

SAILING

4-H Project Proficiency

Date
Completed

- _____ 1. Know what the term P.F.D means.
- _____ 2. Know how many P.F.D.'s should be on board.
- _____ 3. Know which side is port side.
- _____ 4. Know which side is windward side.
- _____ 5. Which side is starboard?
- _____ 6. What is the nautical term for map?
- _____ 7. Explain "preparing to tack".
- _____ 8. Explain what the helmsman means by "ready about".
- _____ 9. What do you do with a sailing plan?
- _____ 10. What is the handle on the rudder called?
- _____ 11. Define the term "fore".
- _____ 12. Define the term "aft".
- _____ 13. How is water traffic governed?
- _____ 14. Be able to identify the main parts of a sailboat from a diagram or real boat.
- _____ 15. What is the smallest triangular sail called?
- _____ 16. What are sheets used for?
- _____ 17. Name at least 3 safety devices that should be on the boat at all times.
- _____ 18. Give a demonstration at county presentation day.
- _____ 19. Enter an exhibit at a county event or fair.

Member Name: _____ Date: _____

Project Leader's Signature: _____ Date: _____

Certificate of Achievement

This certifies that

*has completed the Basic Sailing Proficiency
in Tehama County.*

Explorer

Producer

Consumer

Leader

Researcher

Date

Date

Date

Date

Date

Initials

Initials

Initials

Initials

Initials

