities approaches that of the permittivity of the cytoplasm to that of the bulk solution. Since both are aqueous phases, this limiting ratio is approximately unity.

Further modelling by Fricke [50] led to the equivalent circuit for the suspension, shown in Fig. 8(D), the impedance of which is

$$Z_{\rm sus}(\omega) = \left[\frac{1}{R_{\rm e}} + \frac{1}{R_{\rm s} + 1/(j\omega C_{\rm m})}\right]^{-1}$$
(31)

and contains contributions from the bulk solution (R_e) , the cytoplasm (R_s) and the membrane (C_m) . It is clear from Fig. 8(A)Fig. 8(B)Fig. 8(C) that the presence of cells in the



Fig. 8. Interfacial polarization in cell suspensions. Lines of current flow around a cell placed in a uniform a.c. field are shown for increasing frequency ((A), (B) and (C)). (D) An equivalent circuit for a red blood cell suspension. R_e represents the resistance of the electrolyte, R_s the resistance of the cell cytoplasm and C_m the capacitance of the cell membranes. The total impedance of the circuit is given by Eq. (31). (E) A complex impedance plane representation, R vs. -X, of cell suspension impedance data from Ref. [12].

suspension impedes the flow of current more strongly at low frequencies than at high frequencies. This is also described by Eq. (31), in which the impedance decreases from a value of R_e at low frequencies to a value corresponding to R_e in parallel with R_s at high frequencies. Furthermore, Eq. (31) can be represented by a semicircle in the complex impedance plane (see Fig. 8(E)) from which these low- and high-frequency limits (denoted by R_0 and R_{∞} respectively) can be readily identified. Contributions of the membrane capacitance C_m can be determined from the radius of the semicircular locus. Using appropriate impedance models developed especially for red blood cell suspensions [51,52], and assuming a dielectric constant for the membrane of approximately three, Fricke and Morse [4] made the first estimate of the thickness of a cell membrane in 1925. Their value of 3.3 nm indicated, for the first time, that the membrane thickness was of the order of molecular dimensions and was remarkably accurate. 6

⁶ Modern estimates based on electron microscopy and X-ray crystallography give a value of 2.2 nm for the thickness of the central hydrophobic region of the membrane and 6 nm for the total thickness (e.g. [5]).

By 1931, Fricke had also shown that red blood cells from human, calf, dog, rabbit, chicken and turtle had the same membrane capacitance of 80 mF m⁻² and that this capacitance did not depend on the electrical properties of the suspending solution or the measuring frequency [53]. Subsequently, similar experiments on suspensions of spherical eggs of *Arbacia* [54], *Asterias* [55] and frog [56] indicated that they had a membrane similar to red blood cells, as did single marine eggs [57]. This was also confirmed for cells of *Valonia* and *Nitella* [58] from the plant kingdom, and even for chloroplasts obtained from cells of *Chara corallina* [59].

Early impedance measurements of cell suspensions were technologically limited to mainly characterizations of the bulk electrical properties of the suspension and of the cell membrane and cytoplasm. These measurements established that the membrane had the properties of a parallel plate capacitor, but could not establish clearly to what extent the membrane was impermeable to ions. For that, other electrophysiological techniques were developed [58].

For the two decades after the Second World War, the emphasis of investigations of the electrical properties of cell membranes shifted from the frequency domain (impedance spectroscopy) into the time domain (voltage clamp), towards characterizing the voltage-dependent and time-dependent gating properties of the individual ionic permeation pathways [60]. Further improvements to early impedance models of cell suspensions [61,62] have been made to include the effects of charge [63] on the cell membrane and diffusion through it [64]. Recent work by Gheorghiu [65] has also shown that impedance measurements of cell suspensions at low frequency can determine the membrane potential of the cells non-invasively.

4.6. Ultralow-frequency impedance dispersions in cell membranes

By 1964, impedance spectroscopy had established that lipid only forms an insulating matrix [6] for the proteins in biological membranes. Therefore the membrane proteins must form the ionic permeation pathways that confer the properties of selectivity and voltage gating to the cell membrane. Until pure transport proteins could be isolated and inserted into artificial lipid membranes, impedance studies for elucidating protein structure and function were confined to studies on the whole cell membrane.

Direct measurements using intracellular electrodes revealed strong dispersions in the impedance of the plasma membrane of cells [40,66–68]. The observed impedance dispersion, as well as many of the other electrical characteristics [20,69–72] of these cell membranes, were similar to those of a membrane in which one half contains fixed positive charges whilst the other half contains fixed negative charges: the so-called double fixed charge membrane (DFCM). Additional evidence indicating that biological membranes have an overall charge structure which resem-



Fig. 9. Dispersions of the double fixed charge membrane (DFCM) conductance and capacitance with frequency as a function of the depletion layer potential difference (V_d) (from Ref. [80]). The dispersions are similar to those of a two-element Maxwell–Wagner system, but the elements required for the latter may not be identified with the separate regions of the DFCM. The capacitance at low frequencies arises from an enhanced capacity of these membranes to store electric charge. This low-frequency capacitance is dependent on V_d , unlike that at high frequency which depends only on the dielectric and geometrical properties of the membrane.

bles a DFCM arose from impedance studies of the alkaline and acid regions which form at the surface of a single cell of *Chara* [73]. These regions were strongly correlated with the observed spatial distributions of membrane conductance [74,75], low-frequency capacitance [76] and proton ATP synthase surface density [77], in a manner consistent with pH regulating the degree of ionization of fixed charges in a DFCM.

Derivations of the DFCM impedance commenced from considerations of the membrane capacitance [78]. However, those based on solutions of the Nernst-Planck-Poisson equations (Eq. (21) and Eq. (22)) showed that the capacitance and conductance dispersed with frequency [79] in a frequency range characteristic of an α -type dispersion. The dependences of the capacitance and conductance dispersions on the internal d.c. electrical potential (see Fig. 9) were also consistent with this classification. Only at high frequencies did these dependences diminish, indicating that the capacitance and conductance at these frequencies derive from the bulk electrical properties of the DFCM [66,81] (cf. Eq. (27)). The dispersion at these higher frequencies can therefore be characterized as β type. More recent analyses of the DFCM impedance have revealed that the overall dispersion can be represented by two characteristic frequency constants (Eq. (10)), although such constants do not derive from layers (i.e. interfacial polarization effects) within the membrane [82].

4.7. Impedance dispersions arising from cell ultrastructure

Once the impedance of the cell membrane had been characterized, it was possible to identify other contributions to the measured impedance dispersions of cells. These contributions essentially arise from interfacial polarization effects between ultrastructural regions within the cell. Impedance spectroscopy studies have been able to characterize cell ultrastructure electrically, such as the static cytoplasm [83], charasomes [84] and the plasma membrane coat [35]. Based on these ultrastructural characterizations and those of the electrode-electrolyte interface, it has been possible to extend these studies to other functionally important organelles in plant cells, such as plasmodesmata [85], which are pore-like structures forming cytoplasmic connections between cells [86] for the regulation of the growth and development of the whole plant.

For the plant cell systems, the knowledge gained from impedance studies of individual molecular structures in isolation (such as the plasmalemma or tonoplast membranes) has formed the framework for impedance studies of the macroscopic cellular system in which these molecular structures are embedded.

4.8. Synthetic membranes

The following summarizes the progress which has been made in fundamental impedance studies of a variety of synthetic membrane systems.

4.8.1. Ultrafiltration membranes

A knowledge of the skin layer morphology of synthetic polymeric membranes, used in reverse osmosis and ultrafiltration, can help to elucidate their separation mechanism, since the pore structure and distribution determine the intrinsic permeation properties. Fig. 10 shows a schematic representation of an ultrafiltration membrane depicting the skin layer supported by the more open sublayer. The equivalent electrical circuit of the membrane-electrolyte system is shown. The elements of this equivalent circuit can be determined, non-invasively, from four-terminal impedance measurements in the frequency range $10^3 - 10^4$ Hz using electrodes placed in the external electrolytes [87]. At these frequencies, contributions to the total impedance from unstirred layers and fixed charges (see Fig. 6 and Fig. 9) will be negligible and need not be taken into account. From a knowledge of the dielectric constant of water and that of the membrane polymer, the porosity of the membrane may be estimated from the value for the capacitance



Fig. 10. An equivalent circuit of an ultrafiltration membrane-electrolyte system. The skin and sublayers of the membrane are each represented by the parallel combination of a conductance (G) and capacitance (C) element. The slices of electrolyte between each membrane surface and the plane containing the adjacent voltage electrode are represented by the conductance elements G_{elect}^{a} and G_{elect}^{b} (from Ref. [87]).

of the skin layer (C_{skin}) determined by impedance spectroscopy.

4.8.2. Supported liquid membranes

The principles outlined above have also been applied to supported liquid membranes (SLMs). In these membranes, the polymer membrane matrix is filled with organic liquids in which the solute(s) of interest in the feed stream (which is often an aqueous solution) is more soluble than in the membrane-supported liquid. In this way, highly selective membrane filtration systems can be constructed, particularly for the removal of organic compounds from aqueous solutions. One problem with SLMs is that the feed solution gradually displaces the liquid supported by the polymeric membrane, i.e. membrane liquid is lost to the adjacent aqueous solution [88]. Using impedance spectroscopy, it is possible to monitor the dynamics of this process. This displacement of the membrane liquid is observed as an increase in the total capacitance when membrane liquid of low dielectric constant is displaced by an aqueous solution of high dielectric constant.

4.8.3. Electrically conducting synthetic membranes

Conducting synthetic membranes may be used to advantage in electrically driven separation processes, because electric fields can be generated via direct electrical contacts with the membrane or between the membrane and the aqueous solution. By varying the field strength and direction of the electric field in/or through the conducting membrane, the surface charge densities and concentration polarization of the solute-membrane interfaces and electric double layer (within which the adsorption of solutes



Fig. 11. Schematic cross-section of a conducting (metal-coated) membrane. The electrical current used for the impedance measurements enters the membrane via direct electrical contacts with the membrane and passes along its metal surface. The current so injected also couples to the solution via the ionic double layer at the interface between the metal coating and the solution.

presumably leads to fouling) can perhaps be modulated, thereby controlling both the separation characteristics and the fouling processes. Impedance spectroscopy immediately suggests itself as a method for monitoring the effects of the field on these membrane processes.

For instance, one crucial parameter in using conducting membranes is the intrinsic conductivity of the membrane. The monitoring of this during separation processes can be achieved using measurements of the longitudinal impedance (in the plane of the membrane). Impedance measurements of the membrane can be made with electrodes attached directly to the metal surface (see Fig. 11). At low frequencies, the current used for the impedance measurements will pass mainly through the metal because the double layer impedance, which is very large at these frequencies, will insulate the metal from the electrolyte, even within the pores. Thus impedance measurements at these frequencies can be used to determine the intrinsic conductivity.

As the double layer impedance becomes smaller with increasing frequency, its insulating properties diminish, and the impedance measurements increasingly reflect the properties of the electrolyte, double layer and the pores [89]. Therefore longitudinal impedance measurements at these frequencies can also monitor other important membrane processes.

4.8.4. Bipolar membranes

In bipolar membranes, the inner part of the membrane contains fixed charges of one sign, whilst the outer part contains fixed charges of the opposite sign. They are the synthetic equivalent of the DFCM already discussed in the context of cell membranes earlier. Bipolar membranes are used in the recovery of recyclable products from industrial waste. They are used for the regeneration of acids and alkalis from salts in waste solutions and other industrial chemical processes [90-92].

Impedance studies of bipolar membranes [81,93] reveal similar capacitance dispersions (see Fig. 9) to those reported for biological membranes [66]. Further theoretical studies [80] and impedance characterizations using a new presentation of spectra [82] may provide insights into methods to optimize separation processes performed by synthetic bipolar membranes.

5. Advanced interpretation techniques

As we have seen, impedance data can be presented in a variety of ways. A common notion in these presentations is the concept of "time constants" or their reciprocals ("frequency constants"). This concept is particularly appropriate for a system of planar layers in which interfacial polarization effects lead to a dispersion of the impedance with frequency. However, it also applies to systems which exhibit ionic diffusion polarization [82] as well as active transport processes. The notions of "time" and "frequency" arise from the same set of differential equations which describe the electrical response of the system. The Laplace transforms of these response functions lead to an expression of the system's transfer function [94] which, for all the systems described so far, has the general form

$$TF(s) = \sum_{n=1}^{N} \frac{r_n}{s + \omega_n}$$
(32)

where ω_n are the frequency constants and r_n are the residues which can be determined [95] directly from the integral of Eq. (32), thus

$$r_n = \frac{1}{2\pi j} \oint_{s \to -\omega_n} \text{TF}(s) \, \mathrm{d}s \tag{33}$$

As described for Eq. (3) and Eq. (4), the restriction $s = j\omega$ leads directly to an expression for the impedance of N slabs sandwiched together (i.e. Eq. (9)), where the frequency constants are given by Eq. (10) and the "residues" are given by

$$r_n = \frac{1}{C_n} \tag{34}$$

However, Eq. (9) is a general form of the impedance of many systems in which the C_n values need not necessarily derive from geometrical capacitances and, in some special circumstances, may be negative or even complex.

As an example of the more general form of the transfer function, we present a plot (Fig. 12) of its magnitude for a system with two time constants as a function of the Laplace variable "s". However, this variable has real (σ) and imaginary (ω) components, and therefore the transfer function can be presented as a three-dimensional plot in the variables σ and ω . When s is real and negative, the transfer function has discontinuities at

$$s = -\omega_1, -\omega_2 \tag{35}$$

These points of discontinuity are discernible as peaks in the three-dimensional surface in Fig. 12. The positions of the peaks correspond to the magnitude of the frequency constants of the system.

The integral of the transfer function along the negative σ axis is

$$I_{\rm TF} = \frac{1}{2\pi j} \int_{s=0}^{-\sigma} {\rm TF}(s) {\rm d}s$$
 (36)

which is shown below the three-dimensional representation of the transfer function in Fig. 12. The steps in the integral align with the transfer function peaks and the size of the steps gives the residues (Eq. (33)). Thus the transfer function (Eq. (32)) and the integral (Eq. (36)) reveal all the important electrical parameters of the system.



Fig. 12. Three-dimensional representation of the magnitude of the transfer function for a two-layer system (cf. Eq. (32) for N = 2). For $s = j\omega$, the transfer function becomes the impedance, which can be seen to disperse with frequency in the same manner as depicted in Fig. 1(A). For s < 0, the transfer function resembles a spectrum in which two peaks identify the frequency constants or "natural" frequencies, ω_1 and ω_2 , of the system (Eq. (10)). Shown beneath the transfer function is the integral of the transfer function along the negative frequency axis (Eq. (36)). The steps in the integral identify the parameters r_1 and r_2 in the transfer function.



Fig. 13. Transfer function spectra for bimolecular membranes of lecithin (A) showing the effects on the peaks (frequency constants) of the addition of cholesterol (B) and cholesterol plus cyclosporin-A (C) (see Fig. 7(C) for a schematic diagram of the lecithin molecule which identifies the regions referred to by labels on the spectra shown).

Algorithms have been developed for fitting Eq. (9) to impedance data [17]; thus the transfer function (Eq. (32)) can be readily obtained and displayed for most systems. Fig. 13 illustrates this utility for the transfer function "spectra" obtained from impedance measurements [96] of BLMs made from phosphatidylcholine (lecithin). The positions of the peaks in the spectra identify the frequency constants for the membrane system. These constants can be identified with the corresponding substructural layers of the lecithin molecule (cf. Fig. 13(A) and Fig. 7(C)).

The effect of the addition of cholesterol in the BLM is shown in the spectrum in Fig. 13(B). This shows that the peaks corresponding to regions containing the acetyl (oxygen) moieties and, to a lesser extent, those corresponding to the glycerol bridge region are shifted to higher frequencies. In contrast, the peak corresponding to the hydrocarbon region is shifted to lower frequencies. These shifts identify the substructural regions in which the cholesterol and lecithin molecules interact within the BLM. The shift in the hydrocarbon peak is related to changes in thickness of the hydrocarbon region when cholesterol is added to lecithin membranes. The shift in the acetyl peak occurs because the OH group on the cholesterol aligns with the acetyl groups on the lecithin molecules.

Fig. 13(C) shows a spectrum for a lecithin-cholesterol BLM to which cyclosporin-A (an immunosuppressant drug used in transplant therapy) has been added. The shifts in the peaks, in this instance, indicate a profound effect of cyclosporin-A on the polar head region, but only a very small effect on the hydrocarbon region of lecithin-cholesterol BLMs.

The impedance dispersions for this system [97] have shed light on the location and orientation of cyclosporin-A. The alternative presentation, using the transfer function "spectra", facilitates a direct physical interpretation of these effects, from whence a better understanding can be obtained of the physiological role of cyclosporin-A as an immunosuppressant drug in transplant therapy.

6. Ultralow-frequency impedance spectrometer

The a.c. impedance can, in principle, be measured using a bridge. However, determining the null point becomes difficult and tedious for the very low frequencies (typically 0.01–100 Hz) necessary for characterizing many biological and synthetic systems. These very low-frequency impedance measurements only became feasible when computers became sufficiently miniaturized and affordable and digital technologies were developed for precision computer-controlled data acquisition of analogue signals. This provided the basis for the development of the first computer-controlled ultralow-frequency impedance spectrometer [33]. While some commercial instruments are now available, they generally do not offer sufficient resolution simultaneously in phase and magnitude over the entire frequency and impedance ranges of interest for the systems reported here.

We have now constructed a digital impedance spectrometer capable of a phase resolution to 0.001° and impedance magnitude resolution to 0.002% over the frequency range 0.01–100000 Hz for impedances in the range $10-10^9 \Omega$ (see Fig. 14).

6.1. Principles of operation

The accurate measurement of the impedance requires the simultaneous measurement of the magnitude of the sinusoidal current and voltage and the phase shift between them. In the present technique, both the magnitude and phase shift are measured by sampling the current and voltage at precisely phase-locked intervals during a cycle of the a.c. signal. The magnitude and phase shift can then be very precisely obtained by fitting sine functions (of predetermined frequency) to these digital data.

The basic functional units of the ultralow-frequency impedance spectrometer are a signal generator board and two data acquisition boards that are interconnected via a



trometer. Impedance measurements of a 1000.60 (± 0.02) Ω resistor are shown for frequencies ranging from 1 to 10⁵ Hz. The signal amplitude for these measurements was set to 20 mV, a level which was suitably small for most membrane characterizations. The standard errors for the magnitude and phase are approximately 0.002% and 0.001° for all individual frequencies, except at 50 Hz (as expected; the line frequency in Australia) and frequencies approaching 105 Hz. The magnitude and phase are independent of frequency to within $\pm 0.002\%$ for the magnitude and $\pm 0.001^{\circ}$ for the phase at frequencies below 10⁴ Hz. For frequencies greater than 10⁴ Hz, the margins are well within those determined for the previous version of the spectrometer (i.e. $\pm 0.02\%$ for the magnitude and $\pm 0.01^{\circ}$ for the phase). The performance characteristics were typical of resistors with higher values once the effects of amplifier "stray" capacitances, and the frequency dependence of these, were accounted for (not shown). Even better characteristics were obtained for amplitudes greater than 20 mV and amplifiers with smaller gains (not shown).

mother board. The spectrometer interfaces to a computer through a 32-bit bidirectional parallel interface. A block diagram of the main aspects of the ultralow-frequency impedance spectrometer is given in Fig. 15.

6.2. Signal generation

A very pure sinusoidal signal is synthesized digitally on the signal generator board. To achieve this a sine function table is loaded into a $65k \times 16$ -bit random access memory (RAM) located on the board. By clocking this RAM, the table entries are latched sequentially onto a 16-bit digitalto-analogue converter (DAC), producing a raw a.c. analogue signal. Filters remove the digital glitches from the signal and generate a smooth low-distorted sinusoidal signal, the amplitude and offset of which can also be controlled by the computer. The a.c. amplitude is maintained at less than 20 mV in order to avoid distortion of the a.c.



Fig. 15. Schematic diagram of the computer-controlled ultralow-frequency impedance spectrometer. Depicted are the random access memory (RAM), the digital-to-analogue converter (DAC) and the filter which together generate the undistorted sinusoidal (a.c.) analogue signal which is applied to the series combination of the standard impedance and the unknown system. The a.c. signals which develop across the standard and the system are amplified with high-input impedance ($10^{12} \Omega$) differential amplifiers (A = 100), measured with separate analogue-to-digital converters (ADCs) and stored in the appropriate RAMs. The signal generation and data acquisition are controlled by a single clock, the rate of which is programmed by the control latches via the computer. Separate computer-controlled DACs offset d.c. signals that could be otherwise present at the outputs of each amplifier.

signal by non-linear characteristics within the system. The clock derives from programmable digital frequency dividers driven by an extremely stable (drift, less than 3 ppm) crystal oscillator. This clock also provides the timing for the sampling of the current and voltage.

6.3. Four-terminal configuration

The four-terminal configuration eliminates the effects of the (frequency-dependent) impedances arising from electrode-solution interfaces (see Section 4.2).

The signal is applied to the series combination of the standard impedance and the unknown impedance. The standard impedance consists of accurately known circuit components (resistors and capacitors) comprising a Maxwell–Wagner network of one, two or three elements. These components are chosen such that the impedance dispersion of the standard is similar to that of the unknown system. This arrangement ensures that the potentials developed across the standard and unknown are very similar, and this allows the two high-input impedance amplifiers to operate with the same maximum gain settings to optimize the signal-to-noise ratio (SNR) over the whole frequency range.

6.4. Data acquisition

The sampling of the a.c. electrical potentials that develop across the standard impedance and the system is performed with separate data acquisition boards. Each board contains both fast (12-bit, 10 MHz) and high-resolution (16-bit, 500 kHz) analogue-to-digital converters (ADCs) that write into a $65k \times 16$ -bit RAM. The sampling of the two signals (voltage and current) is phase locked as the sampling triggers are derived from the same clock as used to generate the sinusoidal signal applied to the unknown impedance. This enables the independent and accurate determination of the phase difference between these responses.

Effectively, 65k samples of each a.c. electrical potential cycle are obtained, temporarily stored in the "on board" RAMs and then transferred to the computer memory where an optimized least-squares sinusoidal fitting routine (written in machine code to speed up the operations) determines the magnitude, phase, offset and SNR for each data set.

The SNR is a quantitative estimate of the sinusoidal quality which further indicates the accuracy to which the magnitude and phase have been determined. Data acquisition is repeated if the SNRs are not sufficiently large. The software appropriately compensates for d.c. offsets and/or adjusts the amplitude and filter in order to maximize the SNRs.

6.5. Spectrometer calibration

The measured magnitudes and phases of the a.c. responses need to be corrected for frequency-dependent anomalies in the gains of the amplifiers and/or within the instrument in general. These gain corrections are experimentally determined in a calibration procedure using precision resistors and capacitors for the "unknown". The stray capacitances of the amplifiers are also measured during this procedure. The instrument characteristics for each frequency used are stored in the parameter file to correct any future measurements.

6.6. Software control

The computer software initiates signal generation at various frequencies from a file containing parameters for programming the clocks, amplitudes, offsets and filters on the signal generator board. The parameter file also contains the sampling rates for data acquisition at these frequencies, as well as the instrument characteristics for correcting the amplifier gains and stray capacitances. After acquisition, the software computes the magnitudes, phases and frequencies of the impedances as well as the SNRs and the d.c. levels. The results are stored in a separate data file.

6.7. Calculation of impedance

Once the magnitude and phase for the two signals (across the standard and unknown impedances) have been determined, the impedance magnitude and phase for the unknown are calculated using the known values of the components in the standard impedance and the stray capacitances present across each amplifier.

The software then repeats the operations for the next entry in the parameter file until all impedance measurements at the selected frequencies have been completed.

6.8. Special design features

6.8.1. Circuit boards

The signal generator and the data acquisition boards utilize four layers to achieve a high packing density of ADCs, DACs, RAMs, clocks, decoders and associated control circuitry and for providing ground planes to shield highly sensitive analogue components from external noise and digital interference. Further minimization of noise is achieved by powering these sensitive components with separate power supplies that are electrically isolated from the main power source and appropriately filtered.

The optical isolation of digital lines controlling analogue components on the signal generator board further minimizes the transmission of digital noise to the analogue output. This feature also renders this output floating, thereby eliminating a ground loop which is another likely source of noise.

These design features make it possible to achieve the full 16-bit resolution of the high-resolution (0.5 MHz) ADCs and, at the same time, provide the very short electrical connections necessary to achieve the 10 MHz sampling rates of the fast (12-bit) ADCs.

6.8.2. Cables

All analogue connections between the signal generator, amplifiers and data acquisition boards are via 50 Ω cables. The correct termination of these cables ensures that distortion of the transmitted signals does not arise from reflections. A.c. signals are transmitted differentially in order to further minimize ground loop noise. Line drivers capable of driving 50 Ω and maintaining the 16-bit linearity specifications of the data acquisition system are used to drive the cables.

6.8.3. Amplifiers

The resolutions achieved with the signal generator and data acquisition boards can be completely lost if the

amplifiers are not optimally designed for the four-terminal configuration which is so important in eliminating the contributions from electrode-solution interfaces. The four-terminal configuration requires that the amplifiers amplify low-level differential signals (such as those which develop across the standard impedance and the system), while rejecting unwanted common-mode signals of the electrode-solution interfaces. Thus the common-mode rejection (CMR) specification becomes a very important consideration in the amplifier design for this application [98].

Good CMR specifications are obtained when resistors integrated into the amplifier IC are accurately matched. However, at high frequencies, stray capacitances within the IC reduce this accuracy, resulting in a deterioration of CMR performance, and in the case of impedance measurements, erroneous dispersions with frequency. The best CMR performance is achieved when the common-mode signal is small and the differential signal is symmetrical about the IC ground. For this situation, the adverse effects of stray capacitances tend to cancel, resulting in a better CMR performance overall, as well as at high frequencies.

These optimal CMR conditions can be realized for each amplifier used in the four-terminal configuration if their power supplies are subregulated independently of the four-terminal circuitry, such that the common-mode signals, with respect to the respective amplifier grounds, are zero. Although analogue circuits are available for common-mode driven supplies [99], our design philosophy is for the software to determine the common-mode signals and drive the supplies. This provides a stable four-terminal front end which can accommodate a wide range of impedances $(10-10^9 \ \Omega)$ and frequencies $(10^{-2}-10^5 \ Hz)$.

7. The future of impedance spectroscopy

The submolecular resolutions that can be achieved using impedance measurements of BLMs, for example, are ultimately limited by the resolutions available in the impedance magnitude and phase. A number of other avenues for improving the SNR have recently been developed [100]. We are confident that the improvements now in hand will enable structural-functional impedance studies of proteins inserted in BLMs to be performed. The improvements in phase resolution will be of equal significance in synthetic membrane studies, where capacitance measurements of highly conducting systems can reveal membrane and double layer structures that are important to the membrane separation function. Novel methods [101,102] to obtain rapid (even real-time) evaluation of impedance may open new areas of application. We further foresee applications in studies of electrochemical processes occurring at interfaces and unstirred layers in such diverse systems as synthetic catalytic membranes and sensing electrodes. These fundamental studies will form the basis for

interpreting impedance data from cells and other biological tissues. Novel imaging tomography applications in both plants and animals may also emerge.

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